
AMI PRO
SERIES
FOCUSED ON
PROFESSIONALS
RAUL ARRASCO
TEAM PRO

AMIX™ PRO® is the result of more than a year's work, which has paved the way for the most advanced line of supplements in the world. These supplements boast a combination of the world's finest patented ingredients, the experience and know-how of Raúl Carrasco, the famous athlete of the AMIX™ team, and the best prepared chemicals of AMIX™ Nutrition.

AMIX™ PRO® is endorsed by Raúl Carrasco - IFBB Pro, a renowned professional bodybuilder and Spanish champion, who not only spends his time working out but also makes a huge contribution to the world of fitness and bodybuilding through the research and development of new products. He follows the advice of professionals to ensure the maximum efficiency of his formulations, which are thoroughly tried and tested by professionals to verify their quality.

AMIX™ PRO® has been specially designed for athletes and professional sports players competing at the top level, looking to achieve optimum physical performance while maximising muscular endurance and strength, as well as to lead a healthy lifestyle and enjoy a long sporting career.

IF YOU LOVE SPORT AND SPORT IS YOUR LIFE, AMIX™ IS FOR YOU

04 PRE-WORKOUTS

07 CARBOHYDRATES

10 PROTEIN

12 AMINOACIDS

20 HEALTH

27 FAT BURNERS

28 GROWTH BOOSTERS

29 SPECIAL PRODUCTS

30 MAGNESIUM

GlyceroMax™

CarnoSyn® Carnosine Synthesizer

20 x 60 ml



FOOD SUPPLEMENT
with sweeteners and flavour

Contains caffeine. Caffeine content per Recommended daily amount: (60 ml): 250 mg

CELLUP® PRE-WORKOUT SHOT

AMIX™ Pro CellUp® is a liquid pre-workout that comes in a pouch to be easily taken anywhere.

AMIX™ Pro CellUp® has a clear composition based on specific amounts of each ingredient.

AMIX™ Pro CellUp® contains the following ingredients (among others): HydroMax®, a patented, highly-concentrated form of glycerol and silica. It also contains the patented form of beta-alanine: CarnoSyn®, as well as caffeine and taurine. It also contains L-Arginine hydrochloride, glucuronolactone, vitamin B6 and vitamin C.

Properties:
» Ideal to drink before physical activity
» Shot size in pouch form
» Delicious flavour

Recommended daily amount: The basic daily dose is 1 shot (60 ml). Take it approx. 30-45 minutes before physical performance. Do not exceed the maximal daily dose! Wash down with plenty of water!

Flavours: Mango, Cola, Energy

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 60 ml

Average values/ Valores promedio:	**per/por 60 ml**
CarnoSyn® beta-alanine/ CarnoSyn® Beta alanina	5 000 mg
Glycerol 65% GlyceroMax® / Glicerol 65% GlyceroMax®	2 000 mg
Taurine/ Taurina	2 000 mg
L-arginine HCl/ Hidrocloruro de L-arginina	2 000 mg
N-acetyl-L-tyrosine/ N-acetil-L-tirosina	500 mg
Caffeine anhydrous/ Cafeína anhidra	250 mg
Vitamin C (as ascorbic acid) **/Vitamina C** (como ácido ascórbico)	100 mg (125%*)
Vitamin B6 (as pyridoxine HCl) **/Vitamina B6** (como hidrocloruro de piridoxina)	10 mg (714%*)

*DNRV - Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

Ingredients: purified water, CarnoSyn® beta-alanine, GlyceroMax® (glycerol 65%, anticaking agent: silicon dioxide), taurine, L-arginine HCl, acidifying agent: phosphoric acid; N-acetyl-L-tyrosine, caffeine anhydrous, ascorbic acid (vit.C), preserving agents: potassium sorbate and sodium benzoate; aroma, sweetener: sucralose; dye: (cola flavour and energy flavour-caramel; mango flavour - beta carotene); pyridoxine HCl (vit. B6). **Allergen warning:** It may contain traces of **milk, eggs and shellfish (crustaceans and molluses).**



GlyceroMax™

CarnoSyn® Carnosine Synthesizer

12 x 500 ml

CELLUP® PRE-WORKOUT DRINK

AMIX™ Pro CellUp® Pre Workout Drink is a pre-workout energy drink with a fantastic flavour, enriched with B vitamins (B2, B5, B6) that help to reduce fatigue. It also contains citrulline, caffeine, taurine, beta-alanine and other important ingredients.

Benefits:
» Stimulating effect
» Helps to delay fatigue while working out

Recommended daily amount: The maximal daily dose is 1 can (500 ml). Drink it before physical performance. Serve chilled!

Flavours: Cherry, Tropical, Cucumber-Apple, Dragon Flame, Fruity Twister, Marshmallow, Melon Rush, Golden Peach.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 500 ml

Average values/ Valores medios	**100 ml:**	**500 ml:**
Energy value/ Valor energético:	22,8 kJ/5,4 kcal	114 kJ/27 kcal
Fat/ Grasas	**0 g**	**0 g**
Saturated Fat/ De las cuales saturadas	0 g	0 g
Carbohydrate/ Hidratos de carbono	**0 g**	**0 g**
Sugars/ De los cuales azúcares	0 g	0 g
Protein/ Proteína	**0,2 g**	**1 g**
Salt/ Sal	0,02 g	0,1 g
L-citrulline malate/ L-citrulina malato		4 000 mg
CarnoSyn® beta-alanine/ beta-alanina		1 500 mg
Taurine/ Taurina		1 000 mg
D-glucuronolactone/ D-glucuronolactona		500 mg
N-acetyl L-tyrosine/ N-acetil L-tirosina		500 mg
Caffeine/ Cafeína		200 mg
Vitamin B2/ Vitamina B2		1,5 mg (107 %*)
Vitamin B5/ Vitamina B5		6 mg (100 %*)
Vitamin B6/ Vitamina B6		1,5 mg (107 %*)

Ingredients: purified water, L-citrulline malate, carbon dioxide, CarnoSyn® beta-alanine, acidity regulator: citric acid; taurine, acidity regulator: sodium citrate; D-glucuronolactone, N-acetyl L-tyrosine, preserving agents: potassium sorbate and sodium benzoate; caffeine, aroma, sweetener: sucralose; antioxi- dant: ascorbic acid, sweetener: acesulfame-K; pantothenic acid (vit. B5), riboflavine (vit. B2), pyridoxine HCl (vit. B6) **Allergen warning:** It may contain traces of **milk, eggs and shellfish (crustaceans and molluscs)**

GlyceroMax™

CarnoSyn® Carnosine Synthesizer

348 g



CELLUP® WITH OXYSTORM POWDER

AMIX™ Pro CellUp® con Oxystorm® is a unique highly-concentrated pre-workout supplement in powder form, used to prepare refreshing, tasty drinks.

Vitamins C and B6 help to reduce tiredness and fatigue, while caffeine helps to increase resistance capacity, improves focus and makes you feel more awake.

Benefits:
» Stimulating effect
» Helps to delay fatigue while working out

Recommended daily amount: The basic daily dose is 11,6 g. Take 11,6 g (1 and ¾ scoop) 45 minutes before physical activity. Mix the dose (11,6 g) with 200 ml of water. Do not exceed daily recommended daily dosage!

Flavours: Cola, Red Berry, Lollipop

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 11,6 g
Servings per container/ Dosis por envase: 30

Average values/ Valores promedio:	per/por 11,6 g
CarnoSyn® beta-alanine/ CarnoSyn® Beta alanina	5 000 mg
Taurine/ Taurina	2 000 mg
Glycerol powder 65% GlyceroMax™ /Glicerol en polvo 65% GlyceroMax™	1 000 mg
L-arginine HCl/ Hidrocloruro de L-arginina	1 000 mg
Glucuronolactone/ Glucuronolactona	500 mg
Oxystorm® red spinach extract /Extracto de espinaca roja (Amaranthus hypochondriacus)	500 mg
Caffeine anhydrous/ Cafeína anhidra	250 mg
Vitamin C (as ascorbic acid) **/Vitamina C** (como ácido ascórbico)	100 mg (125 %*)
Vitamin B6 (as pyridoxine HCl) **/Vitamina B6** (como hidrocloruro de piridoxina)	20 mg (1428 %*)

*DNRV - Daily Nutrient Reference Value / *VRN - Valores de Referencia de Nutrientes

Ingredients: CarnoSyn® beta-alanine, taurine, GlyceroMax® (glycerol 65%, anticaking agent: silicon dioxide), L-arginine HCl, acidifying agents: citric acid and malic acid; lucuronolactone, Oxystorm® red spinach extract (Amaranthus hypo-chondriacus), anticaking agent: silicon dioxide, caffeine anhydrous, beetroot extract, ascorbic acid (vit. C), aroma, swetteners: sucralosa and acesulfame-K; emulsifier: **soya** lecithin; pyridoxine HCl (vit. **Allergen warning:** It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluses).**

Cluster Dextrin®
New Energy Source for Athletes

1 000 g



FOOD SUPPLEMENT
with sweeteners and flavour

GLYCODEX® PURE (CYCLODEXTRIN)

AMIX™ Pro GlycoDex® PURE is a food supplement based on Cluster Dextrin® (a patented cyclodextrin-based formula), also known as Highly Branched Cyclic Dextrin (HBCD).

