
AMIX
ADVANCED NUTRITION
TM

Our extensive portfolio of top-quality products is the result of years of constant research and development, always at the forefront of advances in the field of nutrition.

As a result of our continuous effort, we have created a wide range of products that meets the needs of athletes and sportsmen and women of all fields and levels. This commitment has allowed us to capture the attention of the most demanding consumers, positioning us worldwide as the European best-known brand in the sports and healthy nutrition sector.

Amix™ Advanced Nutrition is distinguished by its tireless pursuit of excellence, using only the best ingredients and premium raw materials, backed by the most advanced technologies available.
Our pursuit of perfection and application of the most innovative scientific techniques have made us the undisputed leaders in the sports nutrition industry both nationally and internationally. At Amix™ Nutrition, we have learned to understand and exceed the expectations of highly discerning consumers, which has made us pioneers in our sector by offering a wide range of products to meet the needs of the most demanding athletes.

Join us on this exciting journey to optimal performance and lasting wellness. Discover the Amix™ Advanced Nutrition difference and experience a new standard in sports nutrition.Thank you for choosing Amix Levante as your partner in excellence.

04 PROTEINS

17 CARBOHYDRATES AND WEIGHT GAINERS

22 AMINO ACIDS

36 CREATINES

38 SPECIAL PRODUCTS AND VOLUMIZERS

46 GROWTH BOOSTERS AND NATURAL ANABOLICS

54 FAT BURNERS

68 COSMETICS

70 VITAMINS, MINERALS, JOINT SUPPORT & HEALTH PRODUCTS

89 COLLAGENS

91 DRINKS

97 BARS

103 ENERGY BOOSTERS

110 ACCESSORIES



Aspartame FREE

25 g
500 g | 1000 g

CLEAR ISO WHEY PROTEIN

AMIX™ Clear ISO Whey is a cutting-edge, crystal-clear whey protein isolate with an excellent amino acid profile.
AMIX™ Clear ISO Whey is high in protein, and very low in fat and sugars, making it an ideal protein to take both in muscle definition periods and in high-intensity workout periods, providing our muscles with the amino acids necessary for optimal recovery.

AMIX™ Clear ISO Whey is a highly soluble protein with a clear appearance without the typical creamy appearance of whey protein. Its flavours are incredibly refreshing and it is also very light to digest and fast to absorb, making it ideal for both pre- and post-workout.

Enjoy a delicious, light protein shake with a refreshing taste and no dairy taste

Benefits:
» Protein contributes to muscle mass growth
» Protein contributes to preserving muscle mass
» Excellent mixability & refreshing taste
» No fat - no sugar - no aspartame/acesulfame no milky taste

Flavors: Lemon-Lime, Forest Fruits, Mango-Coconut.

Supplement Facts/ Información Nutricional

Serving size/Dosis: 25 g (1 level scoop/1 cacito raso)

Average values/Valores medios:	**25 g:**	**100 g:**
Energy value/Valores medios:	362 kJ/86 kcal	1 447 kJ/346 kcal
Fat/Grasas	**0,02 g**	**0,1 g**
Saturated Fat/De las cuales saturadas	0,02 g	0,1 g
Carbohydrate/Hidratos de Carbono	**0,5 g**	**2,1 g**
Sugars/De los cuales azúcares	0,05 g	0,2 g
Fiber/Fibra	**0 g**	**0 g**
Protein/Proteína (dry basis/base seca)	**22 g**	**87 g**
Salt/Sal	0,28 g	1,14 g

Average Amino Acid Profile per 100 g of used Protein (as is)/Perfil de aminoácidos por 100 g de proteína

Alanine/Alanina	5 900 mg	**Methionine**/Metionina*	2 400 mg
Arginine/Arginina	2 200 mg	**Phenylalanine**/Fenilalanina*	3 200 mg
L-Aspartic Acid/ácido L-aspártico	11 800 mg	**Proline**/Prolina	6 900 mg
Cysteine/Cisteína	2 400 mg	**Serine**/Serina	5 100 mg
Glutamine/Glutamina**	19 800 mg	**Threonine**/Treonina*	7 900 mg
Glycine/Glicina	1 600 mg	**Tryptophan**/Triptófano*	2 000 mg
Histidine/Histidina	1 700 mg	**Tyrosine**/Tirosina	3 000 mg
Isoleucine/Isoleucina*#	7 200 mg	**Valine**/Valina*#	6 400 mg
Leucine/Leucina*#	11 900 mg	**Lysine**/Lisina*	8 300 mg

* Essential Amino Acids/Aminoácidos esenciales # Total content of BCAA / Contenido total de BCAA - 25 500 mg
** Glutamine values based on glutamic acid content / Valores de glutamina basados en contenido de ácido glutámico

Ingredients (Lemon-Lime flavor): whey protein isolate, acidity regulator: citric acid; aroma, anti-foaming agent: polydimethylsiloxane, silicon dioxide; sweetener: sucralose; dye: beta carotene.



Aspartame FREE

CFM Whey Protein

DigeZyme® Multi-Enzyme Complex

500 g
700 g Natural
1 000 g | 2 300 g
4 000 g | 20 x 30 g

WHEY-PRO FUSION PROTEIN

WHEY CONCENTRATE + ISOLATE

AMIX™ Whey Pure Fusion is an excellent isolate and a top-quality whey protein concentrate with a high amino acid content, branched chain, as well as essential. A pure protein with a negligible fat content, it is directly involved in building lean muscle.
Micro filtered at a very low temperature, it offers maximum purity and is easily absorbed. Its very high level of glutamine helps us to achieve an optimum recovery after intensive training session. Containing digestive enzymes for a complete absorption; its delicious aspartame-free flavour and creamy texture make **AMIX™ Whey Fusion** one of the best proteins available on the market.

Recommended dosage: Mix 1 scoop (1 heaping scoop = 35 g) of Amix™ Whey-Pro FUSION Protein with 200 - 300 ml of water or low-fat milk. Use a blender or hand-held shaker, mix for 30 seconds. Have 1-3 servings daily, depending on daily need of proteins.
Flavors 1 kg and 2 kg: Vanilla, Chocolate, Strawberry, Banana, Forest Fruits, Cookies Cream, Melon-Yogurt, Double White Chocolate, Choco-Coconut, Peanut-Choco-Caramel, Moca-Choco-Coffee, Pistachio, Piña Colada, Mango-Pineapple, Lime-Yogurt and Natural.
Flavors 500 g: Vanilla, Chocolate, Strawberry, Forest Fruits, Cookies Cream, Double White Chocolate, Moca-Chocolate-Coffee and Peanut-Choco-Caramel.
Flavors 4 kg: Chocolate, Strawberry, Vanilla, Cookies Cream, Moca-Choco-Coffee, Double White Chocolate.

Supplement Facts/Información Nutricional

Serving size/porción: 35 g (1 heaping scoop / 1 cacito colmado)

Average values / Valores medios:	**per/por 35 g:**	**per/por 100 g:**
Energy value/Valor energético:	554 kJ / 130 kcal	1581,5 kJ / 373,5 kcal
Total Fat/Total Grasa	1,65 g	4,7 g
Saturated Fat/Grasa saturada	< 1 g	< 2,5 g
Total Carbohydrate/Total Carbohidratos	2,7 g	7,8 g
Sugars/Azúcares	1,2 g	3,4 g
Protein/Proteína (dry basis/base seca)	26,25 g	75 g
Salt/Sal*	< 0,45 g	< 1,3 g
DigeZyme® Multi-Enzyme Complex	52,5 mg	150 mg

DigeZyme® is a registered trademark of Sabinsa Corporation, USA. **CFM®** is a registered trademark of Glanbia PLC.

Average amino acid profile per 100 g of protein content / Valores medios de aminoácidos por 100 g de proteína:

Alanine/Alanina	5 300 mg	**Methionine**/Metionina*	2 000 mg
Arginine/Arginina	3 200 mg	**Phenylalanine**/Fenilalanina*	3 100 mg
L-aspartic acid/Ácido L-aspártico	10 800 mg	**Proline**/Prolina	6 900 mg
Cysteine/Cisteína	2 300 mg	**Serine**/Serina	4 100 mg
Glutamine/Glutamina **	16 500 mg	**Threonine**/Treonina*	6 200 mg
Glycine/Glicina	4 100 mg	**Tryptophan**/Triptófano*	1 600 mg
Histidine/Histidina	1 300 mg	**Tyrosine**/Tirosina	2 500 mg
Isoleucine/Isoleucina*#	6 100 mg	**Valine**/Valina*#	6 000 mg
Leucine/Leucina*#	9 800 mg	**Lysine**/Lisina*	8 200 mg

* Essential Amino Acids / Aminoácidos esenciales # Total content of BCAA / Contenido total de BCAA - 21 900 mg ** Glutamine values based on glutamic acid content / Valores de glutamina basados en contenido de ácido glutámico

Ingredients: Whey-Pro Fusion 1:1 Protein Complex 80 % (ultrafiltered low temperature processed instantized **whey protein concentrate /from milk/**, CFM® - Cross-flow Microfiltered **whey protein isolate /from milk/** with protein fractions [beta-lactoglobulin, alfa-lactoglobulin, serum albumin, immunoglobulin, glycomacropeptide, lactoferrin and lactoperoxidase]); stabilizer: collagen hydrolyzate; maltodextrine, cocoa powder (only in flavours: chocolate, choco-coconut, peanut- choco-caramel, moca-choco-coffee), acidifying agent: citric acid (only in blue raspberry, mango-pineapple, pinacolada and lime-yogurt flavours); emulsifier: soya lecithin; aroma, stabilizer: sodium carboxy-methylcellulose; sweeteners: sucralose Splenda® and acesulfame-K; dye: (banana flavour- curcumin; pina colada - curcumin; pistachios flavour, melon-yogurt flavour and apple&cinnamon flavour: copper complexes of chlorophyll; blue raspberry flavour - fruit extract /anthocyanin/, brilliant blue FCF; mango-pineapple flavour and lime-yogurt flavour - beta-carotene); beetroot juice (only in strawberry, forest fruits and pina colada flavours), patented digestive enzyme DigeZyme®- multi-enzyme complex (amylase, lipase, lactase, cellulase and bacterial neutral protease), cocoa powder (only in flavours: cookies cream and double white chocolate), salt.
Allergen warning: It may contain traces of **eggs**, **gluten**, **fish**, **tree nuts**, **peanuts** and **shellfish** (**crustaceans** and **molluscs**).











Whey Protein

DigeZyme® Multi-Enzyme Complex

Aspartame FREE

500 g

1 000 g | 2 000 g

20 x 28 g

ISOPRIME CFM®

PURE CFM® WHEY PROTEIN ISOLATE

AMIX™ IsoPrime CFM® boasts a 90% pure protein content. Ion exchange and cross- flow microfiltration, this is premium quality, pure, isolated milk whey. Specially designed to boost muscle growth and promote a fast post training recovery, its richness in amino acids and its very low-fat content offer the best guarantee of fast and optimal absorption. It also contains a high quantity of L-Glutamine, a very important amino acid for muscle fibre recovery after an intense workout. Totally "ASPARTAME FREE", it contains SPLENDA®, a natural sweetener that ensures an excellent flavour, but gives us no fat or added sugars.

Another of its ingredients is DIGEZYME®, a digestive enzyme complex which enhances protein absorption. **AMIX™ IsoPrime CFM®** Whey Isolate is clearly one of the highest quality proteins available on the market. Made with new generation technology to provide a product of unbeatable biological value, which, together with physical training, contributes to an anabolic effect (muscle growth) in a safe and natural way.

Recommended dosage: Mix 1 scoop (1 heaping scoop = 35 g) of Amix™ IsoPrime CFM® with 200 - 300 ml of cold water or low-fat milk. Use a blender or handheld shaker, mix for 30 seconds. Have 1-3 servings daily between meals, depending on daily need of proteins.

Flavors 1 kg and 2 kg: Vanila, Chocolate, Strawberry, Forest Fruits, Cookies Cream, Apple & Cinnamon, Banana, Double White Chocolate. Moca-Choco-Coffee, Peanut-Choco-Coffee, Lime-Yogurt, Pistachio, Piña Colada, Natural and Choco-Coconut.

500 g flavors: Vanilla, Chocolate, Strawberry, Forest Fruits, Cookies Cream, Double White Chocolate, Moca-Choco-Coffee and Peanut-Choco-Coffee.

Supplement Facts/Información Nutricional

Serving size/Por servicio: 35 g (1 heaping scoop / 1 cacito colmado)

Average values / Valores medios:	**per serving/por porción 35 g:**	**per/por 100 g:**
Energy value/Valor energético:	569 kJ / 134 kcal	1627 kJ / 383 kcal
Total Fat/Total Grasa	**0,6 g**	**1,8 g**
Saturated Fat/Grasa saturada	< 0,3 g	< 0,8 g
Total Carbohydrate/Total Carbohidratos	**0,6 g**	**1,8 g**
Sugars/Azúcares	< 0,4 g	< 1 g
Protein/Proteína (dry basis/base seca)	**31,5 g**	**90 g**
Salt/Sal*	< 0,4 g	< 1 g
DigeZyme® Multi-Enzyme Complex	52,5 mg	150 mg

DigeZyme® is a registered trademark of Sabinsa Corporation, USA. **CFM®** is a registered trademark of Glanbia PLC.

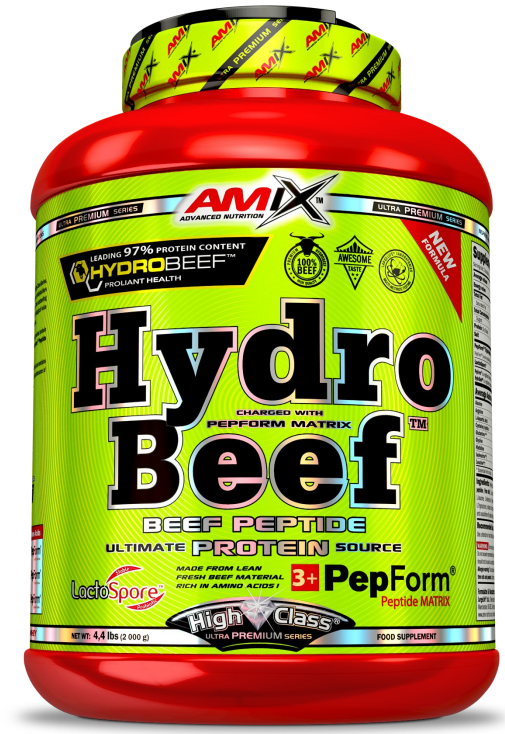
Average Amino Acid Profile per 100g of Protein/ Perfil de aminoácidos por 100 g de proteína:			
Alanine/Alanina	5 280 mg	**Methionine**/Metionina*	2 190 mg
Arginine/Arginina	2 190 mg	**Phenylalanine**/Fenilalanina*	3 090 mg
L-Aspartic Acid/ácido L-aspártico	11 850 mg	**Proline**/Prolina	7 770 mg
Cysteine/Cisteína	2 680 mg	**Serine**/Serina	5 280 mg
Glutamine/Glutamina **	18 800 mg	**Threonine**/Treonina*	7 970 mg
Glycine/Glicina	1 690 mg	**Tryptophan**/Triptófano*	1 910 mg
Histidine/Histidina	2 090 mg	**Tyrosine**/Tirosina	3 190 mg
Isoleucine/Isoleucina*#	7 170 mg	**Valine**/Valina*#	6 270 mg
Leucine/Leucina*†	11 150 mg	**Lysine**/Lisina*	8 760 mg

* Essential Amino Acids # Branched Chain Amino Acids / Aminoácidos esenciales # BCAA

** Glutamine values based on glutamic acid content / Valores de glutamina basados en contenido de ácido glutámico

Ingredients: CFM® - Cross Flow Microfiltered whey protein isolate / **from milk** / with protein fractions (beta-lactoglobulin, alfa-lactoglobulin, serum albumin, immunoglobulin, glycomacropeptide, lactoferrin, lactoperoxidase), cocoa powder (only in flavours: chocolate, choco-coconut, peanut-choco-caramel, moca-choco-coffee), acidifying agent: citric acid (only in flavours: lime-yogurt, blue rapsberry); beetroot juice (only in strawberry flavour and forest fruits flavour), aroma, stabilizer: sodium carboxymethylcellulose; emulsifier: **soya** lecithin; patented digestive enzyme digezyme® - multi-enzyme complex (amylase, lipase, lactase, cellulase and bacterial neutral protease), dye: turmeric (only in banana flavour), chlorophyllin copper complex sodium salts (only in pistachio flavour and apple&cinnamon flavour), fruit extract /anthocyanin/ and brilliant blue FCF (only in blue raspberry flavour), beta-carotene (only in lime-yogurt flavour and pinacolada flavour); sweeteners: sucralose and acesulfame-K; cocoa powder (only in flavours: cookies cream and double white chocolate), salt.

Allergen warning: It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish** (**crustaceans** and **molluscs**) due to manufacturing methods.





HYDROBEEF™

HYDROLYZED BEEF PEPTIDE PROTEIN

AMIX™ HydroBeef™ Peptide Protein is a beef protein supplement of the highest quality and purity. AMIX™ HydroBeef™ Peptide Protein contains HydroBeef™, a complete protein derived from all-natural beef raw material with no added hormones. No chemicals are used during the manufacture of HydroBeef™, instead high temperatures, combined with pressure, are used to obtain optimal hydrolysis of the raw material. Thanks to this manufacturing process, HydroBeeF™ is highly digestible, soluble and absorbable.

AMIX™ HydroBeef™ Peptide Protein has a high protein concentration (78%) and is also very low in fat and carbohydrates. It is made up of pre-digested peptides of different molecular weight. AMIX™ HydroBeef™ Peptide Protein also provides Branched Chain Amino Acids (BCAAs leucine, isoleucine and valine).

Benefits:

» Made up of 100% Original HydroBeef™, produced in Sweden by Proliant Health Inc
» High protein nitrogen content (101.5)
» High concentration of proteins derived 100% from beef
» Includes PepForm™ Triple-Matrix. Amino acids matrix with greater bioavailability
» Remarkable flavour and dissolution
» Sweetened with Stevia and Sucralose. Aspartame-free

Recommended dosage: Mix 40 g (2 scoops) of HydroBeef™ protein with 300 ml of water or low-fat milk. Use a blender or hand held shaker Amix™. Have 1-3 servings daily, depending on daily need of protein.

Flavours: Double Choco-Coconut, Peanut-Choco-Caramel

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2 scoops/ 2 cacitos (40 g) — Servings per container/ Dosis por envase: 50

Average values/ Valores medios:	per/ por 40 g::	per/ por 100 g::
Energy value/ Valor energético:	627,1 kJ/ 147,8 kcal	1567,8 kJ / 369,6 kcal
Total fat/ Grasas	**1 g**	**2,4 g**
Saturated fat/ De las cuales saturadas‡	0,5 g	1,2 g
Total carbohydrate/ Hidratos de carbono	**3,6 g**	**9 g**
Sugars/ De los cuales azúcares	< 0,3 g	< 1 g
Protein/ Proteína (dry basis/base seca)	**31,2 g**	**78 g**
Salt/ Sal	< 0,7 g	1,7 g
PepForm™ Triple-Matrix 1 : 1 : 1	**1 000 mg**	**2 500 mg**
PepForm™ Leucine peptides, PepForm™ BCAA 2:1:1 peptides, PepForm™ Tryptophan		
LactoSpore®	**350 000 000 spores**	**875 000 000 spores**

LactoSpore® is a registered trademark of Sabinsa Corporation, USA. HydroBeef™ is a registered trademark of Essentia Protein Solutions..

Average amino acid profile per 100 g of HydroBeef ™ protein
/ Valores medios de aminoácidos por 100 g de HydroBeef™ proteína:

Alanine/ Alanina	9 100 mg	**Methionine**/ Metionina*	900 mg
Arginine/ Arginina	7 500 mg	**Phenylalanine**/ Fenilalanina*	2 500 mg
L-Aspartic Acid/ ácido L-aspártico	6 100 mg	**Proline**/ Prolina	11 300 mg
Cysteine/ Cisteína	100 mg	**Serine**/ Serina	3 300 mg
Glutamine/Glutamina**	10 700 mg	**Threonine**/ Treonina*	2 100 mg
Glycine/ Glicina	21 200 mg	**Tryptophan**/ Triptófano*	200 mg
Histidine/ Histidina	1 000 mg	**Tyrosine**/ Tirosina	1 400 mg
Isoleucine Isoleucina*	1 800 mg	**Valine**/ Valina*	3 000 mg
Leucine/ Leucina*	3 800 mg	**Lysine**/ Lisina*	3 900 mg

* Essential Amino Acids † Branched Chain Amino Acids
** Glutamine values based on glutamic acid content

* Essential Amino Acids / Aminoácidos esenciales ** Glutamine values based on glutamic acid content / Valores de glutamina basados en contenido de ácido glutámico

Ingredients: Hydrolyzed beef peptide protein HydroBeef™, cocoa powder, maltodextrin, PepForm® L-Leucine peptides (**whey peptides /from milk/**, L-leucine peptides, L-leucine), PepForm® BCAA peptides (**whey peptides /from milk/**, BCAA peptides, L-leucine, L-isoleucine, L-valine), Pep-Form®- Tryptophan peptides (**whey peptides /from milk/**, L-tryptophan peptides, L-tryptophan), aroma, stabilizer: collagen hydrolyzate; sweeteners: sucralose, steviol glycosides and acesulfame-K; sodium chloride, anti-foaming agent: silicon dioxide; LactoSpore™ (Bacillus coagulans, maltodextrin).
Allergen warning: it may contain traces of **eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.





HYDROPURE™

HYDROLYZED CFM® WHEY PROTEIN ISOLATE

AMIX™ HydroPure™ es un producto compuesto por Hydrovon 195 una novedad mundial de Glambia Nutritionals. Hydrovon 195 es un aislado de proteína de suero de leche parcialmente hidrolizado, diseñado para una rápida absorción en nuestro organismo. Por lo tanto podremos acelerar de manera ostensible la recuperación después de una actividad física intensa, con una bebida de increíble sabor, ya que se elimina el sabor amargo característico de las proteínas hidrolizadas del pasado.

HydroPure™ es única en su categoría, es el primer aislado de proteína de suero de leche hidrolizado de gran sabor recomendado para atletas, tanto profesionales como aficionados, de cualquier deporte. HydroPure™ es alta en aminoácidos de cadena ramificada (BCAA´s) imprescindibles para el mantenimiento de la masa muscular y acelerar la recuperación tras la actividad física.

HydroPure™ contiene PepForm™ Triple-Matrix, una combinación de péptidos fabricado por Glambia Nutritionals, diseñado para una mejor prestación de los aminoácidos en el tejido muscular, obteniendo aminoácidos solubles y de una alta biodisponibilidad, contribuyendo a una mejor síntesis de proteína, lo que favorece el crecimiento muscular.

Beneficios:

» Contiene Hydrovon 195, un aislado de proteína de suero de leche hidrolizado de última generación
» Bajo contenido en carbohidratos y grasas
» Incluye PepForm™ Triple-Matrix. Matriz de aminoácidos con mayor biodisponibilidad
» Alta concentración de BCAA´s
» Increíble sabor

Además, HydroPure™ también contiene LactoSpore™, un ingrediente natural que contiene Lactobacillus Sporogenes, un micro-organismo probiótico que promueve el crecimiento y mantenimiento de la flora intestinal. LactoSpore™ ayuda a aumentar las enzimas para una mejor digestión, inhibe el crecimiento de bacterias patógenas, de la levadura y de parásitos, y realza la biodisponibilidad de alimentos.

Dosis diaria recomendada: Mezclar 33 g (1 cacito) con 300 ml de agua o leche desnatada. Mezclar con una batidora manual Amix™ o una batidora eléctrica. Tomar de 1 a 3 batidos al día dependiendo de la necesidad diaria de proteínas.

Sabores: Crema cacahuete- Cookies, Milk vainilla, Fresa-yogurt, Doble chocolate

Supplement Facts / Información Nutricional

Serving size/Dosis: 1 scoop/cacito (33 g)

Average values/Valores medios	per/por 33 g:	per/por 100 g:
Energy value/Valor energético:	533 kJ/125 kcal	1616 kJ/380 kcal
Total Fat/Grasas	**0,4 g**	**1,2 g**
Saturated Fat/De las cuales saturadas	0,2 g	0,5 g
Total Carbohydrate /Hidratos de carbono	**1,15 g**	**3,5 g**
Sugars/De los cuales azúcares	< 0,4 g	< 1 g
Protein/Proteína (Dry Basis/Base seca)	**29,4 g**	**89 g**
Salt/Sal	< 0,5 g	1,5 g
PepForm® Triple-Matrix 1 : 1 : 1	**660 mg**	**2 000 mg**
Lactospore*	**115 500 000 spores**	**350 000 000 spores**
pH-Active - Mineral & Herbal Complex	**99 mg**	**300 mg**

sodium bicarbonate, potassium bicarbonate, tripotassium citrate, calcium citrate, trisodium citrate, magnesium citrate, white willow bark extract (salix alba), Testofen® fenugreek (trigonella foenum graecum)

PepForm® is a registered trademark of Glambia PLC. . **LactoSpore™M** is a registered trade mark of Sabinsa Corporation, USA

Average Amino Acid Profile per 100 g of Protein Content/ Valores medios de aminoácidos por 100 g de Proteína:

Alanine/Alanina	4 640 mg	**Methionine**/ Metionina*	2 177 mg
Arginine/Arginina	2 073 mg	**Phenylalanine**/ Fenilalanina*	2 868 mg
L-Aspartic Acid/ Ácido Laspártico	11 068 mg	**Proline**/Prolina	5 919 mg
Cysteine/Cisteína	2 427 mg	**Serine**/Serina	4 391 mg
Glutamine/ Glutamina **	17 138 mg	**Threonine**/ Treonina*	6 864 mg
Glycine/Glicina	1 684 mg	**Tryptophan**/ Triptófano*	1 980 mg
Histidine/Histidina	1 632 mg	**Tyrosine**/Tirosina	2 822 mg
Isoleucine/ Isoleucina* #	6 620 mg	**Valine**/Valina* #	5 378 mg
Leucine/Leucina* #	10 377 mg	**Lysine**/Lisina*	9 941 mg

*Essential Amino Acids/Aminoácidos Esenciales # Total content of BCAA / Contenido total de BCAA- 22 376 mg
** Glutamine values based on glutaminic acid content / Valores de glutamina basados en contenido de ácido glutámico.

Ingredientes: proteina **aislado de suero de leche CFM®** parcialmente hidrolizado - HydroVon® - 95%, cacao en polvo (en sabor doble chocolate y crema de cacahuete-cookies), PepForm®- Péptidos de L-Leucina (péptidos de suero de **leche**, péptidos de L-Leucina, L-Leucina), Péptidos de BCAA PepForm® (péptidos de suero de **leche**, péptidos de BCAA, L-Leucina, L-(soleucina, L-Valina), Péptidos de Triptófano Pep-Form® (péptidos de suero de leche, péptidos de L Triptófano, L-Triptófano), aroma, zumo de remolacha (sólo en sabor fresa-yogur), estabilizante: carboximetil-celulosa sódica; emulgente: lecitina de **soja**, cloruro sódico, bicarbonato sódico, bicarbonato potásico, citrato tripotásico, citrato cálcico, citrato trisódico, citrato de magnesio, extracto de corteza de sauce blanco (salix alba), alholva Testofen® (semilla de Trigonella foenum-graecum), edulcorantes: sucralosa, acelsulfamo-K, glicósidos de esteviol; colorante: curcumina (sólo en sabor Milk vainilla); LactoSporeM (Bacillus coagulans, maltodextrina). **Aviso de alérgenos:** contiene **leche**. Este producto puede contener trazas de **huevo, gluten, pescado, crustáceos, frutos de cáscara y cacahuetes.**



CFM Whey Protein

LactoSpore

MICELLE XL

1 000 g

GOURMET PROTEIN

AMIX™ Gourmet Protein with real dried pieces of fruit. It is an excellent protein food supplement designed and developed by Amix™. It contains a premium CFM® whey protein isolate, whey protein concentrate and peptides from Micelle XL® protein isolate with addition of L-Glutamine, Taurine and LactoSpore®.

Gourmet Protein is an incredible shake designed and developed by Amix™ from the best protein sources on the market, with real pieces of dried fruit added to make each shake a delight for the most exquisite palates. It is made from the finest protein sources such as patented CFM® whey protein isolate, whey protein concentrate and protein isolate peptides. In short, AMIX™ Gourmet Protein will help your muscles to better recover after intense workouts, while creating a favourable environment for muscle mass gain. All this while enjoying as never before a delicious and creamy shake that is low in fat and sugars.

Benefits:
» With real pieces of fruit
» Aspartame free
» Delicate and creamy
» High instant protein
» Improves recovery and promotes muscle mass increase

Recommended dosage: Mix 2 scoops (30 g) with 250 ml of water or low-fat milk. Use a blender and take it immediately. To change the consistence of drink, change the amount of water used for preparation. Daily dosage is 2-3 servings.

Flavours: Strawberry-White Choco

Supplement Facts/ Información Nutricional

Serving size/Dosis: 30 g (2 scoops/cacitos)
Serving per container/Dosis por envase: 33

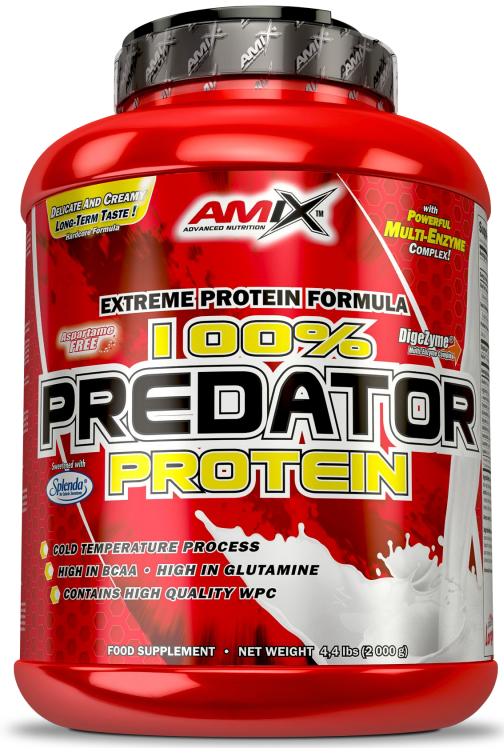
Average values /Valores medios:	per/por 30 g:	per/por 100 g:
Energy value /Valor energético	484 kJ/115 kcal	1622 kJ/383 kcal
Total Fat/Grasas	1,6 g	5,3 g
Saturated Fat/De las cuales saturadas	0,9 g	3,1 g
Total Carbohydrate/ Hidratos de carbono	5,4 g	18,2 g
Sugars/De los cuales azúcares	3,0 g	10,0 g
Protein/Proteína (dry basis/base seca)	19,7 g	65,7 g
Salt/Sal	0,2 g	0,6 g
Active ingredients /Ingredientes activos	**per/por 30 g:**	**per/por 100 g:**
L-Glutamine/L-glutamina	600 mg	2 000 mg
Taurine/Taurina	600 mg	2 000 mg
LactoSpore®	60 000 000 spores	200 000 000 spores

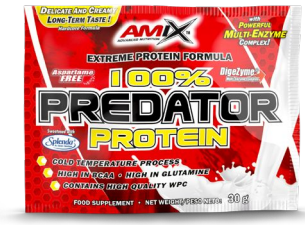
Average Amino Acids Profile of pure Protein /Perfil de aminoácidos promedio de proteína pura

Alanine/Alanina	4,2 %	**Lysine**/Lisina*	7,4 %
Arginine/Arginina	2,6 %	**Methionine**/Metionina*	1,9 %
L-Aspartic Acid/ácido L-aspártico	10,1 %	**Phenylalanine**/Fenilalanina*	3,2 %
Cysteine/Cisteína	2,3 %	**Proline**/Prolina	5,5 %
Glutamine/Glutamina**	18,1 %	**Serine**/Serina	3,7 %
Glycine/Glicina	1,7 %	**Threonine**/Treonina*	5,3 %
Histidine/Histidina	1,5 %	**Tryptophan**/Triptófano*	1,7 %
Isoleucine/Isoleucina*	5,9 %	**Tyrosine**/Tirosina	2,8 %
Leucine/Leucina*	9,4 %	**Valine**/Valina*	5,9 %

* Essential Amino Acids/Aminoácidos esenciales
** Glutamine values based on glutamic acid content/Valores de glutamina basados en contenido de ácido glutamínico

Ingredients: Amix™ Protein Blend 79 % (ultrafiltered **whey protein concentrate / from milk/**, restructured micellar casein /**from milk**/, instantized CFM® **whey protein isolate / from milk**/with protein fractions /beta-lactoglobulin, alfa-lactoglobulin, serum albumin, immunoglobulin, glycomacropeptide, lactoferrin, lactoperoxidase/), maltodextrin, lyophilised blueberry 3,0 %, stabilizer: sodium carboxymethylcellulose; dried **yogurt** powder / **from milk**/ 2,3 %, L-glutamine, taurine, emulsifier: **soya** lecithin; aroma, sweeteners: sucralose and acesulfame-K; LactoSpore® (Bacillus coagulans, maltodextrin).
Allergen warning: It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs)** due to manufacturing methods.





Sweetened with Splenda

Aspartame FREE

DigeZyme® Multi-Enzyme Complex

30 g
1 000 g
2 000 g
4 000 g

100 % PREDATOR

PROTEIN COMPLEX

AMIX™ Predator® Protein is an excellent 100% whey protein, a great composition based on pure concentrated whey (P.C.W.), its balanced level of amino acids and low-fat content, make PREDATOR an extraordinary protein. Totally aspartame free, it contains DIGEZYME® digestive enzymes for maximum absorption, and its delicious flavour and texture make this protein an exceptional choice for athletes seeking to improve their performance as well as their muscle recovery and mass gain.

Benefits:
» With high quality whey protein concentrate (W.P.C).
» Promotes muscular growth.
» Improves muscle recovery.
» Inhibits muscular catabolism.
» It contains DIGEZYME® digestive enzymes.
» Totally aspartame free.

Recommended dosage: Mix 1 scoop (30 g) with 180 - 250 ml of water or low-fat milk. Use a blender or hand-held shaker, mix for 30 seconds.
Flavours: Vanilla, Chocolate, Strawberry, Banana, Cookies Cream

Supplement Facts/Información Nutricional

Serving size/Dosis: 30 g (1 scoop/1 cacito)

Average values / Valores medios:	per/por 30 g:	per/por 100 g:
Energy value/Valor energético:	486,3 kJ / 114,8 kcal	1620 kJ / 382,8 kcal
Total Fat/Grasas	**1,4 g**	**4,8 g**
Saturated Fat/De las cuales saturadas	0,7 g	2,5 g
Total Carbohydrate/Hidratos de carbono	**5,9 g**	**19,9 g**
Sugars/De los cuales azúcares	1,2 g	4,1 g
Protein/Proteína (dry basis/base seca)	**19,5 g**	**65 g**
Salt/Sal*	0,33 g	1,1 g
DigeZyme® Multi-Enzyme Complex	22,5 mg	75 mg

DigeZyme® is a registered trademark of Sabinsa Corporation, USA.

Average Amino Acid Profile per 100 g of Protein/ Perfil de aminoácidos por 100 g de proteína:

Alanine/Alanina	5 340 mg	**Methionine**/Metionina*	2 110 mg
Arginine/Arginina	3 100 mg	**Phenylalanine**/Fenilalanina*	2 850 mg
L-Aspartic Acid/ácido L-aspártico	11 040 mg	**Proline**/Prolina	7 200 mg
Cysteine/Cisteína	1 930 mg	**Serine**/Serina	4 310 mg
Glutamine/Glutamina **	18 535 mg	**Threonine**/Treonina*	7 020 mg
Glycine/Glicina	4 645 mg	**Tryptophan**/Triptófano*	1 490 mg
Histidine/Histidina	1 470 mg	**Tyrosine**/Tirosina	2 250 mg
Isoleucine/Isoleucina*†	5 580 mg	**Valine**/Valina*†	4 950 mg
Leucine/Leucina*†	9 120 mg	**Hydroxyproline**/Hidroxiprolina	1 080 mg
Lysine/Lisina*	8 180 mg		

* Essential Amino Acids † Branched Chain Amino Acids / Aminoácidos Esenciales † BCAA
** Glutamine values based on glutamic acid content / Valores de Glutamina basados en contenido de ácido glutamínico

Ingredients: Ultrafiltered low temperature processed instantized whey protein concentrate /from milk/, amino acids derived from beef protein isolate, maltodextrin, cocoa powder (only in chocolate flavours and cookies cream flavour), stabilizer: sodium carboxymethylcellulose; emulsifier: **soya lecithin**, aroma, sweeteners: sucralose and acesulfame-K; beetroot juice (strawberry and forest fruits flavour),dyes: (curcumin- banana flavour; copper complexes ofchlorophyll -apple&cinnamon); patented digestive enzyme DigeZyme®- multi-enzyme complex (amylase, lipase, lactase, cellulase, bacterial neutral protease). **Allergen warning:** It may contain traces of **eggs, gluten, fish, shellfish, tree nuts** and **peanuts.**







7 HOURS

Aspartame FREE

DigeZyme® Multi-Enzyme Complex

1 000 g

ANABOLIC MASSTER™

PROTEIN - CARBOHYDRATE FORMULA

AMIX™ Anabolic Masster™ is a unique macro formula. It is based on a blend of top-quality proteins, carbohydrates, and a combination of natural anabolic components and stimulants for power, muscle pump and muscle vasodilation. Components such as: Creatine Monohydrate, KreAlkalyn®, Creatine Ethyl Ester, L-glutamine, L-arginine Hcl, L-arginine Alpha Ketogluterate, essential amino acids, branched chain amino acids, Tribulus Terrestris, HMB, and many more... to produce a total anabolic explosive effect.
This excellent unique blend of components, gives us everything we need to achieve a notable increase in muscle mass.

Benefits:
» Protein and carbohydrate formula
» Contains isolated CFM® of ion exchange.
» Maximises nutrient supply to muscle tissue
» Increases vessel dilation and muscles

Recommended dosage: The basic daily dosage is 100 g. Split the dose and use 50 g (1,5 scoop) about 1 hour before the training and 50 g (1,5 scoop) till about 1 hour after training. Mix the dose (50 g) in 200 ml of water or low-fat milk. Use the shaker Amix™ or mixer for mixing. To change the flavour and sweetness of drink change the amount of water used for preparation. Amix™ Anabolic Masster™.

Flavours: Vanilla, Chocolate, Strawberry, Forest Fruits.

Supplement Facts/ Información Nutricional

Serving size/Dosis: 100 g (3 scoops/cacitos)

Average values/Valores medios:	per 100 g
Energy value/Valor energético:	1551,6 kJ / 366 kcal
Total Fat/Grasas	3,34 g
Saturated Fat/De las cuales saturadas	< 1,2 g
Total Carbohydrate/Hidratos de carbono	39 g
Sugars/De los cuales azúcares	24,3 g
Protein/Proteína (dry basis/base seca)	45 g
Salt/Sal	< 1 g
Calcium/Calcio	120 mg (15 %*)
Phosphorus/Fósforo	203 mg (29 %*)

*DNRV - Daily nutrient reference values / *VRN - Valores de Refrencia de Nutrientes

Energy/Endurance/Strength Volumizing Complex

Amix™ Crea-Infusion 5 000 mg
Micronized Creatine Monohydrate, Tri-Creatine Malate, Creatine Ethyl Ester / Creatina monohidrato micronizada, tri-creatina malato, creatina etil éster

Kre-Alkalyn® - Beta-Alanine (CarnoSyn®) Dual Action Matrix 1 000 mg
(Patents 5,965,596; 6,172,098B1; 6,426,361B2; 6,680,294 and 6,399,661)

Amix™ Insulin Potentiator 500 mg
Inosine, Alpha Lipoic Acid, Glucuronolactone / Inosina, ácido alfa lipoico, glucuronolactona

Amix™ Recovery/Anticatabolic Complex 4 000 mg
Micronized L-Glutamine, L-Glutamine Alpha-Ketoglutarate, L-Leucine, L-Isoleucine, L-Valine, HMB / L-glutamina micronizada, L-arginina alfa-cetoglutarato, L-leucina, L-isoleucina, L-valina, HMB

Amix™ Neuro-Regulators 1 000 mg
Micronized Taurin, L-Tyrosine / Taurina micronizada, L-tirosina

Amix™ Pump Infusion 1 500 mg
L-Arginine HCL, L-Arginine Alpha-Ketoglutarate, L-Citrulline Malate, L-Histidine / Hidrocloruro de L-arginina, L-arginina alfa-cetoglutarato, L-citrulina malato, L-histidina

Amix™ Herbal Complex 500 mg
Tribulus Terrestris, Saw Palmetto Extract, Damiana Extract 4:1 (Turnera Diffusa Wild.) (leafs) /Tribulus terrestris, extracto de Serenoa repens, extracto de Damiana (Turnera diffusa wild.) (hojas)

Amix™ PhosphoMatrix 1 000 mg
di-Calcium Phosphate, di-Potassium Phosphate, di-Sodium Phosphate / Fosfato dicálcico, fosfato dipotásico, fosfato disódico

DigeZyme® Multi-Enzyme Complex 150 mg

CFM® is a registered trademark of Glanbia PLC. Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®. Kre-Alkalyn® is a registered trademark of Bioceutical Research and Development Laboratory (BR&D). Creatine Monohydrate with corrected pH - Us patent #6,399,661. International Patents Pending. All International Rights Reserved.

Ingredients per 100 g: whey protein concentrate /from milk/, Glucose, Fructose, Maltodextrin, Aminoacids derived from Beef Protein Hydrolyzate, CFM® whey protein isolate /from milk/, Creatine Monohydrate 4 000 g mg, Isomaltulose (Palatinose ®), ModCarb™ (gluten free oat bran, quinoa, amaranth, buckwheat, millet), Egg Protein, L-Glutamine 2 000 g mg, WHEY PROTEIN ION-EXCHANGE ISOLATE /FROM MILK/, HYDROLYZED WHEY PROTEIN /FROM MILK/, cocoa powder (only in chocolate flavour), L-Arginine HCl 1 000 g mg, emulsifier: SOYA lecithin; Taurine 800 mg, L-Leucine 500 mg, HMB – Hydroxymethylbutyrate 500 mg, Tri-Creatine Malate 500 mg, Creatine Kre-Alkalyn® 500 mg, Di-Calcium Phosphate 500 mg, L-Glutamine Alpha-ketoglutarate 500 mg, Creatine Ethyl Ester 500 mg, CarnoSyn® Beta Alanine 500 mg, aroma, Tribulus Terrestris 300 mg, Inosine 300 mg, L-Arginine Alpha-ketoglutarate 300 mg, L-Isoleucine 250 mg, L-Valine 250 mg, Di-Potassium Phosphate 250 mg, Di-Sodium Phosphate 250 mg, L-Tyrosine 200 mg, Dige- Zyme® MultiEnzyme Complex (Amylase, Lipase, Lactase, Cellulase, Bacterial neutral protease) 150 mg, Saw Palmetto Extract 100 mg, Damiana Extract 100 mg, Alpha Lipoic Acid 100 mg, L-Citrulline Malate 100 mg, L-Histidine 100 mg, stabilizer: sodium carboxymethylcellulose; Glucuronolacton 100 mg, beetroot juice (only in strawberry and forest fruits flavours), sweeteners: sucralose and acesulfame-K.
Allergen warning: it may contain traces of **gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**

MICELLAR CASEIN

SLOW ACTION FORMULA

AMIX™ Caseina Micelar is a concentrated whey protein product containing micellar casein and whey in a proportion of 80:20. Micellar protein is gradually released. Amix™ Micellar Casein is an excellent protein with a very low-fat content and with a very high biological value. All these properties make micellar casein an ideal protein to take before training or before going to bed as it provides a large amount of protein over several hours. It can also be used as a meal replacement since it provides a prolonged intake of proteins with a very high biological value.

Recommended dosage: Mix 2 scoops of Amix™ Micellar Casein with 250-300 ml of cold water or low-fat milk. Use a blender or hand-held shaker, mix for 30 seconds. Use preferably before sleep. To change the flavour and sweetness of drink, change the amount of water used for preparation.

Flavours: Vanilla, Chocolate, Strawberry.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 44 g (2 scoops/2 cacitos)

Average values/Valores medios:	per /por 44 g:	per/por 100 g:
Energy value/Valor energético:	673,6 kJ / 158,8 kcal	1530,9 kJ / 360,8 kcal
Total Fat/Grasas	0,9 g	2 g
Saturated fats /De las cuales saturadas	< 0,6 g	< 1,3 g
Total Carbohydrate /Hidratos de carbono	2,5 g	5,7 g
Sugars/De los cuales azúcares	2,1 g	4,8 g
Protein/Proteína (dry basis/base seca)	35,4 g	80 g
Salt/Sal	< 0,4 g	< 0,8 g
DigeZyme® Multi-Enzyme Complex	66 mg	150 mg
Calcium/Calcio	902 mg (112 %*)	2052 mg (256 %*)

* DNRV - Daily nutrient reference value/ *VRN:Valor de Referencia de Nutrientes
DigeZyme® is a registered trademark of Sabinsa Corporation, USA.

