
AMIX
TM
ADVANCED NUTRITION
Black Line

AMIX™
ADVANCED NUTRITION

Black Line

AMIX™ Black Line represents the perfect union between **Mauro Fialho's** passion and competition experience and Amix Nutrition's expertise and tradition in sports supplements. This collaboration has given form to an unique line, forged with the finest raw materials and designed to make a difference in the market.

Our goal has been clear from the beginning: to offer something that goes beyond conventional nutrition. A line that is the perfect match for those who are new to bodybuilding as well as for those who are already leading the field. It is a promise of quality, performance and self-improvement.

MAURO FIALHO
AMIX™ NUTRITION ATHLETE

AMIX™
ADVANCED NUTRITION

ENDORSED BY
Mauro Fialho, IFBB Pro Olympia



"In my career, I have always strived for the best. With Amix, we've brought all that knowledge and passion to the table to create something truly special. This line is not just a reflection of who we are, but where we want to go. With determination and hard work, we keep moving forward, #everydaywithoutfail ⚡" - **Mauro Fialho**

Whey Protein

DigeZyme® Multi-Enzyme Complex

LactoSpore™



ICED COFFEE



FINE ICED COCONUT



MILKY WHITE CHOCOLATE



ORIGINAL COOKIE





CHOCOLATE CAKE



SALTED CARAMEL ICE CREAM



BOMBÓN CRUNCHY



STRAWBERRY CHEESECAKE



MANGO PINEAPPLE



DUBAI CHOCOLATE





1000 g | 2000 g

500 g | 35 g

20 x 35 g

BLACK CFM® ISOLATE

AMIX™ BLACK CFM® ISOLATE is a premium quality whey protein isolate enriched with probiotics (Lactospore™) and enzyme complex Digezyme®. Thanks to that the Black CFM® Isolate is really fast and easy digestible. It delivers the full spectrum of amino acids naturally found in whey protein, including the highest concentration of BCAA, as well as other essential aminos. Protein contributes to a growth in muscle mass to the maintenance of muscle mass.

Benefits:
» High instant protein drink
» Low in fat
» Easy to digest and quickly absorbed
» Aspartame free
» Original CFM®
» With probiotics Lactospore™ and enzymes DigeZyme®

Supplement Facts
/Información Nutricional (Chocolate Cake flavour)
Serving size/ Dosis: 35 g (1 heaping scoop/ 1 cacito colmado)

Average values/ Valores medios:	per/por 35 g:	per/por 100 g:
Energy value/ Valor energético	559 kJ/ 132 kcal	1597 kJ/ 376 kcal
Total fat/ Grasas	**0,5 g**	**1,4 g**
Saturated fat/ de las cuales saturadas	0,2 g	0,6 g
Total carbohydrate/ Carbohidratos	**0,8 g**	**2,4 g**
Sugars/ de los cuales azúcares	0,3 g	0,9 g
Protein/ Proteína (dry basis/ base seca)	**31 g**	**88 g**
Salt/ Sal	**0,33 g**	**0,93 g**
Multi-Enzyme Complex / complejo multienzimático (DigeZyme®)	**52,5 mg**	**150 mg**
Probiotics/ Probióticos (LactoSpore™)	**70 000 000 spores**	**200 000 000 spores**

CFM® is a registered trademark of Glanbia PLC. **LactoSpore™** is a registered trademark of Sabinsa Corporation, USA.
DigeZyme® is a registered trademark of Sabinsa Corporation, USA.