Cyclodextrin is a compound consisting of monosaccharide molecules bound in ring form (cyclic oligosaccharides) which are produced from amylopectin by enzymatic conversion. The result is a glucose polymer with ideal properties: very low osmolality with a relatively high molecular mass.

Benefits:
» Highly soluble
» Low osmolality
» No fat
» No artificial flavours
» No sweeteners

Recommended daily amount: Mix 1 scoop (30 g) with 250 ml of water or other favorite drink daily. You can use it before, during or after training.

Flavours: Natural

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 scoop/1 cacito (30 g)
Servings per container/ Dosis por envase: 33

Average values/ Valores promedio	per/por 30 g	per/por 100 g
Energy value/ Valor energético:	480 kJ/113 kcal	1600 kJ/376 kcal
Fat/ Grasas	**0 g**	**0 g**
Saturated Fat/ De las cuales saturadas	0 g	0 g
Total Carbohydrate/ Hidratos de carbono	**29,1 g**	**97 g**
Sugars/ De los cuales azúcares	0 g	0 g
Protein/ Proteína	**0 g**	**0 g**
Salt/ Sal	0 g	0 g

Ingredients: 100% highly branched cyclic dextrin Cluster Dextrin®
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT
with sweeteners and flavour

1 500 g

2 PepForm® Peptide MATRIX

Cluster Dextrin® New Energy Source for Athletes

PATENT PENDING NOP-47™ WHEY HYDROLYZATE

GLYCODEX® PRO (CYCLODEXTRIN)

AMIX™ Pro® GlycodeX® Pro PRO is a food supplement based on **Cluster Dextrin®** (a patented cyclodextrin-based formula), also known as Highly Branched Cyclic Dextrin (HBCD), together with **hydrolysed waxy maize starch.** AMIX™ Pro GlycoDeX® PRO is enriched with **NOP-47 and PepForm™ Matrix 1:1.**

Cluster Dextrin® is a compound consisting of monosaccharide molecules bound in ring form (cyclic oligosaccharides) which are produced from amylopectin by enzymatic conversion. The result is a glucose polymer with ideal properties: very low osmolality with a relatively high molecular mass, and it helps to rapidly build fat-free muscle mass as it contains no fats or sugars. It also helps improve muscle recovery after intense workouts.

Hydrolysed waxy maize starch is naturally rich in the glucose polymer AMYLOPECTIN, which also has a high molecular mass and is high in highly-absorbable branched polysaccharides. In addition, the waxy maize starch in **GlycoDeX® PRO** has very low osmolality.

NOP-47™, is a selectively enriched bioactive peptide.

PepForm® Matrix 1:1 is a combination of BCAA 2:1:1 PepForm® and Leucine PepForm® peptides at a 1:1 ratio. This combination provides peptides rich in BCAAs and Leucine, obtained through a patented process. It combines free-form amino acids with peptides isolated from fresh sweet whey using advanced fractionation and separation technology.

Benefits:
» Highly soluble
» Fast, high absorption
» Designed for intense, extended workouts
» Provides excellent recovery
» Low osmolality

Recommended daily amount: Mix 1 scoop (30 g) with 250 ml of water. You can use it before, during or after training.

Flavours: Lemon, Cola, Natural, Mango, Forest Fruits, Orange Twister, Cherry Lollipop

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 30 g (1 scoop/ 1 cacito)
Servings per container/ Dosis por envase: 50

	Flavored variants / Variantes aromatizadas		Unflavored/ Sin sabor	
Average Values/ Valores promedio	**per /por 30 g:**	**per /por 100 g:**	**per/por 30 g:**	**per/por 100 g:**
Energy value/ Valor energético:	458 kJ/108 kcal	1528 kJ/359 kcal	474 kJ/111 kcal	1579 kJ/371 kcal
Total fat/ Grasas	**0,03 g**	**0,1 g**	**0,03 g**	**0,1 g**
Saturated Fat/ De las cuales saturadas	0 g	0 g	0 g	0g
Total carbohydrate/ Hidratos de carbono	**26,4 g**	**88 g**	**27,3 g**	**91g**
Sugars/ De los cuales azúcares	0,1 g	0,35 g	0,1 g	0,4 g
Protein/ Proteína	**0,5 g**	**1,7 g**	**0,5 g**	**1,7 g**
Salt/ Sal	0,03 g	0,1 g	0,03 g	0,1 g
Cluster Dextrin® highly branched cyclic dextrin/ dextrina cíclica altamente ramificada	**18,6 g**	**62 g**	**19,2 g**	**64 g**
Hydrolyzed Waxy Maize Starch / Almidón de Maíz Ceroso Hidrolizado	**9,6 g**	**32 g**	**10,2 g**	**34 g**
NOP-47™ whey protein hydrolyzate / hidrolizado de proteína de suero de leche	**300 mg**	**1 000 mg**	**300 mg**	**1 000 mg**
PepForm® Matrix 1:1 BCAA Peptides & Leucine Peptides / péptidos de BCAA y péptidos de Leucina	**300 mg**	**1 000 mg**	**300 mg**	**1 000 mg**

Cluster Dextrin® is a registered trademark of Ezaki Glico Co Ltd. **PepForm® and NOP-47TM** are registered trademarks of Glanbia PLC.

Ingredients: Highly branched cyclic dextrin Cluster Dextrin®, ultra high-molecular weight long chain hydrolyzed waxy maize starch (contains **SO2** 17 mg/1 kg); PepForm® Matrix 1:1 (PepForm® BCAA peptides [**whey peptides /from milk**/, BCAA peptides, L-leucine, L-isoleucine, L-valine], PepForm® leucine peptides [**whey peptides / from milk**/, L-leucine]); NOP-47TM - **whey protein hydrolyzate /from milk**/, acidifying agent: citric acid (only for flavored variants); aroma (only for flavored variants); dye: (beta carotene /only for lemon and mango delicious flavour/; caramel /only for flavour cola blast/); beetroot juice /only for forest fruits flavour/, sweeteners: sucralose and acesulfame-K (only for flavored variants). **Allergen warning:** It may contain traces of **eggs, soybeans, gluten, tree nuts, peanuts, fish and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT
with sweeteners and flavour

LactoSpore
CFM Whey Protein
AMINOGEN
PepForm Peptide MATRIX

500 g | 800 g | 1800 g

ISOHD® 90 CFM PROTEIN

AMIX™ Pro IsoHD® 90 CFM Protein is a food supplement consisting of whey protein isolate, designed and developed by AMIX™.

AMIX™ Pro IsoHD® 90 CFM Protein is a protein that is quickly absorbed, promoting the building of muscle mass. It contains practically no fat or carbohydrates. It also contains high levels of Branched Chain Amino Acids (BCAAs) and the amino acid L-glutamine.

Benefits:
» Whey protein isolate
» Rapidly-absorbing pure protein
» Low in fat and sugar
» High in protein
» With LactoSpore™ and AminoGEN®
» With PepForm™ Triple-Matrix

Recommended daily amount: Mix 1 scoop (30 g) with 200-300 ml of water or low fat milk. Use a blender and take it after performance. Daily dosage is 2-3 servings.

Flavours: Double Chocolate, Double White Chocolate, Choco-Mocha-Coffee, Milk Vanilla, Lemon-Yoghurt, White Chocolate-Cookies, Nuttamix.