Average Amino Acid Profile Per 100 g of protein/

Valores medios de aminiácidos por 100 g de proteína

Alanine/Alanina	3 300 mg	**Methionine**/ Metionina*	2 800 mg
Arginine/Arginina	3 700 mg	**Phenylalanine**/ Fenilalanina*	4 900 mg
L-Aspartic Acid/ Ácido L-aspártico	7 800 mg	**Proline**/Prolina	9 800 mg
Cysteine/Cisteína	1200 mg	**Serine**/Serina	5 600 mg
Glutamine/Glutamina**	21 600 mg	**Threonine**/Treonina*	4 500 mg
Glycine/Glicina	1 900 mg	**Tryptophan**/ Triptófano*	1 400 mg
Histidine/Histidina	2 700 mg	**Tyrosine**/Tirosina	5 300 mg
Isoleucine/Isoleucina*#	5 300 mg	**Valine**/Valina*#	6 400 mg
Leucine/Leucina*#	9 600 mg	**Lysine**/Lisina*	8 400 mg

* Essential Amino Acids/Aminiacidos esenciales
# Total content of BCAA/Contenido total de BCAA- 21 300 mg
** Glutamine values based on glutamic acid content/ Valores de glutamina basados en contenido de ácido glutámico.

Ingredients: Milk protein concentrate (80 % **micellar casein**, 20 % **whey protein**), cocoa powder (only in chocolate flavour), aroma, stabilizer: sodium carboxymethylcellulose; emulsifier: **soya lecithin**; beetroot juice (strawberry and forest fruits flavour), dye: curcumine (banana flavour); patented digestive enzyme DigeZyme® - multi-enzyme complex (amylase, lipase, lactase, cellulase and bacterial neutral protease), sweeteners: sucralose and acesulfame-K.
Allergen warning: It may contain traces of **eggs, gluten, fish, tree nuts, peanuts** and **shellfish** (**crustaceans** and **molluscs**) due to manufacturing methods.

Sweetened with Splenda® No Calorie Sweetener

Aspartame FREE

DigeZyme® Multi-Enzyme Complex

CFM Whey Protein

1 000 g



NIGHT PRO ELITE

NIGHT PROTEIN MATRIX

AMIX™ NightPro Elite is a compound made up of three different kinds of protein; micro filtered CFM protein isolate, calcium caseinate and hydrolyzed whey protein. It is virtually fat free and with a low carbohydrate content. **AMIX™ NightPro Elite** contains peptides and oligopeptides of whey hydrolized amino acids; it also contains branched chain amino acids that stimulate both the growth hormone and testosterone such as Tribulus Terrestris, Saw Palmetto and Phospholipid Matrix. This optimum blend of three kinds of proteins provides us with a sequential absorption, which means it is absorbed at different time stages, which guarantees the correct protein intake over long periods of time, up to 6 hours. This high-quality protein and the large spectrum of amino acids assure maximum absorption. It contains a high quantity of amino acids such as L-Arginine, L-Ornithine, and branched chain amino acids. It also contains a large amount of L-glutamine and Glutamine Alpha Ketoglutarate. It has got maximum anabolic power. It contains amino acid peptides, which are basic for our body's capacity to synthesize protein.

Recommended dosage: Mix 2 scoops (50 g) with 200-300 ml of water or low-fat milk. Use a blender or hand-held shaker, mix for 30 seconds. Take 50 g daily before sleep.

Flavors: Vanilla, Chocolate, Strawberry.

Supplement Facts/ Información Nutricional

Serving size/Dosis: 50 g (2 scoops/cacitos)

Average values/Valores medios:	per/por 100 g:	per/por 50 g:
Energy value/Valor energético:	1595,6 kJ / 375,7 kcal	797,8 kJ / 187,9 kcal
Total Fat/Grasas	1,8 g	0,9 g
Saturated Fat/De las cuales saturadas	< 0,5 g	< 0,3 g
Total Carbohydrate/ Hidratos de carbono	1,9 g	0,9 g
Sugars/ De las cuales azúcares	< 0,9 g	< 0,5 g
Protein/Proteínas (dry basis/base seca)	90 g	45 g
Salt/Sal	< 1 g	< 0,5 g
Amix™ Recovery matrix L-Glutamine, L-Glutamine Alpha Ketoglutarate, L-Leucine, L-Isoleucine, L-Valine		3 000 mg
Amix™ GHT-ss (Growth Hormone Stimulation System) L-Arginine HCL, L-Ornithine HCL		2 250 mg
Amix™ Mental Support System Taurine, L-Citrulline Malate, Acetyl-L-Carnitine		1 350 mg
Amix™ Herbal Complex Tribulus Terrestris, Saw Palmetto Extract, Rhodiola Rosea Extract		500 mg
Amix™ Phospho Matrix di-Calcium Phosphate, di-Potassium Phosphate, di-Sodium Phosphate		500 mg
DigeZyme® Multi-Enzyme Complex		75 mg

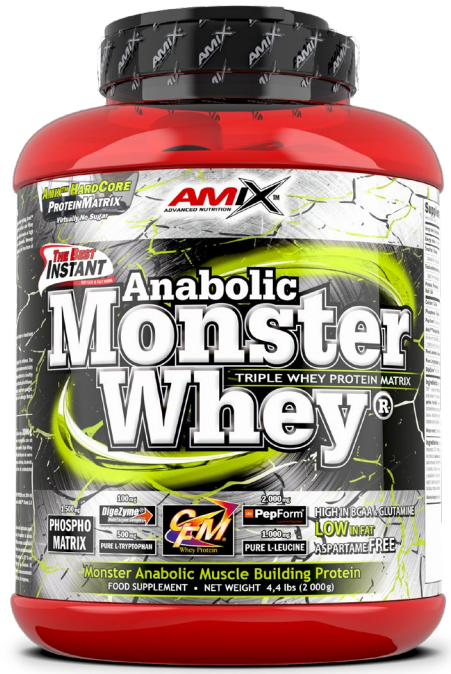
DigeZyme® is a registered trademark of Sabinsa Corporation, USA. **CFM®** is a registered trademark of Glanbia PLC.

Average Amino Acid Profile Per 100 g of pure Protein

Alanine/Alanina	5 720 mg	**Methionine**/Metionina*	1 500 mg
Arginine/Arginina	4 610 mg	**Phenylalanine**/ Fenilalanina*	3 230 mg
L-Aspartic Acid/ Ácido L-aspártico	8 720 mg	**Proline**/Prolina	10 050 mg
Cysteine/Cisteína	1 250 mg	**Serine**/Serina	4 230 mg
Glutamine/Glutamina **	16 740 mg	**Threonine**/Treonina*	5 650 mg
Glycine/Glicina	8 720 mg	**Tryptophan**/Triptófano*	1 010 mg
Histidine/Histidina	2 240 mg	**Tyrosine**/Tirosina	2 690 mg
Isoleucine/Isoleucina*#	4 710 mg	**Valine**/Valina*#	4 700 mg
Leucine/Leucina*#	8 030 mg	**Hydroxyproline**/ Hidroxiprolina	2 670 mg
Lysine/Lisina*	6 580 mg		

* Essential Amino Acids † Branched Chain Amino Acids
** Glutamine values based on glutamic acid content

Ingredients per 50 g: Calcium Caseinate /from **milk**/,CFM®-Cross-flow Microfiltered Whey Protein Isolate/from **milk**/with protein fractions, amino acids derived from beef protein hydrolyzate, Egg Albumen, Ion-Exchange Whey Protein Isolate/from milk/,Hydrolyzed Whey Protein/from milk/,L-Glutamine, L-Arginine, cocoa powder (only in chocolate flavour), maltodextrin, Taurine, L-Ornithine HCl, L-Glutamine Alpha Ketoglutarate, emulsifier: **soya lecithin**; L-Leucine, Di-Calcium Phosphate, Tribulus Terrestris, L-Citrulline Malate, L-Isoleucine, L-Valine, Saw Palmetto extract, Di-Potassium Phosphate, Di-Sodium Phosphate, Rhodiola Rosea extract, Acetyl-L-Carnitine, stabilizer: sodium carboxymethylcellulose; aroma, dye: curcumine (banana flavour); beetroot juice (strawberry and forest fruits flavour), patented digestive enzyme DigeZyme®- multi-enzyme complex (amylase, lipase, lactase, cellulase, bacterial neutral protease), sweeteners: Sucralose and acesulfame-K.



DigeZyme® Multi-Enzyme Complex

CFM Whey Protein

LEU PepForm™ Leucine Peptides

Splenda® No Calorie Sweetener

2 200 g

MONSTER WHEY®

TRIPLE WHEY PROTEIN MATRIX

AMIX™ Monster Whey® Protein is a product combining up to 5 kinds of premium-quality proteins (whey concentrate, CFM whey isolate, hydrolyzed whey protein, hydrolyzed beef protein and micellar casein).

AMIX™ Monster Whey® Protein contains a significant amount of branched chain aminoacids (BCAA's) and glutamine.

Benefits
» Combines 5 kinds of proteins
» Delicious flavour and easily dissolved
» Very low-fat content
» Totally aspartame-free

Recommended dosage: Mix 1 scoop of Monster Whey Protein with 200 ml of water or low-fat milk. Use a blender or hand held shaker Amix™. Have 1-3 servings daily, depending on daily need of protein.

Flavors: Double-Chocolate, Strawberry-Banana.

Supplement Facts/ Información Nutricional

Serving size/Dosis: 33 g (1 scoop/cacito)

Average values/Valores medios:	per/por 100 g:	per/por 33 g:
Energy value/Valor energético	1470,8 kJ / 346,6 kcal	485,3 kJ / 114,4 kcal
Total Fat/Grasas	1,8 g	0,6 g
Saturated Fat/De las cuales saturadas	< 1 g	< 0,3 g
Total Carbohydrate/Hidratos de carbono	2,6 g	0,9 g
Sugars/De los cuales azúcares	< 1 g	< 0,4 g
Protein/Proteína (dry basis/base seca)	80 g	26,4 g
Salt/Sal	< 1 g	< 0,4 g
Calcium/Calcio	220 mg (27,5 %*)	72,6 mg (9 %*)
Phosphorus/Fósforo	285 mg (40 %*)	94 mg (13,4 %*)
Pep-Form™- Leucine Peptides	2 000 mg	660 mg
Amix™ Phospho Matrix di-Calcium Phosphate, di-Potassium Phosphate	1 500 mg	495 mg
Pure L-Leucine	1 000 mg	330 mg
Pure L-Tryptophan	500 mg	165 mg
DigeZyme® Multi-Enzyme Complex	100 mg	33 mg

* DNRV - Daily Nutrient Reference Values

Ingredients: Hydrolyzed beef protein isolate 80 %, creatine monohydrate 7600 mg, cocoa powder (only in chocolate flavour), L-arginine HCl 1 000 gmg, di-calcium phosphate, L-arginine alphaketoglutarate 600 mg, stabilizers: collagen hydrolyzate and sodium carboxymethylcellulose; aroma, CarnoSyn® beta-alanine 300 mg, L--citrulline base 225 mg, L-tryptophan 225 mg, di-potassium phosphate, di-sodium phosphate, emulsifier: soya lecithin; beetroot juice (strawberry&banana flavour, forest fruits flavour), sweeteners: sucralose and acesulfame-K. **Allergen warning:** It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.

CarnoSyn® Carnosine Synthesizer

N.O.S. Complex

Sweetened with Splenda® No Calorie Sweetener

Aspartame FREE

+200 g FREE

1 000 g | 2 000 g

33 g



MONSTER BEEF PROTEIN

ENZYME HYDROLYZED

AMIX™ Monster Beef Protein is a very high-quality protein based on beef-derived hydrolyzed enzymes, which not only has a very high aminogram but the carbohydrate, fat and cholesterol content is negligible. AMIX™ Beef Monster Protein is a new generation protein, produced using the latest in advanced technology.

AMIX™ Monster Beef Protein contains Monster Nitro-complex, a combination of citrulline malate, Betaalaline and a phospholipid matrix that maximizes even further the results achieved in building muscle.

Benefits:
» Maximum and fast absorption
» Excellent biological value
» Excellent flavour and dissolution
» Very low carbohydrate and fat content

Recommended dosage: Mix 1 scoop (33 g) of Amix™ Monster Beef Protein with 200-300 ml of cold water or low-fat milk. Use a blender or hand-held shaker, mix for 30 seconds. To change the intensity of flavour and sweetness of drink, change the amount of water used for preparation. Have 1-3 servings daily, depending on daily need of protein.

Flavors: Chocolate, Vanilla-Lime, Strawberry-Banana, Forest Fruits.

Supplement Facts/ Informacíon Nutricional

Serving size/Dosis: 33 g (1 scoop/1 cacito)

Average values / Valores medios:	per/por 33 g:	per/por 100 g:
Energy value/Valor energético:	533,2 kJ / 125,6 kcal	1615,8 kJ / 380,6 kcal
Fat/Grasas	< 0,4 g	< 1 g
Saturated Fat/De las cuales saturadas	< 0,1 g	< 0,3 g
Carbohydrate/Carbohidratos	< 0,6 g	< 2 g
Sugars/De los cuales azúcares	< 0,1 g	< 0,2 g
Protein/Proteína (dry basis/base seca)	29,7 g	90 g
Salt/Sal	< 0,5 g	< 1,5 g
Calcium / Calcio	46 mg (6 %*)	140 mg (17,5 %*)
Potassium / Potasio	120 mg (6 %*)	363 mg (18,1 %*)
Phosphorus / Fósforo	80,5 mg (11,5 % *)	244 mg (35 %*)
Creatine Monohydrate/ Monohidrato de creatina		7 600 mg
Amix™ Nitro Shot Complex L-Arginine HCL, L-Arginine Alpha-Ketoglutarate, L-Citrulline Base, Beta-Alanine (CarnoSyn®) / Hidrocloruro de L-arginina, L-arginina alfa-cetoglutarato, L-citrulina base, CarnoSyn® beta-alanina		2 125 mg
Amix™ PhosphoMatrix di-Calcium Phosphate, di-Potassium Phosphate, di-Sodium Phosphate / fosfato dicálcico, fosfato dipotásico, fosfato disódico		1 200 mg
L-Tryptophan/L-triptófano		225 mg

*DNRV - Daily nutrient reference values / VRN - Valores de referencia de nutrientes.
Natural Alternatives International (NAI) is the owner of patents 5,965,596; 6,172,098B1; 6,426,361B2; 6,680,294 and registered trademark CarnoSyn®.

Typical Amino Acid Profile per 100 g of Hydrolyzed Beef Protein
/Perfil de aminoácidos por 100 g de proteína a base de aislado hidrolizado enzimático de carne de vacuno

Alanine/Alanina	9 100 mg	**Lysine**/Lisina*	3 900 mg
Arginine/Arginina	7 500 mg	**Methionine**/Metionina*	900 mg
L-Aspartic Acid/ácido L-aspártico	6 100 mg	**Ornithine**/Ornitina	200 mg
Cysteine/Cisteína	100 mg	**Phenylalanine**/Fenilalanina*	2 500 mg
Glutamine/Glutamina **	10 700 mg	**Proline**/Prolina	11 300 mg
Glycine/Glicina	21 200 mg	**Serine**/Serina	3 300 mg
Histidine/Histidina	1 000 mg	**Threonine**/Treonina*	2 100 mg
Hydroxyproline/Hidroxiprolina	9 900 mg	**Tryptophan**/Triptófano*	200 mg
Isoleucine/Isoleucina*†	1 800 mg	**Tyrosine**/Tirosina	1 400 mg
Leucine/Leucina*†	3 800 mg	**Valine**/Valina*†	3 000 mg

* Essential aminoacids/Aminoácidos esenciales #Total content of BCAA/Contenido total de BCAA - 8 600mg
** Glutamine values based on glutamic acid content / Valores de glutamina basados en contenido de ácido glutámico

Ingredients: Hydrolyzed beef protein isolate 80 %, creatine monohydrate 7600 mg, cocoa powder (only in chocolate flavour), L-arginine HCl 1 000 gmg, di-calcium phosphate, L-arginine alphaketoglutarate 600 mg, stabilizers: collagen hydrolyzate and sodium carboxymethylcellulose; aroma, CarnoSyn® beta-alanine 300 mg, L-citrulline base 225 mg, L-tryptophan 225 mg, di-potassium phosphate, di-sodium phosphate, emulsifier: **soya lecithin**; beetrootjuice (strawberry&bananaflavour, forestfruitsflavour), sweeteners: sucralose and acesulfame-K. **Allergen warning:** It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.

LactoSpore®

DigeZyme® Multi-Enzyme Complex

PROVON IsoHi®

CFM® Whey Protein



1 000 g | 1 800 g

35 g

EVOLUTION ISOLATE

MILK + WHEY PROTEIN BLEND

AMIX™ Evolution Isolate Protein is a protein blend combining Whey Protein Isolate produced using the Cross-Flow Microfiltration process with original Provon IsoHi®-Hydrolysed Whey Protein isolate and Milk Protein isolate to deliver protein with excellent purity and solubility.

AMIX™ Evolution Isolate Protein is also enriched with lactase, probiotics LactoSpore™ and the multi-enzyme complex DigeZyme®. Combination of high protein content, low in sugars, great texture and delicious flavour is ideal after training or anytime you need extra protein.

Benefits:
» low sugars
» high protein
» with multi-enzyme complex DigeZyme® and probiotics LactoSpore™
» with lactase

Recommended dosage: Mix 35 g (1½ scoops) with 350-400ml of cold water or low fat milk. Use a blender or hand held shaker and mix for 30 seconds. Have 1-3 servings daily between meals, depending on daily need of proteins.

Flavours: Vanilla Bliss, Bombon Crunchy, White Choco Cups, Salted Caramel and Mango Pulse.

Supplement Facts (Vanilla Bliss Flavour)

/ Información nutricional/ Nutriční hodnoty/ Informação nutricional/ Déclaration nutritionnelle/ Informazioni nutrizionali:
Serving size/ Dosis/ Dávka/ Dose/ Portion/ Dosi: **35 g**
Servings per container/ Dosis por envase/ Dávek v balení/ Doses por embalagem/ Doses par contenant/ Dosi per confezione: **28**

Average values	35 g:	100 g:
Energy/ Valor energético/ Energetická hodnota/ Energia/ Énergie/ Energia:	528 kJ/ 124 kcal	1509 kJ/ 355 kcal
Fat/ Grasas/ Tuky/ Gorduras/ Matières grasses/ Grassi	**0,5 g**	**1,5 g**
of which saturated/ de las cuales saturadas/ z toho nasycené/ dos quais gordos saturados/ dont gras saturés/ di cui grassi saturi	0,2 g	0,7 g
Carbohydrate/ Hidratos de carbono/ Sacharidy/ Hidratos de carbono/ Glucides/ Carboidrati	**1,3 g**	**3,6 g**
of which sugars/ de los cuales azúcares/ z toho cukry/ dos quais açúcares/ dont sucres/ di cui zuccheri	0,7 g	2,1 g
Protein/ Proteína/ Bílkoviny/ Proteína/ Protéine/ Proteina (dry basis/ en base seca/ v sušině/ base seca/ sur base sèche/ su base secca)	**30 g**	**85 g**
Salt/ Sal/ Sůl/ Sal/ Sel/ Sale	**0,47 g**	**1,3 g**
Multi-Enzyme Complex/ Complejo multienzimático/ Multienzymový komplex/ Complexo multienzimático/ Complexe multienzymatique/ Complesso multienzimatico (**DigeZyme®**)	**52,5 mg**	**150 mg**
LactoSpore™ (Bacillus coagulans)	**70 000 000** spores/ esporas/ spór/ esporos/ spores/ spore	**200 000 000** spores/ esporas/ spór/ esporos/ spores/ spore
Lactase/ Lactasa/ Laktáza/ Lactase/ Lactase/ Lattasi	**1 750 FCC units**	**5 000 FCC units**

LactoSpore™ and DigeZyme® are registered trademarks of Sabinsa Corporation, USA. CFM® is a trademark of Glanbia Dairy Nutritionals Ltd.

Ingredients: Milk protein isolate (**milk**), whey protein blend [hydrolyzed whey protein isolate - Provon IsoHi® (**milk**), CFM® - whey protein isolate (**milk**)], aromas, salt, emulsifier: **soya** lecithin; sweeteners: steviol glycosides and sucralose; patented digestive enzyme DigeZyme® - multi-enzyme complex (amylase, lactase, cellulase, bacterial neutral protease and lipase), colour: beta carotene; lactase, LactoSpore™ (Bacillus coagulans, maltodextrin).

LactoSpore™

DigeZyme® Multi-Enzyme Complex

CFM Whey Protein

1 000 g | 1 800 g
35 g



PRO-ACTIVE WHEY
WHEY W3 BLEND™ + MILK PROTEIN

Amix™ Pro-Active Whey Protein is a product based on a blend of Whey Protein Concentrate and Whey Protein Isolate produced using the Cross-Flow Microfiltration process with Whey Protein Hydrolysate and Milk Protein Concentrate to deliver high-quality protein with excellent purity and solubility.

Amix™ Pro-Active Whey Protein is enriched with added lactase, the probiotics LactoSpore™, and the patented multi-enzyme complex DigeZyme®. Combination of high protein content, great texture and delicious flavour is ideal after training or anytime you need extra protein.

Benefits:
» protein contributes to the growth and maintenance of muscle mass
» with probiotics LactoSpore™ and enzymes DigeZyme®
» with lactase
» high protein

Recommended dosage: Mix 35 g (1½ scoops) with 300-400 ml of cold water or low fat milk. Use a blender or hand-held shaker, mix for 30 seconds. Have 1-3 servings daily between meals, depending on daily need of proteins.

Flavours: Salted Caramel, Bombon Crunchy, White Choco Cups, Vanilla Bliss and Mango Pulse.

Supplement Facts (Salted Caramel Flavour)

/ Información nutricional/ Nutriční hodnoty/ Informação nutricional/ Déclaration nutritionnelle/ Informazioni nutrizionali:
Serving size/ Dosis/ Dávka/ Dose/ Portion/ Dosi: **35 g**
Servings per container/ Dosis por envase/ Dávek v balení/ Doses per embalagem/ Doses par contenant/ Dosi per confezione: **28**

Average values/ Valores medios/ Průměrné hodnoty/ Valores médios/ Valeurs moyennes/ Valori medi:	**35 g:**	**100 g:**
Energy/ Valor energético/ Energetická hodnota/ Energia/ Énergie/ Energia:	538 kJ/ 127 kcal	1536 kJ/ 362 kcal
Fat/ Grasas/ Tuky/ Gorduras/ Matières grasses/ Grassi	**1,3 g**	**3,7 g**
of which saturated/ de las cuales saturadas/ z toho nasycené/ dos quais gordos saturados/ dont gras saturés/ di cui grassi saturi	0,7 g	1,9 g
Carbohydrate/ Hidratos de carbono/ Sacharidy/ Hidratos de carbono/ Glucides/ Carboidrati	**2,7 g**	**7,7 g**
of which sugars/ de los cuales azúcares/ z toho cukry/ dos quais açúcares/ dont sucres/ di cui zuccheri	2,1 g	6,0 g
Protein/ Proteína/ Bílkoviny/ Proteína/ Protéine/ Proteina (dry basis/ en base seca/ v sušině/ base seca/ sur base sèche/ su base secca)	**28 g**	**79 g**
Salt/ Sal/ Sůl/ Sal/ Sel/ Sale	**0,66 g**	**1,9 g**
Multi-Enzyme Complex/ Complejo multienzimático/ Multienzymový komplex/ Complexo multienzimático/ Complexe multienzymatique/ Complesso multienzimatico (**DigeZyme®**)	**52,5 mg**	**150 mg**
LactoSpore™ (Bacillus Coagulans)	**70 000 000** spores/ esporas/ spór/ esporos/ spores/ spore	**200 000 000**
Lactase/ Lactasa/ Laktáza/ Lactase/ Lactase/ Lattasi	**1 750 FCC units**	**5 000 FCC units**

LactoSpore™ and DigeZyme® are registered trademarks of Sabinsa Corporation, USA.

Ingredients: Whey W3 Blend™ [CFM - whey protein concentrate (**milk**), CFM - whey protein isolate (**milk**), whey protein hydrolysate (**milk**)], **milk** protein concentrate (**milk**), aromas, salt, emulsifier: **soya** lecithin; sweeteners: steviol glycosides and sucralose; patented digestive enzyme DigeZyme® - multi-enzyme complex (amylase, lactase, cellulase, bacterial neutral protease and lipase), colour: sulphite ammonia caramel; lactase, LactoSpore™ (Bacillus coagulans, maltodextrin).

SPECIAL CARBO MIXTURE CARBOJET™

Scientifically Vitargo Proven!

Aspartame FREE

Sweetened with Splenda® No Calorie Sweetener

palatinose™ the better energy

DigeZyme® Multi-Enzyme Complex



2 250 g | 4 000 g
20 x 50 g

CARBOJET™ GAIN
CARBO-PROTEIN FORMULA

AMIX™ CarboJet™ GAIN is an excellent combination of high-quality carbohydrates (Vitargo®, Palatinose®, Maltodextrin), isolated whey (CFM) and concentrated whey proteins (W.P.C.), which are ultra and micro filtered at low temperatures, allowing these proteins to maintain all active ingredients in perfect condition and with an optimum biological value.

AMIX™ CarboJet™ Gain contains DIGEZYME® digestive enzymes that guarantee complete absorption, thus making the most of its components. It also has a high content of both ramified (BCAAs) and essential amino acids and also a high proportion of L-glutamine. Totally aspartame free, delicious flavour and texture; easy and fast to digest.

Benefits:
» Increases power, strength and endurance
» Increases muscle mass
» Regenerates fibre
» Inhibits muscular catabolism
» Contains digestive enzymes
» Aspartame free

Recommended dosage: Mix 1 heaping scoop of Amix™ CarboJet™ Gain (50 g) with 200 - 250 ml of low-fat milk or water. Use hand held shaker, mix for about 30 seconds. Have 1-3 servings daily, depending on daily need of carbohydrates and proteins.

Flavours: Vanilla, Chocolate, Strawberry, Banana (only available in 2 250 g and 50 g.

Supplement Facts/ Información Nutricional

Serving size/Dosis: 50 g (1 scoop/cacito)

Average values/ Valores medios:	**per 50 g:**	**per 100 g:**
Energy value/ Valor energético:	780,8 kJ / 184,2 kcal	1561,2 kJ / 368,4 kcal
Total Fat/Grasas	**1,8 g**	**3,6 g**
Saturated Fat/ De las cuales grasas saturadas	< 0,5 g	< 1 g
Total Carbohydrate/ Hidratos de carbono	**34,5 g**	**69 g**
Sugars/De los cuales azúcares	14,25 g	28,5 g
Protein /Proteína (dry basis/en seco)	**7,5 g**	**15 g**
Salt/Sal	**0,8 g**	**1,5 g**
Calcium/Calcio	100 mg (12,5 %*)	200 mg (25 %*)
Phosphorus/Fósforo	100 mg (14,25 %*)	200 mg (28,5 %*)

* DNRV - Daily Nutrient Reference Values

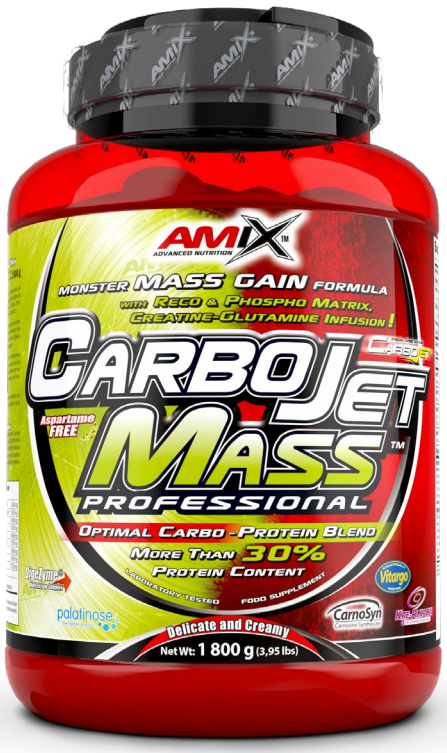
Amix™ PhosphoMatrix	500 mg	1000 mg
di-Calcium Phosphate, di-Potassium Phosphate, di-Sodium Phosphate		
DigeZyme® Multi-Enzyme Complex	75 mg	150 mg

Typical Amino Acid Profile per 100 g of Hydrolyzed Beef Protein
/Perfil de aminoácidos por 100 g de proteína a base de aislado hidrolizado enzimático de carne de vacuno

Alanine/Alanina	5 820 mg	**Methionine**/Metionina*	1 540 mg
Arginine/Arginina	3 400 mg	**Phenylalanine**/Fenilalanina*	2 950 mg
L-Aspartic Acid/ácido Laspártico	9 530 mg	**Proline**/Prolina	7 280 mg
Cysteine/Cisteina	1 800mg	**Serine**/Serina	4 330 mg
Glutamine/Glutamina **	16 140 mg	**Threonine**/Treonina*	5 850 mg
Glycine/Glicina	6 620 mg	**Tryptophan**/Triptófano*	1 840 mg
Hydroxyproline/Hidroxiprolina	1 890 mg	**Tyrosine**/Tirosina	2 360 mg
Histidine/Histidina	1 450 mg	**Valine**/Valina*	4 980 mg
Isoleucine/Isoleucina*	5 260 mg	**Lysine**/Lisina*	7 640 mg
Leucine/Leucina*	8 680 mg		

* Essential aminoacids/Aminoácidos esenciales
** Glutamine values based on glutamic acid content / Valores de glutamina basados en contenido de ácido glutámico

Ingredients: maltodextrin (glucose polymer), **non-fat whey /from milk/**, ultrafiltered **instantized whey protein concentrate /from milk/**, beef protein hydrolyzate, CFM® cross flow microfiltered WHEY PROTEIN ISOLATE /FROM MILK/, cocoa powder (only in chocolate flavour), pure crystalline fructose (derived from corn), dextrose, isomaltulose* (Palatinose®), amylopectin barley starch Vitargo®, thickener: sodium carboxymethylcellulose; emulsifier: SOYA lecithin; di-calcium phosphate, aroma, patented multi-enzyme complex DigeZyme® (amylase, lipase, lactase, cellulase, bacterial neutral protease), di-potassium phosphate, di-sodium phosphate, beetroot juice (only in strawberry flavour), dye: turmeric (only in banana flavour); sweeteners: sucralose and acesulfame-K. * source of glucose and fructose.
Allergen warning: It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**



CARBOJET™ MASS

CARBO-PROTEIN FORMULA

SPECIAL CARBO MIXTURE CARBOJET™

Aspartame FREE

SCIENTIFICALLY Vitargo PROVEN!

DigeZyme® Multi-Enzyme Complex

palatinose the better energy

CarnoSyn® Carnosine Synthesizer

KRE-ALKALYN® pH-Correct Creatine

1 800 g | 3 000 g

AMIX™ CarboJet™ Mass is a combination of carbohydrates with a high content of up to 30% premium quality proteins. AMIX™ CarboJet™ Mass contains isolated whey protein CFM, which is specially designed to provide muscle fibre with a high quantity of amino acids which contribute actively to building muscle.

AMIX™ CarboJet™ Mass contains Vitargo®, a carbohydrate which has a larger molecular structure. It also contains Palatinose, a carbohydrate with a very low glycemic index level. AMIX™ CarboJet™ Mass also contains Tri-creatine malate, creatine monohydrate, L-glutamine, Kre-alkalyn, glutamine alpha ketoglutaric, branched chain amino acids, beta-alanine, citrulline malate and phosphomatrix. Furthermore, AMIX™ CarboJet™ Mass contains DygeZyme® digestive enzymes that guarantee total absorption for optimum results. 100% aspartame free.

Recommended dosage: Mix 3 scoops of CarboJet™ MASS (100 g) with 300 - 350 ml of low-fat milk or water. Use hand held shaker Amix™, mix for about 30 seconds. Have 1-3 servings daily, depending on daily need of carbohydrates and proteins.

Flavours: Vanilla, Chocolate, Forest Fruits, Strawberry-Banana.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 100 g (3 scoops/ 3 cacitos)
Servings per container/ Dosis por envase:18

Average values/Valores medios:	per/por 100 g:
Energy value/Valor energético	1498 kJ / 353,1 kcal
Total Fat/Grasas	**1,9 g**
Saturated Fat/ De las cuales grasas saturadas	0,7 g
Total Carbohydrate/ Hidratos de carbono	**54 g**
Sugars/De los cuales azúcares	21,5 g
Protein/Proteína (Dry Basis/Base seca)	**30 g**
Salt/Sal	< 0,8 g
Calcium/Calcio	200 mg (25 %*)
Phosphorus/Fósforo	200 mg (28,5 %*)

* DNRV - Daily nutrient reference value / VRN - Valores de Referencia de Nutrientes

Amix™ Crea-Infusion Micronized Creatine Monohydrate, Tri-Creatine Malate, Kre-Alkalyn® /monohidrato de creatina micronizada, tri-creatina malato, Kre-Alkalyn®	10 000 mg
Amix™ Gluta-Infusion Micronized L-Glutamine, L-Glutamine Alpha Ketoglutarate /L-flutamina micronizada, L-glutamina alfa cetogluarato	1 250 mg
Amix™ Reco-Matrix BCAA 2:1:1 (L-Leucine,L-Isoleucine,L-Valine), L-Citrulline Base, Beta-Alanine (CarnoSyn®) /BCAA 2:1:1 (L-leucina, L-isoleucina, L-valina), L-citrulina base, beta-alanina CarnoSyn®	1 000 mg
Amix™ PhosphoMatrix di-Calcium Phosphate, di-Potassium Phosphate, di-Sodium Phosphate /fosfato dicálcico, fosfato dipotásico, fosfato disódico	1 000 mg
DigeZyme® Multi-Enzyme Complex	75 mg

Ingredients: Maltodextrin, non-fat whey /from milk/, beef protein hydrolyzate, creatine monohydrate 8000 mg, ultrafiltered instantized whey protein concentrate /from milk/, cocoa powder (only in chocolate flavour), amylopectin barley starch Vitargo® 2500 mg, isomaltulose* (Palatinose®) 2500 mg, tri-creatine malate 1 500 g mg, stabilizer: sodium carboxymethylcellulose; dextrose, pure crystalline fructose (derived from corn), L-glutamine 1 000 g mg, emulsifier: SOYA lecithin; di-calcium phosphate 750 mg, Kre-Alkalyn® 500 mg, aroma, L-leucine 250 mg, L-glutamine alpha-ketoglutarate 250 mg, CarnoSyn® beta-alanine 250 mg, L-citrulline base 250 mg, L-isoleucine 125 mg, L-valine 125 mg, di-potassium phosphate 125 mg, di-sodium phosphate 125 mg, beetroot juice (forest fruits and strawberry-banana flavour), patented digestive enzyme DigeZyme® multi-enzyme complex 75 mg (amylase, lipase, lactase, cellulase and bacterial neutral protease), sweeteners: sucralose and acesulfame-K.
Allergen warning: It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**. * Source of glucose and fructose

Kre-Alkalyn® is a registered trademark of Bioceutical Research and Development Laboratory (BR&D). Creatine Monohydrate with corrected pH - Us patent #6,399,661. International Patents Pending. DigeZyme® is a registered trademark of Sabinsa Corporation, USA. Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.



CARBOJET™ BASIC

CARBO-PROTEIN FORMULA

SPECIAL CARBO MIXTURE CARBOJET™

Aspartame FREE

3 000 g

AMIX™ CarboJet™ Basic is a combination of premium quality carbohydrates and proteins. CarboJet™ Basic contains a blend of complex carbohydrates that allow us to obtain constant and long-lasting energy. It also contains high quality proteins that help create lean muscle fibre.

AMIX™ CarboJet™ Basic contains a large amount of L-glutamine, an amino acid that is actively involved in muscle fibre recovery after intense training. Carbojet™ Basic also contains high quality branched chain amino acids or BCAAs, which are considered useful for building muscle. Totally aspartame free.

Benefits:
» Pre & post training nutrition
» Aspartame FREE!
» Delicate and creamy
» High quality carbohydrates and proteins
» Mixes instantly

Recommended dosage: Mix 1 scoop of CarboJet™ Basic (50 g) with 200 - 250 ml of low-fat milk or water. Use hand held shaker Amix™, mix for about 30 seconds. Have 1-3 servings daily, depending on daily need of carbohydrates and proteins.

Flavors: Vanilla, Chocolate, Strawberry, Banana

Supplement Facts/Información Nutricional:

Serving size/Dosis: 50 g (1 scoop/1 cacito) Servings Per Container/Dosis por envase: 60

Average values / Valores medios:	per/por 50 g:	per/por 100 g:
Energy value/Valor energético:	779,6 kJ / 183,9 kcal	1559,1 kJ / 367,7 kcal
Total Fat/Total Grasa	**1,45 g**	**2,9 g**
Saturated Fat/ De las cuales grasas saturadas	< 0,5 g	< 1 g
Total Carbohydrate/Total Carbohidratos	**37,7 g**	**75,4 g**
Sugars/De los cuales azúcares	27,5 g	55 g
Protein/Proteína (dry basis/base seca)	**5 g**	**10 g**
Salt/Sal	**< 0,35 g**	**< 1,8 g**

Typical Amino Acid Profile per 100 g of Protein/Perfil de aminoácidos por 100 g de proteína

Alanine/Alanina	5 090 mg	**Lysine**/Lisina*	8 480 mg
Arginine/Arginina	2 540 mg	**Methionine**/Metionina*	1 690 mg
L-Aspartic Acid/ácido L-aspártico	10 340 mg	**Phenylalanine**/Fenilalanina*	3 060 mg
Cysteine/Cisteína	2 190 mg	**Proline**/Prolina	6 210 mg
Glutamine/Glutamina **	17 370 mg	**Serine**/Serina	4 680 mg
Glycine/Glicina	2 810 mg	**Threonine**/Treonina*	6 790 mg
Hydroxyproline/Hidroxiprolina	400 mg	**Tryptophan**/Triptófano*	2 260 mg
Histidine/Histidina	1 640 mg	**Tyrosine**/Tirosina	2 770 mg
Isoleucine/Isoleucina*†	6 150 mg	**Valine**/Valina*†	5 540 mg
Leucine/Leucina*†	9 950 mg		

* Essential Amino Acids/Aminoácidos Esenciales † BCAA
** Glutamine values based on glutamic acid content/Glutamina valores basados en contenido de ácido glutámico

Ingredients: non-fat **whey /from milk/**, maltodextrin, pure crystalline fructose (derived from corn), dextrose, ultrafiltered instantized **whey protein concentrate /from milk/**, beef protein hydrolyzate, cocoa powder (only in chocolate flavour), stabilizer: sodium carboxymethylcellulose; emulsifier: **soya** lecithin; aroma, beetroot juice (strawberry flavour), dye: curcumin (banana flavour); sweeteners: sucralose and acesulfame-k.
Allergen warning: it may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.



Aspartame FREE

2 000 g

WAXYGO!®

WAXYMAIZE AMYLOPECTIN CARB

AMIX™ WaxyGo® is a unique product carbohydrate-based product, derived from sugar-free corn starch, processed in a unique way ideal for sportsmen and women with high energy demands. **AMIX™ WaxyGo®** has a high molecular weight; this allows it to be used as a sustained source of energy which prevents it turning into fat. AMIX™ WaxyGo is a source of carbohydrates for athletes at all levels.

Recommended dosage: Mix 2 scoops (75g) of WaxyGo! with 200ml of water and stir thoroughly for 1-2 minutes. Add the rest of the needed volume of water (200-400ml) and thoroughly stir once again.

Flavors: Neutral, Fruits of the forest, Mangoberry Magic / Tasty Pineapple

Supplement Facts/ Información Nutricional

Serving size/Dosis: 75 g (2 scoops/2 cacitos)

Average values/Valores promedio:	per/ por: 75 g:	per/por 100 g
Energy value/ Valor energético:	1180 kJ / 277 kcal	1574 kJ / 370,5 kcal
Total Fat/Grasas	**< 0,4 g**	**< 0,5 g**
of which saturated fat/ de las cuales saturadas	0 g	0 g
Total Carbohydrate/ Hidratos de carbono	**69 g**	**91 g**
of which sugars/ de los cuales azúcares	< 0,8 g	< 1 g
of which starch/ de los cuales maíz	68,2 g	90 g
Protein/Proteína (dry basis/base seca)	**< 0,4 g**	**< 0,5 g**
Salt/Sal	**< 0,1 g**	**< 0,1 g**

Ingredients: (Natural) ultra-high-molecular weight long chain hydrolyzed waxy maize starch (contains SO217 mg/1 kg)
(Forest Fruits) ultra-high-molecular weight long chain hydrolyzed waxy maize starch (contains SO217mg/1 kg), acidifying agent: citric acid; aroma, beetroot juice (fruit punch flavour), sweeteners: sucralose and acesulfame-K.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.



2 000 g

VITARGO® + KRE-ALKALYN®

AMIX™ VITARGO® + KRE-ALKALYN® is a unique combination of two of the most important components in their field. Vitargo® is a carbohydrate with a much larger molecular structure than other conventional carbohydrates used for practicing sports, and as a result it goes through the stomach faster getting into the bloodstream after the digestive process. AMIX™ VITARGO® also includes Kre-Alkalyn®, a new generation creatine that has a higher PH factor than mono hydrate creatine and therefore, has a slower absorption and conversion period, allowing its effects to last longer. AMIX™ VITARGO® + KRE-ALKALYN® is an excellent supplement for sportsmen and women who want to achieve a notable improvement in their physical capacity as well as a considerable increase in their muscle mass.

Recommended dosage: Fill a vessel or shaker with water (200 ml) and add 2 scoops of VitarGo®Kre-Alkalyn® (75 g). Stir properly for 1 - 2 minutes. Add the rest of the needed volume of water, stir again properly.

Flavors: Orange and Lemon

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 75 g (2 scoops/2 cacitos)

Average values/Valores medios:	per/por 75 g:	per/por 100 g:
Energy value/ Valor energético:	1112,1 kJ / 261,8 kcal	1482,8 kJ / 349,1 kcal
Total Fat/Grasas	< 0,5 g	< 0,7 g
of which saturated fat/ de las cuales saturadas	0 g	0 g
Total Carbohydrate/ Hidratos de carbono	64 g	85 g
of which sugar/ de los cuales azúcares	< 0,4 g	< 0,5 g
of which starch/ de los cuales maíz	60 g	80 g
Protein/Proteína	< 0,5 g	< 0,7 g
Salt/Sal*	< 0,1 g	< 0,1 g
* The salt content is exclusively due to the presence of naturally occurring sodium.		
Kre-Alkalyn® - Buffered Creatine - Us patent #6,399,661	3 g	4 g

Aspartame FREE

KRE-ALKALYN pH-Correct Creatine

Scientifically Proven Vitargo

Ingredients: ultra-high-molecular weight (500,000-700,000) amylopectin barley starch (Vitargo®), acidifying agent: citric acid, aroma, beetroot juice (orange flavour), dye: curcumin (orange flavour), sweeteners: sucralose and acesulfame-K.
Allergen warning: It may contain traces of **milk, eggs, soybeans, fish, shellfish (crustaceans** and **molluscs), gluten, tree nuts** and **peanuts** due to manufacturing methods

VITARGO® LOAD

Vitargo® is a patented carbohydrate with unique properties, specially formulated for elite athletes to give an effective loading of easily accessible muscle energy (glycogen) in the body. In short, VITARGO® LOAD is an excellent supplement for those sportsmen and women who want to improve their performance and increase their lean muscle mass in a natural, safe way.

Recommended dosage: Fill a shaker with water (200 ml) and add 2 scoops of VitarGo®! Load (75 g). Stir properly for 1 - 2 minutes. Add the rest of the needed volume of water, stir again properly.

Flavors: Orange



1 000 g | 2 000 g

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 75 g (2 scoops/2 cacitos)

Average values/Valores medios:	per/por 75 g:	per/por 100 g:
Energy value/Valor energético:	1168 kJ / 275 kcal	1557 kJ / 366 kcal
Total Fat/Grasas	< 0,4 g	< 0,5 g
of which saturated fat/ de las cuales saturadas	0 g	0 g
Total Carbohydrate/ Hidratos de carbono	67,5 g	90 g
of which sugar/ de los cuales azúcares	< 0,4 g	< 0,5 g
of which starch/ de los cuales maíz	67,1 g	89,5 g
Protein/Proteína (dry basis/base seca)	< 0,4 g	< 0,5 g
Salt/Sal*	< 0,1 g	< 0,1 g

* The salt content is exclusively due to the presence of naturally occurring sodium

Scientifically Proven Vitargo

Aspartame FREE

Ingredients: ultra-high-molecular weight (500,000-700,000) amylopectin barley starch (Vitargo®), acidifying agent: citric acid, aroma, beetroot juice (orange flavour), dye: curcumin (orange flavour), sweeteners: sucralose and acesulfame-K.
Allergen warning: It may contain traces of **milk, eggs, soybeans, fish, shellfish (crustaceans** and **molluscs), gluten, tree nuts** and **peanuts** due to manufacturing methods.