Average amino acid profile per 100 g of protein content
/ Valores medios de aminoácidos por 100 g de proteína:

Alanine/Alanina	5 280 mg	**Methionine**/Metionina *	2 190 mg
Arginine/Arginina	2 190 mg	**Phenylalanine**/Fenilalanina *	3 090 mg
L-aspartic acid/ácido L-aspártico	11 850 mg	**Proline**/Prolina	7 770 mg
Cysteine/Cisteína	2 680 mg	**Serine**/Serina	5 280 mg
Glutamine/Glutamina **	18 800 mg	**Threonine**/Treonina *	7 970 mg
Glycine/Glicina	1 690 mg	**Tryptophan**/Triptófano *	1 910 mg
Histidine/Histidina	2 090 mg	**Tyrosine**/Tirosina	3 190 mg
Isoleucine/Isoleucina # *	7 170 mg	**Valine**/Valina # *	6 270 mg
Leucine/Leucina # *	11 150 mg	**Lysine**/Lisina *	8 760 mg

* essential amino acids/aminoácidos esenciales # total content of BCAA/contenido total de BCAA - 24 590 mg
** glutamine values based on glutamic acid content / valores de glutamina basados en contenido de ácido glutámico

Ingredients: CFM® - cross flow microfiltered **whey protein isolate /from milk/** with protein fractions (beta-lactoglobulin, alfa-lactoglobulin, serum albumin, immunoglobulin, glycomacropeptide, lactoferrin, lactoperoxidase); cocoa powder (CHOCOLATE CAKE flavour, BOMBÓN CRUNCHY flavour), aroma, beetroot juice (STRAWBERRY CHEESECAKE flavour), dye: beta-carotene (MANGO PINEAPPLE flavour); dye: caramel E150d (SALTED CARAMEL ICE CREAM flavour); emulsifier: **soya** lecithin; stabilizer: sodium carboxymethylcellulose; sweeteners: sucralose and acesulfame-K; patented digestive enzyme DigeZyme® - multi-enzyme complex (amylase, lipase, lactase, cellulase and bacterial neutral protease), LactoSpore™ (Bacillus coagulans, maltodextrin).



BLACK ULTRA PURE WHEY PROTEIN

AMIX™ Black Ultra Pure Whey Protein provides high-quality whey protein. The formula is enriched with DigeZyme®, a blend of digestive enzymes, the probiotic LactoSpore™, and the enzyme lactase.

Benefits:
» Protein contributes to a growth and maintenance of muscle mass
» Protein contributes to the maintenance of normal bone
» High protein
» Ideal for shakes and smoothies

Recommended dosage: Mix 35 g (1½ scoop) with 200 - 300 ml of cold water or low fat milk. Use a blender or hand-held shaker, mix for 30 seconds. Have 1-3 servings daily between meals, depending on daily need of protein.

Supplement Facts
/Información Nutricional (Bombón Crunchy flavour)

Serving size/ Dosis: 35 g (1½ scoop) / (1½ cacito)

Average values/ Valores medios:	per/por 35 g:	per/por 100 g:
Energy value/ Valor energético	593 kJ/ 151 kcal	1695 kJ/ 433 kcal
Total fat/ Grasas	**3,3 g**	**9,4 g**
Saturated fat/ de las cuales saturadas	2,1 g	6 g
Total carbohydrate/ Carbohidratos	**3,6 g**	**10 g**
Sugars/ de los cuales azúcares	3,3 g	9,5 g
Protein/ Proteína (dry basis/ base seca)	**26 g**	**75 g**
Salt/ Sal	**0,66 g**	**1,9 g**
Multi-Enzyme Complex / complejo multienzimático (DigeZyme®)	**52,5 mg**	**150 mg**
Probiotics / Probióticos (LactoSpore™)	**70 000 000 spores**	**200 000 000 spores**
Lactase / Lactasa	**5000 FCC units**	**1750 FCC units**

LactoSpore™ and **DigeZyme®** are registered trademarks of Sabinsa Corporation, USA.

Ingredients: **WHEY PROTEIN** concentrate, cocoa, aromas, emulsifier: **SOYA** lecithin; salt, stabiliser: sodium carboxymethylcellulose; sweeteners: sucralose and acesulfame-K; patented digestive enzyme DigeZyme® - multi-enzyme complex (amylase, lactase, cellulase, bacterial neutral protease and lipase), lactase, LactoSpore™ (Bacillus coagulans, maltodextrin). **Allergen warning:** It may contain traces of **EGGS, FISH, TREE NUTS, PEANUTS AND CRUSTACEANS.**



BLACK LINE MICELLAR CASEIN

AMIX™ Micellar Casein is a flavoured blend of micellar casein processed by ultrafiltration and a gentle spray drying process. This technology results in an exceptionally smooth texture and a pleasant mouthfeel.
Micellar casein is a type of slowly digestible protein with a complete spectrum of essential amino acids. It is ideal to consume during longer periods between meals – for example, in the evening before bedtime.