Ingredients: Instantized CFM® **whey protein isolate /from milk/** with protein fractions, instantized **whey protein isolate /from milk/**, L-glutamine, cocoa powder (only in flavours double dutch chocolate and moca-choco-coffee), aroma, PepForm® Triple-Matrix (PepForm® L-leucine peptides [**whey peptides / from milk/**, L-leucine], PepForm® BCAA peptides [**whey peptides /from milk/**, L-leucine, L-isoleucine, L-valine], Pep-Form® Tryptophan peptides [**whey peptides /from milk/**, L-tryptophan]); stabilizer: sodium carboxymethylcellulose; emulsifier: **soya** lecithin; cocoa powder (only in double white chocolate flavour), patented protease blend AminoGen® (maltodextrin, protease), sweeteners: sucralose and acesultame-K; LactoSpore™ (Bacillus coagulans, maltodextrin), salt, dye: curcumine (only in milk vanilla flavour). **Allergen warning:** It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish crustaceans and molluscs.**

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 30 g (1 scoop / 1 cacito)
Serving per container/ Dosis por envase: 60

Average values/ Valores medios:	per serving/ por dosis: 30 g	per /por: 100 g
Energy value/ Valor energético:	479 kJ/113 kcal	1597 kJ/376 kcal
Total fat/ Grasas	**0,51 g**	**1,7 g**
Saturated fat/ De las cuales saturadas	0,07 g	0,25 g
Total carbohydrate/ Hidratos de carbono	**0,28 g**	**0,95 g**
Sugars/ De los cuales azúcares	0,01 g	0,05 g
Protein/ Proteína (dry basis/base seca)	**27 g**	**90 g**
Salt/ Sal	0,08 g	0,26 g
L-glutamine/ L-glutamina	**3 000 mg**	**10 000 mg**
PepForm® Triple-Matrix 1:1:1	**450 mg**	**1 500 mg**
AminoGen®	**30 mg**	**100 mg**
LactoSpore®	**283 500 000 spores**	**945 000 000 spores**

Aminogen® is a registered trademark of Triarco Industries LLC. **PepForm®** is a registered trademark of Glanbia PLC. **LactoSporeTM** is a registered trademark of Sabinsa Corporation, USA. /**Aminogen®** marca registrada de Triarco Industries LLC. **PepForm®** marca registrada de Glanbia PLC. **LactoSpore™** marca registrada de Sabinsa Corporation, USA.

Average amino acid profile per 100 g of protein content
/Valores medios de aminoácidos por 100 g de proteína:

Alanine/ Alanina	4 450 mg	**Methionine/** Metionina*	1 900 mg
Arginine/ Arginina	2 050 mg	**Phenylalanine/** Fenilalanina*	2 800 mg
L-aspartic acid/ Ácido L-aspártico	11 100 mg	**Proline/** Prolina	6 300 mg
Cysteine/ Cisteína	2 200 mg	**Serine/** Serina	4 200 mg
Glutamine/ Glutamina **	17 600 mg	**Threonine/** Treonina*	6 950 mg
Glycine/ Glicina	1 550 mg	**Tryptophan/** Triptófano*	1 650 mg
Histidine/ Histidina	1 350 mg	**Tyrosine/** Tirosina	2 800 mg
Isoleucine/ Isoleucina*#	6 150 mg	**Valine/** Valina*#	6 750 mg
Leucine/ Leucina *#	10 550 mg	**Lysine/** Lisina*	10 650 mg

* Essential Amino Acids / Aminoácidos esenciales # Total content of BCAA / Contenido total de BCAA - 23 450 mg ** Glutamine values based on glutamic acid content / Valores de glutamina basados en contenido de ácido glutámico



FOOD SUPPLEMENT
with sweeteners and flavour

MICELLE XL®
PepForm® Glutamine Peptides
Suntheanine® Original L-Theanine
AMINOGEN®

1600 g

MICELLE HD® CASEIN

AMIX™ Pro Micelle HD® Casein is a slow-digesting protein created using the latest advances and patent-pending Micelle XL® technology. Micellar casein molecules have been combined into a structure three times larger than usual. These giant molecules, Micelles, create a thick gel which takes several hours to be digested and absorbed, providing sustained-release amino acids.

Each serving of **AMIX™ Pro Micelle HD® Casein** also provides the relaxing properties of L-theanine to help with recovery following physical activity. All these properties make **AMIX™ Pro Micelle HD® Casein** an excellent choice to take between main meals or as an evening supplement.

Benefits:
» AMIX's most delicious supplement with the slowest-digesting protein
» Much slower digestion than standard casein
» Long-lasting supply of amino acids between meals and before you go to bed
» Low in fat
» High in protein
» With Suntheanine® and AminoGEN®
» With PepForm® glutamine peptides

Recommended daily amount: Mix 2 scoops (40 g) with 200-300 ml of water or milk and take it before bed or between meals. Daily dosage is 2-3 servings.

Flavours: Double Chocolate, Strawberry Yoghurt, Milk Vanilla

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 40 g (2 scoops / 2 cacitos)
Serving per container/ Dosis por envase: 40

Average values/ Valores medios:	per serving /por dosis 40 g:	per/por 100 g:
Energy value/ Valor energético:	625 kJ/147 kcal	1564 kJ/ 368 kcal
Total Fat/ Grasas	**0,8 g**	**2 g**
Saturated fat/ De las cuales saturadas	0,4 g	1 g
Total Carbohydrate/ Hidratos de Carbono	**1,6 g**	**4,1 g**
Sugars/ De los cuales azúcares	1,5 g	3,8 g
Protein/ Proteína (dry basis/base seca)	**33 g**	**83,4 g**
Salt/ Sal	0,1 g	0,29 g
Calcium/ Calcio	650 mg (81,25 %*)	1625 mg (203 %*)
Phosphorus/ Fósforo	112 mg (16 %*)	280 mg (40 %*)
L-Glutamine/ L-Glutamina	**4000 mg**	**10 000 mg**
PepForm® Glutamine Peptides/Péptidos de Glutamina	**600 mg**	**1 500 mg**
Suntheanine® (L-Theanine/L-Teanina)	**100 mg**	**250 mg**
AminoGen® Patented Protease Blend /Mezcla patentada de Proteasa	**60 mg**	**150 mg**

* DNRV – Daily Nutrient Reference Value/* VRN - valores de referencia de nutrientes. **Aminogen®** is a registered trademark of Triarco Industries LLC. **PepForm® and Micelle XL®** are registered trademarks of Glanbia PLC. **Suntheanine®** is a registered trademark of Taiyo International, Inc.

Average amino acid profile per 100 g of protein content
/Valores medios de aminoácidos por 100 g de proteína:

Alanine/ Alanina	2 900 mg	**Methionine/** Metionina*	6 900 mg
Arginine/ Arginina	3 400 mg	**Phenylalanine/** Fenilalanina*	2 400 mg
L-aspartic acid/ Ácido L-aspártico	6 600 mg	**Proline/** Prolina	3 900 mg
Cysteine/ Cisteína	500 mg	**Serine/** Serina	8 400 mg
Glutamine/ Glutamina **	17 900 mg	**Threonine/** Treonina*	4 700 mg
Glycine/ Glicina	1 600 mg	**Tryptophan/** Triptófano*	3 900 mg
Histidine/ Histidina	4 100 mg	**Tyrosine/** Tirosina	1 500 mg
Isoleucine/ Isoleucina*#	4 300 mg	**Valine/** Valina*#	4 500 mg
Leucine/ Leucina *#	8 400 mg	**Lysine/** Lisina*	5 300 mg

* Essential Amino Acids / Aminoácidos esenciales # Total content of BCAA / Contenido total de BCAA -17 200 mg
** Glutamine values based on glutamic acid content / Valores de glutamina basados en contenido de ácido glutámico

Ingredients: restructured **Micellar Casein /from milk/**, L-Glutamine, cocoa powder (only in chocolate flavours), PepForm® Glutamine Peptides (**whey peptides /from milk/**, L-Glutamine), L-Theanine (Suntheanine®), aroma, beetroot juice (only in strawberry-yogurt flavour), dye: curcumin (only in milk vanilla flavour); patented protease blend AminoGen® (maltodextrin, protease), emulsifier: **soya** lecithin; sweeteners: sucralose and acesulfame-K. **Allergen warning:** It may contain traces of **eggs, gluten, fish, shellfish, tree nuts and peanuts.**



FOOD SUPPLEMENT

EXPLO-TECH®
TABLET RELEASE SYSTEM
PATENT PENDING

150 tbl | 300 tbl

BCAA 4:1:1

AMIX™ Pro BCAA 4:1:1 is a food supplement based on Branched Chain Amino Acids (L-leucine, L-isoleucine, L-valine) with a special 4:1:1 ratio in favour of L-leucine.