90 cps

ARGININE PEPFORM® PEPTIDES

Arginine PepForm® Peptides is a food supplement which contains a unique form of L-Arginine created from a patented process called PepForm®. PepForm® has been developed by the company Glambia Nutritionals which, with the help of the latest technology, combines a free form of Arginine with powder and fresh milk whey protein isolate peptides by using advanced fractionation and separation technology.

Nutritional Information:

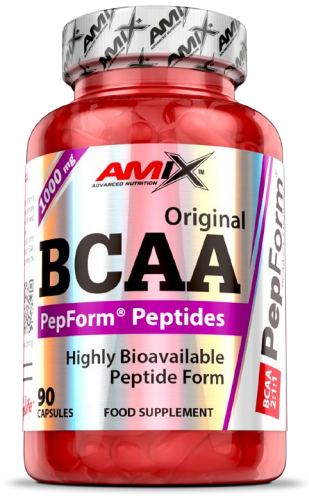
Recommended daily dose: 2/4 capsules according to body weight Dose per container: 45/22 according to body weight

Active Ingredients	Quantity per dose
PepForm® Arginine Peptides	1 000 mg

Ingredients: PepForm® Arginine Peptides (**whey peptides /from milk /**, L Arginine), gelatin capsule (made from pure gelatin, water, dye: titanium dioxide), anticaking agent: magnesium stearate, silicon dioxide. **Allergen warning:** It may contain traces of **eggs, soy beans, gluten, shellfish, tree nuts** and **peanuts**.

Benefits:
» A soluble and highly bioavailable peptide form
» Quick absorption
» Precursor of Nitric Oxide (NO)
» Improves the immune system and promotes the release of the growth hormone.

Recommended dosage: For people with body weight to 80 kg take a half of the dosage (1 or 2 capsules depending on your body weight) after training and the other half of the dosage (1 or 2 capsules depending on your body weight) before bedtime. Wash down with plenty of water.



90 cps

BCAA PEPFORM® PEPTIDES

BCAA PepForm® Peptides is one of the most anticipated food supplements on the market, as it provides us with a form of BCAA's that is far superior to the standard BCAA presentations. Structured peptides are absorbed more quickly, they are put to better use and they provide the body with the best effects of supplementation with BCAA's. BCAA peptides provide an improved form of highly bioavailable BCAA's.

Nutritional Information:

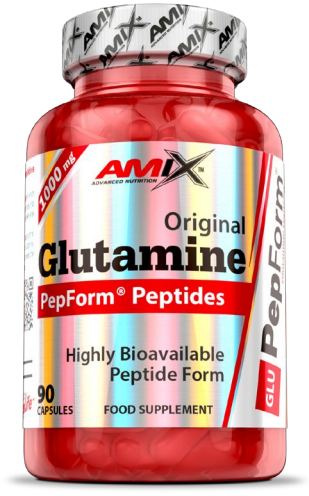
Recommended Daily Dosage: 2 capsules
Dosage per container: 45

Quantity per dose	
BCAA Peptides PepForm®	1 000 mg

Ingredients: PepForm® BCAA peptides (**whey peptides /from milk/**, **bcaa** peptides, L-leucine, L isoleucine, L-valine), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **eggs, soy beans, gluten, shellfish, tree nuts** and **peanuts**.

Benefits:
» A soluble and highly bioavailable peptide form
» Quick absorption
» Increases protein synthesis
» Promotes muscle building
» Speeds up recovery after exercise

Recommended dosage: Take 2-4 capsules daily. Take 1-2 capsules before training and 1-2 capsules after training with plenty of water.



90 cps

GLUTAMINE PEPFORM® PEPTIDES

Glutamine PepForm® Peptides is one of the most anticipated food supplements on the market, as it provides us with a form of Glutamine that is far superior to the standard Glutamine. Structured peptides are absorbed more quickly, they are put to better use and they provide the body with the best effects of supplementation with Glutamine. Glutamine peptides provide an improved form of highly bioavailable Glutamine.

Nutritional Information:

Recommended Daily Dosage: 2 capsules
Dosage per container: 45

Active Ingredients	Quantity per dose
Glutamine Peptides PepForm®	1 000 mg

Ingredients: PepForm® Glutamine Peptides (**whey peptides /from milk/**, L-Glutamine), gelatin capsule (made from pure gelatin, water, dye: titanium dioxide), anticaking agent: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **eggs, soy beans, gluten, shellfish, tree nuts** and **peanuts**.

Benefits:
» A soluble and highly bioavailable peptide form
» Quick absorption
» Promotes an increase in strength and muscle mass
» Staves off fatigue and protects muscles from an intense wasting away process
» Speeds up recovery after exercise

Recommended dosage: Take 2-4 capsules daily 30-60 minutes before the training. Wash down with plenty of water.

90 cps



TRYPTOPHAN PEPFORM® PEPTIDES

Tryptophan PepForm® Peptides is one of the most anticipated food supplements on the market, as it provides us with a form of Tryptophan that is far superior to the standard Tryptophan. Structured peptides are absorbed more quickly, they are put to better use and they provide the body with the best effects of supplementation with Tryptophan.

Benefits:
» A soluble and highly bioavailable peptide form
» Quick absorption
» Acts as a natural relaxant and improves your state of mind
» Helps to regulate sleep and control anxiety

Recommended dosage: For people with body weight up to 80 kg take 2 capsules daily and for those above 80 kg of body weight take 4 capsules daily. Take half of the dosage (1 or 2 capsules depending on your body weight) after training and the other half of the dosage (1 or 2 capsules depending on your body weight) before bedtime Wash down with plenty of water

Nutritional Information:

Recommended Daily Dosage: 2/4 capsules according to body weightDose per container: 45/22 according to body weight

PepForm® Tryptophan Peptides	1 000 mg

Ingredients: Ingredients: PepForm® tryptophan peptides (**whey peptides / from milk/**, L-tryptophan), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agent: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **eggs, soy beans, gluten, shellfish, tree nuts** and **peanuts**.



Aspartame FREE

CarnoSyn® Carnosine Synthesizer

Sweetened with Splenda®

575 g

RECOVERY-MAX

AMIX™ Recovery-Max is a unique formula specially developed for sportsmen and women to maximize a perfect, fast muscular recovery after intense training, as it is of vital importance in the first hour after a workout to provide the organism with the necessary nutrients for an optimum recovery of damaged muscle fibre and their fast regeneration which will have as a result, an increase in our muscle mass.

L-glutamina - is the most abundant amino acid in the muscles. Without supplying the sufficient quantities of this amino acid is not the regeneration and muscle growth possible.

BCAA - amino acids with branched chain increase the protein synthesis in muscles (reduce its decomposition). It includes L-Leucine, L-Isoleucine, L-Valine.

L-Citrulline malate - helps to wash away lactic acid from muscle. It recovers the sources of immediate energy (ATP), thereby delays and eliminates sign of fatigue

CarnoSyn® Beta Alanine – supports the creation of carnosine in muscles, which takes part in the regeneration of the whole organism. It helps insomnia and improves the sleep quality

Amix™ PhosphoMatrix - is a special mineral premix, which ensures the supply of important substances into the bloodstream.

Benefits:
» Reduces muscular catabolism
» Accelerates muscle fibre regeneration» helps reduce recovery time
» Helps reduce recovery time
» Maximum absorption guaranteed

Recommended dosage: Take 1/2 scoop (11,5 g) daily. Mix with 200-300 ml of water and drink immediately after physical performance. To change the intensity of the flavour and the sweetness of the drink, change the amount of water used for the preparation.

Supplement Facts/Información Nutricional:

Serving size/Dosis: 1/2 scoop/ 1/2 cacito (11,5 g)

Average values per serving/Valores promedio por servicio:		**DNRV*/VRN***
Energy value/Valor energético: 106 kJ / 25 kcal		
Total Fat/Grasas	0,2 g	
Saturated fat/De las cuales saturadas	< 0,1 g	
Total Carbohydrate/Hidratos de carbono	0,2 g	
Sugar/De los cuales azúcares	< 0,1 g	
Protein/Proteína	10,4 g	
Salt/Sal	< 0,3 g	
Calcium/Calcio	**57 mg**	7,1 %
Potassium/Potasio	**36 mg**	1,8 %
Phosphorus/Fósforo	**99 mg**	14,1 %
Vitamin B6/Vitamina B6	**2 mg**	142 %
Amix™ Recovery Matrix	**5 500 mg**	
BCAA 2:1:1 5 000 mg, (L-Leucine, L-Isoleucine, L-Valine), L-Citrulline Malate 250 mg, CarnoSyn® Beta-Alanine 250 mg /BCAA 2:1:1 (L-leucina, L-isoleucina, L-valina) 5 000 mg, L-citrulina malato 250 mg, CarnoSyn® beta alanina 250 mg		
Amix™ Glutamine Anti-Lactic Acid Infusion 8:1:1	**5 000 mg**	
Micronized L-Glutamine, L-Glutamic Acid, N-Acetyl L-Glutamine / L-glutamina micronizada, ácid L-glutámico, N-acetil-L-glutamina		
Amix™ PhosphoMatrix 2:1:1	**500 mg**	
di-Calcium Phosphate, di-Sodium Phosphate, di-Potassium Phosphate / Fosfato cálcico, fosfato disódico, fosfato dipotásico		

Ingredients: Micronized L-glutamine, L-leucine, L-isoleucine, L-valine, L-glutamic acid, N-acetyl L-glutamine, L-citrulline malate, CarnoSyn® beta-alanine, di-calcium phosphate, acidifying agent: citric acid; di-sodium phosphate, di-potassium phosphate, acidifying agent: sodium carbonate; aroma, beetroot juice (fruit punch flavour and orange flavour), dye: curcumine (orange flavour); sweeteners: sucralose, acesulfame-K; anticaking agent: silicon dioxide; pyridoxine HCl.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish** (**crustaceans** and **molluscs**)



120 cps

ARGININE

AMIX™ Arginine is pure L-arginine in 500 mg. capsule form. This product is an essential amino acid from the laevorotatory group. Amino acids are also the simplest components of proteins; therefore, proteins are made up of amino acid chains. These features make L- arginine a valuable supplement for professional sportsmen and women as well as enthusiasts who wish to increase their power and muscle mass in a safe natural way.
It is also believed that L-arginine promotes sexual functions since its vasodilator effect favours the hardness of the masculine organ.

Recommended dosage: Take 4 capsules daily. 2 capsules in the morning, 2 capsules before sleep.

Nutritional Information:

Serving size/dosage: 4 capsules/ capsulas
Servings per container/ Doses per container: 30

L-Arginine base/ L-arginine hydrochloride	2 000 mg

Ingredients: L-arginine HCl, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

LEUCINE



120 cps

AMIX™ Leucine is an L-Leucine based supplement. Leucine is the most important essential amino acid, and is used in the formation of sterols which carry out regulatory, structural and hormonal functions. L-Leucine promotes the stability of the nitrogen balance and is used by the muscles as fuel. Therefore, plasma Leucine levels diminish after physical training and if AMIX™ Leucine is taken immediately afterwards, it will enable Leucine levels to be replenished. L-Leucine is also of vital importance in the treatment of injuries and wounds. It also prevents muscle atrophy and increases secretion of the growth hormone.

Beneficios:
» Promotes protein synthesis
» Increases muscle mass
» Reduces muscle wasting
» Improves recovery

Recommended dosage: Take 2 capsules twice a day. Take one serving immediately after intense workout.

Nutritional Information:

Serving size/Dose: 2 cps / capsules

Amount per Serving/Cantidad por dosis	
Pure L-Leucine	1 000 mg

Ingredients: L-Leucine, gelatine capsule (made from pure gelatine, water dye: titanium dioxide), anticaking agents: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**.

LYSINE

AMIX™ Lysine is a food supplement based on the amino acid lysine. L-lysine is also actively involved in building muscle mass, increases calcium absorption and actively supports the production of hormones, enzymes and antibodies. L-lysine increases protein synthesis which, together with proper exercise, leads to an increase in muscle mass.

Recommended dosage: As a food supplement take 1 capsule 1 to 3 times daily, with or between meals..

Nutritional Information

Serving size: 1 cps / Capsule

Amount per Serving/Cantidad por dosis	
Pure L-Lysine/L-lisina pura	600 mg

Ingredients: L-Lysine, gelatine capsule (made from pure gelatine, water, dye: titanium dioxide), anticaking agents: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish**.

120 cps



TYROSINE

AMIX™ L-tyrosine is a non-essential organic amino acid. Noradrenaline, dopamine, adrenaline and thyroid hormones depend on L-Tyrosine for their creation and have a fundamental role on metabolism and fat burning processes. It also acts as an appetite suppressant, making periods of hypocaloric dieting much easier to sustain. A lack of adequate amounts of L-Tyrosine whilst slimming can slow down metabolism and this means a slower rate of burning up calories, therefore a lesser fat loss that leads to a stagnation as regards fat loss. Amix™ L-Tyrosine contributes to a higher mental concentration and a better state of mind, stimulates pigmentation, improves circulation of the scalp, increases energy, facilitates fat metabolism, aids tissue growth, promotes slimming due to the increase of the base metabolic rate, and helps one get to sleep. In short, Amix™ L-Tyrosine is an excellent supplement with numerous beneficial properties for our organism, helping us in a natural, healthy way to achieve our goals and feel good both physically and mentally

Recommended dosage: As a food supplement, take 1-3 capsules daily, preferably between meals.

Nutritional Information

Serving size: 1 cps / Capsule

Amount per Serving /Cantidad por dosis	
Pure L-Tyrosine/ L-Tirosina pura	500 mg

Ingredients: L-Tyrosine, gelatine capsule (made from pure gelatine, water, dye: titanium dioxide), anticaking agents: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish**.



120 cps

TRYPTOPHAN

AMIX™ Tryptophan is an L-tryptophan based product. Tryptophan is an essential amino acid, which means it cannot be produced by the body and therefore must be obtained through diet. Tryptophan is a natural precursor of serotonin. Scientific studies have shown that an increase in serotonin levels is related to a feeling of wellbeing, relaxation and greater self-esteem. The intake of Tryptophan also plays a significant role in the quality of rest since it promotes the creation of melatonin, which acts as a muscle relaxant, helping us to get to sleep.

Benefits:
» Promotes a positive state of mind
» Promotes a good night´s sleep
» Improves muscle relaxation
» Improves post-training recovery

Recommended dosage: Depending on body weight take 1-2 capsules daily, preferably at bedtime. Wash down with plenty of water

Nutritional Information

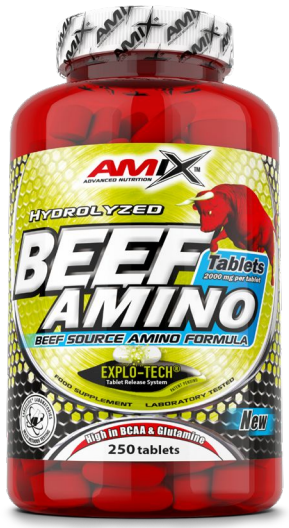
Serving size/Dosis: 2 cps / capsules

Amount per serving / Cantidad por dosis	
L-Tryptophan/ L-triptófano	1 000 mg

Ingredientes: L-Tryptophan, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**



90 cps



250 tbl

EXPLO-TECH® Tablet Release System PATENT PENDING

BEEF AMINO TABLETS

AMIX™ Beef Amino Tablets is a supplement based on pure amino acids derived from beef, in 2.000 mg. tablet form, which offer excellent nutritional quality. Amino acids extracted from bovine meat have a much higher anabolic power than any other source of amino acids. BEEF Amino Tablets contain each and every one of the 8 essential amino acids, which are a guarantee of excellent muscle formation, an increase of maximum strength and a much better recovery after training. BEEF Amino Tablets provide our muscles with the necessary nitrogen to build a dense and sturdy muscle mass.

Benefits:
» Increases muscle mass
» Excellent nutritional quality
» Increases strength
» Improves recovery after training
» Contains 8 essential amino acids

Recommended dosage: Take 3 tablets two or three times a day between meals with plenty of liquid. Drink 8 to 10 glasses of water daily.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 3 tablets/ comprimidos

Amount per Serving /Cantidad por dosis

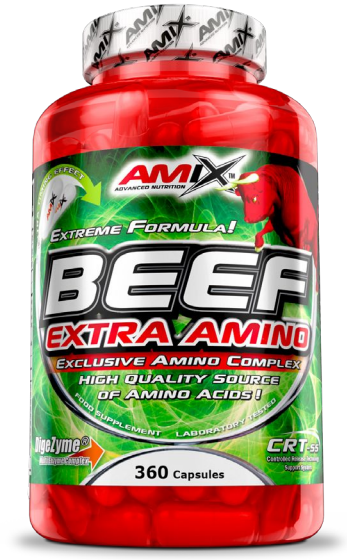
Amino Acids derived from hydrolyzed **Beef Protein** /Aminoácidos derivados de proteína de origen bovino	6 000 mg

Typical Amino Acid Profile Per 3 tablets:

Alanine/Alanina	547,2 mg	**Methionine**/ Metionina*	48 mg
Arginine/ Arginina	438,6 mg	**Phenylalanine**/ Fenilalanina*	149,4 mg
L-Aspartic Acid/ Ácido L-aspártico	343,2 mg	**Proline**/Prolina	726 mg
Cysteine/ Cisteína	3,6 mg	**Serine**/Serina	165,6 mg
Glutamine/ Glutamina**	622,8 mg	**Threonine**/ Treonina*	92,4 mg
Glycine/Glicina	1431 mg	**Tryptophan**/ Triptófano*	0 mg
Histidine/ Histidina	33,6 mg	**Tyrosine**/ Tirosina	31,2 mg
Isoleucine/ Isoleucina*#	73,2 mg	**Valine**/Valina*#	150 mg
Leucine/ Leucina*#	178,2 mg	**Hydroxyproline**/ Hidroxiprolina	519 mg
Lysine/Lisina*	229,2 mg		

* Essential Amino Acids † Branched Chain Amino Acids
** Glutamine values based on glutamic acid content

Ingredients: Amino acids derived from hydrolyzed beef protein, anticaking agents: microcrystalline cellulose, silicon dioxide and magnesium stearate.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.



360 cps

CRT-SS Controlled Release Technology Support System

DigeZyme® Multi-Enzyme Complex

BEEF EXTRA AMINO

AMIX™ Beef Extra Amino is a formula based on a high concentration of pure amino acids. Amino acids are a very important supplement in the sports field as regards muscle building. It is ideal for sports that require the building of muscle and also for endurance sports. The amino acid compound of **AMIX™ Beef Extra Amino** contains all the most important amino acids responsible for building muscle fibre. Amino acids are considered the building bricks for muscle and Amix™ BEEF Extra Amino provides them in a concentrated form, in easy to digest capsules with guaranteed beneficial effects. It also contains METOCEL® and CRT-SS which are digestive enzymes.

Recommended dosage: Take 6 capsules daily with meals or immediately after workouts and wash down with plenty of liquid. Drink 8 to 10 glasses of water daily.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 6 capsules/ cápsulas

Amount per Serving /Cantidad por dosis

Amino Acids derived from **Beef Protein** /Complejo de aminoácidos derivados de proteína de origen bovino	3 000 mg
DigeZyme® Multi-Enzyme Complex /complejo de enzimas digestivas	30 mg
Vitamin B6/Vitamina B6	3 mg (214 %*)

Typical Amino Acid Profile Per 100 g of Protein

Alanine/Alanina	9 120 mg	**Methionine**/ Metionina*	800 mg
Arginine/ Arginina	7 310 mg	**Phenylalanine**/ Fenilalanina*	2 490 mg
L-Aspartic Acid/ Ácido L-aspártico	5 720 mg	**Proline**/Prolina	12 100 mg
Cysteine/ Cisteína	60 mg	**Serine**/ Serina	2 760 mg
Glutamine/ Glutamina**	10 380 mg	**Threonine**/ Treonina*	1 540 mg
Glycine/Glicina	23 850 mg	**Tryptophan**/ Triptófano*	0 mg
Histidine/ Histidina	560 mg	**Tyrosine**/ Tirosina	520 mg
Isoleucine/ Isoleucina*#	1 220 mg	**Valine**/Valina*#	2 500 mg
Leucine/ Leucina*†	2 970 mg	**Hydroxyproline**/ Hidroxiprolina	8 650 mg
Lysine/Lisina	3 820 mg		

* Essential Amino Acids † Branched Chain Amino Acids
** Glutamine values based on glutamic acid content

Ingredients: Amino acids derived from beef protein isolate, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), DigeZyme® - multienzyme complex (amylase, lipase, lactase, cellulase, bacterial neutral protease), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide; pyridoxine HCl (vit. B6)
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

Hydro Pro PERFORMANCE

250 tbl



AMINO HYDRO-32

AMIX™ Amino Hydro-32 is a source of hydrolized pure amino acids. It comes in 2.000 mg tablet form of whey protein. The hydrolized formula is the purest of all for a fast and complete absorption as they are pre-digested and so the human organism doesn't have to exert itself to achieve its complete absorption. This hydrolyzed formula also contains peptides, which are small combinations of 1 to 10 amino acids of rapid absorption.

AMIX ™ Amino Hydro-32 is very easy and fast to assimilate and it goes straight to the bloodstream, improving nitrogen retention and maximizing the benefi ts. It is an excellent source of proteins and is totally fat free.

AMIX™ Amino Hydro-32 doesn't contain any amino acids of a lesser quality since its composition is 100 % hydrolyzed whey.

Benefits:
» Maximum absorption
» Fat and lactose free
» Doesn't require energy for digestion
» Pre-digested formula

Recommended dosage: Take 3 tablets three times a day between meals or immediately after workouts and wash down with plenty of liquid.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 3 tablets /comprimidos

Amount per Serving / Cantidad por dosis

Amino Acids derived from **Hydrolyzed Whey Protein** /Aminoácidos procedentes de hidrolizado de suero de leche	6 000 mg

Typical Amino Acid Profile Per 100g of Protein

Alanine/Alanina	5 260 mg	**Methionine**/ Metionina*	1 990 mg
Arginine/Arginina	2 950 mg	**Phenylalanine**/ Fenilalanina*	3 530 mg
L-Aspartic Acid/ Ácido L-aspártico	11 730 mg	**Proline**/Prolina	6 220 mg
Cysteine/Cisteína	2 630 mg	**Serine**/Serina	5 830 mg
Glutamine/ Glutamina**	18 780 mg	**Threonine**/ Treonina*	7 950 mg
Glycine/Glicina	2 050 mg	**Tryptophan**/ Triptófano*	1 540 mg
Histidine/Histidina	1 990 mg	**Tyrosine**/ Tirosina	3 330 mg
Isoleucine/ Isoleucina*#	6 220 mg	**Valine**/Valina	6 280 mg
Leucine/Leucina	11 540 mg		
Lysine/Lisina	9 860 mg	**Total BCAA**	24 040 mg

* Essential Amino Acids † Branched Chain Amino Acids
** Glutamine values based on glutamic acid content

Ingredients: amino acids derived from hydrolyzed whey protein /from milk/, binding agent: collagen hydrolyzate; anticaking agent: microcrystalline cellulose; stabilizers: dicalcium phosphate and croscarmellose sodium; anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **eggs, soybeans, gluten, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.

BCAA MICRO INSTANT JUICE

AMIX™ BCAA Micro Instant Juice is a formula with a high concentration of instant branched-chain amino acids (BCAA´s), specially designed so you can easily make up a completely soluble, tasty and refreshing drink.

BCAA Micro-Instant Juice is made up of the amino acids L-Leucine, L-Isoleucine and L-Valine in an instant form (highly soluble) and with the ideal 2:1:1 ratio, which several studies have proved to be the most effective. Branched Chain Amino Acids (BCAA's) are three essential amino acids, i.e., the human body cannot produce them by itself and they must be obtained from external sources through diet or supplementation. Branched-chain amino acids account for 40% of the body's daily requirement and must be supplied through proteins. They are essential for the preservation of muscle mass (anti-catabolism), as well as for accelerating recovery after physical activity.

Benefits:
» Instantized BCAA 2 : 1 : 1
» Boosted with Vitamin B6
» Increases muscle growth and accelerates recovery
» Delicious taste. No aspartame, no fillers
» Reduces fatigue during prolonged muscular exertion

Recommended dosage: Mix 2 scoops (10 g) with 300-400 ml of water and drink immediately after physical performance. To regulate the intensity of the flavour and sweetness, change the amount of water used in the preparation. Consume directly after preparation.
Take 10 g daily.

Flavors: Watermelon, Pineapple, Lemon-Lime, Orange, Forest Fruits.



20 x 10 g

400 g +100 g FREE

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 10 g (2 scoops/2 cacitos)

Average values/Valores medios:	per/por 100 g:	per serving/por dosis 10 g:
Energy values/Valores energéticos:	1300,1 kJ	130 kJ/30,3 kcal
Total fat/ Grasas	< 1 g	< 0,1 g
of which saturated/de las cuales saturadas	< 0,5 g	0 g
Total carbohydrate/Hidratos de carbono	< 6,1 g	0,6 g
of which sugar/de los cuales azúcares	< 1 g	< 0,1 g
Protein/Proteína	68,2 g	6,8 g
Salt/Sal	< 1 g	< 0,1 g
Instantized BCAA/BCAA instantáneos	**70 g**	**7 000 mg**
L-Leucine/L-leucina	35 g	3 500 mg
L-Isoleucine/L-isoleucina	17,5 g	1 750 mg
L-Valine/L-valina	17,5 g	1 750 mg
Vitamin B6/Vitamina B6	**25 mg**	**2,5 mg** (178,6 %*)

*DNRV - Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

Ingredients: instantized L-leucine, instantized L-isoleucine, instantized L-valine, acidifying regulator: citric acid; aroma, anticaking agent: silicon dioxide; sweetener: sucralose; beetroot juice (only in flavours: fruit punch, black cherry, forest fruits, raspberry lemonade, orange and grapefruit lemonade); dyes: curcumin (only in flavours: pineapple, lemon-lime, orange and grapefruit lemonade), copper complexes of chlorophyll (only in flavours: green apple and watermelon), caramel (only in flavour cola), beta carotene (only in flavour mango delicious); emulsifier: SOYA lecithin; sweetener: acesulfame-K; pyridoxine HCl (vitamin B6).
Allergen warning: It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.

BCAA GOLD



300 tbl

EXPLO-TECH® Tablet Release System PATENT PENDING

AMIX™ BCAA Gold is a compound of branched chain amino acids. Branched Chain Amino Acids (BCAA's) are three essential amino acids, i.e., the human body cannot produce them by itself and they must be obtained from external sources through diet or supplementation. Branched chain amino acids account for 40 % of the human body´s daily protein needs. One of their most important functions is their participation in the metabolism of several organs by providing all cells with nitrogen. They stimulate protein synthesis, considerably improving their absorption and they also provide energy during muscle contraction. They reduce fatigue during prolonged muscular exercise. They promote muscle contraction. **AMIX™ BCAA Gold** contains the perfect proportion 2-1-1; numerous studies have proven that this proportion is much more effective for a maximum intake of BCAAs. **AMIX™ BCAA Gold** comes in 1.000 mg tablet form.

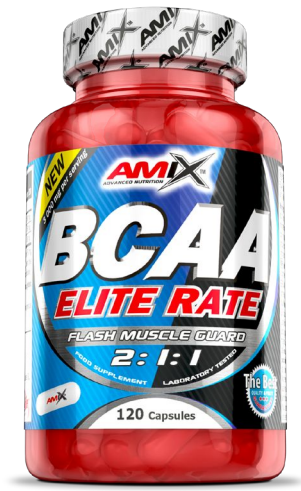
Recommended dosage: Take 2 tablets before physical activity and 1 tablet after physical activity.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 3 tablets/3 comprimidos

BCAA	3 000 mg
L-Leucine/L-Leucina	1 500 mg
L-Isoleucine/L-Isoleucina	750 mg
L-Valine/L-Valina	750 mg

Ingredients: L-Leucine, L-Isoleucine, L-Valine, anticaking agent: microcrystalline cellulose; stabilizers: di-calcium phosphate, croscarmellose sodium; anticaking agents: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**.



120 cps

BCAA ELITE RATE

AMIX™ BCAA Elite Rate is a compound of branched chain amino acids. This kind of amino acids (BRANCHED CHAIN AMINO ACIDS or BCAAs) are three essential amino acids, which means that the human organism cannot produce them by itself so they need to be provided from an external source, either through Diet or supplements. Branched chain amino acids account for 40 % of the human body´s daily protein needs.

AMIX™ BCAA Elite Rate contains the perfect proportion 2-1-1; numerous studies have proven that this proportion is much more effective for a maximum intake of BCAAs.

Recommended dosage: Take 6 capsules daily. 3 capsules before physical activity and 3 capsules after physical activity.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 6 capsules / cápsulas

Amount per Serving/Cantidad media por dosis	
L-Leucine/L-leucina	1 500 mg
L-Isoleucine/L-isoleucina	750 mg
L-Valine/L-valina	750 mg

Ingredients: L-leucine, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), L-isoleucine, L-valine, anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**..

BCAA ELITE RATE POWDER



350 grs

AMIX™ BCAA Elite Rate Powder formula is a compound of branched chain amino acids (BCAAs) in their pure crystalline state. These amino acids play an important role since they cannot be produced by the human organism so they need to be provided from an external source, either through diet or supplements.

Amix™ BCAA ELITE RATE POWDER formula contains the ideal proportion 2-1-1. Several studies have proven that this proportion is much more effective for a maximum intake of BCAAS.

Recommended dosage: As a food supplement take 3/4scoop (4 g) before physical activity and 3/4scoop (4 g) after activity.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 4 g (3/4scoop / 3/4 de cacito)

Amount per Serving/Cantidad por dosis	
L-Leucine/L-leucina	1 500 mg
L-Isoleucine/L-isoleucina	750 mg
L-Valine/L-valina	750 mg

Ingredients: L-Leucine, L-Isoleucine, L-Valine, emulsifier: **soya** lecithin, acidifying agent: citric acid; aroma, sweeteners: sucralose and acesulfame-K.
Allergen warning: it may contain traces of **milk, eggs, gluten, fish, shellfish, tree nuts** and **peanuts**.



Natural

300 g | 500 g | 530 g | 1 000 g

360 cps

GLUTAMINE+BCAA

AMIX™ Glutamine + BCAA Powder is a food supplement containing branched chain amino acids with optimal ratio 2:1:1 and the same amount of micronized L-glutamine.
Glutamine is one of the most abundant amino acids in muscle mass, up to 60 %. It is considered a „conditional“ amino acid due to its great importance as the organism increases its quantity in situations such as: prolonged stress, intense workouts, recovery from injuries, etc. It is also important for reducing muscle catabolism, reducing recovery time after intense workouts and It also stimulates the production of the growth hormone (GH).

BCAA‘s (Leucine, Isoleucine and Valine) are essential amino acids that stimulate the synthesis of proteins, ostensibly improving their absorption, act as an energy substrate during muscle contraction, reduce fatigue and improve recovery.
In short, it is the perfect supplement for recovering your muscles after intense workouts
.

Benefits:
» Reduces muscle catabolism
» Speeds recovery following intense workouts
» Delays fatigue
» Boosts an increase in muscle mass

Recommended dosage:
» **Powdered:** The basic daily dose is 12 g (2 scoops). Take 1 scoop (6 g) approx. 30-60 minutes before training and 1 scoop (6 g) after training. Mix 1 scoop with 250-300 ml of water.
» **In capsules:** Take 6 capsules daily approx. 30-60 minutes before physical performance. Wash down with plenty of water.

Flavours: Fresh Forest Fruits, Fresh Juicy Orange, Fresh Pineapple, Fresh lemon-lime, Cola Explosion, Mango Delicious, natural Pure

Supplement Facts/
Información Nutricional:
Serving size/Dosis: 6 capsules/cápsulas

Average Values Per Serving	
BCAA 2:1:1	**1 500 mg**
L-Leucine/L-leucina	750 mg
L-Isoleucine/L-isoleucina	375 mg
L-Valine/L-valina	375 mg
L-Glutamine/L-glutamina	**1 500 mg**

Ingredients: Micronized L-glutamine, L-leucine, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), L Isoleucine, L-valine, anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**

Supplement Facts/
Información Nutricional:
Serving size/Dosis: 12 g (2 scoops/ 2 cacitos)

Average Values Per Serving/Valores medios por dosis:	
BCAA 2:1:1	**5 000 mg**
L-Leucine/L-leucina	2 500 mg
L-Isoleucine/L-isoleucina	1 250 mg
L-Valine/L-valina	1 250 mg
Micronized L-glutamine /L-glutamina micrinizada	**5 000 mg**

Ingredients: micronized L-Glutamine, L-Leucine, L-Isoleucine, L-Valine, acidifying regulator: citric acid; aroma, anticaking agent: silicon dioxide; beetroot juice (only in fruit punch flavour, black cherry flavour, forest fruits flavour, raspberry lemonade flavour, orange flavour, grape fruit lemonade flavour), dyes: (curcumin - pineapple flavour, lemon-lime flavour, orange flavour, grapefruit lemonade flavour; copper complexes of chlorophyll- green apple flavour, watermelon flavour; caramel - cola blast flavour; beta carotene - mango delicious flavour); emulsifier: **soya lecithin**, sweeteners: sucralose, acesulfame-K.
Allergen warning: It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs)**.



500 g | 1 000 g

360 cps

GLUTAMINE POWDER

AMIX™ Glutamine Powder, 100 % pharmaceutical glutamine, is an amino acid considered non-essential as it is normally synthesized in the organism from other amino acids. Glutamine is one of the most abundant amino acids in muscular mass, up to 60 %.
It is considered a “conditional” amino acid due to its great importance as the organism increases its quantity in situations such as: prolonged stress, intense workouts recuperation from injuries, etc.

Benefits:
» Increases muscle recovery
» Delays the onset of fatigue
» Acts as an antioxidant

Recommended dosage:
» **Powdered:** The basic daily dose is 10 g. Take 5 g approx. 30-60 minutes before training and 5 g immediately after training or before sleep. 1 scoop (5 g) mix with 200-300 ml of water or juice.
» **In capsules:** Take 6 capsules daily approx. 30-60 minutes before physical performance. Wash down with plenty of water.

Supplement Facts/
Información Nutricional:
Serving size/Dosis: 2 scoops/2 cacitos (10 g)

Average Values Per Serving/Cantidad media por dosis:	
L-Glutamine/L-glutamina	10 000 mg

Ingredients: L-glutamine.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, shellfish, tree nuts** and **peanuts**.

Supplement Facts/
Información Nutricional:
Serving size/Dosis: 6 capsules/ cápsulas

Amount per Serving/Cantidad por dosis:	
L-Glutamine/L-glutamina	4 800 mg

Ingredients: L-glutamine, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.



360 g

GLUTAMINE MICRO POWDER DRINK

AMIX™ Glutamine Micro Powder Drink is a supplement based on micronised L-Glutamine under Kyowa Quality patent.

Now you have all the benefits of the amino acid L-Glutamine available in 3 delicious and refreshing flavours

Benefits:
» Increases muscle recovery
» Delays fatigue
» Acts as an antioxidant

Recommended dosage: Take 3 g (½ scoop) approx. 30-60 minutes before training and 3 g (½ scoop) immediately after training or before sleep. ½ scoop (3 g) mix with 100-200 ml of water.

Flavors: Forest Fruits, Mango, Watermelon-Kiwi.

Supplement facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Average Values per Serving/ Cantidad media por dosis	
L-glutamine/L-glutamina	**5 000 mg**

Ingredients (Forest Fruits): Kyowa Quality® L-glutamine, acidifying regulators: citric acid and malic acid; aroma, beetroot extract, sweeteners: sucralose and acesulfame-K; anticaking agent: silicon dioxide; emulsifier: **soya lecithin.**
Allergen warning: It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.



EXPLO-TECH® Tablet Release System PATENT PENDING

330 tbl

AMINO PILLS

AMIX™ Amino Pills is a new amino acid-based food supplement ideal for periods of intense physical activity and dieting, due to its low fat and sugar content.
AMIX™ Amino Pills is based on an amino acid complex composed of hydrolysed beef whey and soy protein isolate. Therefore, it can provide a unique balance of high quality amino acids.

Benefits:
» Contains Whey and beef hydrolysate and soy protein isolate.
» Contains 8 essential amino acids
» Excellent nutritional quality
» Virtually fat and sugar free

Recommended dosage: Take 5 tablets with 300 ml of water between meals, or before going to bed, or after physical activity.

Supplement facts/ Información Nutricional:

Serving size/Dosis: 5 tablets/ comprimidos

Amount per Serving/Cantidad por dosis			
Amix™ AminoPills Matrix (Amino Acids Derived from Hydrolyzed Beef & Whey Protein, Soy Protein Isolate)	5 000 mg		
Typical Amino Acid Profile Per 5 tablets:			
Alanine/Alanina	325,5 mg	**Methionine**/ Metionina*	48,5 mg
Arginine/Arginina	376 mg	**Phenylalanine**/ Fenilalanina*	187 mg
L-Aspartic Acid/ Ácido L- aspártico	432,5 mg	**Proline**/Prolina	422,5 mg
Cysteine/Cistina	23,5 mg	**Serine**/Serina	199,5 mg
Glutamine/ Glutamina**	747 mg	**Threonine**/ Treonina*	121 mg
Glycine/Glicina	693 mg	**Tryptophan**/ Triptófano*	30 mg
Histidine/ Histidina	75 mg	**Tyrosine**/Tirosina	106 mg
Isoleucine/ Isoleucina*	138 mg	**Valine**/Valina*	173,5 mg
Leucine/ Leucina*	262 mg	**Hydroxyproline**/ Hidroxiprolina	216,5 mg
Lysine/Lisina*	245 mg		

* Essential Amino Acids/ Aminoácidos esenciales
** Glutamine values based on glutamic acid content /Valores de glutamina basados en contenido de ácido glutámico

Ingredients: Amino acids derived from hydrolyzed beef protein, amino acids derived from **hydrolyzed whey protein /from milk/, soy protein** isolate, anticaking agents: microcrystalline cellulose and silicon dioxide; stabiliser: sodium carboxymethylcellulose; anticaking agent: magnesium stearate.
Allergen warning: It may contain traces of **eggs, gluten, tree nuts, peanuts and shellfish** (**crustaceans** and **molluscs**)



KRE-ALKALYN®
pH-Correct Creatine

150 cps 30cps FREE

CREATINE MONOHYDRATE

AMIX™ Creatine Monohidrate is a creatine monohydrate supplement, 100 % micronized and treated with the "HPLC CONTROL" system which is the only one that guarantees that the creatine is totally free of impurities. Creatine is a compound that is found naturally in our organism where it is used to provide energy for muscle contraction. It is synthesized from the amino acids Arginine, Methionine and Glycine, its highest concentration being found in skeletal muscle.

Recommended dosage (powder): Mix 3 g (¾ scoop) with 200-300 ml of water or juice and drink immediately. Use approx. 30-60 minutes before exercise. A 2 000 ml water daily intake is recommended while taking this product to maximize hydration.

Recommended dosage (capsules): Take 4 capsules daily approx. 30-60 minutes before physical performance. Wash down with plenty of water. A 2 000 ml water daily intake is recommended while taking this product to maximize hydration.

Benefits:
» An increase in lean muscle
» An increase in muscle power
» An increase in muscle pump
» Delays the onset of fatigue
» An increase in muscle recovery
» An increase in power

Flavours (360g powder): Forest Fruits, Juicy Orange, Lemon-Lime, Cola Blast.



220 cps | 300 g | 360 g | 500 g+250 g FREE

Supplement facts/ Información Nutricional:

Serving size/Dosis: 4 capsules/cápsulas

Average values per serving/Valores medios por dosis:	
Creatine monohydrate/ Creatina monohidrato	3 000 mg

Ingredients: Creatine monohydrate, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning (capsules):** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs).**

Supplement facts/ Información Nutricional:

Serving size/Dosis: 3/4 scoop/cacito (3 g)

Amount per Serving/Cantidad por dosis	
Creatine monohydrate/ Creatina monohidrato	3 000 mg

Ingredients (powder): Creatine monohydrate.
Allergen warning (capsules): It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs).**

Supplement facts/ Información Nutricional:

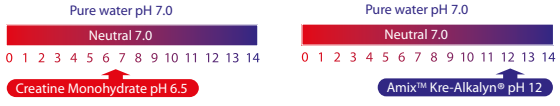
Serving size/Dosis: 2 capsules/ cápsulas

Amount per Serving/Cantidad por dosis	
Kre-Alkalyn® Buffered Creatine - Us patent #6,399,661/Monohidrato de Creatina "amortiguada"	**1 500 mg**

Ingredients: buffered creatine monohydrate (Kre-Alkalyn®), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish** (**crustaceans** and **molluscs**).

AMIX™ Kre-Alkalyn® is a new generation creatine supplement with excellent results. Kre-Alkalyn® has a higher PH than Monohydrate Creatine and therefore, a slower absorption and conversion process; because of this, results last longer. It always remains stable until it has completely been absorbed into muscle cells. Its most noteworthy effects are: increased maximum strength, improved explosive strength, increased hypertrophy or muscular growth, better muscle contraction during workouts.
Excellent muscle recovery after intense training, and achieved with a low dosage due to its high absorption level. No loading and unloading phases are necessary. It does not produce any undesirable side effects on the organism.
In short, AMIX™ Kre-Alkalyn® is an excellent supplement with extraordinary results for sportsmen and women who wish to achieve a considerable improvement in their fitness level as well as an increase in muscle mass
.

Recommended dosage: Workout days: 1 capsule in the morning approximately 30 minutes before the first meal, then 1-2 capsules approximately 30 minutes before workout. Wash down with approx. 300 ml water. Non-workout days: 1 capsule in the morning approximately 30 minutes before the first meal, then 1-2 capsules approximately 30 minutes before the last meal. Wash down with approx. 300 ml water.





276 g.

CREATINE CHEWABLES

AMIX™ Creatine 2 500 mg Chewables contains creatine monohydrate to supplement creatine intake in the diet of athletes and active individuals. The practical chewable form allows use at any time of the day. Creatine increases physical performance in successive bursts of short-term, high intensity exercise. The beneficial effect is obtained with a daily intake of 3 g of creatine.

Recommended daily dosage: Take 1 tablet, chew and let it dissolve freely in the mouth. Athletes using creatine monohydrate should consume at least 2000 ml of water daily to maximize hydration.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule / comprimido

Average values/Valores medios:	per/por 4,6 g:	per/por 100 g:
Energy value/Valor energético:	22 kJ/ 5 kcal	468 kJ/ 112 kcal
Total Fat/Grasas	**0,02 g**	**0,5 g**
of which saturated fat/ de las cuales saturadas	0,02 g	0,4 g
Total Carbohydrate/ Hidratos de carbono	**2 g**	**44 g**
of which sugar/de los cuales azúcares	0 g	0,04 g
of which polialcohols / de los cuales polialcoholes	2 g	43 g
Fibre / Fibra	0 g	0 g
Protein/Proteína (dry basis/base seca)	0 g	0 g
Salt/Sal	0 g	0 g
Creatina monohydrate / Creatina monohidrato	**2 500 mg**	**54 348 mg**

Ingredients: Creatine monohydrate, binder: sorbitol; acidity regulator: malic acid; lubricants: magnesium salts of fatty acids and mono- and diglycerides of fatty acids; aroma, sweetener: sucralose. **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS AND CRUSTACEANS.**

VitaCholine®

ActiveTR™ Caffeine

NO SUGAR ADDED!

20 x 60 ml



GUAREX® ENERGY & MENTAL SHOT

AMIX™ Guarex Energy & Mental Shot is an excellent energy shot based on a high content of Guarana extract, VitaCholine®, Taurine and ActiveTR™ - natural caffeine.

VitaCholine™ is the premier brand of choline, an essential nutrient for all human life stages. 90% of people do not get sufficient choline through diet alone. Prolonged choline deficiency can result in muscle damage and an accumulation of fat in the liver, making it vital for people to get their daily requirements via food choices. In addition, the production of choline bitartrate is based only in natural tartaric acid.

ActiveTR™ Caffeine microencapsulation technology eliminates risk associated with degradation and bitterness of caffeine in beverages. Micro-encapsulation technology is a solid barrier to the outside world to mask the bad flavour of caffeine and enable its release into the body in a controlled 'time-release' manner, achieving enhanced performance and recovery.

Recommended dosage: he maximal daily dose is 2 shots per day. Take it approx. 30 minutes before or during physical exercise. Do not exceed the maximal daily dose! Shake before use!

Flavour: Mojito

Choline contributes to proper lipid metabolism and supports proper liver function. Choline also supports normal homocysteine metabolism.

Taurine is a non-essential amino acid and is found in high concentrations in the heart muscle white blood cells, skeletal muscle, and central nervous system.

Guaraná helps with fat metabolism, contributes to normal body weight and normal physical and mental vitality.

Caffeina helps to increase alertness, to improve concentration and contributes to an increase in endurance capacity.

ActiveTR™ is a registered trademark of Anabio LTD.
VitaCholine® is a registered trademark of Balchem Corporation.