Benefits:
» Protein contributes to the maintenance and growth of muscle mass
» Protein contributes to the maintenance of normal bones
» Low sugar
» Low fat
» Natural source of calcium

Recommended dosage: Mix 35 g (1½ scoop) with 300 ml of cold water or low fat milk. Use a blender or hand-held shaker, mix for 30 seconds. Have 1-3 servings daily between meals, depending on daily need of proteins.

Supplement Facts
/Información Nutricional (Classic chocolate flavour)
Serving size/ Dosis: 35 g (1½ scoop) / (1½ cacito)

Average values/ Valores medios:	per/por 100 g:	per/por 35 g:
Energy value/ Valor energético	1527 kJ/ 360 kcal	535 kJ/ 126 kcal
Total fat/ Grasas	**2,3 g**	**0,8 g**
Saturated fat/ de las cuales saturadas	1,2 g	0,4 g
Total carbohydrate/ Carbohidratos	**4,9 g**	**1,7 g**
Sugars/ de los cuales azúcares	4,3 g	1,5 g
Protein/ Proteína (dry basis/ base seca)	**79 g**	**28 g**
Salt/ Sal	**0,99 g**	**0,35 g**
Multi-Enzyme Complex / complejo multienzimático (DigeZyme®)	**150 mg**	**52,5 mg**
Calcium / Calcio	**984 mg (123 %*)**	**344 mg (43 %*)**

*NRV – Nutrient Reference Value, calcium is a natural source in the raw material/ *VRN - Valores de Referencia de Nutrientes, el calcio es una fuente natural presente en la materia prima

Average amino acid profile per 100 g of pure protein /
Perfil de aminoácidos por 100g de proteína pura

Alanine/Alanina	2 350 mg	**Methionine**/Metionina *	2 000 mg
Arginine/Arginina	2 650 mg	**Phenylalanine**/Fenilalanina *	3 740 mg
L-aspartic acid/ácido L-aspártico	3 920 mg	**Proline**/Prolina	7 740 mg
Cysteine/Cisteína	330 mg	**Serine**/Serina	4 140 mg
Glutamine/Glutamina **	15 800 mg	**Threonine**/Treonina *	3 170 mg
Glycine/Glicina	1 360 mg	**Tryptophan**/Triptófano *	1 010 mg
Histidine/Histidina	2 040 mg	**Tyrosine**/Tirosina	3 880 mg
Isoleucine/Isoleucina # *	3 590 mg	**Valine**/Valina # *	4 840 mg
Leucine/Leucina # *	7 020 mg	**Lysine**/Lisina *	5 930 mg

* essential amino acids/ aminoácidos esenciales
# total content of BCAA/contenido total de BCAA - 15 450 mg
** glutamine values based on glutamic acid content / valores de glutamina basados en contenido de ácido glutámico

Ingredients: **MICELLAR CASEIN CONCENTRATE,** cocoa, aroma, salt, emulsifier: **SOYA** lecithin; stabiliser: sodium carboxymethylcellulose; sweeteners: sucralose and steviol-glycosides; patented digestive enzyme DigeZyme® - multi-enzyme complex (amylase, lactase, cellulase, bacterial neutral protease and lipase). **Allergen warning:** It may contain traces of **EGGS, FISH, TREE NUTS, PEANUTS AND CRUSTACEANS.**

FOREST FRUITS

PINEAPPLE & MANGO

MELON & KIWI



870 g

Cluster Dextrin® New Energy Source for Athletes

GlyceroMax™

Kyowa Quality®

PERFECT INTRA

AMIX™ PERFECT INTRA is a unique sport supplement designed for the most demanding athletes to move their intensive trainings to next level. The most important „intra workout compounds" are infused into this refreshing drink. It is an advanced combination of highly branched cyclic dextrin (HBCD) Cluster Dextrin®, GlyceroMax™, creatine HCl, M.A.P.® amino acids with L-Glutamine and vitamins.