Branched Chain Amino Acids or BCAAs are three essential amino acids, i.e. the human body cannot produce them by itself and they must be administered externally by means of diet or supplementation.

AMIX™ Pro BCAA 4:1:1 contains four times more L-leucine than L-isoleucine or L-valine. L-leucine is a highly important essential amino acid.

Benefits:
» Contains L-leucine, L-isoleucine and L-valine in a ratio of 4:1:1
» Improves protein synthesis
» Promotes muscle building and recovery after exercise
» Ideal to take anywhere
» BCAA in tablet form with Explo-tech® technology (tablet release system)

Recommended daily amount: The basic daily dose is 2 tablets. Take 1 tablet before physical activity and 1 tablet after physical activity. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2 tablets / 2 comprimidos
Servings per container/ Dosis por envase: 150

Active ingredients/ Ingredientes activos	Amount per serving/ Cantidad por dosis
BCAA 4:1:1	**3 000 mg**
L-leucine/ L-leucina	2 000 mg
L-isoleucine/ L-isoleucina	500 mg
L-valine/ L-valina	500 mg

Ingredients: L-leucine, L-isoleucine, L-valine, anticaking agent: micro- crystalline cellulose; stabilizer: croscarmellose sodium; anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

60 tablets

M.A.P. ® Muscle Amino Power

Amix™ Pro M.A.P. ® Muscle Amino Power are chewable tablets with all nine essential amino acids (EEA), including BCAAs (L-Leucine, L-Valine, L-Isoleucine). Convenient and easy to take—no water needed. Amino acids are building blocks of proteins.

Recommended daily amount: Take 2 tablets daily at any time of the day, chew and let it dissolve freely in the mouth.

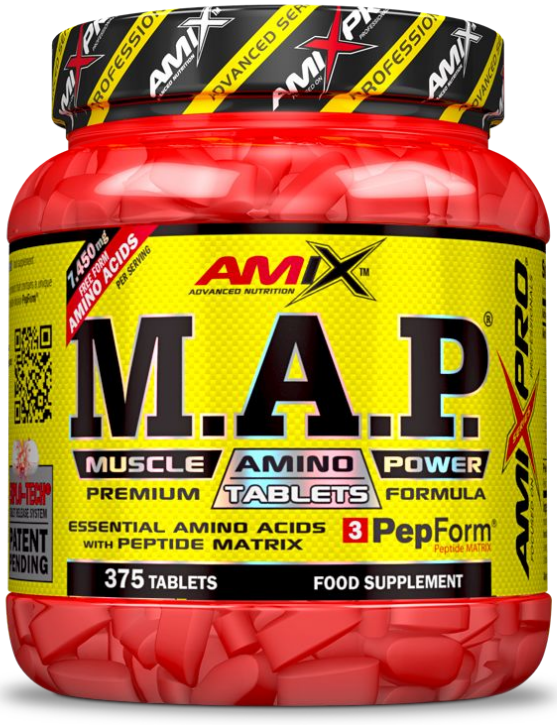
Supplement Facts / Información Nutricional:

Serving size / Dosis: 8,4 g (2 tablets/comprimidos)
Servings per container / Dosis por envase: 30

Average values / Valores medios	per / por 2 tbl (8,4 g):	per/ por 100 g:
Energy / Valor energético	75 kJ/ 18 kcal	895 kJ/ 214 kcal
Fat / Grasas	**0,05 g**	**0,6 g**
of which saturated / de las cuales saturadas	0 g	0 g
Carbohydrate / Hidratos de carbono	**4 g**	**48 g**
of which sugars / de los cuales azúcares	0,01 g	0,07 g
of which polyols / de los cuales polialcoholes	4 g	47 g
Protein / Proteína	**0 g**	**0 g**
Salt / Sal	<0,01 g	0,01 g

Essential amino acids per 2 tablets			
L-Leucine / L-Leucina	966 mg	L-Thréonine / L-treonia	402 mg
L-Valine / L-Valina	644 mg	L-Histidine HCl / L-histidina HCl	188 mg
L-Lysine / L-Lisina HCl	590 mg	L-Méthionine / L-metionina	134 mg
L-Isoleucine / L-Isoleucina	538 mg	L-Tryptophane / L-triptófano	54 mg
L-Phénylalanine / L-fenilalanina	484 mg		

Ingredients: Binder: sorbitol; L-leucine, L-valine, L-lysine HCl, L-isoleucine, L-phenylalanine, L-threonine, acidity regulator: malic acid; L- histidine HCl, L-methionine, lubricants: magnesium salts of fatty acids and mono- and diglycerides of fatty acids; L-tryptophan, aromas, sweeteners: sucralose and steviol glycosides. **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS AND CRUSTACEANS.**



EXPLO-TECH®
TABLET RELEASE SYSTEM
PATENT PENDING

150 tbl | 375 tbl

3 PepForm®
Peptide MATRIX

FOOD SUPPLEMENT

M.A.P.® MUSCLE AMINO POWER

AMIX™ Pro M.A.P.® Muscle Amino Power Tablets is a food supplement made of a form of highly-purified crystalline free-form essential amino acids, together with the peptide complex PepForm® Matrix.

AMIX™ Pro M.A.P.® Muscle Amino Power Tablets have been developed to include essential amino acids in their free form. AMIX™ Pro M.A.P.® Muscle Amino Power Tablets have considered each ingredient in detail, and have been designed using specific amounts of amino acids.

AMIX™ Pro M.A.P.® Muscle Amino Power Tablets contain no fat, sodium or sugar.

Benefits:
» Contributes essential amino acids free of fat and sugar
» Improves protein synthesis
» Improves muscle recovery

Recommended daily amount: For people with body weight up to 80 kg take 5 tablets daily 30 minutes prior exercise, for those between 80 kg and 100 kg of body weight take 10 tablets daily 30 minutes prior exercise and for those above 100 kg of body weight take 10 tablets daily 30 minutes prior exercise and 5 tablets 2 hours later. Wash down with plenty of water. Do not exceed daily recommended daily dosage!

Supplement Facts/ Información Nutricional:
Serving size/ Dosis: 5 tablets/5 comprimidos
Servings per container/ Dosis por envase: 75

Amount per serving/ Cantidad por dosis	
AMIX™ M.A.P.® Matrix	**7 450 mg**
L-leucine/ L-leucina	1 800 mg
L-valine/ L-valina	1 200 mg
L-lysine/ L-lisina	1 100 mg
L-isoleucine/ L-isoleucina	1 000 mg
L-phenylalanine/ L-fenilalanina	900 mg
L-threonine/ L-treonina	750 mg
L-histidine/ L-histidina	350 mg
L-methionine/ L-metionina	250 mg
L-tryptophan/ L-triptófano	100 mg
PepForm® Matrix 2:1:1	**500 mg**
BCAA peptides, Leucine peptides, Tryptophan peptides	

Ingredients: L-leucine, L-lysine HCl, L-isoleucine, L-valine, L-phenylalanine, L-threonine, anticaking agents: microcrystalline cellulose and croscarmellose sodium; PepForm® Matrix 2:1:1 (PepForm® BCAA peptides [**whey peptides /from milk**/, L-leucine, L-Isoleucine, L-Valine], PepForm® Leucine peptides [**whey peptides /from milk**/, L-Leucine], PepForm® Tryptophan peptides [**whey peptides /from milk**/, L-Tryptophan]), L-histidine, L-methionine, L-tryptophan, anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

340 g

GlyceroMax™



FOOD SUPPLEMENT

M.A.P.® WITH GLYCEROLMAX™

AMIX™ Pro M.A.P.® with GlyceroMax™ is a food supplement to be used as a pre-workout before physical activity, based on essential amino acids together with concentrated glycerol powder, GlyceroMax®.

Benefits:
» Pre-workout formula with GlyceroMax®
» Amino acids with no fat or sugar
» Improves protein synthesis
» No artificial flavours or sweeteners

Recommended daily amount: Take 3 scoops (17 g) prior exercise. Wash down with plenty of water. Do not exceed daily recommended daily dosage!