Supplement Facts /Información Nutricional:

Serving size/Dosis: 60 ml

Average values/Valores promedio:	per/por 60 ml
Taurine/Taurina	1 500 mg
VitaCholine® Choline L-Bitartrate /L-Bitartrato de colina	1 000 mg
Guarana Dried Extract (22 % Caffeine) /Extracto seco de guaraná (22 % de cafeína)	500 mg
Encapsulated ActiveTR™ Natural Caffeine /Cafeína natural encapsulada ActiveTR™	100 mg

Ingredients: purified water, taurine, choline L-bitartrate VitaCholine®, guarana dried extract (Paullinia cupana kunth – seeds), encapsulated ActiveTR™ natural caffeine (caffeine from green coffee beans /coffea arabica, coffea canephora/, vegetable pea protein), preserving agents: potassium sorbate, sodium benzoate; aroma, acidity regulator: citric acid, stabilizer: xanthan; sweetener: sucralose.
Allergen warning: It may contain traces of **milk, eggs and shellfish (crustaceans** and **molluscs).**

NO SUGAR ADDED!

20 x 60 ml



AAKG 4000MG SHOT

AMIX™ AAKG 4000 mg is a liquid food supplement consisting of L-Arginine Alpha-ketoglutarate and GlyceroMax® Glycerol.
The amino acid L-Arginine in its alpha-ketoglutarate (AAKG) form is probably one of the most bioavailable forms of Arginine for our body.
AAKG is a great precursor of nitric oxide, which causes a better vessels dilation, thus improving nutrient transport and boosting muscle congestion while training. AAKG also includes the patented GlyceroMax™ form of glycerol, which increases the concentration of fluid in the blood and tissues within the body (hyperhydration) and is very beneficial for both bodybuilders and endurance athletes. Due to its ability to conduct water to the muscle cells, you will achieve larger congestions. These congestions generated by hyperhydration will give a „fuller and bulkier" look to your muscles, while protecting muscle mass from intense training.
AAKG is one of the best supplements to take before your workouts and feel great vasodilation and congestion during your hard workouts. Get ready to improve the mind-muscle connection by feeling how you work each repetition of each set and the feeling of muscle fullness after each workout.

Recommended dosage: The basic daily dose is 1 shot (60 ml). Take it approx. 30-45 minutes before physical exercise. Do not exceed the maximal daily dose!.

Flavour: Lime

Supplement Facts/Información Nutricional:

Serving size/Dosis: 60 ml

Average values/Valores promedio:	per/por 60 ml
L-arginine alpha ketoglutarate / L-arginina alfa-cetoglutarato	4 000 mg
Glycerol powder 65% GlyceroMax®/Glicerol en polvo 65% GlyceroMax®	2 000 mg

Ingredients: Purified water, L-arginine alpha-ketoglutarate, powdered glycerol 65% GlyceroMax™, acidifying agent: phosphoric acid; preserving agents: potassium sorbate, sodium benzoate; aroma, stabilizer: xanthan gum; sweetener: sucralose.
Allergen warning: It may contain traces of **milk, eggs and shellfish** (**crustaceans** and **molluscs**).



CarnoSyn® Carnosine Synthesizer

CellEx™ Cell-Expanding System

VIRTUALLY NO SUGAR

45x POWDER DRINK

315 g

20 x 7 g

WARNING: MAXIMAL STRENGTH !

CELLZOOM™

AMIX™ CellZoom™ is an ultra-concentrated pretraining supplement, exclusively designed by LARGELIFE. Its really powerful formula offers guaranteed results as regards increasing strength, power, endurance, pumping and training intensity.

AMIX™ CellZoom™ contains 3 types of creatine, nitric oxide, arginine base, caffeine, beta alanine, DMAE and a long list of ingredients. Its effects consist of an increase in blood flow and muscular pumping. It boosts concentration during training and also increases endurance delaying the onset of fatigue, which allows more intense training to be carried out and the increase of weight training capacity. It significantly increases strength and muscle mass. **AMIX™ CellZoom™** stimulates the nervous system which promotes higher explosive capacity during training. It also notably improves post training recovery, helping the recovery of muscle fibre which results in a growth of muscle mass. In short, AMIX™ CellZoom™ is a great and unique pre-workout product which provides 45 amazing servings, allowing you train like an animal with an explosive energy that will pleasantly surprise you.

Recommended dosage: Stir 1 scoop (7 g) in a glass with 200-300 ml of water and take the drink approx. 30-45 minutes before physical performance. To change the intensity of the flavour and sweetness of prepared drink change the amount of water used for preparation. Maximum daily dose is 1 scoop (7 g)! Do not exceed the stated maximum daily dose.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 7 g (1 scoop/1 cacito) — Servings Per Container/Dosis por envase: 45

Average Values Per Serving/Valores medios por dosis:	
Energy value/Valor energético: 104,8 kJ / 24,8 kcal	
Total Fat/Grasas	**0,5 g**
Saturated Fat/de las cuales saturadas	< 0,3 g
Total Carbohydrate/Hidratos de carbono	**1,5 g**
Sugar/de los cuales azúcares	< 0,5 g
Protein/Proteína	**3,6 g**
Salt/Sal	< 0,5 g
Amix™ Crea-Premium Infusion	**2 000 mg**
Creatine Monohydrate, Tri-Creatine Malate, Creatine Ethyl Ester Malate /creatina monohidrato, tri-creatina malato, creatina malato etil éster	
Amix™ Cell Zoom® Activator	**4 450 mg**
L-Arginine AKG, Beta-Alanine CarnoSyn®, L-Arginine HCL, Caffeine Anhydrous, DMAE (2-/Dimethylamino/ Ethanol) /L-arginina AKG, CarnoSyn® beta-alanina, hidrocloruro de L-arginina, cafeína anhidra, bitartrato de DMAE 37% (2-/ dimetilamino/etanol)	
Amix™ Stimulation-Energy Complex	**100 mg**
Loguat Powder Extract (Eriobotrya Japonica - standardized for 6% maslinic acid), Huperzia Serrata Extract (5:1), Camellia Sinensis (Green Tea Extract 25%), Rhodiola Rosea (standardized for 4% rosavins), Schizandra Chinensis Extract Fruit (Standardized for 4% rosavins), Muira Puama Dried Extract (4:1) /extracto de hoja de níspero en polvo (Eriobotrya japonica - 6 % de ácido maslínico), extracto de Huperzia serrata (5:1), Camellia sinensis (Extracto de Té verde 25 %), Rhodiola rosea (estandardizado para 4 % rosavinas), extrato de fruto de Schisandra chinensis (estandardizado para 4 % rosavinas), extracto seco de Muira puama 10 mg (4:1)	

Ingredients per 7 g: L-arginine alpha ketoglutarate 1700 mg, CarnoSyn® beta-alanine 1 500 mg, acidifying agent: sodium carbonate; L-arginine HCl 1 000 g mg, creatine monohydrate 1 000 mg, acidifying agent: citric acid; creatine ethyl ester malate 500 mg, tri-creatine malate 500 mg, caffeine anhydrous 200 mg, DMAE bitartrate 37% (2-/dimethylamino/ ethanol) 50 mg, Camellia sinensis (green tea extract) 50 mg, aroma, beetroot juice (fruit punch flavour), dye: (blue raspberry flavour - fruit extract /anthocyanin/, brilliant blue FCF, carmine; cola flavour - caramel; lemon-lime flavour curcumin), sweeteners: sucralose, acesulfame-K; anticaking agent: silicon dioxide; Huperzia serrata extract 10 mg, loquat leaf extract powder (Eriobotrya japonica) 10 mg, Muira puama extract 10 mg, Rhodiola rosea extract 10 mg, Schisandra chinensis extract 10 mg.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts, shellfish (crustaceans** and **molluscs).**

Benefits:
» Increases explosive strength
» Increases muscular pumping
» Marked increase in endurance
» Does not contain low quality components
» Does not contain low-quality components
» Improves muscle recovery
» Delicious flavour

Flavors: Fruit Punch, Blue Raspberry.

CarnoSyn® Carnosine Synthesizer

NO SUGAR ADDED!

ActiveTR™ Caffeine

20 x 60 ml



NITRO NOX™

AMIX™ NitroNOX is an excellent pre-workout supplement in liquid form ideal for increasing strength, focus and energy before your workouts.
NitroNOX® is composed of arginine AKG, one of the most bioavailable forms of arginine for our body. It is a great precursor of nitric oxide, and provides a remarkable vasodilator effect. It also contains Taurine, Citrulline (increases vasodilation, inhibits the appearance of lactic acid, delays fatigue...), CarnoSyn® - beta alanine, N Acetyl L-Tyrosine, Betaine, Glucuronolactone, Histidine and Vitamin B6.
With AMIX™ NitroNOX® you have at your disposal one of the most powerful supplements available on the market to increase performance and reach your goals. Besides, it comes in convenient and practical liquid single doses, which make it ideal to carry with you and take whenever you need it.

Recommended Dosage: The basic daily dose is 60 ml (1 shot). Take approx. 30 min. before physical performance. Shake before use! Do not exceed the stated recommended daily dose!.

Flavours: Berries, Grapes.

Supplement Facts/ Información Nutricional:

Serving size/Dosis Diaria Recomendada: 60 ml

Average values/Valores medios:	per/por 60 ml
L-Arginine Alpha Keto-glutarate /L-Arginina alfa-cetoglutarato	3 000 mg
Taurine/Taurina	1 800 mg
L-Citrulline/L-citrulina	1 500 mg
CarnoSyn® Beta Alanine/Beta-Alanina	750 mg
Glucuronolactone/Glucuronlactona	500 mg
N-Acetyl L-Tyrosine/N-acetil L-tirosina	500 mg
Caffeine/Cafeína	200 mg
Betaine HCl/Clorhidrato de betaína	150 mg
Histidine HCl/Hidrocloruro de histidina	100 mg
Vitamin B6/Vitamin B6	10 mg (714%*)

Ingredients: purified water, L-arginine alpha keto-glutarate, taurine, L-citrulline malate/base, CarnoSyn® beta-alanine, glucuronolactone, N-acetyl L-tyrosine, sweetener: sucralose; caffeine (caffeine anhydrous, encapsulated ActiveTR™ /natural caffeine, vegetable pea protein/), betaine HCl, histidine HCl, aroma, pyridoxine HCl (vitamin B6), preserving agent: potassium sorbate and sodium benzoate, sweetener: acesulfame-K; dye: (grapes flavour: azorubine, ponceau 4R, brilliant blue; berries flavour: sunset yellow, ponceau 4R).
Allergen warning: It may contain traces of **milk, eggs and shellfish (crustaceans** and **molluscs)**.

100 cps



CARNOSYN®

AMIX™ CarnoSyn® is a patented supplement formula based on Beta-alanine. Beta-alanine, also called 3-aminopropanoic acid, is found naturally in white and red meat and is a non-essential amino acid. Beta-alanine also increases carnosine concentration by up to 64%, according to several studies.
The importance of carnosine is is vital when it comes to delaying the onset of muscle fatigue.

Recommended dosage: Take 2 capsules after morning meal and 2 capsules approx. 30-60 min. before physical performance with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/ cápsulas

Amount per serving/Cantidad por dosis	
CarnoSyn® Beta-Alanine/Beta-alanina	**1 200 mg**
CRT-ss (Controlled Release Technology Support System /Sistema de Liberación Controlada)	
Methocel® (Micro-Polymer Cellulose Ethers of Hydrophilic Matrix Systems /Éteres de celulosa de micropolímero de sistemas de matriz hidrófila)	

Ingredients: CarnoSyn® beta-alanine, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcelulose (Methocel®); anticaking agents: vegetable magnesium stearate and silicon dioxide
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

NITRIC

AMIX™ Nitric is a highly effective complex based on nitric oxide and other new generation components. It substantially increases strength and power, improves recovery and muscle pump which brings about a growth in muscular mass. Its composition of four kinds of creatine and METOCEL® is gradually absorbed, increasing its effects on strength, endurance, and a better recovery, providing a noticeable gain in muscle mass.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 5 capsules

Amount per Serving/Cantidad por dosis	
CellEx™ Nitric Triple Force Complex	**2 000 mg**
L-Arginine Alpha-Ketoglutarate (A-AKG), L-Arginine Ethyl Ester HCL, L-Arginine Alpha-Ketoisocaproate (A-AKIC) /L arginina. alfa-cetoglutarato (A-AKG). hidrocloruro de L-arginina etil éster Largnina alfa-cetoisocaproato (A-AKIC)	
L-Citrulline Malate/L-citrulina malato	**1 000 mg**
Betaine HCL/Hidrocloruro de betaína	**125 mg**

Ingredients: L-arginine alpha-ketoglutarate 24,3 %, L-citrulline malate 24,3 %, L-arginine ethyl ester HCl 12,2 %, L-arginine alpha-ketoisocaproate 12,2 %, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), betaine HCl 3 %, stabilizer: hydroxypropylmethylcellulose Methocel®; anti-caking agents: magnesium stearate and silicon dioxide
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs).**

» Not suitable for people suffering from any kidney condition, high blood pressure, pregnant women and persons under the age of 18.

Recommended dosage: Take 5 capsules about 2 hours after breakfast and 5 capsules 30-60 minutes before workout with plenty of water. On non-training days take 5 capsules before lunch and 5 capsules before dinner with plenty of water.



125 cps | 350 cps

CellEx™ Cell-Expanding System · Nitric Triple Force · CRT-ss Controlled Release Technology Support System

NITRIC OXIDE

AMIX™ Nitric Oxide is a new generation Nitric Oxide supplement combining arginine alpha ketoglutarate (AAKG) with CRT-ss and Methocel®, two components patented in USA whose main function is to assure that the active principle of Nitric Oxide is absorbed and metabolized completely and that its effects are noticeable.

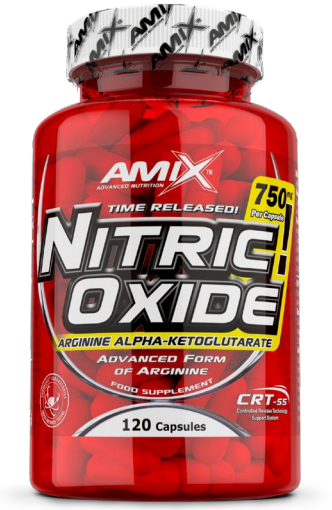
Recommended dosage: Take 2 capsules approx. 2 hours after breakfast and 2 capsules approx. 30-60 minutes before workout. During non-training days take 2 capsules before lunch and 2 capsules before dinner.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 4 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
L-Arginine Alpha-Ketoglutarate /L-arginina alfa-cetoglutarato	**3 000 mg**

Ingredients: L-arginine alpha-ketoglutarate, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.



120 cps

CRT-ss Controlled Release Technology Support System

CREA-TRIX™



824 g

AMIX™ Crea-Trix™ is a new generation creatine complex that contains up to 10 components based mainly on different creatine formulas patented by the world´s best manufacturers.

AMIX™ Crea-Trix™ is an easy to digest formula that doesn't cause swelling of the stomach or any other discomfort.

Recommended dosage: Mix 1 scoop (20,6 g) of Crea-Trix™ with 200-300 ml of water or juice and drink immediately. Use approx. 30-60 minutes before training. Athletes using Crea-Trix™ should consume adequate amounts of water to maximize hydration and enhance metabolic functions.

Supplement facts/ Información Nutricional:

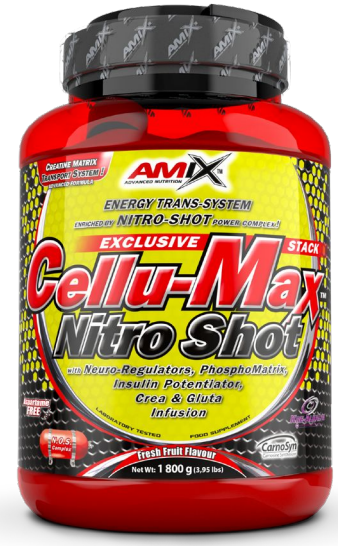
Serving size/Dosis: 1 scoop/1 cacito (20,6 g)

Average values per serving/ Valores medios por dosis:		
Energy value/Valor energético:	313 kJ /73,8 kcal	
Total Fat/Grasas	< 0,5 g	
Saturated fat/De las cuales saturadas	< 0,2 g	
Total Carbohydrate/ Hidratos de carbono	13 g	
Sugars/ De los cuales azúcares	< 1 g	
Protein/Proteína (dry basis/base seca)	4,3 g	
Salt/Sal	< 1 g	
Calcium/Calcio	**120 mg**	15 %*
Phosphorus/Fósforo	**200 mg**	28,5 %*
Amix™ Crea-Trix™ Formula	**5 000 mg**	
Micronized Creatine Monohydrate 3 750 mg, Creatine Ethyl Ester HCL 500 mg, Tri-Creatine Malate 250 mg, Tri Creatine Citrate 250 mg, Di-Creatine Malate 250 mg /creatina monohidrato micronizada 3 750 mg, hidrocloruro de creatina etil éster 500 mg, tri-creatina malato 250 mg, citrato de tri-creatina 250 mg, di-creatina malato 250 mg		
Amix™ PhosphoMatrix	**1 000 mg**	
di-calcium phosphate 500 mg, di-potassium phosphate 250 mg, di-sodium phosphate 250 mg /fosfato dicálcico 500 mg, fosfato dipotásico 250 mg, fosfato disódico 250 mg		
Kre-Alkalyn® - Beta-Alanine (CarnoSyn®) **Dual Action Matrix 1 : 1**	**500 mg**	

* DNRV - Daily nutrient reference value / *VRN - Valores de Referencia de Nutrientes

Ingredients: Maltodextrin (glucose polymers), creatine monohydrate, acidifying agent: citric acid; creatine ethyl ester HCl, di-calcium phosphate, acidifying agent: sodium carbonate; tri-creatine malate, tri creatine citrate, di-creatine malate, creatine Kre-Alkalyn®, CarnoSyn® beta- -alanine, di-potassium phosphate, di-sodium phosphate, aroma, beetroot juice (only fruit punch flavour and orange flavour), sweeteners: sucralose and acesulfame-K; anticaking agent: silicon dioxide, dye: curcumin (only in orange flavour).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans** and **molluscs)**.

CELLU-MAX™



1 800 g

Flavors: lemon, orange

AMIX™ Cellu-MaxTM contains Creatine Monohydrates, Tri-Creatine Malate, Kre-Alkalyn® which provide maximum muscle pump and muscular strength.

AMIX™ Cellu-MaxTM also has L-Glutamine, Glutamine Alpha Ketoglutarate and N-Acetyl L-Glutamine, neuro regulators, Phosphomatrix, insulin enhancers and a complex of free amino acids.

Recommended dosage: Mix 1 level scoop (50 g) with 200-300 ml of water and drink immediately. Use approx. 30-45 minutes before physical performance. On non-exercise days take 50 mg solved in 200-300 ml of water on an empty stomach.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 50 g (1 scoop/1 cacito)

Average values/Valores medios:	per serving (50 g):	per 100 g:
Energy value/Valor energético:	846,2 kJ / 199,4 kcal	1692,4 kJ / 398,8 kcal
Total Fat/Grasas	< 1 g	< 2 g
Saturated Fat	< 0,5 g	< 1 g
Total Carbohydrate/ Hidratos de carbono	39 g	78 g
Sugars	33,5 g	67 g
Protein/Proteína (dry basis/base seca)	8,6 g	17,2 g
Salt/Sal	< 0,5 g	< 1 g
Calcium/Calcio	125 mg (15,6 %*)	250 mg (31,2 %*)
Phosphorus/Fósforo	165 mg (23,5 %*)	330 mg (47,1 %*)

* DNRV - Daily nutrient reference values / *VRN - Valores de Referencia de Nutrientes

Energy Trans-System Dextrose, Maltodextrine (Glucose Polymer), Pure Crystalline Fructose (Derived From Corn), Isomaltulose (Palatinose®), Ultra high-molecular weight amylopectin barley starch (Vitargo®)	39 000 mg	78 000 mg
Amix™ Crea-Infusion Micronized Creatine Monohydrate, Tri-Creatine Malate, Kre-Alkalyn®	6 000 mg	12 000 mg
Amix™ Gluta-Infusion Micronized L-Glutamine, L-Glutamine Alpha-Ketoglutarate AKG, N-Acetyl-L-Glutamine	1 500 mg	3 000 mg
Amix™ Neuro-Regulators Micronized Taurine, L-Tyrosine	1 250 mg	2 500 mg
Amix™ Nitro Shot Complex L-Arginine HCL, L-Arginine Alpha-Ketoglutarate, L-Citrulline Malate, Beta-Alanine (CarnoSyn®), L-Histidine	750 mg	1 500 mg
Amix™ PhosphoMatrix di-Calcium Phosphate, di-Potassium Phosphate, di-Sodium Phosphate	875 mg	1 750 mg
Amix™ Insulin Potentiator Inosine, Alpha Lipoic Acid, Glucuronolactone	150 mg	300 mg

Kre-Alkalyn® is a registered trademark of Bioceutical Research and Development Laboratory (BR&D). Creatine Monohydrate with corrected pH - Us patent #6,399,661. International Patents Pending. All International Rights Reserved. Palatinose® is a registered trademark of Beneo-Palatinit GmbH. Natural Alternatives International (NAI) is the owner of patents as listed on www. carnosyn.com and registered trademark CarnoSyn®

Ingredients per 50 g: dextrose, maltodextrine, micronized creatine monohydrate 5 000 mg, pure crystalline fructose (derived from corn), isomaltulose** (Palatinose®), micronized Taurine 1 000 mg, micronized L-Glutamine 1 000 mg, Tri-Creatine malate 750 mg, amylopectin BARLEY starch - Vitargo®, di-Calcium Phosphate, L-Arginine HCl 500 mg, acidifying regulator: citric acid; creatine monohydrate Kre-Alkalyn® 250 mg, L-Tyrosine 250 mg, N-Acetyl-L-Glutamine 250 mg, L-Glutamine alpha-ketoglutarate 250 mg, acidifying regulator: sodium carbonate; L-Arginine alphaketoglutarate 150 mg, beetroot juice (only in fruit punch flavour, orange flavour), dye: curcumin (only in lemon flavour and orange flavour); di-Potassium Phosphate, di-Sodium Phosphate, inosine 100 mg, aroma, L-Citrulline malate 50 mg, Alpha Lipoic Acid 25 mg, CarnoSyn® Beta-Alanine 25 mg, L-Histidine 25 mg, Glucuronolactone 25 mg, sweeteners: sucralose and acesulfame-K; anticaking agent: silicon dioxide. ** source of glucose and fructose.
Allergen warning: It may contain traces of **milk, eggs, soybeans, fish, shellfish, tree nuts** and **peanuts** due to manufacturing methods.

CGT 3



200 cps

AMIX™ CGT-3 is a supplement which contains three types of creatine, glutamine and taurine. AMIX™ CGT-3 contains creatine monohydrate which supplies energy for muscle contraction, increases maximum strength, muscle pump as well as recovery. AMIX™ CGT-3 contains tri-creatine malate, a type of creatine that provides constant energy, enhances the regeneration of ATP deposits and increases energy and physical power. It also contains creatine ethyl ester which is a creatine molecule attached to an ester. This creatine is exceptionally soluble resulting in higher absorption, greater bioavailability and amazing stability, increasing muscle pump, delaying the onset of fatigue and improving post-training recovery. AMIX™ CGT-3 contains glutamine and taurine, a powerful energizer, ideal for states of physical decline since it increases strength and endurance. AMIX™ CGT-3 is an excellent choice for athletes or those practicing sports who wish to increase their muscle mass in a healthy natural way.

Benefits:

» Increases muscle mass
» Increases protein synthesis
» Increases strength and power
» Improves muscle recovery

Recommended dosage: The basic daily dose is 10 capsules. Take 5 capsules before physical activity and 5 capsules after activity. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 5 capsules/cápsulas
Servings per container: 20

Amount Per Serving/Cantidad por dosis	
Amix™ Triple Crea-Matrix	**2 000 mg**
Micronized Creatine Monohydrate, Micronized Tri-Creatine Malate, Micronized Creatine Ethyl Ester HCL /monohidrato de creatina, tri-creatina malato, hidrocloruro de creatina etil éster	
Amix™ Double Gluta-Matrix	**2 000 mg**
Micronized L-Glutamine & L-Glutamine Alpha-Ketoglutarate /L-glutamina y L-glutamina alfa-cetoglutarato	
Taurine/Taurina	**2 000 mg**

Ingredients: Taurine 27,4 %, L-glutamine 20,5 %, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), creatine monohydrate 13,7 %, tri-creatine malate 6,8 %, creatine ethyl ester HCl 6,8 %, L-glutamine alpha-ketoglutarate 6,8 %, stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

CELLEX™ UNLIMITED



520 g | 1 040 g
26 g

AMIX™ CellEx™ Unlimited is a new generation cellular pre-workout made up of a unique combination of up to 14 components. It contains Creatine Matrix, Glutamine Matrix, Arginine Matrix, Tri Creatine, Malate, Glutamine Alpha Ketoglutarate, N-Acetyl-L-Glutamine, L-Tyrosine, Glycocyamine, L-Norvaline, L-Citrulline, Kre-Alkalyn®, Beta-Alanine Matrix, Betaine Hydrochloride, Taurine and many other components, all of which are patented.

Recommended dosage: Mix 1 scoop (26 g) with 200-300 ml of water and take the drink approx. 30-45 minutes before physical performance. To change the flavour and sweetness of drink change the amount of water used for preparation.

Supplement Facts/Información Nutricional:

Serving size/Porción: 26 g (1 scoop/1 cacito)
Servings Per Container/Porciones por envase: 20
Recommended daily dose/Dosis diaria recomendada: 26 g

Average Values Per Serving/Valores medios por dosis:	
Energy value/Valor energético:	**384 kJ / 90 kcal**
Total Fat/Grasas	**< 0,5 g**
Saturated Fat/De las cuales saturadas	< 0,2 g
Total Carbohydrate/Hidratos de carbono	**13,8 g**
Sugar/De los cuales azúcares	1,1 g
Protein/Proteína	**7,4 g**
Salt/Sal	< 0,2 g
Calcium / Calcico	125 mg (15,6 %*)
Phosphorus / Fósforo	180 mg (25,7 %*)
CellEx® MC & N.O.	**7 710 mg**
Kre-Alkalyn®-Beta-Alanine(CarnoSyn®)DualActionMatrix,L-ArginineAlpha-Ketoglutarate (A-AKG), Tri-Creatine Malate, L-Citrulline Malate, Micronized Taurine, Betaine Hydrochloride, Caffeine anhydrous, Cinnulin PF® (Aqueous Cinnamon Extract)(Bark) / Kre-Alkalyn®- CarnoSyn® Matriz de Doble Acción de Beta-Alanina, L-Arginina Alfa-Cetoglutarato (AAKG), Tri-Creatina Malato, L-Citrulina Malato, Taurina Micronizada, Hidrocloruro de Betaina, Cafeína Anhidra, Cinnulin PF® (Extracto Acuoso de Canela) (Corteza)	
CellEx® Double-GlutaMatrix	**2 000 mg**
L-Glutamine Alpha-Ketoglutarate (Glut-AKG), N-Acetyl-L-Glutamine / L-Glutamina Alfa-Cetoglutarato (Glut-AKG), N-Acetil-L-Glutamina	
CellEx® PhosphoMatrix	**950 mg**
di-Calcium Phosphate, di-Potassium Phosphate, di-Sodium Phosphate / Fosfato dicálcico, fosfato dipotásico, fosfato disódico	

Cinnulin PF® is a registered trademark of the Integrity Nutraceuticals International, Inc., manufactured under U.S. patent 6,200,569. Kre-Alkalyn® is a registered trademark of Bioceutical Research and Development Laboratory (BR&D). Creatine Monohydrate with corrected pH - Us patent #6,399,661. International Patents Pending. All International Rights Reserved. Natural Alternatives International (NAI) is the owner of patents 5,965,596; 6,172,098B1; 6,426,361B2; 6,680,294 and registered trademark CarnoSyn®.

Ingredients per 26 g: Maltodextrin, acidifying agent: citric acid; L-arginine alpha-ketoglutarate (A-AKG) 2 000 mg, tri-creatine malate 1 500 mg, L-glutamine alphaketoglutarate 1 000 mg, N-acetyl- L-glutamine 1 000 mg, L-citrulline malate 1 000 mg, taurine 1 000 mg, creatine Kre-Alkalyn® 750 mg, CarnoSyn® beta-alanine 750 mg, betaine HCl 500 mg, caffeine anhydrous 200 mg, cinnamon extract (Cinnulin®) 10 mg, acidifying agent: calcium carbonate; aroma, beetroot juice, dicalcium phosphate, disodium phosphate, dipotassium phosphate, sweeteners: sucralose and acesulfame-K; anti-caking agent: silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts, shellfish (crustaceans** and **molluscs)**.



100 cps

CRT-ss
Controlled Release Technology
Support System

D-AA MAX PURE

AMIX™ D-AA Max Pure is a revolutionary supplement based on D-aspartic acid, which acts as a neurotransmitter.

AMIX™ D-AA Max Pure contains metabolizing substances to guarantee a fast and complete assimilation of the active ingredient, thus maximizing the product´s effectiveness.

Recommended Dosage: As a food supplement take 5 capsules daily. Daily serving may be taken all at once or split up and taken throughout the day. Use this product max. over a period of 8 weeks, followed by 4 weeks off cycle.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 5 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Active ingredients/Ingredientes activos	
D-Aspartic Acid/Ácido D-aspártico (D-AA)	**3 000 mg**
CRT-ss (Controlled Release Technology Support System /Sistema de Soporte de Liberación Controlada)	
Methocel® (Micro-Polymer Cellulose Ethers of Hydrophilic Matrix Systems / Eteres de Celulosa Micropolímeros de Sistemas de Matriz Hidrofílica)	

Ingredients: D-aspartic acid, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.



90 cps

CRT-ss
Controlled Release Technology
Support System

BETA ECDYX

AMIX™ Beta-Ecdyx is a Beta-Ecdysterone based complex. Ecdysterone is a natural steroid that can be found in several plants such as the corang-acu or suma and for this reason is a natural phytochemical. **AMIX™ Beta-Ecdyx** promotes protein synthesis which significantly increases lean muscle.

Benefits:
- Increases muscle mass
- Reduces body fat
- Increases protein synthesis
- Improves endurance and performance
- Avoids hypoglycemia
- Reduces cholesterol
- Contains metabolizers
- Promotes a better nitrogen balance

Recommended dosage: Take 1 capsule twice daily with some high protein supplement. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving/Cantidad por dosis	
Cyanotis Arachnoidea (90% Ecdysteronesç/ 90% ecdisteronas)	**300 mg**

Ingredients: Cyanotis arachnoidea, vegetable capsule (hydroxypropyl-methylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

CRT-ss
Controlled Release Technology
Support System

Testofen®



MYOSTERONES

90 cps

AMIX™ MyoSterones is an advanced compound which is a natural testosterone stimulant and regulator of oestrogens based on top quality active ingredients of proven efficacy. Among its components we find ecdysterones which have a totally natural anabolic effect that promotes protein synthesis, which, along with an appropriate workout boosts the increase of lean muscle.
AMIX™ MyoSterones stimulates cell recovery and the combination of this supplement with proteins of a high biological value considerably improves fibre recovery.
With AMIX™ Myosterones you will promote a positive nitrogen balance which will create an anabolic state without any harmful effects on your health.

AMIX™ MyoSterones the following components stand out:

Maral root is a natural extract with very high content of ecdysterones (90%). Supports invigoration of the body, cardiovascular health and mental capacities. Maral Root helps to increase immunity.

Diosgenin - extract of the rhizomes of the Wild Yam, Dioscorea Villosa. Mexican Wild Yam contains DHEA precursors and has been shown to help support healthy hormone production. Wild Yam Extract contains glycosides and steroidal saponins, diosgenin, alkaloids, tannins, phytosterols, and starch.

Peruvian Maca - has been used for centuries by the people of Peru for its energy and stamina support. Supports physical and mental health, sexuality and fertility..

Damiana Extract - is a shrub native to southwestern Texas. It belongs to the family Passifloraceae. Damiana helps to maintain normal sexual function and mental wellbeing. Contributes to weight management by modulating gastric emptying.

Gamma Oryzanol - is a mixture of substances derived from rice bran oil, including sterols and ferulic acid. Gamma Oryzanol stimulates the release of endorphins. Gamma Oryzanol increases lean body mass, increases strength, improves recovery from workouts, and reduces body fat and post exercise soreness..

Supplement Facts/ Información Nutricional:

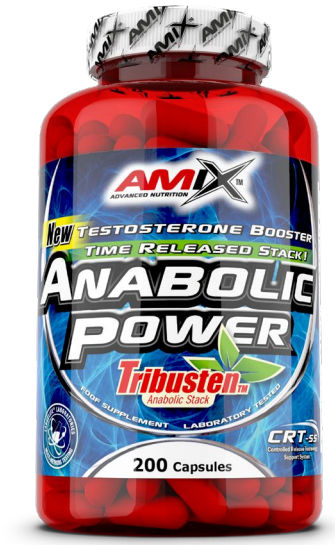
Serving size/Dosis: 3 capsules/cápsulas

Average values per serving/Valores medios por dosis:	
Maral Root extract/Extracto de raíz de maral (90 % ecdysterones/ 90% ecdisterona)	**450 mg**
Wild Yam Root Extract/Extracto de raíz de name silvestre (15 % Diosgenin Saponins/15% saponina diosgenina)	**450 mg**
Maca Root Extract 10:1/Extracto de raíz de Maca 10:1	**300 mg**
Damiana Extract 4:1/Extracto de Damiana 4:1	**300 mg**
Testofen® Fenugreek/Fenogreco (50 % Fenuside/50% fenusida)	**150 mg**
Gamma Oryzanol (From Rice Bran Oil/ del aceite de salvado de arroz)	**150 mg**

Ingredients: Maral Root extract (Rhaponticum carthamoides), Wild Yam Root Extract (Dioscorea villosa), vegetable capsule (hydroxypropyl methylcellulose, purified water, dye: calcium carbonate), Maca Root Extract (Lepidium meyenii Walp.), Damiana Extract (Tumera diffusa Wild. -leafs), Testofen® Fenugreek (Trigonella foenum Graecum-seed), Gamma Oryzanol, stabilizer: hydroxy-propylmethylcellulose Methocel®, anticaking agents: vegetable magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish**

Testofen® Fenugreek - is the branded name for fenugreek extract. While fenugreek has multiple health applications, the active constituents included in Testofen® have been shown to boost testosterone levels and thereby increase libido, lean muscle mass and immune functions. Testofen®is a fenugreek extract standardized for 50% Fenuside.

Recommended dosage: Take 3 capsules daily before workout. During non-workout days take in the morning with breakfast. Use this product max. over a period of 8 weeks, followed by 4 weeks off cycle.



200 cps

ANABOLIC POWER TRIBUSTEN™

AMIX™ Anabolic Power Tribusten® is an excellent combination of testosterone production stimulants, unique on the market since it contains each and every one of the most powerful substances available to promote muscular growth, stimulate the growth hormone (GH). It contains Tribulus Terrestris which strengthens the organism and improves and regulates hormonal balance in men and women. It also contains Saw Paumeto, Muira Puama, Panax Ginseng, among other ingredients, which promote hormonal stimulation even further.

Recommended dosage: Take 3-5 capsules daily before workout. During non-workout days take in the morning with meal. Use this product max. over a period of 8 weeks, followed by 4 weeks off cycle..

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 5 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Tribulus Terrestris (40 % steroidal saponins/ 40 % saponinas esteroidales)	**2 000 mg**
Saw Palmetto Extract (Serenoa repens) /Extracto de bayas de Serenoa repens (25 % fatty acids / 25 % ácidos grasos)	**300 mg**
Muira Puama Dried Extract (4:1) / Extracto de Muira puama	**250 mg**
Panax Ginseng (25 % Ginsenosides / ginsenósidos)	**250 mg**
Cucurbita Pepo Extract (10:1) / Extracto de Cucurbita pepo	**200 mg**
Avena Sativa Extract (10:1) / Extracto de Avena sativa	**150 mg**
Cordyceps Sinensis / Ophiocordyceps sinensis (7 % Cordyceptic acid/ 7 % ácido cordicéptico)	**100 mg**

Ingredients: Tribulus terrestris, gelatin capsule (made from pure gelatin, water, dye: titanium dioxide), saw palmetto extract, muira puama dried extract, panax ginseng, cucurbita pepo extract, stabilizer: hydroxypropylmethylcellulose methocel®; avena sativa extract /gluten/, cordyceps sinensis, anticaking agents: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish**



100 cps

DIOSGEN STIMULATOR

AMIX™ Diosgen Stimulator is a totally natural powerful stimulator of testosterone and GH. WILD YAM ROOT (discorea villosa) is a plant native to Mexico that contains precursors of DHEA and which has been proven to aid the production of GH. WILD YAM ROOT extract contains saponins and steroid glycosides, diosgenin, alkaloids and phytoesterols. Amix™ Diosgen also acts as a testosterone booster and smooth muscle relaxer. In short, Amix™ Diosgen is an excellent supplement for sportsmen and women who wish to increase their power, strength and muscle mass in a natural way

Recommended dosage: Take 1-2 capsules with 200 ml of water before workout. During non-workout days take 1 capsule in the morning with breakfast.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving/Cantidad por dosis	
Wild yam root extract /Extrato de raíz de Ñame silvestre	**190 mg**
Diosgenin Saponins /Diosgenina saponinas	30 mg

Ingredients: Maltodextrin, Dioscorea villosa (wild yam root extract), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs).**

CATUABOLIX

AMIX™ CatuaBolix is a Catuaba and Muira Puama- based supplement, two of the most powerful natural testosterone stimulants that exist. Catuaba grows in the North of Brazil, in the Amazon rainforest. It contains a group of three alkaloids (Catuabina) A, B, and C; which increase testosterone secretion stimulating the central nervous system, raise libido levels and stimulate blood flow, increase strength, endurance and together with weight -training, increase muscle mass significantly.

AMIX™ CatuaBolix also contains Muira Puama, which aids testosterone production; it is an aphrodisiac, promotes testosterone, increases power, aids the dilatation of blood vessels enabling them to carry more blood, hence increasing muscular pumping. Power levels are dramatically raised. In short, AMIX™ CatuaBolix is a supplement with proven properties aimed at increasing power and raising testosterone levels; which, together with intensive and prolonged training, increases power and lean muscle mass in a natural, healthy way.

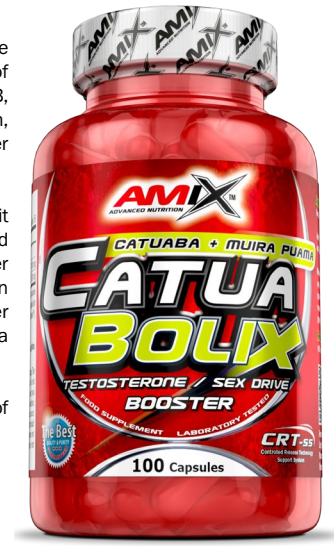
Recommended dosage: Take 2 capsules daily with meal. Wash down with plenty of water.

Supplement Facts/ Información Nutriconal:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Amix™ CatuaBolix	**2 250 mg**
Catuaba (Trichilia catigua)	1 000 mg
Muira Puama (Ptychopetalum Olacoides)	100 mg

Ingredients: Catuaba extract (Trichilia catigua - bark), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), Muira Puama extract (Ptychopetalum Olacoides - wood), stabilizer: hydroxypropylmethylcelulose (Methocel®); anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**.



100 cps

CRT-ss
Controlled Release Technology
Support System

GAMMA ORYZANOL

Gamma Oryzanol is a blend of substances derived from rice bran oil, including sterols and ferulic acid. It has been proven that Gamma Oryzanol increases muscle growth as it raises testosterone levels, the growth hormone, and other anabolic hormones (muscle builders). Gamma Oryzanol increases lean muscle mass and strength, improves post training recovery and reduces body fat. Gamma Oryzanol also acts as an oxidation inhibitor, its antioxidant action being more effective than that of tocopherols due to its higher heat resistant quality.

Benefits:
» Increases testosterone levels
» Increases strength and muscle mass
» Helps to reduce body fat
» Accelerates recovery
» Powerful antioxidant

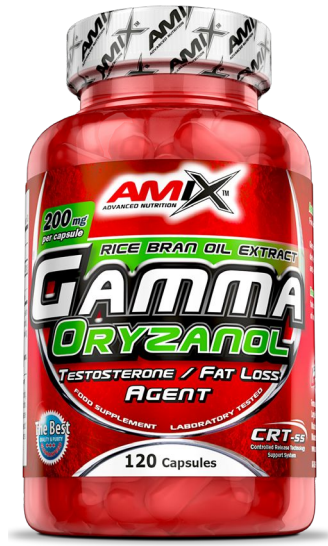
Recommended dosage: Take 2 capsules twice a day with food. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving /Cantidad por dosis	
Gamma Oryzanol (From Rice Bran Oil)	400 mg
CRT-ss (Controlled Release Technology Support System)	
Methocel® (Micro-Polymer Cellulose Ethers of Hydrophilic Matrix Systems)	

Ingredients: Gamma oryzanol (from rice bran oil), gelatin capsule (made from pure gelatin, water, dyes: titanium dioxide), stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**.



120 cps

HMB



250 g

120 cps

AMIX™ HMB o Hydroxy Methyl Butyrate is a metabolite of the amino acid L-leucine. It prevents muscular catabolism or muscle breakdown and protects muscle fibre during intense training. It aids muscle fibre recovery, increases strength and promotes fat loss. It also helps maintain protein absorption in the organism.

Recommended dosage:
- **Capsules:** Take 2 capsules 3 times daily. The recommended dosage is 3 g per day.
- **Powder:** Use 3 g (¾scoop) daily. Mix powder with water, juice or protein drink and drink immediately.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas	Serving size/Dosis: 3g (3/4 scoop / 3/4 cacito)
Amount per Serving/Cantidad por dosis	
HMB (Beta-Hydroxy Beta-Methylbutyrate / Beta-Hidroxy Beta-Metilbutirato)	**1 000 mg** — **3 000 mg**

Ingredients: Capsules: Beta-Hydroxy Beta-Methylbutyrate, vegetable capsule Vcaps® Plus (hypromellose, dye: titanium dioxide); anticaking agents: vegetable magnesium stearate, silicon dioxide. **Powder:** Beta-Hydroxy Beta-Methylbutyrate.
Allergen warning: Capsules: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**. Powder: It may contain traces of **milk, eggs, soybeans, gluten, fish, shellfish, tree nuts** and **peanuts**.

TRIBULYN™ 40%



120 cps

AMIX™ Tribulyn™ 40% contains Tiíbulus terrestris is a powerful plant of ancient tradition that increases testosterone levels and raises libido. It contains phytosteroids, flavonoids, glycosides, alkaloids and saponins. **AMIX™ Tribulyn™ 40%** increases testosterone levels, promotes nitrogen synthesis, producing a notable increase in power and muscular mass growth as well as a fast recovery of muscle fibre after intensive training. **AMIX™ Tribulyn™ 40%** is a natural supplement, ideal for sportsmen and women who wish to improve their physical performance and also achieve a noticeable gain in muscle mass.

Recommended dosage: Take 2 capsules daily before sleep.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas	
Amount per serving/Cantidad por dosis	
Tribulus Terrestris 40% steroidal saponins content /40% contenido de saponas esteroidales	**1 500 mg**

Ingredients: Tribulus terrestris extract, vegetable capsule (hydroxypropyl-methylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**

TRIBULYN™ 90%

AMIX™ Tribulyn™ 90% contains Tribulus terrestris is a powerful plant of ancient tradition that increases testosterone levels and raises libido. It contains phytosteroids, flavonoids, glycosides, alkaloids and saponins. AMIX™ TRIBULYN™ 90 % increases testosterone levels, promotes nitrogen synthesis, producing a notable increase in power and muscular mass growth as well as a fast recovery of muscle fibre after intensive training. AMIX™ TRIBULYN™ 90 % is a natural supplement, ideal for sportsmen and women who wish to improve their physical performance and also achieve a noticeable gain in muscle mass.

Recommended dosage: Take 1 capsule daily with 250 ml of water before sleep



90 cps

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula	
Amount per Serving	
Tribulus Terrestris 90% steroidal saponins content/90 % de contenido de saponinas esteroidales	**750 mg**

Ingredients: Tribulus terrestris extract (whole plant), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**

TRIBU-ZMA®

AMIX™ Tribu-ZMA® is a product in tablet form that combines the proven efficiency of ZMA® and a powerful testosterone stimulant, similar to Tribulus, with 90% of steroid saponins. Tribulus is a powerful plant of ancient tradition that increases testosterone levels and raises libido. It promotes nitrogen synthesis which produces a notable increase in power and muscular mass growth. AMIX™ Tribu-ZMA® also contains ZMA® a patented compound of zinc, magnesium and vitamin B6.

Recommended dosage: Take 2 tablets daily with 250 ml of water before sleep.