Benefits:

» Highly soluble refreshing drink
» Ultra fast absorption
» Designed for high performance activities
» Excellent digestibility

Supplement Facts
/Información Nutricional

Serving size/Dosis: 29 g (1 scoop/ 1 cacito) Servings per container/ Dosis por envase: 30

Average Values / Valores promedio:	per/por **29 g** (serving/dosis):	per/por **100 g:**
Energy value /Valor energético:	471 kJ/ 113 kcal	1623 kJ/ 383 kcal
Total fat/ Grasas	**1,16 g**	**4 g**
Saturated Fat/ De las cuales saturadas	1 g	3,6 g
Total carbohydrate/ Hidratos de carbono	**15 g**	**51 g**
Sugar/ De los cuales azúcares	0 g	0 g
Protein/ Proteína	**10 g**	**36 g**
Salt/ Sal	**0,15 g**	**0,5 g**
Cluster Dextrin® highly branched cyclic dextrin/ dextrina cíclica altamente ramificada	**15 000 mg**	**51 724 mg**
Amix™ M.A.P.® Matrix	**4 901 mg**	**16 900 mg**
L-leucine/ L-leucina	1 200 mg	4 138 mg
L-valine/ L-valina	800 mg	2 759 mg
L-lysine/ L-lisina	667 mg	2 300 mg
L-isoleucine/ L-isoleucina	667 mg	2 300 mg
L-phenylalanine/ L-fenilalanina	600 mg	2 069 mg
L-threonine/ L-treonina	500 mg	1 724 mg
L-histidine/ L-histidina	233 mg	803 mg
L-methionine/ L-metionina	167 mg	576 mg
L-tryptophan/ L-triptófano	67 mg	231 mg
L-glutamine KQ®/ L-glutamina KQ®	**3 000 mg**	**10 345 mg**
Creatine HCl/ Hidrocloruro de creatina	**2 500 mg**	**8 620 mg**
GlyceroMax™ glycerol powder 65%/ glicerol en polvo 65%	**1 000 mg**	**3 448 mg**
Sodium/ Sodio	**60 mg**	**207 mg**
Potassium/ Potasio	**30 mg** (1,5 %*)	**103 mg** (3,4 %*)
Vitamin C/ Vitamina C (as ascorbic acid/ como ácido ascórbico)	**200 mg** (250 %*)	**690 mg** (863 %*)
Vitamin B6/ Vitamina B6 (as pyridoxine HCl/ como hidrocloruro de piridoxina)	**10 mg** (714 %*)	**35 mg** (2500 %*)

* DNRV - Daily Nutrient Reference Value/ *VRN: Valor de Referencia de Nutrientes

Ingredients: Highly branched cyclic dextrin Cluster Dextrin®, M.A.P.® Matrix (L-leucine, L-lysine HCl, L-isoleucine, L-valine, L-phenylalanine, L-threonine, L-histidine, L-methionine, L-tryptophan), Kyowa Quality® L-glutamine, creatine HCl, GlyceroMax™ (glycerol 65 %, anticaking agent: silicon dioxide), acidifying agent: citric acid; anticaking agent: silicon dioxide; aroma, ascorbic acid (vit. C), emulsifier: **soya** lecithin; sodium chloride, sweeteners: sucralose and acesulfame-K; beetroot extract (FOREST FRUITS flavour), dye: chlorophyllin copper complex sodium salts (MELON & KIWI flavour); dye: beta-carotene (PINEAPPLE & MANGO flavour); potassium citrate, pyridoxine HCl (vit. B6).