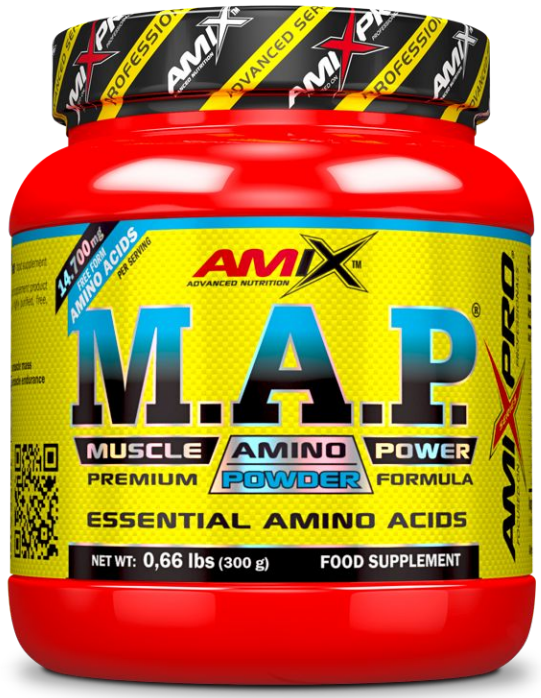
Supplement Facts/ Información Nutricional:
Serving size / Dosis: 3 scoops / 3 cacitos (17 g)
Servings per container / Dosis por envase: 20

Active ingredients/ Ingredientes activos	**per/por 17 g**
AMIX™ M.A.P.® Matrix	**14 700 mg**
L-leucine/ L-leucina	3 600 mg
L-valine/ L-valina	2 400 mg
L-lysine/ L-lisina	2 000 mg
L-isoleucine/ L-isoleucina	2 000 mg
L-phenylalanine/ L-fenilalanina	1 800 mg
L-threonine/ L-treonina	1 500 mg
L-histidine/ L-histidina	700 mg
L-methionine/ L-metionina	500 mg
L-tryptophan/ L-triptófano	200 mg
GlyceroMax™ powdered glycerol 65% / glicerol en polvo 65 %	**2 000 mg**

Ingredients: L-leucine, L-valine, powdered glycerol 65% GlyceroMax™, L-lysine HCl, L-isoleucine, L-phenylalanine, L-threonine, L-histidine, L-methionine, L-tryptophan, emulsifier: **soya** lecithin; anticaking agent: silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**

FOOD SUPPLEMENT

300 g



M.A.P.® AMINO POWER

AMIX™ Pro M.A.P.® Muscle Amino Power is a combination of highly-purified crystalline free-form essential amino acids, designed with specific amounts. Its composition includes essential amino acids in their free form.

AMIX™ Pro M.A.P.® Muscle Amino Power contains no fat, sodium or sugar.

AMIX™ Pro M.A.P.® Muscle Amino Power has been specially designed for athletes like you!

Benefits:
» Highly assimilable amino acids
» Improves protein synthesis
» Contributes essential amino acids free of fat and sugar
» Maintains and/or increases muscle mass and strength
» Improves muscle recovery

Recommended daily amount: For people with body weight up to 80 kg take 1 scoop (5 g) daily 30 minutes prior exercise, for those between 80 kg and 100 kg of body weight take 2 scoops (10 g) daily 30 minutes prior exercise and for those above 100 kg of body weight take 2 scoops (10 g) daily 30 minutes prior exercise and 1 scoop (5 g) 2 hours later. Wash down with plenty of water. Do not exceed daily recommended daily dosage!

Supplement Facts/ Información Nutricional:

Serving size / Dosis: 3 scoops / 3 cacitos (15 g)
Servings per container / Dosis por envase: 20

Active ingredients /Ingredientes activos	per/por 5 g	per/por 10g	per/por 15 g
AMIX™ M.A.P.®	**4 901 mg**	**9 700 mg**	**14 700 mg**
L-Leucine/ L-Leucina	1 200 mg	2 400 mg	3 600 mg
L-Valine/ L-Valina	800 mg	1 600 mg	2 400 mg
L-Lysine/ L-Lisina	667 mg	1 334 mg	2 000 mg
L-Isoleucine/ L-Isoleucina	667 mg	1 334 mg	2 000 mg
L-Phenylalanine/ L-Fenilanina	600 mg	1 200 mg	1 800 mg
L-Threonine/ L-Treonina	500 mg	1 000 mg	1 500 mg
L-Histidine/ L-Histidina	233 mg	466 mg	700 mg
L-Methionine/ L-Metionina	167 mg	334 mg	500 mg
L-Tryptophan L-Triptófano	67 mg	133 mg	200 mg

Ingredients: Ingredients: L-Leucine, L-Valine, L-Lysine HCl, L-Isoleucine, L-Phenylalanine, L-Threonine, L-Histidine, L-Methionine, L-Tryptophan, emulsifier: **soya** lecithin, anticaking agent: silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, gluten, fish, shellfish, tree nuts and peanuts.**

FOOD SUPPLEMENT
with sweeteners and flavour

344 g



M.A.P.® AMINO DRINK

AMIX™ Pro M.A.P.® Muscle Amino Power Drink is a tasty powder supplement containing highly-purified crystalline free-form essential amino acids. AMIX™ Pro M.A.P.® Muscle Amino Power Drink contains no fat, sodium or sugar. AMIX™ Pro M.A.P.® Muscle Amino Power Drink has been specially designed for athletes like you!

Benefits:
» Highly assimilable amino acids
» Improves protein synthesis
» Contributes essential amino acids free of fat and sugar
» Improves muscle recovery
» Maintains and/or increases muscle mass and strength

Recommended daily amount: For people with body weight up to 80 kg take 1 scoop (5,7 g) daily 30 minutes prior exercise, for those between 80 kg and 100 kg of body weight take 2 scoops (11,4 g) daily 30 minutes prior exercise and for those above 100 kg of body weight take 2 scoops (11,4 g) daily 30 minutes prior exercise and 1 scoops (5,7 g) 2 hours later. Wash down with plenty of water. Do not exceed daily recommended daily dosage!

Flavours: Forest Fruits, Mango-Pineapple, Cola Fizz Orange, Fresh Lemon

Supplement Facts/ Información Nutricional:

Serving size / Dosis: 3 scoops / 3 cacitos (17,1 g)
Servings per container / Dosis por envase: 20

Active ingredients/ Ingredientes activos	per/por 5,7 g	per/por 11,4 g	per/por 17,1 g
AMIX™ M.A.P.®	**4,9 g**	**9,8 g**	**14,7 g**
L-leucine / L-leucina	1 200 mg	2 400 mg	3 600 mg
L-valine / L-valina	800 mg	1 600 mg	2 000 mg
L-lysine / L-lisina	667 mg	1 334 mg	2 000 mg
L-isoleucine / L-isoleucina	667 mg	1 334 mg	2 000 mg
L-phenylalanine / L-fenilalanina	600 mg	1 200 mg	1 800 mg
L-threonine / L-treonina	500 mg	1 000 mg	1 500 mg
L-histidine / L-histidina	233 mg	466 mg	700 mg
L-methionine / L-metionina	167 mg	334 mg	500 mg
L-tryptophan / L-triptófano	67 mg	133 mg	200 mg

Ingredients: L-leucine, L-valine, L-lysine HCl, L-isoleucine, L-phenylalanine, acidity regulators: citric acid and malic acid; L-threonine, L-histidine, L-methionine, aroma, L-tryptophan, dye: beta-carotene; beetroot juice, emulsifier: **soya** lecithin, anticaking agent: silicon dioxide; sweeteners: sucralose and acesulfame-K. **Allergen warning:** It may contain traces of **milk, eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



RAUL CARRASCO

IFBB PRO AMIX™ TEAM ATHLETE
CATEGORY: BODYBUILDING UP TO 212LBS



FOOD SUPPLEMENT

AMINOGEN®

DigeZyme®
Multi-Enzyme Complex

90 cps

ENZYGEN

AMIX™ Pro EnzyGEN is a food supplement in capsule form that has been specially developed to support and assist with digestive functions.

AMIX™ uses market-leading patents as ingredients in the composition of its products. **AMIX™ Pro EnzyGEN** consists of the enzymatic complex DigeZyme® and the patented natural plant-based ingredient **Aminogen®.**

DigeZyme®: It is a multi-enzymatic complex developed by Sabinsa Corporation. DigeZyme® principally consists of the enzymes amylase, lactase, cellulase, lipase and protease. These enzymes help to decompose carbohydrates, lactose, cellulose fibres, fats and proteins.
Aminogen®: It is a natural ingredient created and patented by Triarco Industries Inc.