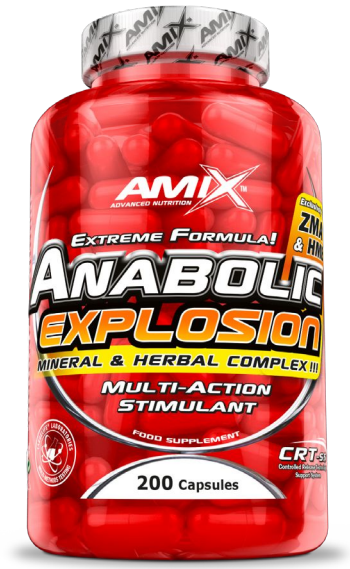


90 tbl

Supplement Facts/ Información Nutriconal:

Serving size/Dosis: 2 tablets/comprimidos Servings per container/Dosis por envase: 45	
Amount per Serving/Cantidad por dosis	
Tribulus Terrestris (90 % saponins/saponinas)	**2 000 mg**
ZMA® (Patented Anabolic Mineral Support Formula)	**400 mg**
Zinc (as Monomethionine L-OptiZinc® and Aspartate) /**Zinc** (en forma de sulfato de L-monometionina L-OptiZinc® y Aspartato)	5 mg (50%*)
Magnesium /Magnesio	75 mg (20%*)
Vitamin B6/Vitamina B6	1,75 mg (125%*)

Ingredients: Tribulus terrestris (whole plant), ZMA® (zinc in the form L-monomethionine sulphate and L-aspartate; magnesium citrate, magnesium oxide, pyridoxine HCl /vit. B6/), anticaking agent: microcrystalline cellulose; stabilizers: maltodextrin, di-calcium phosphate, croscarmellose sodium; anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.
.



200 cps

CRT-SS
Controlled Release Technology Support System

ANABOLIC EXPLOSION

AMIX™ Anabolic Expolsion is a unique blend specially developed to stimulate the natural secretion of testosterone, producing a significant increase in strength and endurance, enabling us to carry out much more intense training, whist, at the same time, increases our weight training capacity during workout, which in turn produces a gain of lean muscle mass. Anabolic Explosion promotes a much faster recovery as it contains components that help to eliminate lactic acid which is responsible for “aching” muscles. It also contains anti catabolics to avoid the breakdown of muscular fibre due to heavy training. Its excellent composition makes this product a perfect choice for athletes who wish to improve their sports performance as well as increase their muscle mass in a natural healthy way.

Supplement Facts/ Información Nutricional:

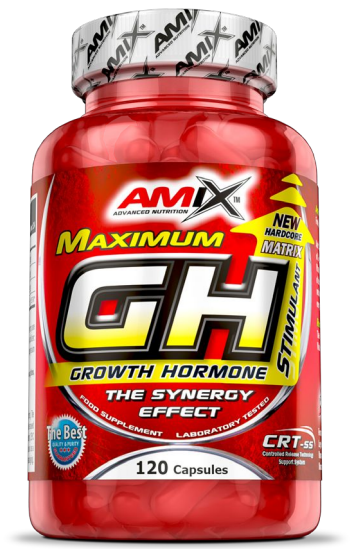
Serving size/Dosis: 6 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Tribulus Terrestris (40% saponins/saponina)	1 500 mg
Taurine/Taurina	1 000 mg
L-Citrulline Malate/Citrulina malato	1 000 mg
ZMA® (Patented Anabolic Mineral Support Formula)	800 mg
Zinc (as Monomethionine **L-OptiZinc®** and Aspartate/ Zinc en forma de Sulfato de L-Monometionina L-Optizinc®)	10 mg (100 %*)
Magnesium/Magnesio	150 mg (40 %*)
Vitamin B6/Vitamina B6	3,5 mg (250 %*)
HMB (Beta-Hydroxy Beta-MethylButyrate /Beta-Hidroxi Beta-Metilbutirato)	500 mg
Saw Palmetto Extract (25% fatty acids/ácidos grasos)	300 mg

* DNRV - Daily Nutrient Reference Value

Ingredients: Tribulus terrestris, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), taurine, L-citrulline malate, ZMA ® (zinc in the form L-monomethionine sulphate and L-aspartate; magnesium citrate, magnesium oxide, pyridoxine HCl), HMB (beta-hydroxybetamethylbutyrate), saw palmetto extract (Serenoa repens - fruit), stabilizer: hydroxypropylmethylcellulose Methocel®), anti-caking agents: magnesium stearate, silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

Recommended dosage: Take 6 capsules daily before workout. During non-workout days take in the morning with meal. Use this product max. over a period of 8 weeks, followed by 4 weeks off cycle.



120 cps

CRT-SS
Controlled Release Technology Support System

MAXIMUM GH STIMULANT

AMIX™ GH is a supplement based on an optimum combination of highly effective components that act in a synergetic way stimulating the natural release of the GH (growth hormone): responsible for lean muscular mass gain.
AMIX™ GH contains arginine and ornithine, two pure crystalline amino acids that favour the elimination of toxic substances produced by the organism during intense training or as a result of high-protein diets. The mixture of these two amino acids, in an ideal 2 to 1 proportion, enables the metabolization of proteins, whilst at the same time, the arginine acts as a precursor of creatine, very important for the synthesis of energetic compounds.
AMIX™ GH also contains L-lisine, a nontoxic essential amino acid which has a major role in building muscular mass. The importance of taking lysine cannot be understated, considering that our body is not capable of producing it by itself.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 5 capsules/cápsulas

Average values per serving /Cantidad por dosis	
L-Arginine/L-arginina	1 500 mg
L-Ornithine /L-ornitina	750 mg
L-Lysine/L-lisina	750 mg
Vitamin B6/Vitamina B6 (Pyridoxine HCL/Hidrocloruro de piridoxina)	5 mg (357%*

* DNRV - Daily Nutrient Reference Value /*VRN-Valores de Referencia de Nutrientes

Ingredients: L-arginine HCl, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), L-ornithine, L-lysine, stabilizer: hydroxypropyl methylcellulose Methocel®; anticaking agents: vegetable magnesium stearate and silicon dioxide; pyridoxine HCl.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

Recommended dosage: Take 5 capsules daily before sleep. Wash down with plenty of water.

ZMA®

AMIX™ ZMA™ is a patented compound of Zinc, Magnesium and Vitamin B6, with a very high anabolic power that raises the levels of testosterone in a natural, safe way. It also acts as a powerful antioxidant protecting us against damage caused by free radicals. AMIX™ ZMA® contains a high concentration of the active ingredient, 800 mg per capsule to be more precise, making this one of the most powerful and complete products available on the market.

Recommended dosage: (Men) Take 3 capsules/(Women) Take 2 capsules daily, preferably on an empty stomach 30-60 minutes before bedtime. For best results, avoid taking with dairy or other calcium-containing foods or supplements.



90 cps

Supplement Facts/ Información Nutricional:

Serving size/Dosis: (3 cps for men/para hombres) (2 cps for women/para mujeres)
Servings per container/Dosis por envase: 30 (45)

Amount per serving/Cantidad por dosis (men/hombre)	
ZMA® 2400 mg (800 mg per capsule/por cápsula)	
Zinc (as Monomethionine L-OptiZinc®and Aspartate / como sulfato de L-monometionina y L-aspartato)	30 mg 300%
Magnesium/Magnesio (as citrate and oxide / como citrato y óxido)	450 mg 120%
Vitamin B6/Vitamina B6 (as Pyridoxine HCL /como hidrocloruro de piridoxina)	10,5 mg 750%

Ingredients: ZMA® (zinc in the form L-monomethionine sulphate and L-aspartate; magnesium citrate, magnesium oxide, pyridoxine HCl); vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

PERUVIAN MACA

AMIX™ Peruvian Maca contains Maca (or Peruvian ginseng) root extract, which has been used for centuries in Peru due to its properties in bringing about an increase in energy and endurance. Maca is 100 % natural and is easily assimilated by the organism.

Recommended daily dose: Take 1 capsule 2 times daily or as directed by a qualified healthcare professional. Wash down with plenty of water.



120 cps

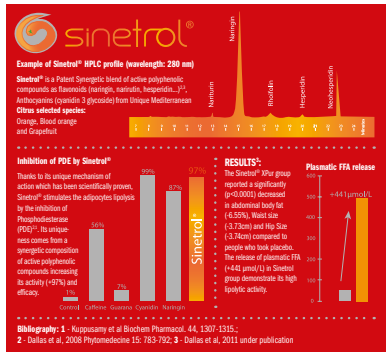
Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad de dosis	
Maca Root Extract 10:1 / Extracto de raíz de maca (Lepidium Meyenii)	**1500 mg**

Ingredients: Maca root extract, vegetable capsule (hydroxypropyl- methylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxy- propylmethylcellulose Methocel®, anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.

CRT-SS
Controlled Release Technology Support System



sinetrol®

GlyceroMax® CarnoSyn® Carnosine Synthesizer

NO SUGAR ADDED!



20 x 60 ml

XFAT® 2 IN 1 SHOT

AMIX™ XFAT 2in1 Shot is an excellent fat burner in liquid form thanks to its highly concentrated formula of GlyceroMax® glycerol powder and silica, SINETROL® XPUR, L-Carnitine, CarnoSyn® Beta Alanine and Caffeine.

Recommended daily dosage: The maximal daily dose is 1 shot (60 ml) for people up to 85 kg bw and 2 shots (120 ml) for people above 85 kg bw. Take it approx. 15 minutes before physical performance. Do not exceed the stated recommended daily dose!

Flavor: Fruity

Supplement Facts/Información Nutricional:

Serving size/Dosis diaria Recomendada: 60 ml

Average values/Valores medios:	per/por 60 ml
L-Carnitine / L-Carnitina	1 500 mg
CarnoSyn® Beta Alanine / Beta Alanina	1 500 mg
GlyceroMax® Glycerol Powder 65% / Glicerol En Polvo 65%	1 000 mg
SINETROL® XPUR EZ	700 mg
Orange extracts / Extractos de Naranja (Citrus sinensis L. Osbeck)	
Grapefruit extract / Extracto de Pomelo (Citrus paradisi L.)	
Guarana seed extract / Extracto de semilla de Guaraná (Paullinia cupana Kunth)	
Caffeine anhydrous / Cafeína anhidra	150 mg

Sinetrol® is a registered trademark of Fytexia company. **GlyceroMax™** is a trademark of Glanbia PLC.
Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark **CarnoSyn®**.

Ingredients: Purified water, CarnoSyn® beta-alanine, L-carnitine base, powdered glycerol 65% GlyceroMax®, SINETROLR XPUR EZ (grapefruit extract /Citrus paradisi L./, acidity regulator: citric acid; guarana seed extract /Paullinia cupana Kunth/; aroma, orange extracts /Citrus sinensis L. Osbeck/, maltodextrin); acidifying agent: phosphoric acid; caffeine, preserving agents: potassium sorbate, sodium benzoate; aroma, stabilizer: xanthan; sweetener: sucralose; dye: beta carotene.
Allergen warning: It may contain traces of **milk, eggs and shellfish (crustaceans** and **molluscs)**.

GlyceroMax® increases the concentration of fluid in the blood and tissue within the body (hyperhydration) and is very beneficial for both bodybuilders and endurance athletes.

CarnoSyn® is a patented form of Beta Alanine, a non-essential amino acid found in the human body concentrated in muscle and brain tissue. Beta-Alanine aids in the creation of carnosine in the muscles, which is involved in the regeneration of the entire body. It can also improve the quality of sleep.

L-Carnitine is involved in the metabolism of fatty acids and fights the main causes of cellulit.

Cafeine helps to increase alertness, improves concentration and contributes to increase endurance capacity.

sinetrol®

BioPerine®

GREEN COFFEE BEAN ORIGINAL GCB

90 cps



XFAT® THERMOGENIC FAT BURNER

AMIX™ XFat® Thermogenic Fat Burner is a new improved food supplement which combines 7 highly potent ingredients (Sinetrol®, Green Coffee, Caffeine, Guarana, Synephrine, Salicin andBioPerine®).

Recommended dosage: Take 3 capsules daily approx. 30-60 minutes before physical performance. Wash down with plenty of water.

Supplement Facts/Información Nutricional:

Serving size/Dosis: 3 capsules/cápsulas

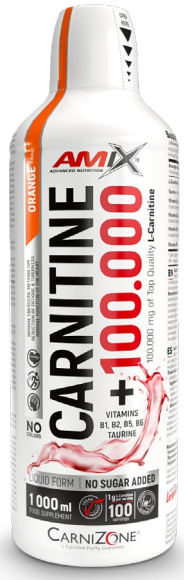
SINETROL® XPUR	**900 mg**
Citrus Sinensis extract / Extracto de Citrus Sinensis (Citrus sinensis L. Osbeck)	
Grapefruit extracts / Extracto de Pomelo (Citrus paradisi Macfad/Citrus grandis L. Osbeck)	
Blood orange concentrate / Concentrado naranja sanguina (Citrus sinensis L. Osbeck)	
Guarana seed extract / Extracto de semilla de guaraná (Paullinia cupana Kunth)	
Green Coffee bean extract/Extracto de granos de café verde (Standardized for 45 % Chlorogenic Acids / 45 % Ácido Clorogénico)	**300 mg**
Guarana Extract/Extracto de guaraná (Standardized for 22 % Caffeine / 22 % Cafeina)	**200 mg**
White Willow Bark Extract/Extracto de corteza de sauce blanco (Standardized for 15 % Salicin / 15 % Salicina)	**200 mg**
Caffeine Anhydrous/Cafeína anhidra	**160 mg**
Citrus Aurantium (Standardized for 95 % Synephrine / 95 % Sinefrina)	**10 mg**
BioPerine® (Standardized for 95 % Piperine / 95 % Piperina)	**5 mg**

Sinetrol® is a registered trademark of Fytexia company. **Bioperine®** is a registered trademark and a product of Sabinsa Corporation.

Ingredients: SINETROL® XPUR (grapefruit extracts /Citrus paradisi Macfad.- Citrus grandis L. Osbeck/, guarana seed extract /Paullinia cupana Kunth/; Citrus sinensis extract /Citrus sinensis L. Osbeck/, blood orange concentrate /Citrus sinensis L. Osbeck/; maltodextrin), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), green coffee bean extract, guarana dried extract, white willow bark extract, caffeine anhydrous, stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: vegetable magnesium stearate and silicon dioxide; Citrus aurantium extract, Bioperine® (black pepper extract).
Allergen warning: It may contain traces of **milk, eggs and shellfish (crustaceans** and **molluscs)**.

1000 ml

CarniZone® L-Carnitine Purity Guarantee



CARNITINE 100.000 MG

AMIX™ Carnitine 100.000 is a super concentrated L-Carnitine supplement combined with Taurine and B vitamins. L-Carnitine is known to effectively help metabolise fats, transporting them into the mitochondria of the cell so that they can then be used as a source of energy.
AMIX™ Carnitine 100.000 also contains taurine, an amino acid that acts as a neurotransmitter and helps improve physical performance by delaying tiredness and fatigue.
In addition, AMIX™ Carnitine 100.000 provides B vitamins (Vit B2, Vit B5 and Vit B6), which, among many other properties, contribute to normal energy metabolism, ensure the proper functioning of the nervous system, help metabolise food and improve the immune and circulatory systems.

Recommended dosage: Maximum daily dose is 10ml. Take it approx. 30-45 minutes before physical performance. Drink it directly or mix with water or sport drink.

Flavours: Orange, Cherry-Raspberry, Green Apple.

Supplement facts/ Información Nutricional:

Serving size/Dosis: 10 ml
Size per bottle/Dosis por envase: 100

Average values/Valores medios:	100 ml	per/por 10 ml
L-Carnitina/L-carnitina	**10 000 mg**	**1 000 mg**
Energy value/Valor energético	121 kJ / 29 kcal	12,1 kJ / 2,9 kcal
Fat/Grasas	**0 g**	**0 g**
Saturated fat /de las cuales saturadas	0 g	0 g
Carbohydrate/Hidratos de carbono	**0 g**	**0 g**
Sugars/ de los cuales azúcares	0 g	0 g
Protein/Proteína	**6,3 g**	**0,6 g**
Salt/Sal	0 g	0 g
Taurine/Taurina	**1 000 mg**	**100 mg**
Vitamin B1/Vitamina B1	**25 mg** (2273 %)	**2,5 mg** (227 %*)
Vitamin B2/Vitamina B2	**15 mg** (1071 %*)	**1,5 mg** (107 %*)
Vitamin B5/Vitamina B5	**60 mg** (1000 %*)	**6 mg** (100 %*)
Vitamin B6/Vitamina B6	**15 mg** (1071 %*)	**1,5 mg** (107 %*)

*DNRV - daily nutrient refrence value/ VRN - valores de referencia de nutrientes
Ingredients: purified water, L-carnitine base, taurine, acidifying agent: citric acid; preserving agent: potassium sorbate; D-calcium pantothenate (vit. B5), aroma, preserving agent: sodium benzoate; thiamine HCl (vit. B1), pyridoxine HCl (vit. B6), sweetener: sucralose; riboflavin (vit. B2).
Allergen warning: It may contain traces of **milk, eggs** and **shellfish.**

20 x 60 ml

NO SUGAR ADDED!

CarniZone® L-Carnitine Purity Guarantee



CARNISHOT 3000MG

AMIX™ CarniShot is a super concentrated L-Carnitine in combination with Taurine and Vitamin B6.
The function of L-carnitine is to help our body metabolise fats by transporting them to the cellular mitochondria so that they can be used later as a source of energy.
Carnishot 3000 contains a high concentration of L-carnitine, making it one of the most concentrated products on the market. Carnishot 3000 also contains Taurine, a neurotransmitter that helps improve athletic performance, as well as improving carbohydrate sensitivity and acting as a nutrient transporter.

Recommended dosage: The basic daily dose is 1 shot (60 ml). Take it approx. 30-45 minutes before physical performance. Do not exceed the maximal daily dose! Shake before use!

Flavours: Lemon, Mango, Mojito

Supplement Facts/Información Nutricional:

Serving size/Dosis: 60 ml

Average values/Valores promedio:	per/por 60 ml
L-Carnitine / L-Carnitina	3 000 mg
Taurine/Taurina	1 000 mg
Vitamin B6 (as Pyridoxine HCl) /Vitamina B6 (Hidrocloruro de Piridoxina)	10 mg (714 %*)

*DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencian de Nutrientes
Ingredients: purified water, L-carnitine base, taurine, acidifying agent: citric acid; preserving agents: potassium sorbate and sodium benzoate; pyridoxine HCl (vit. B6), aroma, stabilizer: xanthan gum; sweetener: sucralose.
Allergen warning: It may contain traces of **milk, eggs** and **shellfish (crustaceans and molluscs)**





90 cps

THERMOLEAN™

AMIX™ ThermoLean™ is a powerful fat burner that combines 16 natural but highly effective components, including two kinds of caffeine, thermogenics and diuretics.

AMIX™ ThermoLean™ combines Guarana, a powerful stimulant that speeds up the metabolism, Citrimax® (Garcinia Camboya) that reduces the synthesis of fatty acids between 40% to 70% after eating. It contains L-tyrosine that suppresses the appetite. It speeds up the metabolism helping to activate thermogenesis, contains maté that stimulates the nervous system, increases energy and also acts as a powerful diuretic by promoting diuresis (liquid elimination). It contains Gynostemna pentapyllum extract and Alkaloid caffeine that acts on the nervous system. It promotes the contraction of smooth muscle fibre, delays the onset of tiredness, increases mental activity, and reduces the feeling of drowsiness. It also contains Chromium Picolinate a component that reduces glucose levels, reducing body fat and promoting the development of muscular mass. Cayenne extract has thermogenic effects that raise the body temperature. Furthermore, **AMIX™ ThermoLean™** contains diuretic components as well as stimulants

Recommended dosage: Take 1-2 capsules daily approx. 30-60 minutes before physical performance. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules

Amount per Serving/Cantidad por dosis	
Guarana extract/Extracto de guaraná (22 % caffeine/cafeina)	300 mg
L-carnitine tartrate/ L-carnitina tartrato (68 % L-carnitine/L-carnitina)	200 mg
Green Tea Extract/Extracto de té verde (25% polyphenols/polifenoles)	100 mg
Yerba Mate Extract/Extracto de yerba mate	100 mg
Caffeine Anhydrous/Cafeína anhidra	100 mg
L-Tyrosine/L-tirosina	100 mg
Green Coffee bean extract/Extracto de grano de café verde (45 % chlorogenic acids/ácido clorogénico)	100 mg
CitriMax® Garcinia cambogia Extract/Extracto de Garcinia cambogia (50% hydrocitric acid/ácido hidroxicítrico)	100 mg
White Willow Extract/Extracto de corteza de sauce blanco (15 % salicin/salicina)	75 mg
Ginger Extract/Extracto de jengibre (25 % gingerols/gingeroles)	75 mg
Cayenne Extract/Extracto de cayena (1 % capsaicine/capsaicina)	50 mg
Gynostemma Pentaphyllum Extract /Extracto gynostemma pentaphyllum (95 % gypenosides/gypenósidos)	50 mg
DigeZyme® (proprietary multi-enzyme blend/multicomplejo enzimático)	25 mg
Citrus Aurantium/Naranjo amargo (95 % synephrine/sinefrina)	10 mg
BioPerine® Black pepper extract/Extracto de pimienta negra (95 % piperine/piperina)	5 mg
Chromium/Cromo (chromium picolinate/picolinato de cromo)	**200 mcg** (500 %*)

* DNRV - Daily nutrient reference value/*VRN -Valores de Referencia Nutrientes

Ingredients: Guarana dried extract, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), L-Carnitine tartrate, caffeine anhydrous, green tea extract, yerba mate extract, l-tyrosine, green coffee bean extract, CitriMax® garcinia cambogia extract, white willow bark extract, ginger root extract, cayenne extract, gynostemma pentaphyllum extract, stabilizer: hydroxypropylmethylcellulose Methocel® (micro-polymer cellulose ethers of hydrophilic matrix systems), anticaking agents: vegetable magnesium stearate, silicon dioxide; DigeZyme® multi-enzyme blend (amylase, lipase, lactase, cellulase, bacterial neutral protease), citrus aurantium, Bioperine® (black pepper extract), Chromium Picolinate.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs).**





90 cps

THERMOCORE™

AMIX™ ThermoCore™ is a revolutionary fat burner with a thermogenic action and a guaranteed effect. Totally natural and ephedrine free.

AMIX™ ThermoCore™ combines the benefits of over 7 highly effective components (Coleus Forskolin, Caffeine, Synephrine, Guarana, Salcine and Bioperine). This extra powerful thermogenic formula is designed to stimulate the metabolic rate without affecting heart rate or blood pressure. It also actively improves mental concentration. Furthermore, it provides energy, increases endurance and delays the onset of fatigue during high intensity training. It helps to suppress appetite and increase concentration during workouts.

AMIX™ ThermoCore™ raises body temperature promoting the fat-burning process. ThemoCore transports fats to the mitochondrion glands for their posterior use as an energy source. In short, Amix ThermoCore is an excellent product as far as fat burning is concerned, and enables us to actively attain a lean physique and a slender silhouette in a natural, healthy way.

Recommended dosage: Take 1-2 capsules 30-60 minutes before physical activity with plenty of water.

Benefits:

» Maximum fat burning properties.
» Contains over 7 active ingredients
» Increases physical and mental performance
» Reduces fatigue and increases endurance
» Increases the metabolic process
» Reduces appetite

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Coleus Forskohlii (10% forskolin/forskolina)	250 mg
Green Coffee bean extract/Extracto de grano de café verde (45% chlorogenic acids/ácido clorogénico) **Coffea arabica L**	250 mg
Guarana Dried Extract/Extracto de guraná (22% caffeine/cafeína)	200 mg
White Willow Bark Extract/Extracto de corteza de sauce blanco (15% salicin/salicina)	200 mg
Caffeine Anhydrous/Cafeína anhidra	160 mg
Citrus Aurantium extract (95% synephrine/sinefrina)	10 mg
BioPerine® (95% piperine/piperina)	5 mg

Ingredients: Coleus forskohlii, green coffee bean extract, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), guarana dried extract, white willow bark extract, caffeine anhydrous, stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: vegetable magnesium stearate and silicon dioxide; Citrus aurantium extract, Bioperine® (black pepper extract). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.



90 cps

SyneMax® Thermogenic with Green Tea Extract

CRT-ss Controlled Release Technology Support System

SYNEMAX®

AMIX™ Synemax® is a powerful fat burner that combines seven highly effective components which achieve optimum results where fat-burning is concerned.
AMIX™ Synemax® contains Guarana extract, a stimulant that helps in periods of extreme physical effort. It also contains Alkaloid caffeine, which is also a stimulant and speeds up the metabolism. It contains White Willow Bark, a powerful vessel dilator; Tea extract, a metabolism accelerator. Other ingredients are Naringin, a powerful fat burner, Synephrine, which energises adrenaline in cell deposits, which in turn, activate the direct receptors of lipolysis or the fat burning process. Synemax® promotes the release of free fatty acids from the adipose tissue into the blood so they can be converted into energy. It also slightly raises body temperature promoting thermogenesis and helping the organism get rid of fats. SYNEMAX® is an excellent combination of high-tech new generation fat burners.
It also contains Methocel® a patented component that will ensure that each and every one of the 7 components is absorbed at the right moment for them to work properly and achieve visible results.

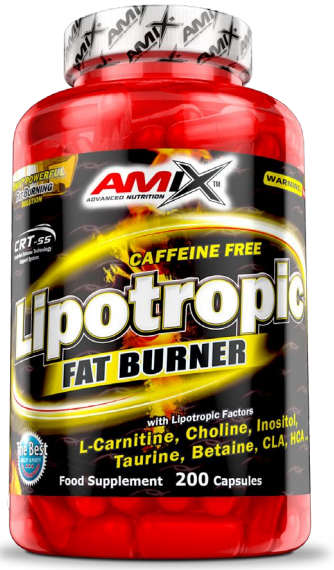
Recommended dosage: Take 1 capsule daily approx. 45 minutes before physical performance. Wash down with water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving/Cantidad por dosis	
Guarana Seeds Dried Extract /Extracto de semillas de guaraná (22 % caffeine/cafeína)	250 mg
White Willow Bark Extract /Extracto de corteza de sauce blanco (15% salicin/salicina)	200 mg
Green Tea Extract /Extracto de té verde (25% polyphenols/polifenoles)	100 mg
Citrus Naringin Extract /Extracto de naringina cítrica (60% naringin/naringina)	50 mg
Ginger Root Extract /Extracto de raíz de jengibre (25% gingerols/gingeroles)	50 mg
Citrus Aurantium /Citrus aurantium (95% synephrine/sinefrina)	11 mg

Ingredients: Guarana dried extract (Paullinia cupana - seeds), white willow bark extract (Salix alba), vegetable capsule (hydroxypropyl-methylcellulose, purified water, dye: calcium carbonate), green tea extract (Camellia sinensis - leaf), ginger root extract (Zingiber officinale), citrusnaringin extract (fruit), stabilizer: hydroxypropylmethylcellulose Methocel®; Citrus aurantium extract (fruit), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.



200 cps

CRT-ss Controlled Release Technology Support System

LIPOTROPIC FAT BURNER

AMIX™ Lipotropic Fat Burner is a combination of lipotropic fat burners which means that it doesn't contain caffeine or other similar substances. AMIX™ Lipotropic Fat Burner contains L-Carnitine, choline, CLA, linoleic acid, HCA and methionine.

Benefits:
» Reduces body fat
» Increases endurance
» Totally natural with no side effects

Recommended dosage: Take 5 capsules daily preferably approx. 30-60 minutes before physical exercise with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 5 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
L-carnitine tartrate/L-carnitina tartrato	550 mg
Choline Bitartrate/Bitartrato de colina	550 mg
Inositol	550 mg
Taurine/Taurina	500 mg
Betaine HCL/Hidrocloruro de betaína	250 mg
CLA (80% conjugated linoleic acid/ácido linoleico conjugado)	250 mg
Garcinia Cambogia Extract /Extracto de Garnicina cambogia (50% hydroxycitric acid/ácido hidroxicítrico)	250 mg
Methionine/Metionina	100 mg
Vitamin B6/Vitamina B6	1,5 mg (107 %*)

*DNRV – Daily Nutrient Reference Value / *VRN - Valor de Referencia de Nutrientes

Ingredients: Vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), L-carnitine tartrate, choline bitartrate, inositol, taurine, betaine HCl, conjugated linoleic acid 80%, garcinia cambogia extract, stabilizer: hydroxypropylmethylcellulose Methocel®; methionine, anti-caking agents: magnesium stearate and silicon dioxide; pyridoxine HCl (vit. B6).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**

DIURETIC COMPLEX

AMIX™ Diuretic Complex helps the organism eliminate excess liquid and fat which lies between the skin and muscle. Amix ™ has created a unique formula with the best raw materials that combines up to 12 components providing maximum effectiveness.

Recommended dosage: As a food supplement, take 3 capsules after morning meal and 3 capsules after mid-day meal, along with 300 ml of water. Drink at least 6 to 8 glasses of water daily. Do not take it before sleep (minimum of 4 hours).

Benefits:
» With Vitamin B
» Herbal Complex with Dandelion & Asparagus extracts

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 6 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Active ingredients/Ingredientes activos	
Dandelion Root Extract/Extracto de raíz de Diente de León 4:1	1 000 mg
Arctostaphylos uva-ursi Leaf Extract/Extracto de hoja de Arctostaphylos uva ursi (20% Arbutine/arbutina)	500 mg
Guarana Seeds Dried Extract /Extracto seco de semillas de guaraná (22% Caffeine/cafeina)	500 mg
Asparagus Racemosus Root Extract 5:1 /Extracto de raíz de Asparagus racemosus 5:1	300 mg
Stinging Nettle Root Extract 10:1 /Extracto de raíz de Urtica dioica 10:1 (whole herb/planta completa)	300 mg
Watermelon Dried Extract /Extracto seco de sandía (as Citrullus vulgaris)	250 mg
Green Tea Extract/Extracto de té verde (25% polyphenols/polifenoles)	200 mg
Parsley Extract 10:1/ Extracto de perejil 10:1	100 mg
Betula Pendula Bark 10:1 /Corteza de Betula pendula 10:1	100 mg
Rose Hips Extract/Extracto de escaramujo	40 mg
Vitamin B6/Vitamina B6 (Pyridoxine HCl./Hidroclorura de piridoxina)	10 mg (714 %*)

* DNRV - Daily nutrient reference value/*VRN - Valores de Referncia de Nutrientes

Ingredients: Dandelion root extract (Taraxacum officinale), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), uva-ursi leafextract (Arctostaphylos uva-ursi), guarana seeds dried extract (22% caffeine) (Paullinia cupana - seeds),Asparagus racemosus extract (root), stinging nettle extract (Urtica dioica- root), tripotassium citrate, watermelon dried extract (Citrullus vulgaris- fruit pulp), green tea extract (Camellia sinensis- leaf), parsley extract (Petroselinum hortense- leaves and stem),Betula pendula bark, stabilizer: hydroxypropylmethylcellulose (Methocel®);anticaking agents: vegetable magnesium stearate, silicon dioxide; Rose Hip extract (Rosa canina-fruit), pyridoxine HCl (Vitamin B6).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.



CRT-ss Controlled Release Technology Support System

90 cps

with Water Melon Extract · with Dandelion Extract · with Green Tea Extract · with Uva-Ursi Extract · with Guarana Extract

CARBBLOCKER

AMIX™ CarbBlocker is a supplement based on ten active ingredients, designed to reduce body fat. Its main function is to block the absorption of carbohydrates, therefore preventing their later conversion into fat, as well as acting as an appetite suppressant. CarbBlocker contains 10 innovative ingredients such as StarchLite®, Caralluma Fimbriata, Gymnema Sylvestre, Chitosa, Yerba Mate and BioPerine®.

Recommended dosage: Take one capsule twice a day, 15 minutes before your two main meals (lunch and dinner). When having a high carb or starchy meal, you may take two capsules twice a day. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
StarchLite® (Phaseolus Vulgaris - white bean extract / Phaseolus vulgaris - extracto de judía blanca)	500 mg
CitriMax® (contains 100 mg of Hydrocitric Acid / contiene 100 mg de ácido hidroxicítrico)	200 mg
Caralluma Fimbriata (min. 25% Pregnane Glycosides / min. 25 % glucósidos de pregnano)	200 mg
Gymnema Sylvestre (standardized for 75% Gymnemic acid / estandarizado para contener 75 % de ácido gimnémico)	150 mg
Chitosan (exoskeleton of crustaceans/ cáscara de crustáceos)	100 mg
L-Carnitine Tartrate (standardized for 68% L-Carnitine / estandarizado para contener 68 % de L-carnitina)	100 mg
Yerba Mate Extract/Extracto de yerba mate	100 mg
Cinnulin PF® (aqueous Cinnamon extract /extracto acuoso de canela)	50 mg
BioPerine® (standardized for 95 % piperine / estandarizado para contener 95 % de piperina)	50 mg
Chromium (as chromium picolinate / Cromo (como picolinato de cromo)	200 mcg (500 %*)

*DNRV – Daily Nutrient Reference Value / *VRN - Valor de Referencia de Nutrientes

Ingredients: white bean extract (Phaseolus vulgaris) StarchLite®; vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), hydrocitric acid (hca) citrimax®, caralluma fimbriata, gymnema sylvestre, chitosan /exoskeleton of crustaceans from shellfish/, L-carnitine tartrate, yerba mate extract, Cinnulin PF® (aqueous cinnamon extract), BioPerine® (black pepper extract), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide; chromium picolinate.
Allergen warning: It may contain traces of **milk, eggs, soybeans** and **gluten.**



90 cps

BioPerine® Black Pepper Extract · with StarchLite

CRT-ss Controlled Release Technology Support System





SHAKE4 FIT&SLIM

AMIX™ Shake4 Fit & Slim is a delicious meal replacement, which is easy to digest and contains all the necessary nutrients for replacing a meal as it provides us with proteins, vitamins, minerals, carbohydrates and fibre. Furthermore, its low-fat content assures us a high-quality balanced product. Shake4 Fit & Slim by AMIX™ is beneficial for both men and women and provides a constant intake of energy that will allow you to do more exercise and strengthen your immune system whilst helping you burn fat at the same time.
Shake4 Fit & Slim contains green tea, a powerful antioxidant that helps to neutralise the much-feared free radicals. It is totally aspartame free and has got digestive enzymes for a complete metabolization. It tastes delicious. It contains satisfying components which will notably reduce our appetite in a totally healthy, natural way.

Benefits:
» Aids dieting
» Reduces appetite
» Helps reduce fat
» Delicious and easy to prepare
» Balanced gain for men and women

Recommended dosage: Mix 1 scoop (50 g) of Shake4 Fit & Slim with 250-300 ml of cold water or low-fat milk. Use a blender or hand-held shaker, mix for 30 seconds. Take 1-2 servings daily.

Flavors: Vanilla, Chocolate, Strawberry

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 50 g (1 scoop/cacito)

Average values/Valores medios	**per/por 50 g:**	**per/por 100 g:**
Energy value/Valor energético:	709,2 kJ / 167,9 kcal	1418,4 kJ / 335,8 kcal
Total Fat/Grasas	**1,1 g**	**2,2 g**
Saturated Fat/De las cuales saturadas	0,6 g	1,2 g
Total Carbohydrate /Hidratos de carbono	**26,5 g**	**53 g**
Sugars/De los cuales azúcares	6,1 g	12,2 g
Protein/Proteína (dry basis/base seca)	**10 g**	**20 g**
Salt/Sal**	**< 0,3 g**	**< 0,6 g**
Fibre	**6 g**	**12 g**
Calcium/Calcio	100 mg (12,5 %*)	200 mg (25 %*)
Phosphorus/Fósforo	100 mg (14,25 %*)	200 mg (28,5 %*)

* DNRV - Daily nutrient reference values / *VRN- Valores de Referencia de Nutrientes
**The salt content is exclusively due to the presence of naturally occurring sodium

Amix™ Fibre Multi Complex Litesse® Ultra, Inuline, Psyllium husk, Chitosan / Litesse® Ultra,inulina, cáscara de psyllium y quitosano	7 500 mg	15 000 mg
Amix™ PhosphoMatrix di-Calcium Phosphate, di-Potassium Phosphate, di-Sodium Phosphate /Fosfato dicálcico, fosfato dipotásico y fosfato disódico	500 mg	1 000 mg
Amix™ Herbal Complex Garcinia Cambogia Extract (standardized for 50% of HCA - Hydroxycitric Acid), Guarana Dried Extract (standardized for 22% of Caffeine), Rhodiola Rosea (standardized for 4 % rosavins), Green Tea Extract (standardized for 45% polyphenols, 30% catechines, 10% EGCG)	350 mg	700 mg
Amix™ Thermo – Lipotropic Blend Inositol, White Willow Bark Extract (standardized for 15% salicin), L-Carnitine Tartrate, Choline, Citrus Aurantium (standardized for 95% of synephrine) / Inositol, extracto de corteza de sauce blanco (estandarizado para 15 % de salicina), tartrato de L-carnitina, colina, Citrus aurantium (estandarizado para el 95 % de la sinefrina)	250 mg	500 mg
DigeZyme® Multi-Enzyme Complex	75 mg	150 mg

DigeZyme® is a registered trademark of Sabinsa Corporation, USA.

Ingredients per 100 g: Maltodextrin (glucose polymer), ultrafiltered low temperature processed instantized **whey protein concentrate /from milk/**, polydextrose litesse®ultra 10 000 mg, **non-fat whey /from milk/, amino acids derived from beef protein isolate, cocoa powder (only in chocolate flavour)**, inuline 2 500 mg, psyllium husk (plantago ovata - plant) 2 000 mg, pure crystalline fructose, emulsifier: **soya** lecithin, stabilizer: sodium carboxy-methylcellulose; **micellar casein /from milk/, aroma, chitosan 500 mg/ from crustacean shellfish (shrimp)**/, di calcium phosphate 750 mg, garcinia cambogia extract 300 mg (50 % of hydroxycitric acid), inositol 190 mg, beetroot juice (strawberry flavour, forest fruits flavour), dye: curcumin (banana flavour); guarana dried extract 150 mg (standardized for 22% of caffeine), rhodiola rosea extract150 mg, patented digestive enzyme digezyme® multi-enzyme complex 150 mg (amylase, lipase, lactase, cellulase, bacterial neutral protease), di-potassium phosphate 125 mg, di sodium phosphate 125 mg, green tea extract 100 mg, choline 100 mg, l-carnitine tartrate 100 mg (68 mg of pure l-carnitine), white willow bark extract 100 mg (15 % of salicin), sweeteners: sucralose and acesulfame-k; citrus aurantium 10 mg (95% of synephrine).
Allergen warning: It may contain traces of **eggs, gluten, fish, tree nuts** and **peanuts**.





LIPOLEAN™

90 cps

AMIX™ LipoLean® is an exclusive formula created for weight control, made up of top-quality ingredients, such as CLA, Capsicum extract, Synerphrine, Green Tea, BioPerine® and many other effective compounds.
One of the key elements of this product lies in the encapsulation of liquid substances in Licaps® (hard gelatine capsules), which guarantees an immediate effect and maximum reabsorption, since liquid ingredients are absorbed more easily by the human body, thereby giving faster results. This new technology also guarantees that the ingredients are 100% pure and fresh.

Description of AMIX™ LipoLean® ingredients:

Safflower Oil - High in CLA (Conjugated Linoleic Acid), and low in saturated fat. Helps increase muscle mass and has antioxidant properties.
Caffeine Anhydrous - Has the ability to act on the central nervous system, exciting the contractions of the „smooth" muscle fibres, delaying the feeling of tiredness, increasing mental activity and reducing the feeling of sleepiness.
Capsicum Extract - Extracted from hot peppers, Capsicum Extract helps maintain weight control by increasing thermogenesis (speeding up metabolism), stabilising blood sugar levels and improving carbohydrate and fat metabolism.
L-Carnitine Tartrate - Helps metabolise fats by transporting them into the cellular mitochondria for use as an energy source. Normalises blood triglycerides.
Taurine - Helps improve athletic performance, improves carbohydrate sensitivity.
White willow extract (Salix Alba) - Acts as a vasodilator and transporter of other nutrients. Helps maintain normal joint and muscle function.
Triptophan - May help maintain optimal mood and control anxiety states caused by a low-carbohydrate diet.
Citrus Aurantium - Also known as bitter orange contains an active ingredient called synephrine, which acts as a central nervous system stimulant, inducing fat metabolism and has an appetite-reducing effect.
Green Tea Extract - Helps metabolise fat, helping to maintain body weight control. Helps maintain normal blood glucose and cholesterol levels. It is an excellent antioxidant.
Ginger - Activates circulation and improves fat digestion. Has anti-inflammatory properties.
Black Pepper Extract (BioPerine®) - Patented ingredient that significantly improves the bioavailability of nutrients, as well as having a thermogenic effect.
Guarana - A natural source of caffeine, it improves physical performance and has a diuretic effect.

Recommended dosage: Take 2 Licaps® daily approx. 30-60 minutes before physical performance. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Active ingredients/Ingredientes activos	**DNRV***
Liquid Thermo-Active Formula	
CLA (conjugated Linoleic Acid) 80% - from Safflower Oil /CLA (Ácido linoleico conjugado) 80% procedente de Aceite de cártamo	530 mg
Caffeine Anhydrous/Cafeína Anhidra	200 mg
Capsicum Extract/Extracto de Capsicum	60 mg
L-Carnitine (from L-Carnitine Tartrate) / L-carnitina (L-carnitina tartrato)	54 mg
Taurine/Taurina	50 mg
White Willow Bark Extract (standardized 15 % salicin) /Extracto de corteza de sauce blanco (estandarizado 15% de salicina)	20 mg
L-Tryptophan/L-triptófano	10 mg
Citrus Aurantium (standardized for 6 % synephrine) /Citrus Aurantium (estandarizado para 6% de sinefrina)	10 mg
Green Tea Extract (standardized for 45 % polyphenols, 30 % catechines, 10 % EGG) /Extracto de Té Verde (estandarizado para 45 % polifenoles, 30 % catequinas, 10 % EGCG)	8 mg
Ginger Root Extract (standadrized for 20% gingerols) /Extracto de raíz engibre (estandarizado para 20 % gingeroles)	6 mg
Bioperine® (standardized 95% piperine)/(estandarizado para 95 % de piperina)	5 mg
Guarana Extract (standardized 22% caffeine) /Extracto de Guaraná (estandarizado para 22 % de cafeína)	4 mg
Vitamin B6 (pyridoxine HCL)/Vitamina B6 (Clorhidrato de Piridoxina)	2,8 mg

*DNRV - Daily nutrient reference values /*VRN - Valores de Referencia de Nutrientes

Ingredients: Safflower oil, rice bran oil, gelatine capsule LiCaps® (gelatine, dye: chlorophyllin copper complex sodium salts), caffeine anhydrous, L-carnitine tartrate, capsicum extract, taurine, white willow bark extract, L-tryptophan, citrus aurantium extract, green tea extract, ginger extract,guarana extract, piper nigrum (Bioperine®), pyridoxine HCl (vitamin B6).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**.

CARNILEAN™



480 ml

AMIX™ CarniLean™ is an excellent combination of fat burning and energetic substances. CarniLean® BURNER contains an amazing proportion of ingredients to optimize results, and has thermogenic and fat burning properties. It contains L-Carnitine, which transports fatty acids to the mitochondria for its subsequent use as an energy source; avoids the loss of muscular tissue and stimulates growth hormone secretion.
It contains an Arginine base that acts as a vessel dilator improving blood circulation and increasing the blood flow in all parts of the body. It contains Alkaloid Caffeine that has the capacity of acting on the nervous system, delays the onset of fatigue, increases mental capacity, reduces drowsiness and has a vessel constrictor effect.
Furthermore, **CarniLean™** contains diuretics and stimulants.

Recommended dosage: Take 25 ml (2 soupspoons) approx. 20-30 min. before physical performance.

Flavours: Orange, Lemon

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 25 ml
Amount per serving/Cantidad por dosis

L-Arginine base/ L-Arginina base	2000 mg
L-Carnitine base/ L-Carnitina base	1500 mg
Guarana Extract/ Extracto de Guaraná (20% caffeine/cafeína)	200 mg
CitriMax® (garcinia cambogia hydroxycitric extract - 50% HCA/ extracto hidroxicítrico de garcinia cambogia - 50% HCA)	**100 mg**
Caffeine Anhydrous/ Cafeína anhidra	60 mg
Panax Ginseng extract/Extracto de Panax ginseng (25% ginsenosides/ ginsenósidos)	50 mg
L-Citrulline malate/ L-Citrulina malato	50 mg
Citrus Aurantium (95% synephrine/ sinefrina)	10 mg
Vitamin B6 (Pyridoxine HCL) /Vitamina B6 (hidrocloruro de piridoxina)	5 mg (357 %*)
Bioperine® (95% piperine/ piperina)	2,5 mg

* DNRV - Daily nutrient reference values /
* VRN - Valores de Referencia de Nutrientes

Ingredients: Purified water, L-Arginine base, L-Carnitine base, acidifying agent: citric acid; guarana dried extract, garcinia cambogia extract (CitriMax®), aroma, caffeine anhydrous, panax ginseng extract, L-Citrulline malate, citrusaurantium, preserving agents: potassium sorbate and sodium benzoate; pyridoxineHCl, sweeteners: sucralose, acesulfame-K; black pepper extract Bioperine.
Allergen warning: It may contain traces of **milk, eggs, soybeans** and **shellfish**.