BURN & DRY™

AMIX™ BURN & DRY™ is a unique double-phase supplement combining effective plant extracts with support of normal fat oxidation-weight control and draining of organism.

Burn & Dry®'s advanced formula includes:

- **Horsetail Extract,** known for its diuretic properties and urinary health support.
- **Sinetrol® XPUR,** a unique blend of citrus extracts that target body fat and offer a powerful antioxidant effect.
- **Dandelion Extract and Urtica Dioica Extract,** plants with recognised diuretic and cleansing properties.
- **Green Tea Extract and dried Guarana Extract,** which accelerate metabolism and provide a mild stimulant effect.
- **PurCaf®,** an organic caffeine that enhances mental and physical performance and assists in thermogenesis.
- **Citrus Aurantium (Synephrine),** which acts as an effective stimulant and appetite management aid.
- **BioPerine®, to enhance the absorption of all these nutrients and maximise their effects.**

With **AMIX™ BURN & DRY™,** you equip yourself not only to sculpt the body you want, but also to boost your overall wellbeing with a reliable and effective formula.

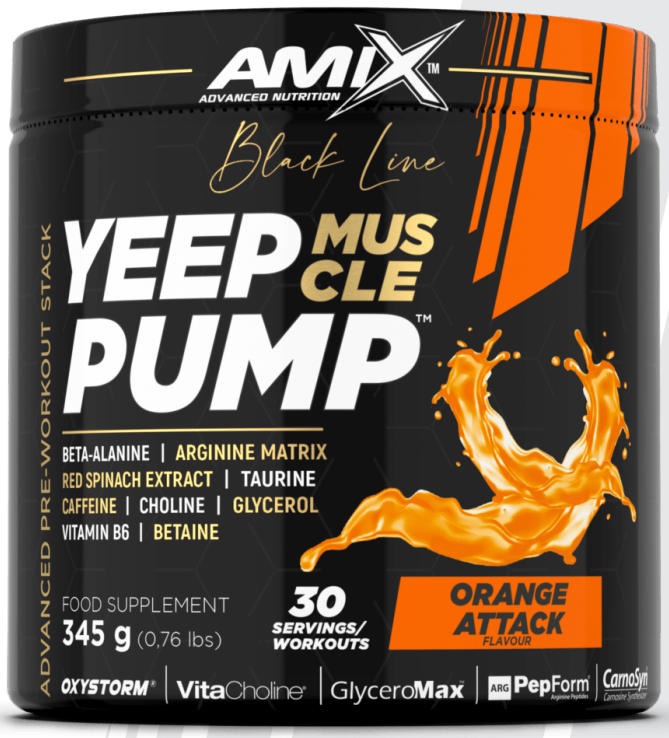
Supplement Facts/Información:

Serving size/Dosis: 3 capsules/cápsulas — Servings per container/Dosis por envase: 30

Active ingredients/Ingredientes activos	Amount per serving/Cantidad por dosis
Horsetail extract/ Extracto de cola de caballo	**450 mg**
Sinetrol® XPUR	**300 mg**
Citrus sinensis extract/ Extracto de Citrus sinensis (Citrus sinensis L. Osbeck)	
Grapefruit extracts/ Extractos de pomelo (Citrus paradisi Macfad/Citrus grandis L. Osbeck)	
Blood orange concentrate/ Concentrado de naranja sanguina (Citrus sinensis L. Osbeck)	
Guarana seed extract/ Extracto de semilla de guaraná (Paullinia cupana Kunth)	
Dandelion extract 4:1 / Extracto de Diente de león 4:1	**300 mg**
Stinging nettle extract 10:1 / Extracto de Urtica dioica 10:1	**300 mg**
Green tea extract/ Extracto de té verde (50 % polyphenols/ polifenoles)	**200 mg**
Guarana dried extract / Extracto seco de guaraná (22 % Caffeine / 22 % de cafeína)	**100 mg**
Caffeine/ Cafeína **(PurCaf®)**	**100 mg**
Citrus aurantium (standardized for 95 % synephrine / estandarizado al 95 % de sinefrina)	**20 mg**
BioPerine® Black pepper extract/ Extracto de pimienta negra (95 % piperine/ piperina)	**5 mg**