Aminogen®: It is a natural ingredient created and patented by Triarco Industries Inc. Aminogen® consists of a combination of enzymes.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 90

Amount per Serving/ Cantidad por dosis			
AMIX™ EnzyGEN (contains/contiene DigeZyme® & AminoGen®)			**250 mg**
Amylase/ Amilasa	4245 U	Lactase/ Lactasa	747 U
Protease/ Proteasa	5068 U	Lipase/ Lipasa	183 U
Cellulase/ Celulasa	36 U		

Ingredients: anticaking agent: microcrystalline cellulose, DigeZyme® multienzyme complex (maltodextrin, amylase, lipase, lactase, cellulase, bacterial neutral protease), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), Aminogen® (maltodextrin, protease blend), anticaking agents: magnesium stearate and silicon dioxide **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

AMIX™ Pro EnzyGEN is the perfect combination that can be used by anyone who has the regular symptoms of poor digestion (gas, constipation, etc.) and also by athletes with special diets.

Benefits:
» Primary proteases to digest proteins
» Primary amylases to digest carbohydrates
» Primary lipases to digest fats
» Supports digestive health

Recommended daily amount: Take 1 capsule daily with food. Wash down with plenty of water.

TRcaps TARGETED RELEASE

dE 111 PROBIOTIC™ TRADEMARKED SUPERSTRAIN

60 cps



FOOD SUPPLEMENT

PROBIO HD® PROBIOTICS

AMIX™ Pro ProbioHD® is a food supplement based on a combination of 10 beneficial bacteria and 30 million colony-forming units (CFU).

Our digestive system is colonised by millions of bacteria, most of which are harmless. Certain situations of stress or illness while taking antibiotics, etc. may increase the colonisation of bacteria that compromise the balance of the gut flora.

AMIX™ Pro ProbioHD® contains **DE111™,** a strain of Bacillus subtilis, a probiotic spore that supports digestive and immune health. Human clinical studies have demonstrated the strain's ability to control microbial populations, support digestion and maintain overall health. **DE111™** is capable of forming spores that protect microbes in extreme conditions until they enter an environment suitable for germination. Given its spore-forming capacity, **DE111™** remains viable in a wide range of temperatures and pH levels, making it ideal for use in supplements, food and drink.

AMIX™ Pro ProbioHD® uses plant-based **TRcaps®.** These capsules are suitable for vegans and help to protect the ingredients of the supplement.

Recommended daily amount: Take 1 capsule daily preferably with a meal or as directed by a health care professional.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/1 cápsula
Servings per container/ Dosis por envase: 60

Active ingredients /Ingredientes activos	Amount per serving /Cantidad por dosis
ProbioHD® Bacteria	**30 billion organisms** /30 mil millones de organismos

DE111™ (Bacillus subtilis), Bacillus coagulans, Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium longum, Lactobacillus rhamnosus, Lactobacillus salivarius, Lactobacillus casei, Bifidobacterium breve, Lactobacillus plantarum

Ingredients: probiotic spores (DE111TM - Bacillus subtilis, Bacillus coagulans, Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium longum, Lactoba- cillus rhamnosus, Lactobacillus salivarius, Lactobasillus casei, Bifidobacterium breve, Lactobacillus plantarum); vegetable cellulose capsule; stabilizer: low moisture rice dex- trin, anticaking agent: medium chain triglycerides. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**





60 cps

FOOD SUPPLEMENT

BERBERINE HCL

AMIX™ Pro Berberine HCl is a food supplement in the form of a plant-based capsule suitable for vegans, containing berberine extract, green tea extract and dandelion extract.

Berberis aristata: supports liver and cardiovascular health.

Berberis vulgaris and dandelion: support gut health, and dandelion is beneficial for cholesterol levels.

Benefits:
» Favours liver and cardiovascular health
» Helps to reduce total cholesterol and triglycerides to healthy levels

Recommended daily amount: Take 1 capsule a day. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/ 1 cápsula
Servings per container/ Dosis por envase: 60

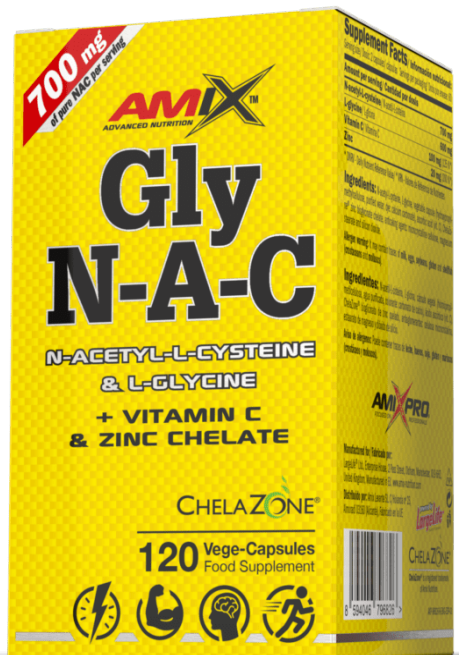
Amount per serving/ Cantidad por dosis	
Berberine/ Berberina (Berberis extracts/ Extractos de Berberis)	**500 mg**
Green tea extract/ Extracto de té verde (50 % polyphenols/ polifenoles)	**50 mg**
Dandelion extract/ Extracto de diente de león	**50 mg**

Ingredients: Berberine HCl (Berberis vulgaris & Berberis aristata) – root extracts, vegetable capsule (hydroxypropylmethylcellulose, purified water, dyes: calcium carbonate, tartrazine and sunset yellow FCF), green tea extract (Camellia sinensis) - leaves, dandelion extract (Taraxacum officinale) - root, anticaking agents: vegetable magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**





60 cps





FOOD SUPPLEMENT

GLYN-A-C

AMIX™ Pro GlyN-A-C is a combination of N-acetyl-L-cysteine and glycine enriched with vitamin C and zinc, which contribute to the protection of cells against oxidative stress and to the normal functioning of the immune system. Zinc also supports normal cognitive function and normal protein synthesis, and also helps to maintain normal levels of testosterone in the blood.

Benefits:
» Improves kidney and liver health
» Functions predominantly as an antioxidant

Recommended daily amount: Take 2 capsules daily, preferably between meals. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2 capsules/ cápsulas
Servings per container/ Dosis por envase: 60

Amount per serving/ Cantidad por dosis	
N-acetyl-L-cysteine/ N-acetil-L-cisteína	**700 mg**
L-glycine/ L-glicina	**600 mg**
Vitamin C/ Vitamina C	**100 mg** (125 %*)
Zinc	**20 mg** (200 %*)

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes

Ingredients: N-acetyl-L-cysteine, L-glycine, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), ascorbic acid (vit. C), ChelaZone® zinc bisglycinate chelate, anticaking agents: microcrystalline cellulose, magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

LactoSpore™ Stable Probiotic

90 cps

HEPACOR® PROTECTOR

AMIX™ Pro HepaCor® Protector is a food supplement developed for the well-being and health of the liver with ingredients such as acetyl-L-carnitine, milk thistle, lactic acid bacteria (LAB), LactoSpore™ (Bacillus coagulans) and a combination of B-group vitamins.

AMIX™ Pro HepaCor® Protector has been designed with ingredients such as:

La Acetil-L-Carnitina (ALC), a form of L-carnitine, in acetylated form.

La Silimarina (Silybum marianum). is a substance extracted from the seeds of the milk thistle plant.

LactoSpore™ (Lactobacillus sporogenes, Bacillus coagulans) is a versatile probiotic, patented by Sabinsa Corporation.

Vitamina B6 contributes to the synthesis of cysteine, energy metabolism, the functioning of the nervous system, metabolism of homocysteine, metabolism of proteins and glycogen, psychological function, formulation of red blood cells and the function of immune system. It also helps to reduce tiredness and fatigue and to regulate hormonal activity.

Vitamina B3
Contributes to brain function, energy metabolism and the functioning of the nervous system. Helps to normalise mucous membranes and the condition of the skin, as well as to fight tiredness and fatigue.

Benefits:
» Improves liver health
» Improves digestive health
» Contains probiotics (LactoSpore™)

Recommended daily amount: Take 2 capsules daily with meal. Wash down with plenty of water.