CARNILINE® CAPSULES

AMIX™ CarniLine® Cápsulas is a compound of L-carnitine tartrate. L-carnitine is a type B complex substance that is naturally produced in the liver from L-methionine and L-lysine. L-carnitine has the function of metabolizing fat and transports it to the mitochondria for its subsequent use as a source of energy. It normalizes triglyceride levels in blood and allows sportsmen and women to carry out longer and more intensive workout sessions, by increasing their energy levels.

Recommended dosage: Take 1-2 capsules 30-45 min. before physical performance. On non-training days take 1-2 capsules before breakfast.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
L-Carnitine Tartrate/Tartrato de L-carnitina	**1 500 mg**
BioPerine® (95% Piperine/ piperina)	**5 mg**

Ingredients: L-carnitine tartrate, vegetable capsule (hydroxypropyl-methylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide; black pepper extract (BioPerine®).
Allergen warning: It may contain traces of **milk, eggs and shellfish (crustaceans** and **molluscs)**.



90 cps

<footer>66 | AMIX ADVANCED NUTRITION</footer>



120 cps

ALC

AMIX™ CarniLine® ALC is a special combination of Acetyl-L-Carnitine, Taurine and Vitamin B6. Acetyl-L-carnitine (ALC), is a new form of L-Carnitine in an acetyl form. L-Carnitine in this form has greater bioavailability, thereby improving its properties. Among its many benefits, its capacity to help fat metabolism stands out, since it transports them to cell mitochondria to be used as an energy source. It also normalizes triglycerides in blood and can help improve concentration as well as enhancing male fertility.

CarniLine® ALC also contains Taurine, that helps improve sports performance and improves sensitivity to carbohydrates. Together with Vitamin B6, it contributes to a normal energy metabolism and helps reduce tiredness and fatigue.

Recommended dosage: Take 1-2 capsules 30-45 min. before physical performance. On non-training days take 1-2 capsules before breakfast.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Active ingredients/Ingredientes activos	**per/por 2 cps**
Acetyl L-Carnitine/Acetil L-carnitina	1 000 mg
Taurine/Taurina	500 mg
Vitamin B6/Vitamina B6	10 mg (714 %*)

* DNRV - Daily nutrient reference value / * VRN - Valores de Referencia de Nutrientes

Ingredients: Cetyl L-carnitine, taurine, vegetable capsule (hydroxypropylmethyl-cellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide; pyridoxine HCl (vit. B6).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans** and **molluscs)**.



100 cps

CHROMIUM PICOLINATE

AMIX™ Chromium Picolinate is a food supplement composed of Chromium Picolinate. Chromium is a mineral found in a wide variety of foods such as beef, calf's liver, eggs, brewer's yeast, apples, etc. In adequate amounts, this mineral stimulates glucose metabolism, helping insulin to regulate blood sugar levels. AMIX™ Chromium Picolinate is a supplement that is recommended in times of dieting, as it helps maintain muscle mass while losing fat tissue and can help control sugar cravings. It also improves the metabolism of macronutrients such as protein and carbohydrates.

Recommended dosage: Take 1 capsule daily with food. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/1 cápsula
Servings per container/Dosis por Envase: 100

Active ingredients/Ingredientes Activos	**per/por 1cps**	**DNRV/VRN***
Chromium/Cromo (as chromium picolinate / como picolinato de cromo)	200 mcg	500 %

*DNRV - Daily Nutrient Reference Value/*VRN -Valores de referencia de nutrientes
Ingredients: Stabilizer: hydroxypropylmethylcellulose Methocel®; vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), chromium picolinate (chromium), anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, gluten** and **shellfish (crustaceans** and **molluscs)**.

HCA

AMIX™ HCA is a compound of Garcinia Cambogia, also known as “Malabar Tamarind”, which grows especially in the South of India.
The fruit’s pulp and bark are the parts most used therapeutically since they are rich in hydroxycitric acid (HCA). HCA inhibits and reduces the formation of fatty acids from carbohydrates, blocking the accumulation of fatty acids in the adipose tissue. It helps to metabolize sugars reducing the conversion of carbs into fats, thus allowing a reduction in body weight. HCA does not act on the nervous system but directly on the liver blocking the formation of fatty tissue. It reduces cholesterol in the bloodstream. It also has antioxidant properties due to its high vitamin C content. It is used to aid weight loss and control appetite.

Supplement Facts/
Información Nutricional:

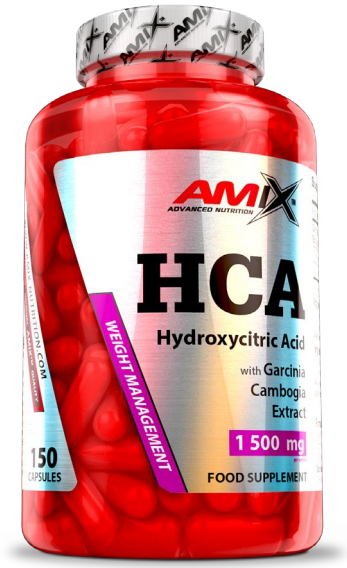
Serving size/Dosis: 3 capsules/cápsulas

Active ingredients/Ingredientes activos	per/por 3 cps
Garcinia Cambogia Extract/ Extracto del fruto de Garcinia cambogia	1 500 mg
HydroxyCitric Acid/ácido hidroxicítrico	825 mg
Calcium/Calcio	210 mg (26 %*)

* DNRV - Daily nutrient reference value / *VRN - Valores de Referencia Nutrientes

Ingredients: Garcinia cambogia extract, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethyl- cellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs** and **shellfish (crustaceans** and **molluscs)**.

Recommended dosage: Take 3 capsules daily approx. 30-60 minutes before meal. Wash down with plenty of water.



150 cps

CRT-ss
Controlled Release Technology Support System

CLA 1200

AMIX™ CLA 1200 is an essential fatty acid that is produced from linoleic acid. CLA is a nutrient that is used for weight control. It has been proven by several studies that it has got many beneficial functions for the organism. It reduces body fat, increases muscle mass, sculpts body shape, reduces cholesterol and triglyceride levels in blood and strengthens the immune system. It acts as a powerful antioxidant that neutralizes free radicals. **AMIX™ CLA 1200** also contains green tea that acts as a natural antioxidant, and also helps to reduce body fat and cholesterol levels, as several studies have shown. The blend of these components makes this supplement an excellent option for those who wish to lose fat and attain a lean, slender shape, in a natural and safe way.

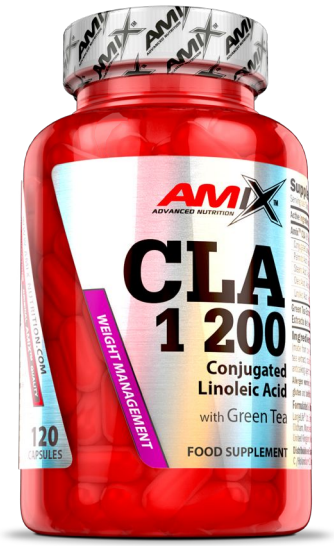
Supplement Facts/
Información Nutricional:

Serving size/Dosis: 3 capsules/cápsulas

Active ingredients/Ingredientes activos	per/por 3 cps
Amix™ CLA (80 % conjugated linoleic acid/ ácido linoleico conjugado)from safflower seed oil/ del aceite de semilla de cártamo)	**1 500 mg**
Conjugated Linoleic Acid	1200 mg
Palmitic acid/ Ácido palmítico	77,5 mg
Stearic acid/ Ácido esteárico	32,5 mg
Oleic acid/ Ácido oleico	166,5 mg
Linoleic acid/ Ácido linoleico	23,5 mg
Green Tea Extract (25% polyphenols) /Extracto de té verde (25% de polifenoles)	**300 mg**

Ingredients: Conjugated linoleic acid, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), green tea extract, stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: vegetable magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs** and **shellfish (crustaceans** and **molluscs)**.

Recommended dosage: Take 3 capsules daily with food. Wash down with plenty of water.



120 cps

with Green Tea Extract

90 cps



SYNEPHRINE

AMIX™ Synephrine is food supplement in a vegetable capsule with Citrus aurantium extract. Citrus aurantium contributes to weight management and supports the metabolism of lipids and carbohydrates.

Recommended daily dosage: Take 1 capsule daily. Wash down with plenty of water.

Supplement Facts/Información Nutricional:

Serving size/Dosis: 1 capsule/1 cápsula

Active ingredients/Ingredientes activos	per/por 1 cps
Synephrine / Sinefrina	**20 mg**
from Citrus aurantium extract / de extracto de Citrus aurantium	

Ingredients: Bulking agent: microcrystalline cellulose; vegetable capsule (hydroxypropylmethylcellulose, purified water, colour: calcium carbonate), Citrus aurantium extract (fruit), anticaking agent: magnesium salts of fatty acids. **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS, GLUTEN AND CRUSTACEANS.**

200 ml



AMIX™ SUPER FAT BURNER BOOSTER GEL

AMIX™ Super Fat Burner Booster gel is designed to improve the smoothness and firmness of the skin. It is a light and fast-absorbing gel with a unique complex of natural active ingredients. The gel provides an intense warming effect. The formula contains high-performing herbal extracts with many positive effects on the skin, like Horse Chestnut, Ginkgo, and Green Tea extracts together with Caffeine and Betaine. The product is enriched with a unique herbal slimming complex that consists of Guarana, Garcinia, Ivy, Horsetail, Bladderwrack (Fucus), and Meadowsweet extracts.

Instructions for use: Apply a thin layer of gel on clean and dry skin twice a day and gently massage it into the desired areas of the body, like the abdomen and waist until completely absorbed.

Ingredients: Aqua, Polysorbate 60, Glycerin, Caprylic/Capric Triglyceride, Caffeine, Niacinamide, Betaine, Camellia Sinensis Leaf Extract, Ginkgo Biloba Leaf Extract, Aesculus Hippocastanum Seed Extract, Propylene Glycol, Paullinia Cupana Seed Extract, Garcinia Cambogia Fruit Extract, Hedera Helix Extract, Fucus Vesiculosus Extract, Equisetum Arvense Extract, Spiraea Ulmaria Flower Extract, Panthenol, Capsicum Annuum Extract, Vanillyl Butyl Ether, Phenoxyethanol, Menthol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Ethylhexylglycerin, Alcohol Denat., Parfum, Sodium Hydroxide.

200 ml



AMIX™ SUPER ANTI-CELLULITE BOOSTER GEL

AMIX™ Super Anti-Cellulite Booster gel is a light, fast-absorbing, and refreshing gel leaving the skin feeling smooth, firm, and well hydrated. It contains a unique complex of natural active ingredients.

Instructions for use: Apply a thin layer of cream on clean and dry skin twice a day and massage gently into the areas to be treated until completely absorbed.

Ingredients: aqua, Polysorbate 60, Betaine, Glycerin, Butylene Glycol, Caffeine, Niacinamide, Vitis Vinifera Leaf Extract, Camellia Sinensis Leaf Extract, Ginkgo Biloba Leaf Extract, Propylene Glycol, Paullinia Cupana Seed Extract, Garcinia Cambogia Fruit Extract, Hedera Helix Extract, Fucus Vesiculosus Extract, Equisetum Arvense Extract, Spiraea Ulmaria Flower Extract, Soluble Collagen, Menthol, Panthenol, Alcohol Denat., Phenoxyethanol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Ethylhexylglycerin, Parfum, Sodium Hydroxide.





MULTI-HD LIQUID CAPS

AMIX™ Multi-HD Liquid Caps is a product consisting of liquid filled capsules, made up of a wide spectrum of vitamins and minerals, enriched with a fruit and vegetable complex along with other ingredients such as the Q10 coenzyme, choline, citrus bioflavonoids, inositol and ginseng among others.
Furthermore, with Amix™ Multi-HD Liquid Caps we continue to be at the forefront of sports supplements by using the most advanced technology in elaborating our products, such as the encapsulation of liquid substances in Licaps® (hard gelatine capsules). This system guarantees an immediate effect and maximum reabsorption, since liquid ingredients are absorbed more easily by the human body.
In sum, Amix™ Multi-HD Liquid Caps offers you a full multivitamin and mineral complex, crucial for providing all the micronutrients needed, particularly in situations of stress, low defences, very strict diets, intense workouts, etc.

Benefits:

» A basic supplement for sports activity
» Strengthens the immune system
» Better absorption and greater efficacy thanks to the Licaps® technology
» Fruit and vegetable complex

Recommended dosage: Take 1 capsule daily. Wash down with plenty of water.

Nutritional Information:

Dosis: 1 capule — Dosis per container: 60

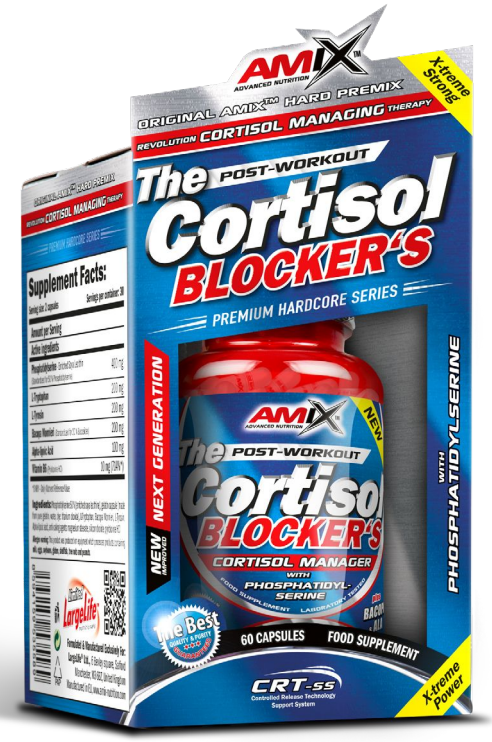
Active ingredients:	fro 1 capsule	* VRN
Vitamin complex		
Vitamin A (beta-carotene)	125 mcg	15,6 %*
Vitamin C (ascorbic acid)	30 mg	37,5 %*
Vitamin D (cholecalciferol)	12,5 mcg	250 %*
Vitamin E (d-alpha-tocopheryl acetate)	5 mg	41,67 %*
Vitamin B1 (thiamine mononitrate)	12,5 mg	1136 %*
Vitamin B2 (riboflavin)	12,5 mg	892,8 %*
Niacin (niacinamide)	12,5 mg	78,12 %*
Vitamin B6 (pyridoxine hydrochloride)	12,5 mg	892 %*
Folate (folic acid/folic acid)	100 mcg	50 %*
Vitamin B12 (cyanocobalamin)	5 mcg	200 %*
Biotin	250 mcg	500 %*
Pantothenic acid (d-calcium pantothenate)	12,5 mg	208 %*
Mineral Complex		
Hierro (ferrous fumarate)	4,5 mg	32,14 %*
Yodo (de algas)	37,5 mcg	25 %*
Zinc (citrate)	3,75 mg	37,5 %*
Cobre (gluconate)	0,5 mg	50 %*
Manganese (sulfate)	0,5 mg	25 %*
Chromium (picolinate)	50 mcg	125 %*
Vital Complex		
Choline bitartrate	2,5 mg	-
Citrus bioflavonoids (50 % complex)	2,5 mg	-
Coenzyme Q10	0,025 mcg	-
Inositol	2,5 mg	-
Rutin	2,5 mg	-
Panax Ginseng powder (root)	2,5 mg	-
Boron (boric acid)	0,25 mg	-
Fruit and vegetable complex	2,5 mg	-

Arándano, Arándano rojo, Semilla de uva, Fresa, Frambuesa, Granada, Arándano, Alfalfa, Zanahoria, Remolacha, Brócoli, Acai, Chokeberry, Manzana, Pectina de Manzana, Baya de Maqui, Piel de Uva, Cereza Negra, Tomate, Cebada, Apio, Chlorella, Negro Grosella, alcachofa, mango, piña, espirulina, clorofiiina, diente de león, pasto de trigo, té verde, cardo mariano, eleuterococo senticosus, angélica, cereza Bing, saúco, baya de goji (L.barbarum), espinaca, cereza ácida y papaya.

*VRN - Valores de Referencia de Nutrientes

Ingredients per 1 capsule: Rice bran oil, gelatine capsule (gelatine; dye: chlorophyll); ascorbic acid (vit. C), calcium carbonate (calcium), thiamine mononitrate (vit. B1), riboflavin (vit. B2), niacinamide (niacin), pyridoxine HCl (vit. B6), d-calcium pantothenate (pantothenic acid), potassium citrate (potassium), magnesium oxide (magnesium), selenium yeast (selenium), d-alpha-tocopheryl acetate (vit. E), ferrous fumarate (iron), zinc citrate (zinc), choline bitartrate, citrus bioflavonoids 50 % complex, inositol, rutin, panax ginseng powder (root), fruits and vegetable complex (blueberry, cranberry, grapeseed, strawberry, raspberry, pomegranate, bilberry, alfalfa, carrot, beet, broccoli, acai, chokeberry, apple, apple pectin, maqui berry, grape skin, black cherry, tomato, **barley, celery**, chlorella, black currant, artichoke, mango, pineapple, spirulina, chlorophyllin, dandelion, **wheat** grass, green tea, milk thistle, Eleutherococcus senticosus, angelica, bing cherry, elderberry, goji berry (L.Barbarum), grapefruit, mangosteen, spinach, tart cherry and papaya); copper gluconate (copper), manganese sulphate, biotin, boric acid(boron), beta-carotene (vit. A), folic acid, chromium picolinate (chromium), iodine from kelp, cholecalciferol (vit. D), cyanocobalamin (vit. B12), coenzyme Q10.
Allergen warning: It may contain traces of **milk, eggs, gluten** and **shellfish (crustaceans** and **molluscs)**.





THE CORTISOL BLOCKER'S

AMIX™ The Cortisol Blocker's is the first product based on a unique blend of Phosphatidylserine and Bacopa Monnieri extract along with other interesting ingredients.

AMIX™ The Cortisol Blocker´s is a product intended for controlling the levels of cortisol secreted in our bodies, with the aim of avoiding the undesirable effects that this hormone can cause, such as: catabolism, osteoporosis, suppression of the immune system, increase in fat levels, etc.

Cortisol is a hormone produced naturally by the adrenal gland as a response to stress, among other things.

The production of cortisol increases significantly on waking up (due to the need for glucose after a night´s fasting), after very intense workouts and at nightfall. Other causes that increase the release of cortisol are: Taking caffeine, lack of sleep, very intense exercise, states of anxiety and stress, major traumas, etc.

Among others, **AMIX™ The Cortisol Blocker's** is made up of:

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas
Servings per container/Dosis por envase: 30

Amount per Serving/Cantidad por dosis Active ingredients/Ingredientes activos	
Phosphatidylserine/Fosfatidilserina Enriched Soya Lecithin/Lecitina de soja enriquecida (50 % Phosphatidylserine/ Fosfatidilserina)	**400 mg**
L-Tryptophan/L-triptófano	**200 mg**
L-Tyrosin/L-tirosina	**200 mg**
Bacopa Monnieri (20 % Bacosides/Bacósidos)	**200 mg**
Alpha-lipoic Acid/Ácido alfa-lipoico	**100 mg**
Vitamin B6/Vitamina B6 (Pyridoxine HCl/Hidroclorure de piridoxina)	**10 mg** (714%*)

*DNRV - Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

Ingredients: Phosphatidylserine 50 % (enriched soya lecithin), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), L-tryptophan, Bacopa monnieri extract, L-tyrosin, alpha-lipoic acid, stabilizer: hydroxypropylmethylcellulose Methocel®, anti-caking agents: vegetable magnesium stearate, silicon dioxide; pyridoxine HCl. **Allergen warning:** It may contain traces of **milk, eggs, gluten** and **shellfish (crustaceans** and **molluscs)**.

Phosphatidylserine (enriched soya lecithin). It is a phospholipid extracted from soya lecithin. Phosphatidylserine speeds recovery, prevents muscular pain, improves wellbeing and can have ergogenic properties for cyclists, weight-lifters and long-distance runners. Soya phosphatidylserine, in 400mg doses is an effective supplement for combating stress induced by exercise when high levels of cortisol diminish. It promotes a hormonal balance and could reduce the physiological deterioration that accompanies excessive training. It also has beneficial effects on memory.

L-Tryptophan - is an amino acid required for producing serotonin (a brain hormone that promotes restful sleep, wellbeing and satiety). Tryptophan increases relaxation in periods of stress, therefore helping to reduce Cortisol levels.

L-Tyrosine- acts as a precursor of several hormones and neurotransmitters such as noradrenaline, dopamine and adrenaline. High stress levels provoke a depletion in noradrenaline levels (essential for maintaining an optimal mental state and high energy levels). It aids greater mental concentration and a better state of mind.

Bacopa Monnieri - was traditionally recommended for improving the cognitive properties of the mind. Among its many properties, it: stimulates neuronal impulses and repairs damaged neurons. It improves neurotransmission, memory, attention and mitigates the consequences of stress, improving adjustment to traumatic situations. It also has antioxidant qualities.

Alpha Lipoic Acid (ALA) - is a powerful natural antioxidant that neutralizes toxins and free radicals by protecting cells from any damage.

Recommended dosage: As a food supplement take 1 capsule, preferably with light meal after physical performance and 1 capsule before sleeping with plenty of water.



AMIX™ BODYGUARD® ULTIMATE

Amix™ BodyGuard® Ultimate is a food supplement composed of antioxidants and cell protectors to support cell defences, especially during periods of high intensity physical activity or high demanding workouts. Its formula is based on N-acetyl-L-cysteine enriched with a complex of other compounds to boost synergies and which contribute to the protection of cells against oxidative stress, the normal functioning of the immune system and natural defences.

Recommended dosage: Take 2 capsules daily with meal. Wash down with plenty of water.

Ingredients: N-acetyl L-cysteine, Silymarin extract (Silybum marianum, seeds), Curcumin C3®complex (Curcuma longae extract, root), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), ascorbic acid (vit. C), betaine, Spectra®(29 fruit-vegetable-herbal complex - coffee extract (Coffea arabica), broccoli sprout, green tea extract, onion extract, apple extract, acerola extract, camu camu, quercetin, tomato, broccoli, acai, turmeric, garlic, basil, oregano, cinnamon, elderberry, carrot, mangosteen, black currant, blueberry extract, sweet cherry, blackberry, chokeberry, raspberry, spinach, kale, bilberry extract, brussels sprout; maltodextrin, silicon dioxide), inositol, selenium yeast Goldcell®(selenium) (Saccharomyces cerevisiae), Bioperine®(black pepper extract), folic acid, anticaking agents: microcrystalline cellulose, magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**
.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas
Servings per container/Dosis por envase: 60

Amount per Serving/Cantidad por dosis	
Active ingredients/Ingredientes activos	
N-acetyl L-cysteine / N-acetil L-cisteína	**300 mg**
Silymarin extract / Extracto de cardo mariano (80% silymarin / 80% silimarina)	**300 mg**
Curcumin C3® Complex (95% curcuminoids / curcuminoides)	**200 mg**
Curcumin / Curcumina	**150 mg**
Demethoxycurcumin/Demetoxicurcumina	**30 mg**
Betaine/ Betaína	**100 mg**
Spectra® 29 fruit-vegetable-herbal complex coffee extract, broccoli sprout, green tea extract, onion extract, apple extract, acerola extract, camu camu, quercetin, tomato, broccoli, acai, turmeric, garlic, basil, oregano, cinnamon, elderberry, carrot, mangosteen, black currant, blueberry extract, sweet cherry, blackberry, chokeberry, raspberry, spinach, kale, bilberry extract, brussels sprout/ extracto de café (Coffea arabica), brote de brócoli, extracto de té verde, extracto de cebolla, extracto de manzana, extracto de acerola, camu camu, quercetina, tomate, brócoli, açaí, cúrcuma, ajo, albahaca, orégano, canela, bayas de saúco, zanahoria, mangostán, grosella, extracto de moras azules, cereza dulce, frutos del bosque, aronia, frambuesa, espinacas, col, extracto de arándano, coles de Bruselas	**100 mg**
Inositol	**50mg**
BioPerine® black pepper extract / Extracto de pimienta negra (95 % piperine/ piperina)	**5mg**
Vitamin C/ Vitamina C	**100 mcg** (125%)
Folic acid/ Ácido fólico	**200 mcg** (100 %*
Selenium/ Selenio selenium yeast GoldCell®/ levadura de selenio GoldCell®	**55 mcg** (100%)

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes



MELATONIN

Suntheanine®
Original L-Theanine

plus HERBAL Complex

120 cps

MELLANOX SLEEP+

AMIX™ Mellanox® Sleep+ is an exclusive formula created to provide relaxation and restful sleep. Among the many sleep disorders that anyone can suffer, insomnia (lack of or poor-quality sleep) can seriously interfere with our physical, mental and emotional performance. The stress caused by the pace of modern-day life, times of physical and mental strain, intensive training, insufficient rest, drinks high in stimulants, medication, tobacco, alcohol, etc... can all have an effect on quality sleep, which is so necessary for human beings. For that reason, the combination of active ingredients in **AMIX™ Mellanox® Sleep+** is the ideal product to regulate such a disorder and enable us to enjoy a deep restful sleep once we go to bed.

Among the ingredients of AMIX™ Mellanox® Sleep+ the following stand out:

Melatonin - which is a natural hormone that regulates the body clock in humans as well as animals and plants. It helps to alleviate the effects of jet lag and reduce the time needed to get to sleep. Unlike certain antidepressants or tranquilizers, melatonin in supplement form, does not create dependence nor does it affect the body´s natural secretion of melatonin or memory.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas
Servings per container/Dosis por envase: 60

Amount per serving/Cantidad por dosis	
Melatonin/Melatonina	**1 mg**
Suntheanine® L-Theanine/L-teanina	**50 mg**
L-Tryptophan/L-triptófano	**150 mg**
Valerian Extract 4:1/Extracto de valeriana (Valeriana officinalis) (Root/Raíz)	**150 mg**
Lemon Balm Extract 5:1/Extracto de melisa (Melissa officinalis) (Whole herb/planta)	**100 mg**
Hops Extract 5:1 (Humulus lupulus) (Noddles)	**100 mg**
Rhodiola Rosea Extract/Extracto de Rhodiola rosea (Root/Raíz) (3% rosavins/rosavinas)	**100 mg**
Vitamin B12/Vitamina B12 (cyanocobalamin/cianocobalamina)	**30 mcg** (1 200 %*)

*DNRV - Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

Ingredients: Valerian extract, L-tryptophan, lemon balm extract, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), hops extract, Rhodiola rosea extract, Suntheanine® L-theanine, anticaking agents: magnesium stearate, silicon dioxide; melatonin, cyanocobalamin.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**.

Suntheanine® L-Theanine - is the commercial name of a patent for the L-Theanine amino acid in pure form that is found in green tea. Suntheanine® is not a green tea extract, but is produced through a patented fermentation process that imitates the natural process in green tea leaves. Clinical trials in humans have shown that Suntheanine® promotes a relaxed but alert state, that is, without drowsiness.

L-Tryptophan - is an amino acid necessary for producing serotonin (a brain hormone that promotes restful sleep, wellbeing and fullness/ satiety). It can improve sleeping disorders such as insomnia or sleep apnea, and improve mood. Taking Tryptophan does not make waking up in the morning difficult.

Valerian (Valeriana Officianalis) - is a medicinal plant used traditionally for its soothing and relaxing properties. It can help central nervous system disorders, insomnia, hyperactivity, stress...

Lemon balm (Melissa Officianalis) - is a plant that has traditionally had recognized sedative properties. It also helps prevent insomnia, balances the nervous system and improves digestion**Hops** - Hops extract (Humulus lupulus) is an extract of the plant known as Hops. It has anti-bacterial, anti-fungal, diuretic and neurosedative properties.

Hops (Humulus lupulus) - have anti-bacterial, anti-fungal, diuretic and neurosedative properties and Vitamin B-12 that plays a very important role in the production of melatonin, an essential hormone for achieving a restful sleep.

Recommended dosage: Take 2 capsules daily before sleep. Wash down with plenty of water.

KRILL OIL

AMIX™ Krill Oil 1000 is a product composed of Antarctic krill oil. Krill is the generic name for euphausiids of the order Euphausiacea, a type of crustacean that feeds on phytoplankton.
Krill oil is rich in Omega 3 and 6 essential fatty acids. It is very stable and free of heavy metals. In fact, it is considered more efficient than any other fish oil.
Krill oil has better bioavailability and absorption than other fish oil and is also more stable and resistant to oxidation.

Benefits:
» Source of essential Omega 3 and Omega 6 fatty acids
» Better absorption than fish oil
» Rich in eicosapentaenoic acid and docosahexaenoic acid (EPA/DHA) that contribute to normal heart function
» Docosahexaenoic acid (DHA) contributes to maintaining normal brain function as well as maintaining normal eyesight

Recommended dosage: Take 2 softgels daily with food. Wash down with plenty of water. The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA



60 cps

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 softgels/cápsulas blandas

Amount per Serving/Cantidad por dosis	
Antarctic Krill Oil/Aceite de Krill Antártico	**1 000 mg**
Total Fatty Acids/Ácidos Grasos	830 mg
Fatty Acid Profile per Serving /Perfil de ácidos grasos por dosis	
Omega-3	**145 mg**
EPA (EicosaPentaenoic Acid/Ácido Eicosapentaenoico)	75 mg
DHA (DocosaHexaenoic Acid/Ácido Docosahexaenoico)	50 mg
Omega-6	**18 mg**
Astaxanthin Esters/Ésteres de Astaxantina	**1,3 mg**

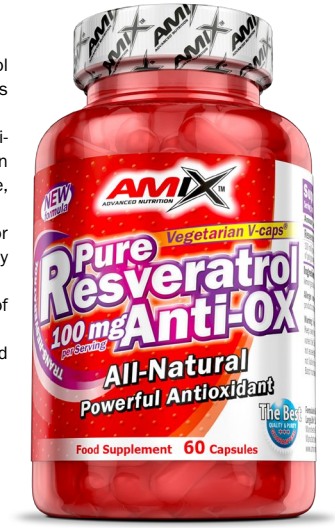
Ingredients: Lipid extract from the **crustacean antarctic krill** (Euphausiasuperba), gelatin capsule (gelatin, thickener: glycerine, purified water).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and molluscs**.

RESVERATROL ANTI-OX

AMIX™ Pure Resveratrol Anti-Ox is a product containing 50 mg of top-quality pure Resveratrol per capsule, a component found mainly in the skin of black grapes, and other foods such as oysters, peanuts, walnuts and some plants such as the Polygonum Cuspidatum.
Some research on Resveratrol suggests that its strong antioxidant effect and its use in anti-ageing therapies could increase life expectancy. It could be effective in preventing insulin resistance. It could improve physical performance in sports and help control glucose, cholesterol and triglyceride levels.
Resveratrol can be beneficial in the treatment of infections caused by fungi, bacteria or viruses. It acts as a natural anti-inflammatory, as well as raising cellular energy, thereby preventing a deterioration. It improves cardiovascular health.
It is considered a powerful anti-carcinogen, since it could provoke the self-destruction of cancerous cells, reducing their presence and preventing their reproduction.
With AMIX™ Pure Resveratrol Anti-Ox you have at your fingertips a product specially designed to improve your health and quality of life.

Benefits:
» Improves cardiovascular health
» Helps to alleviate symptoms associated with the menopause
» Super anti-oxidant protection
» Vegetarian capsules, V-Caps

Recommended dosage: Take 2 capsules daily with food. Wash down with plenty of water.



60 cps

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Active ingredients/Ingredientes activos	per/por 2 cps
Resveratrol	100 mg
Polygonum cuspidatum 50% extract/extracto	

Ingredients: Vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), trans-resveratrol (Polygonum cuspidatum), anticaking agents: microcrystalline cellulose, magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, gluten** and **shellfish (crustaceans** and **molluscs)**.



90 cps

with Litesse® the Better Fibre

SUPER FIBER 3 PLUS

AMIX™ Super Fiber3 Plus+ is a natural fibre-based supplement containing Psyllium husk, Chitosan and prebiotic fibre (Litesse Ultra®). AMIX™ Super Fiber3 Plus+ is designed to support the excretion of toxins from the body and keep the digestive system healthy.
AMIX™ Super Fiber3 Plus+ contains Psyllium which alleviates constipation and softens stools. Furthermore, it contains Chitosan is a natural chitin- based fibre that helps remove excess fat and improves cholesterol levels. Besides, it improves the absorption of trace elements and vitamins. **AMIX™ Super Fiber3 Plus+** is an excellent supplement for those who wish to alleviate constipation.

Recommended dosage: Take 3 capsules 1-2 times daily prior to meals. Wash down with plenty of water. Be sure to drink plenty of additional fluids throughout the day.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 3 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Active Ingredients/Ingredientes activos	
Super Fiber3 Complex	**2 250 mg**
Psyllium	
Chitosan/Chitosán	
Litesse® Ultra	
Content of pure fiber in 100 g /Contenido de fibra pura en 100 g	**79 g**

Ingredients: Psyllium (Plantago ovata - plant) powder, **chitosan /from crustaceans/(shrimp)**, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose; polydextrose (Litesse® Ultra), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **molluscs**.

PSYLLIUM PURE

AMIX™ Psyllium Pure is based on plantago ovata (desert Indianwheat) based compound which uses the seed husk of this plant. Psyllium is used for its properties as a laxative and as dietary fibre to soften stools, as well as an effective remedy against diarrhoea caused by ulcerative colitis and dysentery. It also reduces cholesterol in those who have moderately high cholesterol levels. If taken regularly, and in conjunction with a low-fat diet, cholesterol levels can be reduced by between 3 % and 14 %. Psyllium absorbs liquid in the intestines, expands, forming more voluminous stools which are easier to pass. Psyllium is one of the most widely-used dietary fibres used in the treatment of gastrointestinal problems.
AMIX™ Psyllium Pure is an excellent non-caloric source of soluble fibre (eight times greater than oat bran) helping to maintain healthy bowel movements and which also contributes to normalizing blood sugar and cholesterol levels, whilst promoting a regular and healthy intestinal transit.

Benefits:
» Excellent source of dietary fibre
» Induces a feeling of fullness and reduces cravings
» Helps to maintain a healthy digestive system

Recommended dosage: Take 2 capsules two times daily. Wash down with plenty of water



120 cps

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 4 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Psyllium (plantago ovata)	1 500 mg
of which fiber/ de los cuales fibra	1 170 mg

Ingredients: Psyllium husk (Plantago ovata - plant), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans** and **gluten**.

GREEN TEA EXTRACT

AMIX™ Green Tea is a complex based on Green Tea extract and vitamin C, which act as antioxidants, helping to get rid of free radicals. It is also a stimulant and helps to combat the feeling of tiredness, sleeplessness and mental fatigue.
In short, a great supplement for physically demanding sportsmen and sportswomen.

Benefits:
» An excellent antioxidant
» Helps to eliminate fat
» Strengthens the immune system
» Optimises physical performance

Recommended dosage: Take 1 capsule 1-2 times daily prior to meals. Wash down with plenty of water.



100 cps

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per serving/Cantidad por dosis	
Green Tea Extract/Extracto de té verde (25% Polyphenols/polifenoles)	**500 mg**
Vitamin C/ Vitamina C	**100 mg** (125 %)

* DNRV - Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

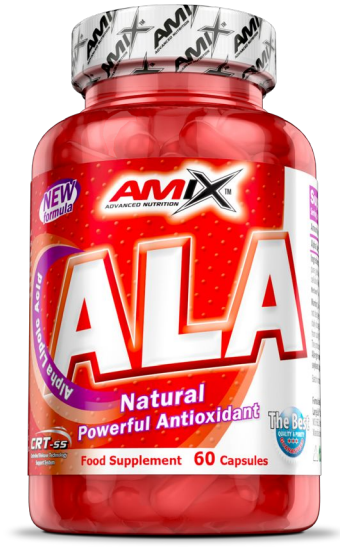
Ingredients: Green tea extract, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), ascorbic acid (vitamin C), stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**

CRT-ss
Controlled Release Technology Support System

ALA - ALPHA LIPOIC ACID

AMIX™ ALA - Alpha Lipoic Acid is a powerful non-synthetic and non-chemical natural antioxidant that neutralizes toxins and free radicals, protecting cells against damage. Alpha Lipoic Acid is a coenzyme complex that our organism produces from the amino acid "cisteine". Alpha LipoicAcid takes part in the production of energy from the food we eat and also from oxygen. It facilitates the metabolization of sugars for their subsequent use as a source of energy. It imitates the functions of insulin in the organism, promoting the gain of lean muscle mass. Its excellent absorption assures that its effects are guaranteed 100%. It plays a very important role in the control of glucose in blood. It protects against cardiovascular conditions due to its action over the L.D.L. cholesterol. It can also delay the ageing process.

Recommended dosage: Take 1 capsule daily with food. Wash down with plenty of water.



60 cps

CRT-ss
Controlled Release Technology Support System

Supplement Facts/ Infromación Nutricional:

Serving size/Dosis: 1 capsule/cápsula
Servings per container: 60

Amount per Serving/Cantidad por dosis	per/por 1 cps/cápsula
Alpha Lipoic Acid/Ácido alfa lipoico	**200 mg**

Ingredients: Dextrose, alpha lipoic acid, vegetable capsule (hydroxypropylmethyl- cellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.



60 tbl

3A-Day FORMULA

DESIGNED FOR SPORT

LIFE'S VITALITY

AMIX™ Life's Vitality is a totally natural vitamin complex based on vitamins and minerals from fruits and vegetables as well as spirulina. Spirulina is a unicellular alga that is formed by a 70% vegetable protein with all the essential amino acids in perfect balance. It contains a high amount of fatty acids that help keep high cholesterol and sugar levels in check. AMIX™ Life's Vitality has also antioxidants like green tea, grape seeds and red fruits as well as a long list of herbs and enzymes which are highly beneficial for the human organism to work properly. Life's Vitality by AMIX ™ is very easy to swallow since it has a special coating to protect the nutrients from gastric acids. This allows them to reach the bloodstream perfectly intact for their complete absorption.

Benefits:
» Contains more than 50 active ingredients
» High content in antioxidants
» Improves metabolism
» Improves physical and mental health
» Increases energy levels
» Easy to swallow

Recommended dosage: Take 1 tablet 1-3 times daily with meals. Wash down with plenty of water.

Active Ingredients/Ingredientes activos	per 1 tbl	per 3 tbl	% DNRV* (per 3 tbl)
Vitamin Complex			
Vitamin A / Vitamina A	1 500 mcg	4 500 mcg	563 %
Vitamin C/ Vitamina C	167 mg	501 mg	626 %
Vitamin D-3/ Vitamina D-3	3,3 mcg	9,9 mcg	198 %
Vitamin E/ Vitamina E	22 mg	66 mg	550 %
Thiamin/ Tiamina	17 mg	51 mg	4636 %
Riboflavin/ Riboflavina	17 mg	51 mg	3643 %
Niacin/ Niacina	3,3 mg	9,9 mg	62 %
Vitamin B-6/ Vitamina B6	17 mg	51 mg	3643 %
Folate/Folato (135 mcg folic acid/ ácido fólico)	225 mcg	675 mcg	203 %
Vitamin B-12/ Vitamina B12	33 mcg	99 mcg	3960 %
Biotin/ Biotina	33 mcg	99 mcg	198 %
Pantothenic Acid/ Ácido Pantoténico	6,7 mg	20 mg	335 %
Calcium/ Calcio	58 mg	174 mg	22 %
Magnesium Chelate/ Magnesio	33 mg	99 mg	26 %
Zinc Chelate/ Zinc	5 mg	15 mg	150 %
Selenium Chelate/ Selenio	17 mcg	51 mcg	93 %
Copper/ Cobre	0,07 mg	0,21 mg	21 %
Manganese/ Manganeso	0,7 mg	2,1 mg	105 %
Chromium/ Cromo	17 mcg	51 mcg	128 %
Choline/ Colina	10 mg	30 mg	
Enzyme Complex from plants (Consisting of Bromelain, Papain, Amylase and Lipase / Complejo enzimático de plantas (Bromelina, Papaína, Amilasa y Lipasa))	25 mg	75 mg	
Spirulina Algae/ Alga espirulina	167 mg	501 mg	
Wheat Grass Powder (aerial plant) / Hierba de cebada en polvo (parte aérea)	67 mg	201 mg	
Safflower Powder (flower)/ Polvo de Cártamo (flor)	33 mg	99 mg	
Lecithin/ Lecitina	25 mg	75 mg	
Inositol	25 mg	75 mg	
Citrus Bioflavonoids 50% Complex / Complejo de Bioflavonoides cítricos 50%	17 mg	51 mg	
Gotu Kola Powder (aerial parts) / Gotu Kola en polvo (parte aérea)	17 mg	51 mg	
Echinacea purpurea Root Powder / Polvo de raíz de Echinacea purpurea	8,3 mg	25 mg	
Green Tea 98% Extract (dried leaves) / Extraxto de té verde 98% (hojas secas)	8,3 mg	25 mg	
PABA (para-Aminobenzoic Acid/ Ácido para-aminobenzoico)	5 mg	15 mg	
Psyllium Husk Powder (hulls/cáscara)	5 mg	15 mg	
Oat 10:1 Extract (aerial parts) / Extracto de avena 10:1 (parte aérea)	5 mg	15 mg	
Apple Pectin (Malus domestica) (fruit) / Pectina de manzana (Malus domestica) (fruta)	5 mg	15 mg	
Chlorophyll/ Clorofila	5 mg	15 mg	
Lactobacillus acidophilus/	6,7 million CFU	20 million CFU	
Octacosanol	5 mcg	15 mcg	
Peat Extract (providing all 72 naturally-occurring trace minerals) /Extracto de turba (proporcionando 72 oligoelementos)	1 mg	3 mg	
Kelp (thallus/tallo)	70 mcg	210 mcg	
Boron Chelate / Quelato de boro	9 mcg	27 mcg	
42 Fruit & Vegetable Proprietary Blend **	105 mg	315 mg	

* DNRV - Daily Nutrient Reference Values / * VRN - Valores de Referencia de Nutrientes

Ingredients: Vitamin C (as ascorbic acid), magnesium (as amino acid chelate), Spirulina algae, calcium (as phosphate/ citrate), phosphorus (as dicalcium phosphate), Gotu Kola powder (aerial parts), 42 Fruit & Vegetable proprietary blend (Blueberry Fruit, Cranberry Fruit, Grape Seed, Strawberry Fruit, Raspberry Fruit, Pomegranate Fruit, Bilberry Fruit, Alfalfa Leaf, Carrot Root, Beet Root, Broccoli (floret & stalk), Acai Fruit (Euterpe oleracea), Chokeberry Fruit, Apple (fruit), Apple Pectin Fruit, Maqui Berry (Aristote/ia chilensis), Grape Skin, Black Cherry Fruit, Tomato Fruit, BARLEY (aerial part), CELERY Seed, Chlorella, Black Currant Fruit, Artichoke Leaf, Mango Fruit, Pineapple Fruit, Spirulina, Dandelion Root, WHEAT Grass Leaf, Green Tea Leaf, Milk Thistle Seed, Eleutherococcus senticosus Root, Ashitaba Leaf, Bing Cherry Fruit, Elderberry Fruit Goji Berry (Lycium barbarum), Grapefruit Fruit, Mangosteen Fruit, Spinach Leaf, Taiit Cherry Skin, Papaya Fruit and Asian Pear (Pyrus pyrifoiia)); Kelp (thallus), WHEAT grass powder (aerial plant), vegetable stearic acid, potassium (as citrate), Safflower powder (flower), vitamin E (as D-alpha tocopheryl succinate), microcrystalline cellulose, vegetable magnesium stearate, inositol, choline (as choline bitartrate), zinc (as amino acid chelate), lecithin, vitamin B6 (as pyridoxine HCl), enzyme complex, croscarmellose sodium, thiamin (as thiamine mononitrate), riboflavin, vitamin A (as 67% beta-carotene/ 33% palmitate), selenium (as amino acid chelate), citrus bioflavonoids 50% complex, aqueous film coating, folate, green tea 98% extract (dried leaves), Echinacea purpurea root powder, pantothenic acid (as D-calcium pantothenate), PABA (para-aminobenzoic acid), Psyllium husk powder (hulls), OAT 10:1 extract (aerial parts), apple pectin (Malus domestica)(fruit), chlorophyll (as sodium copper chlorophyllin), niacin (as niaci granular), vitamin B12 (as cyanocobalamin), biotin, manganese (as sulfate), vitamin D3 (as cholecalciferol), octacosanol, copper (as oxide), Lactobacilus acidophilus, Chromium (as polynicotinate), peat extract, boron (as amino acid chelate). **Allergen warning:** It may contain traces of **milk, eggs, soybeans** and **shellfish (crustaceans** and **molluscs).**

MULTI MEGA STACK

AMIX™ Multi Mega Stack is a very complete vitaminic complex that contains all the necessary vitamins and minerals for the correct functioning of the human organism. It contains a large amount of B group vitamins, very important for metabolizing nutrients and proteins. AMIX™ Multi Mega Stack is very useful in cases of stress, exhaustion, lack of energy, low defence levels, very strict diets, and very demanding physical routines in high performance sports.

Recommended dosage: Take 1 tablet with meal. Wash down with plenty of water.