Ingredients: Horsetail extract (Equisetum telmateia) - whole plant, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), Sinetrol® XPUR (grapefruit extracts /Citrus paradisi - Citrus grandis/, guarana seed extract /Paullinia cupana/; Citrus sinensis extract /Citrus sinensis/, blood orange concentrate /Citrus sinensis/; maltodextrin), dandelion extract (Taraxacum officinale) - root, stinging nettle extract (Urtica dioica) – root, green tea extract (Camellia sinensis) - leaves, caffeine (PurCaf®), guarana dried extract (Paullinia cupana) - seeds, stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate, silicon dioxide, microcrystalline cellulose; Citrus aurantium extract - fruits, X black pepper extract (Piper nigrum) - fruits.

OXYSTORM® | VitaCholine
GlyceroMax® | ARG PepForm® | CarnoSyn®





345 g
11,5 g | 20 x 11,5 g

ORANGE ATTACK

GIANT LIME SHOCK

YEEP PUMP CAFF

AMIX™ YEEP PUMP CAFF is our pioneering pre-workout, specially designed for athletes looking to break their own records. This super concentrated pre-workout combines taste and efficacy in a stimulating drink, designed to precede intense and challenging workouts.

Each serving of **YEEP PUMP CAFF** provides you with 3g of the renowned **Beta-Alanine CarnoSyn®**, a solid foundation for endurance and performance. The Arginine synergy in its matrix is designed to maximise muscle pumps, ensuring unprecedented muscle vascularisation and pump during your training sessions.

Our formula doesn't stop there; it integrates **GlyceroMax®**, an advanced version of glycerol that hyperhydrates your muscle cells, amplifying muscle engorgement and pumping effect. The 200mg of caffeine included is the perfect boost to improve concentration, muscle response and delay fatigue, keeping you at the peak of your ability.

The **Oxystorm®** component, derived from Red Spinach extract, is a Nitric Oxide booster, supporting blood circulation and oxygen delivery to working tissues.

Additionally, this formula is enriched with **Taurine, L-Lysine, VitaCholine®, Betaine and Vitamin B6**, components selected for their contribution to optimising athletic performance.

YEEP PUMP CAFF is not just a pre-workout, it is a statement of intent: it elevates your energy, power and endurance to completely transform your athletic experience.

Supplement Facts/Información Nutricional:

Serving size/Dosis: 11,5 g

Average values/Valores promedio:	per/por 11,5 g
CarnoSyn® beta-alanine/ CarnoSyn® beta-alanina	**3 000 mg**
Arginine Matrix	**3 000 mg**
L-arginine HCl/ Hidrocloruro de L-arginina	1 500 mg
L-arginine AKG/ L-arginina AKG	1 000 mg
PepForm® Arginine Peptides	500 mg
Taurine/ Taurina	**1 000 mg**
L-lysine/ L-lisina	**1 000 mg**
Glycerol powder 65% GlyceroMax™ / Glicerol en polvo 65% GlyceroMax™	**500 mg**
VitaCholine® Choline L-bitartrate/L-bitartrato de colina	**500 mg**
Oxystorm® red spinach extract / Extracto de espinaca roja (Amaranthus hypochondriacus)	**500 mg**
Betaine HCl/ Hidrocloruro de betaína	**500 mg**
Caffeine anhydrous/ Cafeína anhidra	**200 mg**
Vitamin B6/ Vitamina B6	**20 mg** (1428 %*)

Ingredients: CarnoSyn® beta-alanine, L-arginine HCl, L-arginine AKG, taurine, L-lysine, acidity regulators: citric acid and malic acid; betaine HCl, Oxystorm® red spinach extract (Amaranthus hypochondriacus), choline L-bitartrate VitaCholine®, GlyceroMax® (glycerol 65 %, anticaking agent: silicon dioxide), PepForm® Arginine peptides (**whey** peptides, L-arginine), caffeine anhydrous, sweeteners: sucralose and acesulfame-K; anticaking agent: silicon dioxide; aroma, emulsifier: **soya** lecithin; dye: beta-carotene; pyridoxine HCl (vit. B6).