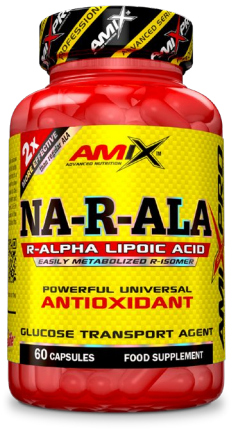
Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2 capsules/ 2 cápsulas
Servings per container/ Dosis por envase: 45

Amount per serving/ Cantidad por dosis	
Acetyl L-carnitine/ Acetil-L-carnitina	400 mg
Silymarin extract/ Extracto de Cardo mariano (80% silymarin/80% silimarina)	400 mg
LactoSpore™ (Lactobacillus sporogenes, Bacillus coagulans)	1 500 000 000 spores/ esporas
Phosphatidylserine/ Fosfatidilserina enriched soya lecithin/lecitina de soja enriquecida (50% phosphatidylserine/ 50% fosfatidilserina)	100 mg
Vitamin B3/ Vitamina B3 (nicotinamide/nicotinamida)	6,5 mg (40 %*)
Vitamin B6/ Vitamina B6 (pyridoxine HCl /hidrocloruro de piridoxina)	3,2 mg (228 %*)

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes

Ingredients: Acetyl-L-carnitine, Silymarin extract (Silybum marianum, seeds), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), LactoSporeTM (Bacillus coagulans, maltodextrin), emulsifier: **soya** lecithin; anticaking agent: microcrystalline cellulose; Phosphatidylserine 50% (enriched **soya** lecithin), anticaking agent: vegetable magnesium stearate and silicon dioxide; nicotinamide (vit. B3 Niacin), pyridoxine HCl (vit. B6). **Allergen warning:** It may contain traces of **milk, eggs, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

60 cps

NA-R-ALA

AMIX™ Pro NA-R-ALA is a food supplement based on R-Alpha Lipoic acid, an active isomer of Alpha Lipoic acid. ALA is a universal antioxidant and has solubility in both water and fat.

ALA also has the ability to prolong the life of vitamins C and E and fight free radicals. It participates in energy metabolism and improves the immune system.

Benefits:
» Antioxidant. Fights Free Radicals
» Easily synthesized and metabolized
» Soluble in both water and fat

Recommended daily amount: Take 1 capsule one or two times daily with meal. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 60

Amount per serving/ Cantidad por dosis	
R-Alpha Lipoic Acid/ Ácido R-Alfa Lipoico from 125 mg NA-R-ALA (R-Lipoic Acid sodium) / 125 mg NA-R-ALA / Ácido sódico R-Lipoico	100 mg

Ingredients: anticaking agent: microcrystalline cellulose; R-lipoic acid sodium, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

FISH OIL OMEGA-3 POWER

AMIX™ Pro Fish Oil Omega3 Power is a food supplement based on fish oil, a natural source rich in essential omega-3 fatty acids known as EPA and DHA. Omega-3 fatty acids are considered "essential" because our bodies are not capable of producing them alone, and therefore they must be provided daily by our diets or supplements.

The essential fatty acid DHA contributes mainly to the maintenance of normal brain function, eyesight and heart health, while EPA fatty acid plays a major role in our heart health.

The combination of EPA and DHA contributes to normal heart function, regulates triglyceride and cholesterol levels, improves brain activity, has a significant anti-inflammatory function and may also support eye health.

The daily amount of DHA and EPA required to achieve beneficial effects is 250 mg.

Recommended daily amount: Take 1-3 softgels daily with food and a plenty of water.



FOOD SUPPLEMENT

60 cps

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 60

Active ingredients/ Ingredientes activos	per/por **1 cps**
Fish Oil/ Aceite de pescado	**1 000 mg**
EPA (Eicosapentaenoic acid / Ácido eicosapentaenoico)	500 mg
DHA (Docosahexaenoic acid / Ácido docosahexaenoico)	250 mg

Ingredients: fish oil, gelatin, humectant: glycerin, purified water. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

OPTIMSM®

AMIX™ Pro OptiMSM® is a vital supplement for joint health thanks to its Methylsulfonylmethane (MSM) content.

MSM is an organic sulphur (natural source of sulphur). High concentrations of sulphur are found in the joints. Its impact on the maintenance and regeneration of connective tissue and cartilage formation is very important, and it also helps to prevent arthritis and rheumatism.

MSM has anti-inflammatory and antioxidant properties, is involved in the creation of collagen, may help to strengthen the immune system and may be useful for allergies and even asthma problems.

In **AMIX™Pro OptiMSM®** we have used the safest, purest form of MSM produced in the USA: OptiMSM®. Suitable for vegetarians and vegans. OptiMSM® is an MSM of the highest quality available on the market.

Recommended daily amount: Take 2 capsules in the morning and 2 capsules in the evening always with meal. Wash down with plenty of water.



FOOD SUPPLEMENT

VEGAN FRIENDLY

Vcaps® Plus

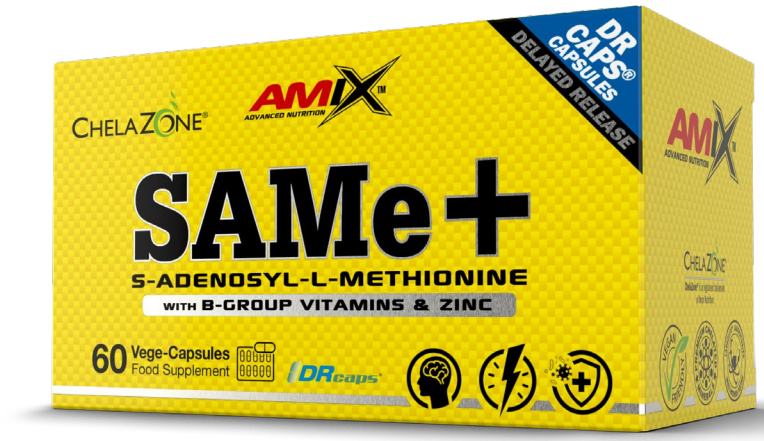
OptiMSM®

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 4 capsules/4 cápsulas
Servings per container/ Dosis Por envase: 30

Active ingredients/ Ingredientes activos	per/por **4 cps**
MSM – methylsulfonylmethane - OptiMSM® /OptiMSM® - metilsulfonilmetano	**3 000 mg**

Ingredients: OptiMSM® - methylsulfonylmethane, vegetable capsule Vcaps® Plus (hypromellose, dye: titanium dioxide); anticaking agents: vegetable magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish.**



SAMe+

AMIX™ Pro SAMe+ Amix™ SAMe+ is a food supplement in a vegetable capsule with slow release, combining S-adenosyl-L-methionine (SAMe), B-group vitamins, and zinc. Vitamin B2, B6, B12 contribute to the normal functioning of the nervous system and in addition vitamins B6, B9, B12 contribute to normal psychological function. Vitamin B2, B6 and B12 contribute to normal energy-yielding metabolism and Folate (B9) contributes to the reduction of tiredness and fatigue. Vitamin B12, B6, B9 contribute to normal homocysteine metabolism. Zinc contributes to the normal function of the immune system and to the protection of cells from oxidative stress.

Recommended dosage: Take 1 capsule daily after meals. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/ 1 cápsula
Servings per container/ Dosis por envase: 60

Average values/Valores medios	per serving/por dosis
S-Adenosyl-L-Methionine/ S-Adenosil-L-Metionina (S-Adenosyl-L-Methionine Disulfate Tosylate/ S-Adenosil-L-Metionina Disulfato Tosilato)	**200 mg**
Riboflavin/Riboflavina (Vitamin B2/ Vitamina B2)	**7 mg** (500 %*)
Vitamin B6/Vitamina B6	**7,5 mg** (536 %*)
Folic acid/ Ácido fólico (Vitamin B9/ Vitamina B9)	**400 µg** (200 %*)
Vitamin B12/Vitamina B12	**6 µg** (240 %*)
Zinc (from zinc bisglycinate chelate/de bisglicinato de zinc quelado	**5 mg** (50 %*)

* NRV - Nutrient Reference Values /VRN - Valores de Referencian de Nutrientes

Ingredients: S-Adenosyl-L-Methionine Disulfate Tosylate, bulking agent: microcrystalline cellulose; vegetable capsule (hypromellose, gelling agent: gellan gum), anticaking agent: magnesium salt of fatty acids and silicon dioxide; zinc bisglycinate chelate (zinc), pyridoxine HCl (vitamin B6), riboflavin (vitamin B2), cyanocobalamin (vitamin B12), pteroylmonoglutamic acid (folic acid). Allergen warning: It may contain traces of **MILK, EGGS, SOYBEANS, GLUTEN AND CRUSTACEANS.**

120 cps | 300 cps

VitaCholine®

BMAX Vitamin Complex



FOOD SUPPLEMENT

LIPIDROL® FAT BURNER

AMIX™ Pro LipiDrol® Fat Burner is a food supplement developed for stimulant-free weight control based on the patented form of choline: VitaCholine™, along with other components such as inositol, methionine and the widely known phospholipid, phosphatidylserine. To complete the formulation, a combination of B-group vitamins have also been included.