Active Ingredientes/ Ingredientes Activos	per/por 1 tbl/comp	% DNRV* /*VRN	Active Ingredientes/ Ingredientes Activos	per/por 1 tbl	% DNRV* /*VRN
Vitamin A/ Vitamina A	477,00 mcg	60 %	**Manganese**/ Manganeso	2,00 mg	100 %
Vitamin B1/ Vitamina B	5,00 mg	454 %	**Molybdenum**/ Molibdeno	25 mcg	50 %
Vitamin B2/ Vitamina B2	5,00 mg	357 %	**Selenium**/ Selenio	25 mcg	45 %
Vitamin B6/ Vitamina B6 B6	5,00 mg	357 %	**Magnesium**/ Magnesio	100,00 mg	26,6 %
Vitamin C/ Vitamina C	150,00 mg	187,5 %	**Zinc**	15,00 mg	150 %
Vitamin E/ Vitamina E	30,00 mg	250 %	**Chromium**/ Cromo	30 mcg	75 %
Biotin/ Biotina	30 mcg	60 %	**Boron**/ Boro	0,15 mg	-
Niacin/ Niacina	20,00 mg	125 %	**PABA**	5,00 mg	-
Vitamin B12/ Vitamina B12	20 mcg	800 %	**Choline**/ Colina	15,00 mg	-
Vitamin B5/ Vitamina B5	10,00 mg	166,7 %	**Silica**/ Silicio	0,01 mg	-
Vitamin D3/ Vitamina D3	10 mcg	200 %	**Inositol**	15,00 mg	-
Vitamin K1/ Vitamina K1	25 mcg	33 %	**Rose Hips**/ Rosa mosqueta	3,00 mg	-
Folic acid/ Ácido fólico	400 mcg	200 %	**Betaine HCl**/ Hidrocloruro de betaína	5,00 mg	-
Iron/ Hierro	18,00 mg	129 %	**Coenzyme Q-10**	1,00 mg	-
Calcium/ Calcio	75,00 mg	9 %	**Echinacea purpurea**	50,00 mg	-
Phosphorus/ Fósforo	58,00 mg	8 %	**Citrus Bioflavonoid**/ Bioflavonoides cítricos	30,00 mg	-
Potassium/ Potasio	20,00 mg	1 %	**L-Glutathione**/ L-glutatión	2,50 mg	-
Iodine/ Yodo	150 mcg	100 %	**Siberian ginseng**/ Ginseng siberiano	50 mg	-
Copper/ Cobre	2,00 mg	200 %	**L-Cysteine HCl**/ Hidrocloruro de L-cisteína	8,00 mg	-

* DNRV - Daily Nutrient Reference Value; - not established
/ *VRN - Valores de Referencia de Nutrientes - no establecido



120 tbl

Ingredients: Dicalcium phosphate, Magnesium oxide, Ascorbic Acid (Vitamin C), thickeners: Cellulose; Dl-alpha toco-acetate (Vitamin E), Ferrous Fumarate, Echinacea Purpurea, Eleutherococcus Senticosus root (Siberian ginseng), Potassium Chloride, Choline Bitartrate, Citrus bioflavonoid, glazing agent: Stearic acid; Niacinamide (niacin), Zinc oxide, stabilizer: hydroxypropylmethylcellulose; Inositol, D-Calcium Pantothenate (Vitamin B5), anticaking agent: Magnesium stearate; L-Cysteine HCl, Copper sulphate, Manganese sulphate, Pyridoxine HCl (Vitamin B6), Thiamine HCl (Vitamin B1), Riboflavine (Vitamin B2), PABA (Para-aminobenzoic acid), Betaine HCl, dye: calcium carbonate; Folic acid 10%, Cholecalciferol (Vitamin D3), Biotin 1%, Beta-Carotene, Rose hips powder, Sodium Selenate 1%, L-Glutathione reduced, Cyanocobalamin 1% (Vitamin B12), Retinyl acetate (Vitamin A), Coenzyme Q10, Phytonadione 5% (Vitamin K1), boric acid, dyes: Allura red AC, Sunset Yellow FCF; anti-foaming agent: PEG; Potassium Iodide, Chromium Chloride, Molybdate sodium, humectant: triacetin (E1518). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs).**

DAILY ONE

AMIX™ Daily One is a unique blend of a vitamin, mineral and natural antioxidant complex. Daily One provides us with all the vitamins and minerals necessary for the correct functioning of our organism and prevents possible deficiencies that could be harmful to our health. AMIX™ Daily One is ideal for those who do exercise, and even for those who do not, but experience a high level of physical exhaustion and need extra energy to cover 100% of all their organism's needs in situations of mental or physical stress. It also helps to improve concentration and delays the onset of fatigue.

Recommended dosage: Take 1 tablet with meal. Wash down with plenty of water.

Active Ingredientes/ Ingredientes Activos	per/por 1 tbl/ comp	% DNRV* /*VRN	Active Ingredientes/ Ingredientes Activos	per/por 1 tbl/comp	% DNRV*/*VRB
Vitamin A/ Vitamina A	1515,00 mcg	189 %	**Zinc**	15,00 mg	150 %
Vitamin C/ Vitamina C	60,00 mg	75 %	**Magnesium**/ Magnesio	100,00 mg	26,6 %
Vitamin B1/ Vitamina B1	1,50 mg	136 %	**Manganese**/ Manganeso	2,50 mg	125 %
Vitamin B2/ Vitamina B2	1,70 mg	121 %	**Biotin**/ Biotina	30,00 mcg	60 %
Vitamin B3/ Vitamina B3	20,00 mg	125 %	**Vitamin K1**/ Vitamina K1	25,00 mcg	33 %
Vitamin D3/ Vitamina D3	10,00 mcg	200 %	**Copper**/ Cobre	2,00 mg	200 %
Vitamin E/ Vitamina E	30,00 mg	250 %	**Iodine**/ Yodo	150,00 mcg	100 %
Vitamin B6/ Vitamina B6	2,65 mg	190 %	**Selenium**/ Selenio	15,00 mcg	27 %
Folic Acid/ Ácido fólico	400,00 mcg	200 %	**Molybdanium**/ Molibdeno	25,00 mcg	50 %
Vitamin B12/ Vitamina B12	6,00 mcg	240 %	**Chromium**/ Cromo	25,00 mcg	62,5 %
Vitamin B5/ Vitamina A	10,00 mg	166,6 %	**Boron**/ Boro	0,15 mg	-
Calcium/ Calcio	162,00 mg	20,25 %	**Silicon**/ Silicio	10 mcg	-
Phosphate/ Fósforo	125,00 mg	17,8 %			

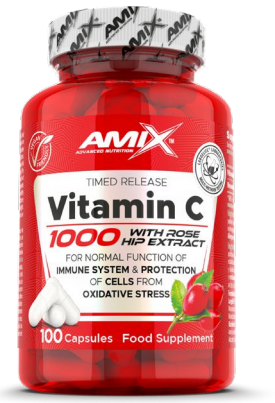
* DNRV - Daily nutrient reference values; - not established /
*VRN - Valores de Referencia de Nutrientes - No establecido



60 tbl

Ingredients: I-Calcium phosphate (calcium, phosphorus), magnesium oxide (magnesium), potassium chloride (potassium), ascorbic acid (vit. C), DL- Alpha toco acetate (vit. E), anti-caking agent: cellulose, coating (camauba wax / E903/, ferrous fumarate /iron/, stabiliser: hypromellose, dyes: titanium dioxide, sunset yellow FCF); niacinamide (vit. B3), stabiliser: croscarmellose sodium; zinc oxide (zinc), potassium iodide (iodine), D-Calcium pantothenate (vit. B5), vitamin A (acetate), anti-caking agent: magnesium stearate; glazing agent: stearic acid; manganese sulfate (manganese), cholecalciferol (vit. D3), folic acid, pyridoxine HCl (vit. B6), biotin, boric acid (boron), copper oxide (copper), thiamine HCl (vit. B1), riboflavin (vit. B2), selenious acid (selenium), cyanocobalamin (vit. B12), molybdate sodium (molybdanium), vitamin K1 (phytonadione), beta carotene (vit. A), chromium chloride (chromium), anticaking agent: silicon dioxide (silicon) and triacetin (E1518).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs).**

VITAMIN C 1000



100 cps

with Rose Hip Extract

CRT-ss Controlled Release Technology Support System

AMIX™ Vitamin C 1000 is a pure vitamin C compound. Vitamin C is a water-soluble vitamin that strengthens the immune system. It is necessary for the optimal functioning of enzymes responsible for breaking down food so that its nutrients can be used and fats can be adequately absorbed and not accumulate in the body, creating excess weight. Vitamin C is also a powerful antioxidant that neutralises toxic substances that accelerate the ageing of the body's cells. It also neutralises free radicals, protecting cell membranes. Vitamin C is ideal for athletes, as intense physical exercise causes increased oxidative stress, so adequate vitamin C intake is particularly important. It also contains rose hips, a natural source of vitamin C

Recommended dosage: Take 1 capsule daily with food.

Supplement Facts/ Información Nutricional:

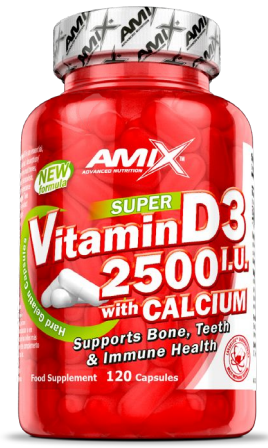
Serving size/Dosis: 1 capsule/cápsula

Amount per Serving/Cantidad por dosis		
Vitamin C/Vitamina C (ascorbic acid/ácido ascórbico)	**1 000 mg**	1250 %*
Rose Hip Extract/Extracto de escaramujo	**25 mg**	

* DNRV - Daily nutrient reference value / *VRN - Valores de Referencia de Nutrientes

Ingredients: Ascorbic acid, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), rose hip extract, stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs)**.

VITAMIN D3 - 2500 I.U. WITH CALCIUM



120 cps

AMIX™ Vitamin D3 - 2500 I.U. with Calcium is a food supplement based on Vitamin D and calcium that is designed for high absorption capacity. Calcium contributes to normal blood clotting, normal energy metabolism, normal functioning of muscles and digestive enzymes. Calcium is also necessary for the maintenance of normal bones and teeth. Vitamin D is a fat-soluble vitamin, also known as the sunshine vitamin.

Recommended dosage: Take 1 capsule daily with meal.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula
Servings per container: 120

Amount per serving/Cantidad por dosis	*DNRV/*VRN
Vitamin D3/Vitamina D3	62,5 mcg (**2 500 I.U.**) 1 250 %
Calcium/Calcio (calcium carbonate/carbonato de calcio)	**250 mg** 31,25 %

*Daily nutrient reference value / *VRN - Valores de Referencia de Nutrientes

Ingredients: Calcium carbonate (calcium), stabilizer: hydroxypropylmethylcellulose Methocel®; gelatin capsule (gelatin, water, dye: titanium dioxide), cholecalciferol (vitamin D), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**.

COENZYME Q10



90 softgels

AMIX™ Co-Q10 Amix™ Co-Q10 is a dietary supplement in soft capsules containing coenzyme Q10 (ubiquinone), a compound naturally present in the body that participates in processes related to cellular energy production.

Main product features:
» Coenzyme Q10 (Ubiquinone): Provides 60 mg of coenzyme Q10 per capsule.
» Formula with soybean oil: Coenzyme Q10 is combined with soybean oil.
» Soft capsules: Formulated with gelatin, glycerin and purified water.

Recommended dosage: Take 1 softgel daily with food. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 softgel capsule/cápsula

Amount per Serving/Cantidad por dosis	
Coenzyme Q10/ Coenzima Q10	**100 mg**

Ingredients: Sunflower oil; capsule (gelatin, humectant: glycerol; purified water), coenzyme Q10, stabiliser: beewax; emulsifier: **SOY** lecithin. **Allergen warning:** It may contain traces of **MILK, EGGS, GLUTEN AND CRUSTACEANS**



200 softgels

COENZYME Q10

AMIX™ Co-Q10 (Coenzyme Q10) is also known as ubiquinone. The maximum daily intake is 200 mg of Coenzyme Q10.

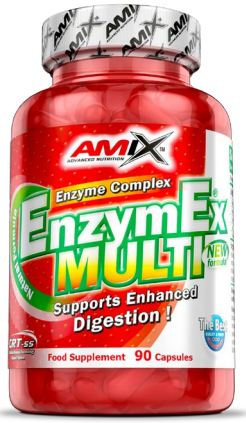
Recommended dosage: Take 2 softgels daily with food. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas
Servings per container / Dosis por envase: 100

	Amount per Serving/Cantidad por dosis
Coenzyme Q10/ Coenzima Q10	**60 mg**

Ingredients: **SOYA** oil; gelatin, carrier: **SOYBEAN** oil hydrogenated; humectant: glycerin; coenzyme Q10, emulsifier: **SOYA** lecithin; purified water, colour: iron oxide red.
Allergen warning: It may contain traces of **MILK, EGGS, GLUTEN AND CRUSTACEANS.**



90 cps

CRT-ss
Controlled Release Technology Support System

ENZYMEX® MULTI

AMIX™ Enzymex Multi is a digestive enzyme complex that contains all the spectrum of necessary enzymes that help to improve digestion and the absorption of all necessary nutrients for a healthy digestive function. This combination is formed by multi enzymes from a non-animal origin. It is mainly composed of protease (to digest proteins), amylase (to digest carbohydrates) and lipase (to digest lipids). It also has a rich source of other enzymes such as lactase or cellulose. These enzymes are active in the acid environment of the stomach as well as in the alkaline conditions of the lower digestive tract.

Recommended dosage: Take 2 capsules with food. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Amix™ EnzymEx® - plant enzymes/origen vegetal	**300 mg**
Protease/Proteasa	1800 U
Amylase/Amilasa	720 U
Fungal Lactase/Lactasa Fúngica	120 U
Lipase/Lipasa	30 U
Cellulase/Celulasa	6 U

Ingredients: Filling agent: microcrystalline cellulose; gelatin capsule (made from pure gelatin, water, dye: titanium dioxide), EnzymEx® complex (protease, amylase, fungal lactase, lipase, cellulase), stabilizer: hydroxypropylmethylcelulose (Methocel®); anticaking agents: magnesium stearate, silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish**.



90 cps

B-COMPLEX

AMIX™ B-Complex contains a unique blend of vitamins B1, B2, B3, B5, B6, B9 (Folic Acid), B12, Vitamin C & E, Zinc and Biotin.
In short, Amix™ B-Complex is an excellent mix of vitamins and calcium ideal for sportsmen and women with a high caloric expenditure and it prevents the oxidative stress produced by an intense physical workout, thus helping to keep our organism perfectly fit in a natural and healthy way.

Recommended dosage: Take 1 capsule daily with food. Wash down with plenty of water.

Active ingredients/ Ingredientes activos	per/por 1 cps	% DNRV*/VRN*
Vitamin C/Vitamina C	300,00 mg	375 %
Vitamin B5/Vitamina B5	20,00 mg	333,4 %
Vitamin E/ Vitamina E	25,00 mg	208 %
Vitamin B3/ Vitamina B3	15,00 mg	93,7 %
Vitamin B1/ Vitamina B1	10,00 mg	909 %
Vitamin B2/ Vitamina B2	10,00 mg	714 %
Vitamin B6/ Vitamina B6	10,00 mg	714 %
Folic Acid/ Ácido fólico	400,00 mcg	200 %
Biotin/Biotina	50,00 mcg	100 %
Vitamin B12/ Vitamina B12	5,00 mcg	200 %
Zinc	7,5 mg	75 %

* DNRV - Daily nutrient reference values / *VRN - Valores de Referencia de Nutrientes

Ingredients: Ascorbic acid (vit. C), vegetable capsule (hydroxypropylmethylcellulose, purified water, dyes: calcium carbonate, tartrazine and sunset yellow FCF), DL-alpha-tocopheryl acetate (vit. E), calcium pantothenate (vit. B5), nicotinamide (vit. B3), pyridoxine HCl (vit. B6), zinc oxide, thiamine HCl (vit. B1), riboflavin (vit. B2), anticaking agents: magnesium stearate and silicon dioxide; cyanocobalamin (vit. B12), folic acid, biotin.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.



30 packets



VIT&MINERAL SUPER PACK

AMIX™ Vit&Mineral Super Pack is a supplement that contains all the vitamins and minerals necessary for the correct functioning of the human organism. Vit&Mineral Super Pack is perfect for sportsmen and women and elite athletes who experience a high level of physical exhaustion and require extra energy. It is also suitable for people following strict diets that could result in a vitamin and mineral deficiency, since Vit&Mineral Super Pack can compensate this in an effective way.
AMIX™ Vit&Mineral Super Pack strengthens the immune system; enhances amino acid and protein synthesis, helps to strengthen the vascular system and acts as a powerful antioxidant as well as increasing strength and energy levels. It contains a high quantity of B group vitamins, which are very important for protein and nutrient metabolization, which are in turn, vitally important for sportsmen and women who wish to increase lean muscle mass.

Benefits:
» Activates all the necessary chemical reactions in the body
» Works as a base for your supplement program
» Improves physical and mental condition
» IStrengthens the immune system

Recommended dosage: Take the content of one packet (6 tablets) daily approx. 30 min. before meal prior to your workout.

Supplement Facts/Información Nutriconal:

Serving size/Dosis: 1 packet/paquete — Servings Per Container/Dosis por envase: 30

AMIX™ Multi Vitamins & Minerals Complex

	1 tbl/comp	% DNRV*/%VRN*
Zinc	15 mg	150 %
Magnesium/Magnesio	100 mg	26,6 %
Manganese /Manganeso	2,5 mg	125 %
Biotin/Biotina	30 mcg	60 %
Vitamin K1/Vitamina K1	25 mcg	33 %
Copper/Cobre	2 mg	200 %
Iodine/Yodo	150 mcg	100 %
Selenium/Selenio	15 mcg	27 %
Molybdanium/Molidbeno	25 mcg	50 %
Chromium/Cromo	25 mcg	62,5 %
Boron/Boro	0,15 mg	
Silicon/Silicio	10 mcg	

Ingredientes: Di-calcium phosphate (calcium), magnesium oxide (magnesium), potassium chloride (potassium), ascorbic acide (vit. C), DL-Alpha toco acetate (vit. E), ferrous fumarate (iron), anticaking agent: microcrystalline cellulose: niacenamide (vit. B3), stabiliser: croscarmellose sodium; zinc oxide (zinc), potassium iodide (iodine), D-calcium pantothenate (vit. B5), vitamin A (acetate), glazing agent: staeric acid; dyes: calcium carbonate, sunset yellow FCF, allura red AC, anti-caking agent: magnesium stearate (manganese), cholecalciferol (vit. D3), folic acid, pyridoxine, HCl (vit. B6), biotin, boric acid 8boron), copper ocide (copper), thiamine HCl (vitamin B1), riboflavin (vit. B2), selenious acid (selenium), cyanocobalamin (vit. B12), molybdate sodium (molybdanium), vitamin K1 (phytonadione), beta carotene (vit. A), chromium chloride (chromium), anticaking agent: silicon dioxide (silicon) and triacetin (E1518).

AMIX™ Vitamin E 400 I.U.

	1 cps/cmp	%DNRV*/%VRN*
Vitamin E 400 I.U. /Vitamina E 400 I.U.	267 mg	2 225 %

Ingredients: DL-alpha-tocopheryl acetate, gelatine capsule (gelatine, glycerol).

AMIX™ B-Complex

	1 cps/cmp	% DNRV*/%VRN*		per 1 cps	% DNRV*
Vitamin C/Vitamina C	300 mg	375 %	**Vitamin B6**/Vitamina C	10 mg	714 %
Vitamin B5/Vitamina B5	20mg	333,4 %	**Folic Acid**/Ácido fólico	400 mcg	200 %
Vitamin E/Vitamina E	25 mg	208 %	**Biotin**/Biotina	50 mcg	100 %
Vitamin B3/Vitamina B3	15 mg	93,7 %	**Vitamin B12**/Vitamina B12	5, mcg	200 %
Vitamin B1/Vitamina B1	10 mg	909 %	**Zinc**	7,5 mg	75 %
Vitamin B2/Vitamina B2	10 mg	714 %	**Calcium**/Calcio	25 mg	3,1 %

Ingredients: Ascorbic acid, vegetable capsule (hydroxypropylmethylcellulose, purified water, calcium carbonate, tartrazine, sunset yellow FCF) DL-alpha-tocopheryl acetate, calcium pantothenat, nicotinamide, pyridoxine HCl, zinc oxide, thiamine HCl, riboflavin, anticaking agents: magnesium stearate, silicon dioxide; cyanocobalamin, folic acid, biotin.

AMIX™ Vitamin C

	1 cps/cmp	% DNRV*/%VRN*
Vitamin C/Vitamina C	1000 mg	1250 %
Rose Hip Extract/Extracto de escaramujo	25 mg	

Ingredients: Ascorbic acid, vegetable Capsule (hydroxypropylmethylcellulose, purified water, calcium carbonate); rose hip extract; hydroxypropylmethylcellulose Methodel®, anticaking agents: magnesium stearate, silicon dioxide.

AMIX™ Tri Complex

	1 tbl/cmp	% DNRV*/%VRN*
Calcium/Calcio	333,3 mg	41,7 %
Magnesium/Magnesio	133,3 mg	35,5 %
Zinc	8,3 mg	83 %

Ingredients: Calcium carbonate, magnesium oxide, anticaking agents: microcrystalline cellulose, silicon dioxide; coating (Hydroxypropyl cellulose; Hypromellose, magnesium carbonate, calcium hydrogen phosphate dihydrate, microcrystalline cellulose, stearic acid), sorbitol, anticaking agent: magnesium stearate; stabilizer: xarboxymethyl cellulose; zinc citrate, calcium lactate, calcium gluconate, magnesium gluconate and zinc gluconate.

AMIX™ Lecithin

	per 1 cps	% DNRV*
Lecithin/Lecitina	1200 mg	-

Ingredients: **Soya lecithin**, gelatine, purified water, humectant: glycerine.

Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **olluscs)**.

CALCIUM+MG+ZN

AMIX™ Calcium-Mg-Zn is a mixture of 3 components which are of great importance for the human body to work properly. Calcium is essential for the formation of strong bones and teeth. As regards muscular action, it helps to release hormones and enzymes. Magnesium is necessary for the formation of new cells. Vitamin B acts as a muscle-relaxant after workouts. Zinc plays a fundamental role in the formation of collagen.

Benefits:
» Promotes healthy teeth and bones
» Easily absorbed
» Acts actively in muscular functions
» A powerful antioxidant

Recommended dosage: Take 2 tablets with food with plenty of water.



100 tbl

Supplement Facts / Información Nutricional:

Active ingredients/Ingredientes activos	per/por 2 tbl	DNRV*
Calcium/Calcio	666,6 mg	83 %
Magnesium/Magnesio	266,6 mg	71 %
Zinc	16,6 mg	166 %

Ingredients: Calcium carbonate, magnesium oxide, anticaking agents: microcrystalline cellulose, silicon dioxide; coating (stabilizers: hydroxypropylcellulose, hypromellose; dyes: magnesium carbonate, calcium hydrogen phosphate dihydrate; anticaking agents: microcrystalline cellulose, stearic acid); humectant: sorbitol; anticaking agent: magnesium stearate; stabilizer: carboxymethylcellulose; zinc citrate, calcium lactate and gluconate, magnesium gluconate, zinc gluconate. **Allergen warning**: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.

SUPER OMEGA-3 FISH OIL

AMIX™ Super Omega3 Fish Oil provides an excellent source of Omega 3 fatty acids. Omega 3 fatty acids are essential for the organism. Omega 3 belongs to the group known as healthy fats. Omega 3 lowers the level of triglycerides in blood and has a vasodilator effect that protects us from cardiovascular illnesses. It also reduces cholesterol levels.

Benefits:
» Lowers cholesterol levels
» Reduces triglycerides
» Protects against cardiovascular illnesses

Recommended dosage: Take 1-2 softgels daily with food. Wash down with plenty of water.



90 softgels



Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 cps/cáp

Active ingredients / Ingredientes activos	per/por 1 cps/cáp	3cps/cáp
Fish Oil/Aceite de pescado	**1000 mg**	**3 000 mg**
EPA (EicosaPentaenoic Acid /Ácido Eicosapentaenoico)	180 mg	540 mg
DHA (DocosaHexaenoic Acid /Ácido Docosahexaenoico)	120 mg	360 mg

Ingredients: Fish oil, gelatine, humectant: glycerine; d-alpha tocopherol (vit. E), purified water.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.

LIVER CLEANSE



100 cps

AMIX™ Liver Cleanse is a unique complex of herbs extracts and vitamins specially designed and formulated to cleanse and protect the liver.
Each tablet of Amix™ Liver Cleanse contains milk thistle extract (sylimarin 80%), very powerful herb extracts, essential vitamins and up to a further 17 components, which act in a synergetic way, supporting the hepatic function of the liver cells. It contains antioxidant and anti-inflammatory agents.

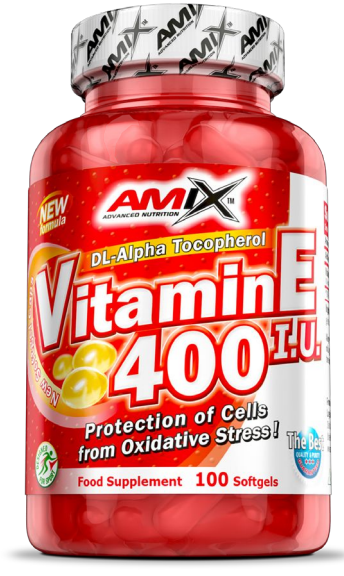
Recommended dosage: Take 1-2 capsules daily with food and plenty of water.

Active Ingredients/ Ingredientes activos	Per/por 1 cps	% DNRV*/%VRN*
Silymarin/Silimarina	125,00 mg	
Alfalfa Juice Powder/Polvo de jugo de alfalfa	75,00 mg	
Grape Seed Extract/Extracto de semilla de uva	50,00 mg	
Garlic Extract/Extracto de ajo	50,00 mg	
Dandelion Root 4:1/Raíz de diente de león 4:1	50,00 mg	
Burdock Root/Raíz de bardana	50,00 mg	
L-Methionine/L-metionina	40,00 mg	
L-Taurine/L-taurina	40,00 mg	
L-Carnitine/L-carnitina	25,00 mg	
Vitamin B-3/Vitamina B-3	16,00 mg	100 %
Zinc	15,00 mg	150 %
Vitamin B-5/Vitamina B-5	5,00 mg	83,3 %
Vitamin B-1/Vitamina B-1	1,50 mg	136,4 %
Vitamin B-2/Vitamina B-2	1,50 mg	107 %
Folic Acid/Ácido fólico	200 mcg	100 %
Vitamin B-12/Vitamina B-12	5 mcg	200 %

* DNRV - Daily Nutrient Reference Values / * VRN - Valores de Referencia de Nutrientes

Ingredients: Silymarin (extract from Milk thistle /Silybum marianum/ - 80 % silymarin), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), alfalfa extract (Medicago sativa L.) - 5 % flavones, grape seed extract (Vitis vinifera - seeds) 95 % proanthocyanidins, garlic extract (Allium sativum - whole) - 1 % allicin, dandelion root (Taraxacum officinale - root) 4:1, burdock (Arctium lappa) - root, L-methionine, L-taurine, L-carnitine tartrate (68%), niacinamide (vitamin B3), zinc oxide (zinc); stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: vegetable magnesium stearate, silicon dioxide; D-calcium pantothenate 89% (vitamin B5), thiamine HCl (vitamin B1), riboflavin (vitamin B2), folic acid, cyanocobalamin (vitamin B12).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.

VITAMIN E 400



100 softgels

AMIX™ Vitamina E 400 is a vitamin E – based supplement. Vitamin E is a liposoluble vitamin that carries out very important functions inside the organism. It protects cells from the damage caused by free radicals. Vitamin E is very important for sportsmen and women since intense and continued physical exercise produces larger amounts of free radicals which are the cause of cellular membrane alterations.

Benefits:
» Powerful antioxidant
» Reinforces the cardiovascular system
» Improves cardiovascular health
» Easy to swallow
» Maximum purity

Recommended dosage: Take 1 softgel daily with food. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving/Cantidad por dosis	
Vitamin E 400 I.U./Vitamina E 4000 I.U. (DL-Alpha Tocopheryl Acetate/Acetato de DL-alfa-tocoferilo)	**267 mg** (2275%*)

*DNRV - Daily nutrient reference value / *VRN - Valor de Referencia de Nutrientes

Ingredients: DL-alpha tocopherol acetate, gelatine capsule (gelatine, humectant: glycerol).
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.



GOLD AMIX SERIES

with Boswellin® Boswellia Serrata Extract

30 sachets

OPTI-PACK OSTEO FLEX

AMIX™ Opti-Pack Osteo Flex is the most complete formula currently available on the market for promoting joint health and nutrition. A blend of the best nutrients available act in synergy with the aim of supporting the needs of sportsmen and women who carry out very intense physical activity.

AMIX™ Opti-Pack Osteo Flex is an extremely powerful and unique formula that comes in pre-dosed packs. AMIX™ OptiPack Osteo Flex will be the ideal supplement for protecting the connective and cartilage tissue of your joints, and it is composed of totally natural substances. Among the most prominent components of AMIX™ OptiPack Osteo Flex is Glucosamine Sulphate which is a substance found in the liquid surrounding the joints that takes part in the formation and repair of cartilage, tendons and ligaments. UltraGrad® Golden FlaxSeed Oil is an exclusive formulation of flaxseed oil, that combines the omega3 fatty acids that come from a unique combination of fatty acids (ALA, DHA and EPA) with beneficial anti-inflammatory properties. MSM (Methylsulphonylmethan) is an organic source of sulphur that aids the regeneration of connective tissue and helps prevent arthritis and rheumatism. It has anti-oxidant and anti-inflammatory properties. Chondroitin Sulphate is a substance found in cartilage around the joint which is characterized for endowing strength and flexibility to all the body´s connective tissue. Boswellin® is a patent for Boswellia Serrata Extract with anti-inflammatory properties, which improves joint mobility. Bromelain is a proteolytic enzyme that comes from pineapple. It is an effective anti-inflammatory that improves muscular injuries and Hyaluronic Acid that is a gelatinous substance that is naturally produced in our body.

Recommended dosage: Take the content of one sachet with your lunch. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 packet/sobre
Packets per container/Sobres por envase: 30

Amount per Serving/Cantidad por dosis	% DNRV*/%VRN*
D-Glucosamine Sulphate 2KCL/Sulfato de D-glucosamina 2KCl	2000 mg
Bevgrad® Golden flaxseed oil-milled golden flaxseed blended with refined, bleached and deodorized fish oil/**Bevgrad® aceite de linaza dorada** - Linaza dorada molida mezclada con aceite de pescado refinado, blanqueado y desodorizado	750 mg
Alpha-linolenic acid /Ácido alfa-linolénico	165 mg
DHA + EPA	17 mg
MSM (methylsulphonylmethan)/**MSM** (metilsulfonilmetano)	600 mg
Chondroitine Sulphate 90% / Sulfato de condroitina 90 %	500 mg
Holy Basil Extract (standardized for 2% ursolic acid) /**Extracto de albahaca santa** (estandarizado al 2 % de ácido ursólico)	125 mg
Cetyl esters complex of fatty acids: cetyl myristoleate, cetyl myristate, cetyl oleate, cetyl palmitate, cetyl palmitoleate, cety l laureate / **Complejo de ésteres cetílicos de ácidos grasos:** miristoleato de cetilo, miristato de cetilo, oleato de cetilo, palmitato de cetilo, palmitoleato de cetilo, laureato de cetilo	100 mg
Boswellin® (Boswellia Serrata Extract 65%) /**Boswellin®** (Extracto de Boswellia serrata 65%)	70 mg
Turmeric Extract (standardized for 95% Curcuminoids) /**Extracto de cúrcuma** (estandarizado al 95% de curcuminoides)	50 mg
Ginger Extract (standardized for 5% Gingerols) /**Extracto de jengibre** (estandarizado al 5 % gingeroles)	50 mg
Green Tea Extract 60% /**Extracto de té verde** 60 %	50 mg
Bromelain (2400 GDU) /**Bromelina** (2 400 GDU)	50 mg
Skullcap Extract 4:1 / **Extracto de Scutellaria** 4:1	25 mg
Rose Hip Extract /Extracto de rosa mosqueta	25 mg
White Willow Bark Extract (standardized for 15 % salicin) / **Extracto de corteza de sauce blanco** (estandarizado al 15 % de salicina)	20 mg
Hyaluronic Acid /Acido hialurónico	2,5 mg
Vitamins & Minerals/Vitaminas y Minerales	
Vitamin C (as Ascorbic Acid) /**Vitamina C** (como ácido ascórbico)	1160 mg 1450 %
Calcium (as Calcium Carbonate) / **Calcio** (como carbonato de calcio)	333,3 mg 41,7 %
Magnesium (as Magnesium oxide) /**Magnesio** (como óxido de magnesio)	133,3 mg 35,5 %
Zinc (as Zinc oxide)/Zinc (como óxido de zinc)	8,3 mg 83 %

* DNRV - Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

Ingredients: **D-glucosamine sulphate 2KCl /from shellfish/**, ascorbic acid, Bevgrad®golden flaxseed oil/WITH FISH OIL/, MSM (methylsulfonylmethane), chondroitine sulphate 90 %, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), calcium carbonate, magnesium oxide, holy basil extract (2 % ursolic acid), cetyl esters complex of fatty acids (cetyl myristoleate, cetyl myristate, cetyl oleate, cetyl palmitate, cetyl palmitoleate, cetyl laureate, maltodextrin, arabic gum); Boswellia serrata extract 65 % (Boswellin®), turmeric extract (95 % curcuminoids), ginger extract (5 % gingerols), green tea extract 60 %, bromelain (2400 GDU), skullcap extract (4:1), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: microcrystalline cellulose and magnesium stearate; rose hip extract, white willow bark extract (15 % salicin), anticaking agents: stearic acid and silicon dioxide; stabilizers: inuline and carboxymethylcellulose; zinc oxide, hyaluronic acid.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs).**



90 cps

OSTEO GLUCOSAMINE

AMIX™ Osteo Glucosamine, is a supplement based on glucosamine sulphate, a natural substance found in the body and present in the fluid that surrounds the joints. It is an amino saccharide involved in the formation and repair of cartilage and its deficiency is associated with the onset of pain, especially in people suffering from osteoarthritis and in athletes with high joint wear, so AMIX™ Osteo Glucosamine would be an excellent option to alleviate this deficiency. It is also recommended for maintaining collagen in skin, cartilage, ligaments and tendons.

Benefits:
» Helps to maintain healthy joints
» Stimulates growth of new cartilage
» Helps to lubricate joints
» 1000 mg per capsule

Recommended dosage: As a food supplement, take 1-2 capsules daily, preferably between meals.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving /Cantidad por dosis	
D-Glucosamine Sulphate 2KCL /Sulfato de D-glucosamina 2KCL	1 000 mg

Ingredientes: **D-glucosamine sulphate 2KCL /from shellfish/**, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate, silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans** and **gluten**.



120 cps

OSTEO ANAGENESIS

AMIX™ Osteo Anagenesis is a combination of Glucosamine, Chondroitin, Methylsulfonylmethane (MSM), Salicin and Boswellia serrata (Boswellin®) specially designed to protect your joints. In addition, Boswellia serrata helps with collagen production, so it has a beneficial role in the musculoskeletal, bone and joint system. In short, it is an excellent choice when it comes to protecting and/or repairing the joints of athletes with high joint wear.

Recommended dosage: Take 1- 2 capsules daily with 200 ml of water, preferably between meals.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving /Cantidad por dosis	
D-Glucosamine Sulphate 2KCL /Sulfato de D-glucosamina 2KCl	600 mg
Chondroitine Sulphate 90% /Sulfato de condroitina 90%	300 mg
MSM (Methylsulphonylmethan/ (Metilsulfonilmetano)	300 mg
Boswellia Serrata Extract (Boswellin®) /Extracto de Boswellia serrata (Boswellin®)	200 mg
White Willow Bark Extract (15% Salicin) /Extracto de corteza de sauce blanco (15 % salicina)	100 mg

Ingredients: **D-glucosamine sulphate 2kcl /from shellfish/**, chondroitine sulphate, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), MSM (methylsulphonylmethan), Boswellia serrata extract (Boswellin®), white willow bark extract (Salix alba), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.
Boswellin® is a registered trademark of Sabinsa Corporation, USA.



200 cps

OSTEO GELATIN CAPS

AMIX™ Osteo Gelatin Caps is a combination of collagen hydrolyzate, MSM (methylsulfonylmethane) and vitamin C which contributes to normal collagen formation for the normal function of bones, cartilage, teeth and gums. It is therefore an ideal supplement for athletes with high joint wear.

Recommended dosage: Take 6 - 10 capsules daily, preferably on an empty stomach, or as directed by a healthcare professional.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 6 capsules/cápsulas

Amount per serving/Cantidad por dosis	
Collagen hydrolyzate/ Colágeno hidrolizado	2 400 mg
MSM (methylsulfonylmethane/Metilsulfonilmetano)	180 mg
Vitamina C/Vitamina C (ascorbic acid /ácido ascórbico)	**80 mg** (100 %*)

Ingredients: Collagen hydrolyzate, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), methylsulfonylmethane, ascorbic acid (vit. C), anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten** and **shellfish (crustaceans** and **molluscs)**.

PROFLEX® COLLAGEN LIQUID



1000 ml

AMIX™ ProFlex® Collagen liquid is a concentrate for preparing a tasty drink full of vitamins, minerals, herbal complex and a complex of active ingredients containing collagen hydrolysates - especially UC-II® undenatured collagen type II, glucosamine sulfate, MSM, chondroitin sulfate, sodium hyaluronate and glycine. Vitamin C contributes to the normal function of the immune system and also contributes to normal collagen formation for the normal function of bones, cartilage and skin. Vitamin B2, vitamin B6, folic acid, vitamin B12, vitamin C, niacin, panthothenic acid and magnesium - contribute to the reduction of tiredness and fatigue. Calcium and magnesium supports normal function of your muscles and bones. Boswellin might be supportive for the bone and joints health.

Recommended dosage: Divide the daily dose (50 ml) into two 25 ml doses. Shake well before
use. Mix 25 ml with 400-500 ml of cold water and consume immediately. Small lumps and different color shades are not a defect.

Flavours: Applemon, Pineberry, Garden Fruit

Supplement Facts/Información Nutricional:

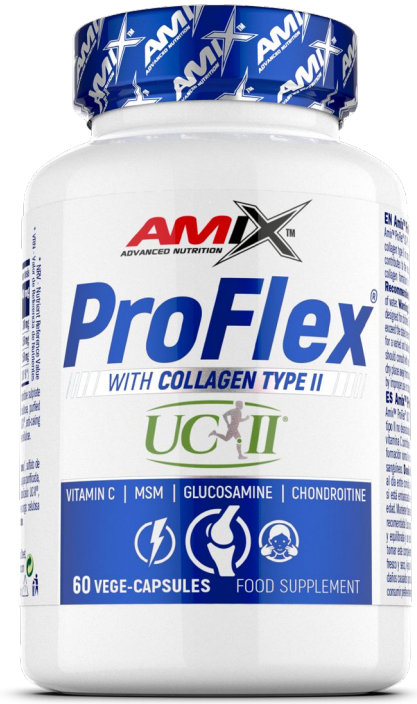
Serving size/Dosis: 25 ml (Daily dose/Dosis diaria: 50 ml)
Servings per container/Dosis por envase: 40

Average values/Valores medios	100 ml	50 ml	
UC-II® Undenaturated Collagen type II / Colágeno no desnaturalizado de tipo II	80 mg	40 mg	
ProFlex® Complex/ Complejo ProFlex®			
Collagen hydrolysate/ Colágeno hidrolizado/	10 000 mg	5000 mg	-
MSM - dimethyl sulfone/ metilsulfonilmetano	4000 mg	2000 mg	-
Glucosamine sulphate/ Sulfato de glucosamina	3000 mg	1500 mg	-
Chondroitin sulphate/ Sulfato de condroitina	1800 mg	900 mg	-
Glycine/ Glicina	500 mg	250 mg	-
Hyalauronate sodium/ Hialuronato sódico	80 mg	40 mg	-
Vitamin Complex/ Complejo vitamínico			
Vitamin B1/ Vitamina B1	3,4 millimètres	1,7 millimètre	155%*
Vitamin B2/ Vitamina B2	3 mg	1,5 millimètre	107%*
Vitamin B6/ Vitamina B6	4 mg	2 mg	143%*
Folic acid/ Ácido fólico	460 µg	230 µg	115%*
Vitamin B12/ Vitamina B12	1,8 µg	0,9 µg	36%*
Vitamin C/ Vitamina C	160 mg	80 mg	100%*
Niacin/ Niacina	34 mg	17 mg	106%*
Panthotenic acid/ Ácido pantoténico	12 mg	6 mg	100%*
Mineral Complex/ Complejo mineral			
Calcium/ Calcio	240 mg	120 mg	15%*
Magnesium/ Magnesio	112 mg	56 mg	15%*
Herbal Complex/ Complejo Herbal			
Curcuma extract/ Extracto de cúrcuma (95 % of curcuminoids/ 95% curcuminoides)	100 mg	50 mg	-
Sophora japonica extract / Extracto de Sophora japónica (95 % of quercetin/ 95 % quercetina)	100 mg	50 mg	-
Bromelain enzyme/ Enzima bromelaina (activity 2 500 GDU/g/ acttividad 2 500 GDU/g)	100 mg	50 mg	-
Ginger root extract/ Extracto de jengibre (25 % gingerol/ 25 % de gingerol)	100 mg	50 mg	-
Boswellin extract Novasol®/ Extracto de Boswellia (12 % Boswellic acid/ 12 % Acido boswelico)	50 mg	25 mg	-
Astaxanthin extract/ Extracto de astaxantina (Haematococcus pluvialis extract 3%/ Extracto de Haematococcus pluvialis 3%)	8 mg	4 mg	

* NRV - Nutrient Reference Value per daily dose 50 ml; - not established /VRN - Valores de Referencia de Nutrientes por Dosis diaria 50 ml; - no establecido
UC-II® is a Lonza trademark, registered in EU.

Ingredients APPLEMON: Water, collagen hydrolysate, acidity regulators: citric acid and phosphoric acid; **GLUCOSAMINE SULPHATE** 2KCl 95% (**CRUSTACEANS**), MSM (methylsulfonylmethane), chondroitin sulphate sodium 90%, aroma, magnesium bisglycinate chelate (magnesium), calcium salt of orthophosphoric acid (calcium), glycine, stabilizer: xanthan; maltodextrine, sweeteners: sucralose and steviol glycosides; preservatives: potassium sorbate and sodium benzoate; L- ascorbic acid (vitamin C), curcuma extract 95% (Curcuma longa - rhizomes), Sophora japonica L. extract (95% quercetin, flower), bromelain (Ananas comosus – stem), ginger root extract 25% (Zingiber officinale – root), sodium hyaluronate 90%, undenaturated collagen UC-II®, Novasol® boswellin extract (Boswellia serrata - resin), nicotinamide (niacin), D-calcium pantothenate (panthothenic acid), Haematococcus pluvialis extract 3%, pyridoxine HCl (vitamin B6), thiamine HCl (vitamin B1), riboflavin (vitamin B2), pteroylmonoglutamic acid (folic acid), cyanocobalamin (vitamin B12).

60 cps



PROFLEX® UC-II®

AMIX™ ProFlex® UC-II® is a food supplement in vegetable capsule containing UC-II® undenatured collagen type II in combination with glucosamine, chondroitin, MSM and vitamin C.
Vitamin C contributes to the reduction of tiredness and fatigue. Vitamin C also contributes to normal collagen formation for the normal function of bones, cartilage, skin and blood vessels.

Recommended dosage: Take 1 capsule daily between meals. Wash down with plenty of water.

Supplement Facts/Información Nutricional:

Serving size/Dosis: per 1 capsule / cápsula
Servings per container/Dosis por envase: 60

Amount per serving / Cantidad por dosis	per 1 capsule/cápsula:	NRV % / VRN %
UC-II® undenaturated collagen type II / Colágeno no desnaturalizado de tipo II UC-II®	40 mg	-
D-glucosamine sulphate 2KCl/ Sulfato de D-glucosamina 2KCl	300 mg	-
MSM (Methylsulfonylmethane)/ MSM (metilsulfonilmetano)	150 mg	-
Chondroitine sulphate/ Sulfato de condroitina	150 mg	-
Vitamin C (L-ascorbic acid)/ Vitamina C (ácido L-ascórbico)	80 mg	100 %*

* NRV -Nutrient Reference Value / *VRN – Valor de Referencia de Nutrientes

Ingredientes: D-glucosamine sulphate 2KCl 95 % /from crustaceans/, chondroitine sulphate sodium 90 %, MSM (methylsulfonylmethane), vegetable capsule (hydroxypropylmethylcellulose, purified water, colour: calcium carbonate), L-ascorbic acid (vitamin C), undenaturated collagen UC-II®, anti-caking agents: magnesium salts of fatty acids and silicon dioxide; bulking agent: microcrystalline cellulose.
Allergen warning: It may contain traces of **MILK, EGGS, SOYBEANS AND GLUTEN.**

600 g



300 g



OSTEO ULTRA JOINT DRINK

AMIX™ Osteo Ultra JointDrink is a powdered joint protector drink designed to protect your joints from intense training and subsequent joint wear and tear. It contains glucosamine which is a natural component found in healthy cartilage, and is directly involved in the formation and repair of cartilage. This compound is naturally formed in our bodies and its deficiency has been linked to the onset of pain. It contains chondritin which is a derivative of glucosamine that improves the strength and flexibility of all connective tissues in the body. AMIX™ Osteo Ultra Joint Drink contains Boswellin® which is produced naturally in India from the resin of the Boswellia Serrata tree, boswellic acids help to improve blood flow to the joints. It also contains MSM (methylsulfonylmethane) which is an organic source of combined sulphur that acts directly in the manufacture of collagen fibres and also acts as an antioxidant. AMIX™ Osteo Ultra Joint Drink is manufactured in powder form for convenient consumption as it can be taken during training or as a delicious pre- and post-workout shake.

Recommended dosage: The basic daily dosage is 20 g (1 scoop). Mix one scoop of Osteo Ultra Joint Drink with 200-250 ml of cold water. Use a blender or hand-held shaker. Use preferably in the morning with food. To change the flavour and sweetness of drink, change the amount of water used for preparation.

Flavor: Orange

Supplement Facts/ Información Nutricional:

Serving size: 1 scoop (20 g)

Average values per serving/Valores medios por dosis		*
Energy value/Valor energético:	316 kJ / 74,5 kcal	
Total Fat/Grasas	**< 0,5 g**	
Saturated Fat/De las cuales saturadas	< 0,1 g	
Total Carbohydrate/Hidratos de carbono	**3,2 g**	
Sugars/De los cuales azúcares	0,6 g	
Protein/Proteína (dry basis/base seca)	**14,3 g**	
Salt/Sal	< 0,3 g	
D-Glucosamine Sulphate 2KCL /Sulfato de D-glucosamina 2KCl	**500 mg**	
MSM (methylsulphonylmethan/metilsulfonilmetano)	**500 mg**	
Chondroitine Sulphate 90% /Sulfato de condroitina 90%	**200 mg**	
White Willow Bark Extract (15% salicin) /Extracto de corteza de sauce blanco (15% salicina)	**50 mg**	
Boswellia Serrata Extract (Boswellin®) /Extracto de Boswellia serrata (Boswellin®)	**20 mg**	
Calcium/Calcio	**138 mg**	17,3 %
Phosphorus/Fósforo	**141 mg**	20,1 %
Vitamin B1 /Vitamina B1	**1,5 mg**	136 %
Vitamin B2 /Vitamina B2	**1,5 mg**	107 %
Vitamin B5 /Vitamina B5	**6 mg**	100 %
Niacin/Niacina	**16 mg**	100 %
Vitamin B6 /Vitamina B6	**1,8 mg**	128 %
Folic Acid/Ácido fólico	**220 mcg**	110 %
Vitamin C /Vitamina C	**63,5 mg**	79,4 %
Vitamin B12 /Vitamina B12	**0,9 mcg**	36 %

* DNRV - Daily nutrient reference values / *VRN - Valores de Referencia de Nutrientes

Ingredients: Collagen hydrolyzate peptides, maltodextrin, cocoa powder (only in chocolate flavour), di-calcium phosphate (calcium, phosphorus), MSM (methyl-sulphonylmethan), **D-glucosamine sulphate 2KCl /from shellfish/**, vitamin complex (thiamine HCl - vit. B1, riboflavin - vit. B2, pantothenic acid - vit. B5, niacin, pyridoxine HCl - vit. B6, folic acid, ascorbic acid - vit. C, cyanocobalamin - vit. B12), chondroitine sulphate 90 %, beetroot juice (only in flavours: forest fruits and orange), dye: curcumine (only in orange flavour); aroma, acidifying regulator: magnesium citrate (only in orange & forest fruits flavour); stabilizer: sodium carboxymethylcellulose; emulsifier: soya lecithin; white willow bark extract, sweeteners: sucralose and acesulfame-K, Boswellia serrata extract (Boswellin®).
Allergen warning: It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs)**.

MARINE COLLAGEN DRINK

Amix™ Marine Collagen Drink is a soluble powder for preparing a drink with Peptan® hydrolyzed fish collagen peptides, hyaluronic acid, vitamins (C & E & biotin), minerals (zinc, copper, selenium) and Bioperine®. Combination of active substances of drink contributes: to the normal collagen formation for the normal cartilage function (vitamin C), maintenance of normal skin and hair (zinc, biotin), maintenance of normal nails (selenium), normal function of the immune system (zinc, vitamin C, selenium, copper). Bioperine® (black pepper extract) helps to cleanse the skin by promoting blood circulation through the fine blood vessels and capillaries.

Recommended dosage: Mix 6 g (6 g = 1 and ½ scoop) with 200 ml of cold water. Use a blender or hand held shaker, mix for 30 seconds. Take 1-2 servings between main meals, according to daily needs.

Flavours: Chocolate, Lemon, Natural, Tropical

Supplement Facts/Información Nutricional:

Serving size/Dosis: 6 g
Servings per container/Dosis por envase: 50

Average values/Valores medios	Per/Por 6 g	
Peptan® fish collagen peptides/ **Peptan®** péptidos de colágeno de pescado	**5 g**	
Hyaluronic acid/ Ácido hialurónico	**200 mg**	
Vitamin C/ Vitamina C	**12 mg**	15 %*
Vitamin E/ Vitamina E	**12 mg - TE**	100 %*
Zinc	**10 mg**	100 %*
Bioperine® black pepper extract (95 % piperine)/ **Bioperine®** extracto de pimienta negra (95 % piperina)	**2 mg**	
Copper/ Cobre	**1 mg**	100 %*
Selenium/ Selenio	**55 µg**	100 %*
Biotin/ Biotina	**50 µg**	100 %*

*NRV – Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

Ingredients CHOCOLATE: Peptan® **fish** collagen peptides, cocoa, sodium hyaluronate (hyaluronic acid), aromas, salt, sweeteners: erythritol and steviol glycosides, sucralose, acesulfame-K; zinc bisglycinate (zinc), selenium enriched yeast (selenium), ascorbic acid (vit. C), DL-alpha-tocopheryl acetate (vit. E), copper bisglycinate (copper), Bioperine® black pepper extract (Piper nigrum, fruit), D-biotin (biotin). **Allergen warning:** It may contain traces of **milk, eggs, fish, soybeans, gluten, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



300 g

VISCOFAN® COLLAGEN DRINK

Amix™ Viscofan® Collagen Drink is a soluble powder for preparing a drink based on Viscofan® bovine collagen peptides, hyaluronic acid, astaxanthin, magnesium and vitamin C. Vitamin C contributes to the normal function of the immune system and to normal collagen formation for the normal function of bones. Magnesium contributes to the maintenance of normal bone health and to normal muscle function.

Recommended dosage: Mix 6,6 g (6,6 g = 1 and ½ scoop) with 200 ml of cold water. Use a blender or hand held shaker, mix for 30 seconds. Have 1 serving daily between meals.

Flavours: Chocolate, Pina-Colada, Vanilla, Forest Fruits

Supplement Facts/Información Nutricional:

Serving size/Dosis: 6,6 g
Servings per container/Dosis por envase: 45

Average values/Valores medios	Per/Por 6,6 g	
Viscofan® bovine collagen peptides/ **Viscofan®** péptidos de colágeno bovino	**5 g**	
Hyaluronic acid/ Ácido hialurónico	**200 mg**	
Vitamin C/ Vitamina C	**12 mg**	15 %*
Magnesium/ Magnesio	**57 mg**	15 %*
Astaxanthin 3% extract/ Extracto de astaxantina al 3%	**8 mg**	

*NRV - Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

Ingredients CHOCOLATE: Viscofan® bovine collagen peptides, magnesium bisglycinate (magnesium), cocoa, sodium hyaluronate (hyaluronic acid), aromas, salt, sweeteners: erythritol and steviol glycosides, sucralose, acesulfame-K; L-ascorbic acid (vitamin C), Haematococcus pluvialis extract 3% (Astaxanthin). **Allergen warning:** It may contain traces of **milk, eggs, fish, soybeans, gluten, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



65 g
15 x 65 g

ZERO HERO PROTEIN BAR

AMIX™ Zero Hero 31% Protein Bar is a delicious bar high in protein and low in carbohydrates (especially very low in sugars) and with an excellent taste and texture that comes with two types of chocolate coating (partial or total), depending on the flavour, making it a delicious and irresistible snack.

AMIX™ Zero Hero 31% Protein Bar includes the patented MilkPro® which provides a combination of the best protein sources on the market (CFM® Whey Isolate and Concentrate and Milk Protein Isolate and Concentrate). Protein is essential for good muscle recovery, as well as supplying the amino acids needed for muscle fibre development.

Recommended dosage: Take 1 bar daily.

Full-coated: Peanut Butter, Double chocolate, Choco-Coconut
Half-coated: Tropical mango, Vanilla-Almond, Orange blast

Benefits:
» High protein content to enhance recovery and promote muscle mass gain
» High in fibre
» Low sugar content
» Delicious taste and texture

Nutritional Facts/Información Nutricional:

Average Values/Valores medios:	Per/Por 100 g	Per/Por 65 g
Energy value/Valor energético	1703 kJ/407 kcal	1107 kJ/264 kcal
Total Fat/Grasas	**17,1 g**	**11,1g**
Saturated Fat/De las cuales saturadas	10,6 g	6,9 g
Total Carbohydrate/Hidratos de Carbono	**27,9 g**	**18,1 g**
Sugar/De los cuales azúcares	1,5 g	0,9 g
Fiber/Fibra	**8,4 g**	**5,5 g**
Protein/Proteína	**31,1 g**	**20,2 g**
Salt/Sal	**0,12 g**	**0,08 g**

Ingredients (Vanilla-Almond): Amix™ Milkpro® protein blend 34,7% (**milk** protein isolate and concentrate, CFM® whey protein isolate and concentrate /from **milk**/); maltitol sirup, filling: polydextrose; dark chocolate with sweetener (sweetener: maltitol, cocoa butter, cocoa mass, cocoa powder, emulsifier: sunflower lecithin; vanilla extract); vegetable fat (palm kernel oil, palm oil and shea oil in different rations); humectant: glycerol; **almonds** kernels roasted 6 %, emulsifier: **soya** lecithin, aroma, acidity regulator: citric acid; salt, antioxidant: mix of tocopherols.

Allergen warning: Tree nuts and **peanuts**. It may contain traces of **eggs, gluten, shellfish** and **nut shell fragments**.



EXCLUSIVE PROTEIN BAR

AMIX™ Exclusive Protein Bar is a great tasting bar containing at least 25% of the highest quality whey protein. AMIX™ Exclusive bar includes the patented MilkPro® which provides a combination of the best protein sources on the market (CFM® whey isolate, Hydrovon® partially hydrolysed whey isolate, hydrolysed milk peptides...). It also includes hydrolysed beef peptides from the HydroBeef™ patent.

With AMIX™ Exclusive bar you will have a high protein bar to take at any time of the day that will help you recover and regenerate muscle tissue after intense physical exertion. Suitable for both strength sports and endurance sports.

Benefits:
» Tasty and creamy
» Contains amino acids
» MilkPro® Protein Blend

Recommended dosage: Take maximum 2 bars a day.

Flavours: Banana & Chocolate, Caribbean Punch, Double Dutch Chocolate, White Chocolate & Coconut.

Supplement Facts/Información Nutricional

Average Values/Valores medios	Per/Por 85 g	Per/Por 100 g
Energy value/Valor energético	1547 kJ/368 kcal	1820 kJ/433 kcal
Total Fat/Grasas	**14,3 g**	**16,8 g**
Saturated Fat/De las cuales saturadas	6,8 g	8 g
Total Carbohydrate/Hidratos de Carbono	**36,1 g**	**42,5 g**
Sugar/De los cuales azúcares	19,1 g	22,5 g
Protein/Proteína	**23,8 g**	**28 g**
Salt/Sal	**0,6 g**	**0,74 g**

Double chocolate flavor ingredients: MilkPro® Protein Blend 19,8 % (milk protein isolate, CFM® whey protein isolate and concentrate, partially hydrolyzed whey protein isolate - HydroVon®, hydrolyzed whey peptides PepForm® /L-glutamine, BCAA/); milk chocolate 18 % (sugar, cocoa butter, whole milk powder, cocoa mass, cocoa powder, emulsifier: /soya lecithin, E476/, vanilla extract, aroma); filling: polydextrose; hydrolyzed beef peptide HydroBeef™, fructose, SOYA protein isolate, humectant: glycerol; glucose, skimmed milk powder, vegetable fat (palm oil and shea oil in different rations); 2,5 % almond kernels roasted; cocoa powder, emulsifier: sunflower lecithin; purified water, aroma, salt, antioxidant: (mix of tocopherols, sunflower oil.
Allergen warning: Tree nuts and peanuts. It may contain traces of eggs, gluten and nut shell fragments.





McPRO PROTEIN BAR

AMIX™ McPro is a delicious protein bar with over 26% protein. It has a high content of top-quality whey proteins and carbohydrates that will provide your muscles the necessary energy for intense training. It accelerates the regeneration of fibres and builds muscular mass after training.

Recommended daily dose: 1 bar / day

Flavours 35 g: Cookie-Cream, Strawberry-Yogurt, Milk with Cinnamon

Supplement Facts/Información Nutricional:

Serving size/Dosis Diaria : 1 Bar/Barrita
Servings per container/Dosis por envase: 24

Average Values/Valores medios	Per/Por 35 g	Per/Por 100 g
Total energy/Valor Energético	565 kJ/134 kcal	1615 kJ/383 kcal
Total Fat/Grasas	4,2 g	12 g
Saturated Fat/De las cuales Grasas saturadas	1,9 g	5,6 g
Total Carbohydrate/Carbohidratos	15,8 g	45 g
Sugar/De los cuales azúcares	14,2 g	40,7 g
Protein (dry basis)/Proteína	9,1 g	26 g
Salt/Sal	0,07 g	0,19 g

Ingredients (Cookie-Cream): milk protein, glucose syrup, fructose syrup, vegetable fat and cocoa powder coating 13,5 % (sugar, kernel oil fully hydrogenated, lactose powder, whole milk powder (7%), defatted cocoa powder (4%), emulsifier: **soy** lecithin, flavours); inulin in powder, sunflower oil, skimmed **milk** powder, humectant: syrup of sorbitol, glycerin; sugar, flavours, acidity regulator: citric acid.
Allergen warning: It may contain traces of **gluten, eggs, peanuts, nuts, sesame, sulphites** and/or **derivatives thereof.**

TIGGER ZERO



Low carb protein bar with sweeteners, salted caramel and peanuts.

AMIX™ Tigger Zero is a uniquely tasting, high protein, very low carbohydrate bar that will surprise you with its incredible chocolate coating and caramel layer.
It is an ideal snack to take before or after intense workouts to improve recovery and help build muscle mass.

Recommended dosage: 1 bar/day.

Flavours: Dark Chocolate-Caramel, Peanut Butter-Caramel and Vanilla-Caramel.

Supplement Facts/ Información Nutricional:

Average values/Valores medios:	per/por 100 g	per/por 60 g
Energy value/Valor energético	1966 kJ/470 kcal	1179 kJ/ 282 kcal
Total fat /Grasas	**24,7 g**	**14,8 g**
Sturated/De las cuales saturadas	13,3 g	7,9 g
Total carbohydrate/ Hidratos de Carbono	**33,4 g**	**20,0 g**
Sugars/De los cuales azúcares	2,5 g	1,5 g
Fiber/Fibra	**3,4 g**	**2,0 g**
Protein/Proteína	**26,9 g**	**16,1 g**
Salt/Sal	**0,16 g**	**0,1 g**

Ingredients (Dark Chocolate-Caramel): Amix™ protein blend 22,8 % (**milk** protein isolate and concentrate, **whey** protein concentrate); dark chocolate with sweetener 20,6 % (sweetener: maltitol, cocoa butter, cocoa mass, cocoa powder, emulsifier: sunflower lecithin; vanilla extract); sweetener: maltitol sirup; humectant: glycerol; **peanuts** 9 %, vegetable fat (palm oil and shea oil in different rations); filling: polydextrose, stabilizer: collagen hydrolyzate; caramelised milk powder 3,1 % (skim **milk**, sugar, cream and butter **milk**), cocoa powder, emulsifier: sunflower lecithin; aroma, salt.
Allergen warning: Tree nuts. It may contain traces of **eggs, gluten, soybeans** and **nutshell fragments**.

TIGGER CRUNCHY



AMIX™ Tigger Crunchy Protein Bar is a crunchy bar with chocolate and peanut topping that will surprise you with its amazing taste and texture. It is high in protein and low in carbohydrates, making it an ideal bar to take before or after intense workouts to improve recovery and help build muscle mass.

Flavours: Marzipan-Chocolate, Triple Brownie.

Recommended dosage: Take 1 bar daily

Nutritional Facts/Información Nutricional:

Average Values/Valores medios:	100 g	60 g
Energy value/Valor energético	1691 kJ/379 kcal	1015 kJ/243 kcal
Total Fat/Grasas	**23,7 g**	**14,2 g**
Saturated Fat/De las cuales saturadas	11,7 g	7 g
Total Carbohydrate/Hidratos de Carbono	**32,9 g**	**19,7 g**
Sugar/De los cuales azúcares	1,2 g	0,7 g
Polyols/Polioles	28 g	16,8 g
Fiber/Fibra	**5,3 g**	**3,3 g**
Protein/Proteína	**25,4 g**	**15,2 g**
Salt/Sal	**0,5 g**	**0,3 g**

Ingredients (Triple Brownie): Dark chocolate with sweetener 21,5% (sweetener: maltitol; cocoa mass, cocoa butter, cocoa powder, emulsifier: sunflower lecithin; vanilla extract); Amix™ protein blend 20,1% (**milk** protein isolate and concentrate, **whey** protein concentrate); sweeteners: maltitol sirup and sucralose; **peanuts** 9%, humectant: glycerol; vegetable fat (palm oil and shea oil in different rations); filling: polydextrose; stabilizer: collagen hydrolyzate; cocoa powder, chocolate powder (cocoa powder, cocoa mass, sugar); **soya** crispies 1,4% (**soya** protein, tapioca starch, salt); emulsifier: sunflower lecithin; aroma, salt, antioxidant: mix of tocopherols.
Allergen warning: **Tree nuts**. it may contain **traces of eggs, gluten and nut shell fragments**.



PROTEIN NUTS BAR

AMIX™ Protein Nuts Bar is a delicious and crunchy bar based on a blend of selected nuts with a high protein content.

This delicious bar is ideal for athletes who want to increase their energy and daily calorie intake with a healthy and nutritious bar. Amix™ Protein Nuts Bar is a highly recommended energy bar to be taken before intense and/or long-lasting workouts.

AMIX™ Protein Nuts Bar contains essential fatty acids and fibre and is low in saturated fat. It comes in 4 delicious flavours, and also provides more than 21% protein, which is essential for the regeneration and increase of muscle mass.

Benefits:
» Contains fibre
» 4 delicious flavours
» More than 20% protein
» GMO free

Flavours: Peanut-Caramel, Almond-Pumpkin Seed, Cashew-Coconut

Nutritional Facts/Información Nutricional:

Average Values/Valores medios:	100 g	40 g
Energy value/Valor energético	2134 kJ/512 kcal	853 kJ/205 kcal
Total Fat/Grasas	**31,5 g**	**12,6 g**
Saturated Fat/De las cuales saturadas	8,2 g	3,3 g
Total Carbohydrate/Hidratos de Carbono	**31,9 g**	**12,7 g**
Sugar/De los cuales azúcares	15 g	6 g
Fiber/Fibra	**5 g**	**2 g**
Protein/Proteína	**22,7 g**	**9,1 g**
Salt/Sal	**0,3 g**	**0,12 g**

Almond-pumpkin flavor ingredients: Peanuts 32,5 %, glucose sirup, **soya** crispies / soya protein isolate, tapioca starch, sodium chloride/; **milk** chocolate 11 % (sugar, cocoa butter, whole **milk** powder, cocoa mass, cocoa powder, emulsifiers: / **soya** lecithin, e476/, vanilla extract, aroma); pumpkin seeds 8 %, **almond** 7 %, polydextrose, cranberries 4 % (vaccinium macrocarpon, sugar, antioxidant: citric acid, elderberry concentrate, sunflower oil); **soya** crispies with cocoa (**soya** protein, rice semolina, sugar, cocoa powder, **soya** flour, salt, aroma); vegetable fat (palm kernel oil, palm oil and shea oil in different rations); **soya** beans, humectant: glycerol, emulsifier: **soya** lecithin, sodium chloride, aroma.
Allergen warning: It may contain traces of **gluten, shellfish, nuts** and **nut shell fragments**.





VEGAN FRIENDLY

45 g

20 x 45 g

VEGAN PROTEIN BAR

Discover the new **Amix™ Vegan Protein Bar!**

Imagine savouring a delicious vegan protein bar, coated in dark chocolate, that gives you all the benefits you need to live a healthy and active life. And best of all? It's low in sugar and high in fibre. Yes, you read that right.

This irresistible bar is made with high quality plant-based protein, providing you with all the essential amino acids you need to keep your body strong and fit. In addition, Amix™ Vegan Protein Bar provides you with the energy you need to get through your day, without compromising your wellbeing. Its low sugar content allows you to enjoy a sweet snack without affecting your nutritional balance - it's the perfect treat for your body!

Flavours: Chocolate, Coconut, Peanut Butter.

Recommended daily dose: 1 bar /

Supplement Facts/ Información Nutricional:

Average values/Valores medios	Per/Por 45 g	Per/Por 100 g
Energy values/Valor energético	652 kJ/156 kcal	1448 kJ/346 kcal
Total fat/Grasas	**7,4 g**	**16 g**
Saturated fat /De las cuales saturadas	3,7 g	8,2 g
Hidratos de Carbono	**14 g**	**30 g**
Sugar/de los cuales azúcares	0,6 g	1,2 g
Polyols/Polioles	13 g	28 g
Fiber/Fibra	**5,6 g**	**13 g**
Protein/Proteína	**11 g**	**25 g**
Salt/Sal	**0,08 g**	**0,18 g**

Ingredients (Chocolate): Amix™ Protein Blend® 27,8 % (partially hydrolysed pea protein isolate, bean protein, soya protein isolate, rice protein); sweetener: maltitol sirup; dark chocolate with sweetener 16,7 % (sweetener: maltitol; cocoa mass, cocoa butter, cocoa powder, emulsifier: sunflower lecithin, vanilla extract); filling: polydextrose; **soya** flakes, humectant: glycerol; vegetable fats (palm and shea oil in different rations); cocoa powder, aroma, emulsifier: sunflower lecithin; antioxidant: (mix of tocopherols, sunflower oil). **Allergen warning: Tree nuts and peanuts**. May contain traces of **milk, eggs, gluten**.



800 g

palatinose the better energy

Aspartame FREE

BIKE ELITE Feel The Power

ISO-LYN™ ISOTONIC

AMIX™ IsoLyn™ Isotonic is an isotonic drink powder containing all the minerals needed to optimise mineral recovery from intense physical exhaustion. It prevents ion dehydration caused by sweating during intense physical activity and thus helps to stabilise blood sugar levels. Isotonics are of vital importance for athletes, whether professional or amateur, as they lose a large amount of water and mineral salts as a result of the increase in body temperature caused by intense physical exercise. IsoLyn™ allows us to recover the mineral salts and nutrients lost during physical exercise in a fast way that will help us recover lost energy.

Benefits:
» Delivers energy and improves physical performance during activity
» Adds the optimal ratio of ions (minerals) during the sweating
» Helps the body to regulate the blood sugar level
» Pleasant energizing taste when consuming the drink

Supplement Facts/ Nutritional Information:

Serving size/Dosis: 1 scoop/cacito (40 g)
Servings Per Container/Dosis por envase: 20

Average values/Valores medios	per/por 40 g:	per/por 100 g:
Energy value/Valor energético:	646 kJ/152 kcal	1615 kJ/380 kcal
Total Fat/Grasas	0 g	0 g
Saturated fat/De las cuales saturadas	0 g	0 g
Total Carbohydrate /Hidratos de carbono	37,6 g	94 g
Sugars/De los cuales azúcares	25,6 g	64 g
Protein/Proteína	0 g	0 g
Salt/Sal	<0,2 g	<0,5 g
Calcium/Calcio	92 mg (12 %*)	230 mg (29 %*)
Potassium/Potasio	56 mg (2,8 %*)	140 mg (7 %*)
Phosphorus/Fósforo	204 mg (29 %*)	510 mg (73 %*)
Sodium/Sodio	64 mg	160 mg
Magnesium/Magnesio	48 mg (13 %*)	120 mg (32 %*)
Amix™ PhosphoMatrix	**1000 mg**	**2500 mg**

di-Calcium Phosphate, di-Sodium Phosphate, di-Potassium Phosphate /fosfato dicálcico, fosfato disódico, fosfato dipotásico

* DNRV - Daily nutrient reference value / *VRN - Valores de Referencia de Nutrientes

Ingredients: Dextrose 46 %, maltodextrin (glucose polymers) 30 %, crystalline fructose (derived from corn) 10 %, isomaltulose* (Palatinose®) 5 %, acidifying agent: citric acid; magnesium citrate (magnesium), di-calcium phosphate (calcium, phosphorus), di-sodium phosphate (sodium, phosphorus), di-potassium phosphate (potassium, phosphorus), aroma, beetroot juice (fruit punch flavour, orange flavour), dye: curcumin (orange flavour, lemon flavour); sweeteners: sucralose, acesulfame-K; anticaking agent: silicon dioxide.* source of glucose and fructose.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts** and **shellfish (crustaceans** and **molluscs)**.

Recommended dosage: Have 1-3 servings daily, depending on daily intensity of physical activity. 1 / as isotonic drink: take 1 scoop (40 grams) of powder to 500 ml of water (Beverage Osmolality: 285-305 mOsm / 1 000 g ml) 2/ as hypotonic drink: take 1 scoop (40 grams) of powder to 750 ml of water.

Flavours: Orange, Lemon



800 g

palatinose the better energy

CarnoSyn Carnosine Synthesizer

Scientifically Proven Vitargo

BIKE ELITE AMIX

ISO-LYN™ RECOVERY

AMIX™ IsoLyn™ Recovery is an excellent product was specially developed for rapid muscle recovery and shortening of the recovery time after intense sports burden. Perfectly designed combination of additional functional substances, added with ideally balanced combination of short and long chains of carbohydrates, which are gradually released and restore the supply of glycogen, secure the whole organism to prepare the most in the shortest possible time for another quality performance.
In addition, it contains very important compounds to support recovery processes such as L-Glutamine, BCAA's, L-Citrulline Malate, L-Arginine AKG and Beta Alanine (CarnoSyn®).

Benefits:
» Accelerates regeneration after a long physical exercise
» Prevents muscle fatigue and muscle tissue damage
» Supports the downwash of lactic acid
» Helps to prevent muscle cramps

Recommended dosage: Mix 2 scoops (50 g) with 500 ml of water and drink immediately after physical performance.

Flavors: Lemon.

Supplement Facts/ Nutritional Information:

Serving size/Dosis: 2 scoops/cacitos (50 g)
Servings Per Container/Dosis por envase: 16

Average values/Valores medios	per/por 50 g	per/por 100 g
Energy value/Valor energético:	758 kJ / 178,5 kcal	1 516 kJ/357 kcal
Total Fat/Grasas	0,5 g	1 g
Saturated fat/De las cuales saturadas	0,2 g	0,4 g
Total Carbohydrate /Hidratos de carbono	40 g	80 g
Sugars/De los cuales azúcares	4,5 g	9 g
Protein/Proteína	3,5 g	7 g
Salt/Sal	< 0,3 g	0,6 g
Potassium/Potasio	308 mg (15,4 %*)	616 mg (30,8 %*)
Phosphorus/Fósforo	352 mg (50,3 %*)	704 mg (100,6 %*)
Vitamin B6/Vitamina B6	5 mg (357 %*)	10 mg (714 %*)
Amix™ Recovery Matrix	**5 250 mg**	**10 500 mg**
L-Glutamine/L-glutamina	2 500 mg	5 000 mg
BCAA 2 : 1 : 1	1 000 mg	2 000 mg
L-Arginine Alpha-Ketoglutarate /L-arginina alfa-cetoglutarato	500 mg	1 000 mg
L-Citrulline Malate / L-citrulina malato	500 mg	1 000 mg
CarnoSyn® beta-alanine /CarnoSyn® beta-alanina	500 mg	1 000 mg
Acetyl L-Carnitine / Acetil L-carnitina	250 mg	500 mg
Amix™ PhosphoMatrix	**1 600 mg**	**3 200 mg**

di-Potassium Phosphate, di-Sodium Phosphate /Fosfato di-potásico, Fosfato di-sódico

Ingredientes: Maltodextrin (glucose polymers), amylopectin **barley** starch Vitargo®, isomaltulose (Palatinose®), L-Glutamine, acidifying agent: citric acid, di-potassium phosphate, L-Arginine alpha-ketoglutarate, L-Leucine, L-Citrulline malate, CarnoSyn® Beta-Alanine, di-sodium phosphate, L-Isoleucine, L-Valine, acetyl L-Carnitine, aroma, dye: curcumine (orange flavour); beetroot juice (fruit punch and orange flavour); sweeteners: sucralose, acesulfame-K; anticaking agent: silicon dioxide; pyridoxine HCl.
Allergen warning: It may contain traces of **milk, eggs, soybeans, fish, shellfish, tree nuts** and **peanuts**.

* DNRV - Daily nutrient reference value /
* VRN - Valores de Referencia de Nutrientes

CHAMPION™ SPORTS FUEL

CarnoSyn® Carnosine Synthesizer

Aspartame FREE



1 000 ml

AMIX™ ChampION™ Sport Sirup is a concentrated syrup with a pleasant taste, ideal for mixing with water and taking before, during or after physical exercise. It contains mineral salts, taurine, DMG, citrulline malate, beta-alanine and L-carnitine. Taurine is a potent energy source, ideal for states of decompensation, increasing strength and endurance. It also contains citrulline malate which helps to burn the lactic acid produced when training, helping to eliminate the amino acid from the body. Citrulline malate is also converted into nitric oxide which promotes blood flow which means a greater supply of oxygen and nutrients to the muscle, it also increases ATP production by up to 34%. **AMIX™ ChampION™ Sport Sirup** contains beta-alanine, a base amino acid that synthesises carnosine. A substance involved in muscle fatigue. Its release by our body makes our muscles more resistant to effort and delays the onset of fatigue, as well as slowing down the impact of lactic acid on muscle performance and acting as an antioxidant. It also contains L-carnitine. With its unique and excellent blend of components, ChampION™ Sport Sirup will help us to reduce body fat while providing energy and improving our post-workout recovery, all while enjoying its excellent taste.

Recommended dosage: Mix 10 ml (2 pumps) with 500 ml water. To change sweetness or flavour you can mix 10 ml with 700 ml of water. Shake before use. Maximum daily dose is 50 ml of concentrate.

Flavors: Lemon-lime

Supplement Facts/ Nutritional Information:

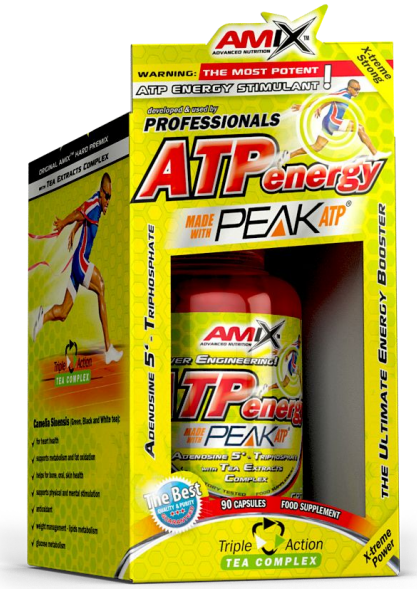
Serving size/Dosis: 10 ml
Servings Per Bottle/Dosis por botella: 100

Average values/Valores medios	per/por 100 ml
Energy value/Valor energético:	1201,5 kJ / 283 kcal
Total Fat/Grasas	< 1 g
Saturated Fat /De las cuales saturadas	< 0,5 g
Total Carbohydrate /Hidratos de carbono	67 g
Sugars/De los cuales azúcares	65 g
Protein/Proteína	< 1,5 g
Salt/Sal	1,5 g
Sodium/Sodio	**500 mg**
Magnesium/Magnesio	**60 mg** (16 %*)
Amix™ Reco-Matrix	**1 000 mg**
Taurine/Taurina	500 mg
DMG - DiMethylGlycine/ Dimetilglicina	300 mg
L-Citrulline Malate /L-citrulina malato	100 mg
Beta-Alanine (CarnoSyn®) / (CarnoSyn®) Beta alanina	100 mg
L-Carnitine Base	**100 mg**

* DNRV - Daily nutrient reference value / *VRN- / Valores de Referencia de Nutrientes

Ingredients: Invert sirup (saccharose, fructose, glucose, water), acidifying agent: citric acid; aroma, taurine, sodium chloride, sweetener: acesulfame K; N, N-DiMethylGlycine, sweetener: sucralose; magnesium citrate, TriPotassium citrate, preserving agent: potassium sorbate; L citrulline malate, CarnoSyn® beta-alanine, L-carnitine base, dye: tartrazine.
Allergen warning: It may contain traces of **milk, eggs** and **shellfish (crustaceans** and **molluscs)**.

ATPENERGY - PEAK ATP®



90 cps

AMIX™ ATP Energy-Peak ATP® is a new-generation patented formula that provides the human body with the exact molecule (Adenosine 5-Disodium Triphosphate or ATP) necessary for energy production. It is of great importance to have high levels of ATP for the well-being during physical exertion and also for the optimal functioning of certain organs. In short, it is an excellent supplement for elite athletes, as it ensures a more efficient transport of nutrients and oxygen to the tissues while significantly increasing ATP stores naturally.

Benefits:
» Increases strength & power output
» Improves bloodstream function
» Lessens perception of fatigue
» Benefits muscle recovery
» Patented product

Recommended dosage: Take one capsule daily with 200 ml water on an empty stomach.

Supplement Facts/ Nutritional Information:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving/Cantidad por dosis	
Caffeine Anhydrous/Cafeína anhidra	200 mg
Adenosine 5'- Triphosphate Disodium (PEAK ATP®) /Adenosina 5 - trifosfato disódico **(PEAK ATP®)**	125 mg
Triple Action TEA Complex (Black & White, Green Tea Extracts /extractos de té blanco, té negro y té verde)	125 mg
Taurine/Taurina	100 mg
Amix™ PhosphoMatrix (Di-Calcium Phosphate, Di-Sodium Phosphate, Di-Potasium Phosphate /fosfato dicálcico, fosfato disódico, fosfato dipotásico))	100 mg

Ingredients: Caffeine anhydrous, vegetable capsule (hydroxypropylmethylcellulose, purifiedwater, dye: calcium carbonate), adenosine 5'-triphosphate disodium (PEAK ATP®), triple action teacomplex (black and white, green tea extracts); taurine, di-calcium phosphate, di-sodium phosphate,di potassium phosphate, stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs)**.

MADE WITH PEAK ATP®

Triple Action TEA COMPLEX

ATP ENERGY LIQUID



10 x 25 ml

AMIX™ ATP Energy Liquid is a supplement in liquid vials containing Peak ATP®, a new-generation patented formula that provides the human body with the exact molecule (Adenosine 5-Disodium Triphosphate or ATP) necessary for energy production. It is of great importance to have high levels of ATP for the well-being during physical exertion and also for the optimal functioning of certain organs.
In short, it is an excellent supplement for elite athletes, as it ensures a more efficient transport of nutrients and oxygen to the tissues while significantly increasing ATP stores naturally.

Benefits:
» Increases strength & power output
» Improves bloodstream function
» Lessens perception of fatigue
» Benefits muscle recovery

Recommended dosage: Take 1 shot (25 ml) 30 minutes before physical performance. Shake before drinking it.

Flavors: Orange, Lemon

Supplement Facts/ Nutritional Information:

Serving size/Dosis: 1 ampoule/ampolla (25 ml)

Amount per Serving/Cantidad por dosis	
Taurine/Taurina	1 000 mg
Inosine/Inosina	500 mg
PEAK ATP®	200 mg
Caffeine/Cafeína	200 mg
Triple Action Tea Complex Standardized for for Polyphenols, Catechins and EGG /estandarizado para polifenoles, catequinas y ECG	125 mg
L-Citrulline Base/L-Citrulina Base	100 mg
Glucuronolactone/Glucoronolactona	100 mg

Ingredients: Purified water, taurine, acidifying agent: citric acid, inosine, Adenosine5'- Triphosphate Disodium (PEAK ATP®), caffeine anhydrous, Triple Action Tea Complex (Black & White, Green Tea Extracts), L-Citrulline base, glucuronolactone, aroma, preserving agents: potassium sorbate and sodium benzoate; sweeteners: sucralose, acesulfame-K.
Allergen warning: It may contain traces of **milk, eggs and shellfish**.

MADE WITH PEAK ATP®

Triple Action TEA COMPLEX



90 cps

CAFFEINE WITH TAURINE

AMIX™ Cafeína is a supplement based on Caffeine and Taurine in a pure formula. Caffeine is a stimulant that reduces the feeling of tiredness. Caffeine produces the release of adrenaline in the blood which stimulates the release of fat deposited in the muscles, so that the body can use this extra reserve without the need to consume carbohydrates that are kept as a reserve, this allows the effort to be prolonged for much longer, and caffeine increases mental alertness. This product also contains taurine, a powerful energy source that significantly increases strength and endurance. Taurine acts as a neurotransmitter that helps to coordinate neuronal activity.

Benefits:
» Improves mental focus
» Boosts physical performance
» Supports nervous system
» Accelerates recovery

Recommended dosage: Take 1 capsule approx. 45 minutes before physical exercise.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving/Cantidad por dosis	
Taurine/ Taurina	400 mg
Caffeine Anhydrous/Cafeína anhidra	200 mg

Ingredients: Taurine, caffeine anhydrous, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs)**.

CoffiTime® For Energy!

with Guarana Extract

CRT-ss Controlled Release Technology Support System



90 cps

COFFITIME®

AMIX™ CoffiTime® is a powerful energiser with a unique combination of all the stimulants needed for optimal results. It contains Guarana, a powerful energy stimulant that provides quick energy, stimulates the central nervous system and causes the release of adrenaline, increasing the capacity for physical effort. It contains caffeine from the alkaloid group, which has the capacity to act on the central nervous system, excites the contractions of „smooth“ muscle fibres, delays the sensation of tiredness, increases mental activity, reduces the sensation of sleepiness and has a vasoconstrictor effect. It also contains green tea extract, which helps to reduce body fat and is a powerful antioxidant. CoffiTime® contains Yerba Mate, a powerful stimulator of the nervous system which, just like caffeine, boosts energy and helps you stay alert and lucid. It is also a natural diuretic which inhibits the anti-diuretic hormone, promoting diuresis (elimination of liquids). CoffiTime® also contains Taurine, a natural energy source which provides an extra source of energy. In short, CoffiTime® is a fantastic energy supplement which is very useful for sportsmen and women who need extra energy, increased strength and muscle performance in an effective and natural way.

Recommended dosage: Take 1 capsule approx. 45 minutes before physical exercise with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsule/cápsula

Amount per Serving/Cantidad por dosis	
Guarana Dried Extract /Extracto seco de guaraná (22 % caffeine/ 22 % cafeína)	220 mg
Caffeine Anhydrous/Cafeína anhidra	150 mg
Green Tea Extract/Extracto de té verde	50 mg
Yerba Mate Extract/Extracto de yerba mate	50 mg
Taurine/Taurina	30 mg

Methocel® is a registered trademark of the Dow Chemical Company.

Ingredients: Guarana dried extract, caffeine anhydrous, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), green tea extract, yerba mate extract, taurine, stabilizer: hydroxy propylmethylcellulose Methocel®, anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs)**.

CITRULYN®

AMIX™ Citrulyn is a product based on citrulline malate. Citrulline malate regenerates the ATP deposits and helps us to eliminate the lactic acid produced by intense workouts and that later will produce the already well-known stiffness. Citrulline also helps us to eliminate ammonia, a toxic compound that our body produces when metabolizing amino acids during intense physical exercise. The elimination of this ammonia will help us to delay the sensation of fatigue. Citrulline is converted into arginine once inside the human body which translates into nitric oxide that promotes a higher blood flow which brings more nutrients and oxygen to the muscle which means a greater production of ATP. **AMIX™ Citrulyn** is recommended for both strength and endurance sports.



120 cps

Benefits:
» Increases resistance
» Increases strength
» Increases ATP production
» Promotes the production of nitric oxide»
» Increases blood flow

Recommended daily dose: Take 1-2 capsules with 200 ml of water once or twice a day between meals.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
L-Citrulline Malate/L-citrulina malato	1 500 mg

Ingredients: L-citrulline malate, vegetable capsule (hydroxypropyl methylcellulose, purified water, colorant: calcium carbonate), stabilizer: hydroxypropyl methylcellulose Methocel® anti-caking agents: magnesium stearate and silicon dioxide.
Allergen warning: May contain traces of milk, eggs, soy, gluten and shellfish (crustaceans and mollusks).

CITRULYN® POWDER

AMIX™ Citrulyn is a powder form of pure L-citrulline malate.

L-citrulline malate is L-citrulline bonded to malic acid to enhance absorption.

Recommended daily dose: Use 3 g (. scoop) daily. Mix powder with water, juice or protein drink and drink immediately.



300 g

Supplement Facts/ Información Nutricional:

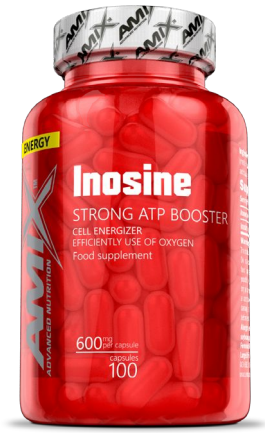
Serving size/Dosis: 3g (½ scoop) / (½ cacito)
Servings per container/ Dosis por envase:100

Average values per serving/ Cantidad media por dosis:	
L-Citrulline Malate 2:1/L-citrulina malato 2:1	3 000 mg

Ingredients: L-citruline malate. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**

INOSINE

AMIX™ INOSINE is a supplement for athletes with high energy expenditure. Inosine is a nucleoside precursor of ATP, its main function in the body is to supply energy to the muscle. It produces immediate energy in the form of ATP for muscle contraction, even in oxygen deficient conditions. Inosine stimulates protein metabolization and increases the affinity of hemoglobin for oxygen. This results in increased oxygenation and muscle recovery. Inosine is very useful for strength and endurance sports, being also highly recommended for speed sports since it is an immediate source of energy. It increases the utilization of oxygen in the blood through its effects on the metabolism of erythrocytes producing adenosine triphosphate or what is the same (ATP).



100 cps

Recommended daily dose: Take 1 capsule, 2 times a day, preferably before exercise with or without food.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 2 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Inosine (Hypoxanthine Riboside) / Inosina (Hipoxantina ribosa)	1 200 mg

Ingredients: Inosina (hipoxantina ribosa), cápsula vegetal (hidroxipropilmetilcelulosa, agua purificada, colorante: carbonato de calcio), antiaglomerantes: estearato de magnesio y dióxido de silicio. **Aviso de alérgenos:** Puede contener trazas de **leche, huevos, soja, gluten y mariscos (crustáceos y moluscos).**

TAURINE

AMIX™ Taurine is a food supplement based on the free form amino acid Taurine which is involved in a variety of metabolic processes. Taurine is a non-essential amino acid and is found in high concentrations in the myocardium (heart muscle), white blood cells, skeletal muscles and the central nervous system.



120 cps

Recommended dally dose: Take 1-2 capsules with 250 ml of water, 30-60 minutes before physical activity.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 capsules/cápsulas

Amount per Serving/Cantidad por dosis	
Taurine / Taurina	1 000 mg

Ingredients: Taurine, vegetable capsule (hydroxypropyl methylcellulose, purified water, colorant: calcium carbonate), anti-caking agents: magnesium stearate and silicon dioxide. Allergen warning: may contain traces of milk, eggs, soy, gluten and shellfish (crustaceans and mollusks).

ACCESSORIES

LEATHER BELT - WHITE



NEOPRENE BELT



WAIST TRAINER BAND



LEATHER BELT - BLACK



NET GLOVES



WRIST BRACE GLOVES WHITE-RED/BLACK



WRIST BRACE BLACK-RED/ BLACK



HOOKS/GACHETTES



POWER GRIP PAD



KNEE BRACE- BLACK



STRAPS



GYM SACK



TOWELS





SHAKER



SHAKER MONSTER BOTTLE - CLEAR



SHAKER MONSTER BOTTLE - COLOUR



BODYBUILDER SHAKER



MINI SHAKER MONSTER BOTTLE - COLOUR



AMIX SHAKER



BOTTLE OF WATER AMIX 2,2 l



EXCELLENT SHAKER



AMIX METALIC SHAKER



PILL BOX



#YOUDECIDE

Tel.: +34 966 78 08 14
info@amix.es
Calle Irlanda 12
03160 Almoradí, Alicante (Spain)
www.amix.es