Benefits:

» Complex with inositol, methionine, phosphatidylserine
» Contains Vitamin B3, B6, B12
» Caffeine free

Recommended daily amount: Take 6 capsules with 300 ml of water 30-60 minutes before the physical activity.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 6 capsules/ 6 cápsulas
Servings per container/ Dosis por envase: 20

Amount per serving/ Cantidad por dosis	
VitaCholine® - Choline L-bitartrate/ L-bitartrato de colina	1 000 mg
Inositol	1 000 mg
Methionine/ Metionina	500 mg
Phosphatidylserine / Fosfatidilserina enriched soya lecithin / lecitina de soja enriquecida (50 % phosphatidylserine / 50 % fosfatidilserina)	100 mg
Vitamin B3 - Niacin/ Vitamina B3 - Niacina (nicotinamide / nicotinamida)	16 mg (100 %*)
Vitamin B6/ Vitamina B6 (pyridoxin HCl/hidrocloruro de piridoxina)	10 mg (714 %*)
Vitamin B12/ Vitamina B12 (cyanocobalamin/cianocobalamina)	5 mcg (200 %*)

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes

VitaCholine™
This is a leading brand that gained recognition from the United States Pharmacopeia (USP) in 2012. Studies show that 90% of the population do not reach sufficient choline levels through diet, especially vegetarians. A prolonged diet that is deficient in choline can damage muscle mass and cause fat to accumulate in the liver. Choline supports the normal function of the liver and helps to prevent an accumulation of fat in the liver by transporting fats for other uses in the body, such as the production of energy. Choline helps to maintain normal liver function. Choline contributes to normal homocysteine and lipid metabolism.

Inositol
It is considered a member of the B-group vitamins.

Methionine
It is an essential amino acid (our bodies cannot produce it by themselves).

Phosphatidylserine (enriched soya lecithin)
Phosphatidylserine is a phospholipid (a type of fatty acid) that is found in soya lecithin.

Vitamins B3, B6, B12
They support normal energy metabolism, normal functioning of the nervous system and help to reduce tiredness and fatigue. Vitamins B6 and B12 support normal brain function.

Ingredients: choline bitartrate VitaCholineTM, inositol, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), methionine, emulsifier: **soya** lecithin; anticaking agents: microcrystalline cellulose, magnesium stearate and silicon dioxide; phosphatidylserine 50% (enriched **soya** lecithin), nicotinamide (vit. B3), pyridoxine HCl (vit. B6), cyanocobalamin (vit. B12). **Allergen warning:** It may contain traces of **milk, eggs, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

TAXADROL®

Testofen® AstraGin™

100 tbl | 250 tbl

200 cps

TestoF-200®

AMIX™ Pro TestoF-200® is a food supplement that comes in 2 formats: capsules and tablets. It has been designed with ingredients to naturally boost testosterone levels. **AMIX™ Pro Testo F-200** contains ingredients such as: D-aspartic acid (DAA), arginine-alpha-ketoglutarate (AKG), Tribulus terrestris (90% saponins), Peruvian maca root extract 10:1, TestoFen® fenugreek, AstraGin™, Taxadrol®, and flavonoids.

Recommended daily amount: Take 5 tablets daily between meals. Wash down with plenty of water. Use this product max. over a period of 8 weeks, followed by 4 weeks off cycle.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 5 tablets/ 5 comprimidos
Servings per container/ Dosis por envase: 20

Amount per serving/ Cantidad por dosis	
D-aspartic acid/ Ácido D-aspártico	**3 000 mg**
L-arginine alpha ketoglutarate/ L-arginina alfa-cetoglutarato	**1 000 mg**
Tribulus terrestris/ Tribulus terrestris (90 % steroidal saponins content / 90 % contenido saponinas esteroidales)	**750 mg**
Maca root extract 10:1/Extracto de raíz de maca 10:1	**500 mg**
Testofen® Fenugreek/ Fenogreco (50 % fenuside/ 50% fenusida)	**100 mg**
AstraGin™ patent-pending extract derived from Panax notoginseng and Astragalus membranaceus **/ AstraGin™** extracto de Panax notoginseng y Astragalus membranaceus pendiente de patente	**25 mg**
Vitamin B3/ Vitamina B3 (as nicotinamide/ como nicotinamida)	**16 mg** (100 %*)
Zinc (as zinc oxide/ como óxido de zinc)	**10 mg** (100 %*)

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes

Ingredients: D-aspartic acid, anticaking agent: microcrystalline cellulose; L-arginine alpha ketoglutarate, Tribulus terrestris extract (whole plant), maca root extract (10:1 Lepidium meyenii extract), Testofen® - fenugreek (Trigonella foenum-graecum), Taxadrol® (Pinus sylvestris), anticaking agent: silicon dioxide; AstraGinTM (patent- pending extract derived from Panax notoginseng /root/ and Astragalus membranaceus /root/), nicotinamide (vit. B3), zinc oxide, anticaking agent: magnesium stearate. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

GPLC - GLYCINE PROPIONYL L-CARNITINE

AMIX™ Pro GPLC is a food supplement based on a propionyl ester of carnitine (a form of carnitine) to which the essential amino acid glycine is added.

Glycine propionyl-L-carnitine (GPLC) has various properties, such as increased production of nitric oxide.

AMIX™ Pro GPLC also functions as an antioxidant, as it neutralises free radicals.

Benefits:
» Increases the production of nitric oxide
» Antioxidant activity

Recommended daily amount: Take 1 capsule daily with food. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/ cápsula
Servings per container/ Dosis por envase: 90

Amount per serving/ Cantidad por dosis	
GPLC Glycine propionyl L-carnitine / Propionil de L-carnitina glicina	**500 mg**

Ingredients: Glycine propionyl L-carnitine, anticaking agent: microcrystalline cellulose, vegetable capsule (hydroxypro- pylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 cps

CREATINE HCL

AMIX™ Pro Creatine HCL is a supplement based on creatine hydrochloride (creatine HCl) designed to increase performance during high intensity physical activity over a short period of time.

Creatine hydrochloride is part of a new generation of creatine-based food supplements. Creatine HCl is the result of attaching hydrochloride to creatine, which helps to reduce its pH and improve stability. The addition of this salt increases the solubility of creatine, thus increasing its absorption and bioavailability.

The beneficial effects of creatine hydrochloride include increased strength and muscle size, improved recovery between intense sets, improved post-workout recovery, etc.

With **AMIX™ Pro Creatine HCL** you will notice the benefits of creatine, preventing fluid retention without the need for loading phases or unloading cycles.

Recommended daily amount: Take 2-4 capsules with a glass of water preferably 60 minutes before training. On non-training days take 2-4 capsules during a day.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 4 capsules/ 4 cápsulas
Servings per container/ Dosis Por envase: 30

Active ingredients/ Ingredientes activos	per/por **4 cps**
Creatine HCl/ Clorhidrato de Creatina	**3 000 mg**

Ingredients: Creatine HCl, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: microcrystalline cellulose, anticaking agents: vegetable magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

120 cps



COMPLEMENTO ALIMENTICIO

90 cps

MAGTEIN® MAGNESIUM L-THREONATE

AMIX Pro® Magtein® Magnesium L-Threonate, new form of Magnesium which supports reduction of tiredness and fatigue, normal functioning of the nervous system, normal energy-yielding metabolism and electrolyte balance, normal muscle function, normal protein synthesis, normal psychological function and maintanace of normal bones and teeth.

Recommended dosage: Take 3 capsules daily 2 hours before sleep. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 5 capsules / 3 cápsulas
Servings per container/ Dosis por envase: 30

Active ingredients/ Ingredientes activos	por 3 cps
Magnesium	**144 mg (38,4%)**
Magtein® magnesium L-threonate 2 000 mg	

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes

Ingredients: Magnesium L-threonate (Magtein®), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium salts of fatty acids and silicon dioxide. **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS, GLUTEN AND CRUSTACEANS.**



#YOUDECIDE

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