Suntheanine® | OXYSTORM® | VitaCholine
GlyceroMax® | ARG PepForm® Arginine Peptides | CarnoSyn® Carnosine Synthesizer





360 g
12 g | 20 x 12 g





YEEP PUMP NO CAFF

AMIX™ YEEP PUMP NO CAFF is our stimulant-free pre-workout solution, carefully designed to power your workouts without the need for caffeine. This super concentrated supplement guarantees excellent solubility and a taste that takes the pre-workout experience to new heights.

With 3g of the renowned **CarnoSyn® Beta-Alanine** and a three-dimensional Arginine matrix, **YEEP PUMP NO CAFF** provides an extraordinary muscle charge, promoting impressive pumps that you'll feel with every repetition and every set.

Our formula doesn't stop there. **GlyceroMax®** is the key to optimal cellular hydration, magnifying unprecedented muscle engorgement and pump, while the innovative Tri-Focus Matrix is incorporated to sharpen mental focus and concentration, allowing you to maintain 'focus' on your goals without distraction.

Oxystorm® Red Spinach extract is strategically included for its rich concentration of Nitrates, promoting outstanding Nitric Oxide levels that amplify vasodilation and muscle engorgement.

This unique blend also features **Taurine, L-Lysine, VitaCholine®, Betaine and Vitamin B6**, integrated to support athletic performance, endurance and recovery.

With **YEEP PUMP NO CAFF**, you equip yourself to push your limits without stimulants, allowing your body and mind to achieve a perfect synergy for high-level training.

Supplement Facts/Información Nutricional:

Serving size/Dosis: 12 g

Average values/Valores promedio:	per/por 12 g
CarnoSyn® beta-alanine/ CarnoSyn® beta-alanina	**3 000 mg**
Arginine Matrix	**3 000 mg**
L-arginine HCl/ Hidrocloruro de L-arginina	1 500 mg
L-arginine AKG/ L-arginina AKG	1 000 mg
PepForm® Arginine Peptides	500 mg
Taurine/ Taurina	**1 000 mg**
L-lysine/ L-lisina	**1 000 mg**
Tri-Focus Matrix	**650 mg**
GABA - Gamma Amino-Butyric Acid/ Ácido Gamma-Aminobutírico	500 mg
Suntheanine® L-theanine/ L-teanina	100 mg
Ginkgo Biloba	50 mg
Glycerol powder 65% GlyceroMax™ / Glicerol en polvo 65% GlyceroMax™	**500 mg**
VitaCholine® Choline L-bitartrate/L-bitartrato de colina	**500 mg**
Oxystorm® red spinach extract / Extracto de espinaca roja (Amaranthus hypochondriacus)	**500 mg**
Betaine HCl/ Hidrocloruro de betaína	**500 mg**
Vitamin B6/ Vitamina B6	**20 mg** (1428 %*)

Ingredients: CarnoSyn® beta-alanine, L-arginine HCl, L-arginine AKG, taurine, L-lysine, acidity regulators: citric acid and malic acid; GABA - Gamma Amino-Butyric Acid, betaine HCl, Oxystorm® red spinach extract (Amaranthus hypochondriacus), choline L-bitartrate VitaCholine®, GlyceroMax® (glycerol 65 %, anticaking agent: silicon dioxide), PepForm® Arginine peptides (**whey** peptides, L-arginine), sweeteners: sucralose and acesulfame-K; anticaking agent: silicon dioxide; Suntheanine® L-theanine, Ginkgo biloba 4:1, aroma, emulsifier: **soya** lecithin; dye: copper chlorophyllin (PEAR STRIKE flavour); beetroot extract (JUNGLE MONSTER flavour); pyridoxine HCl (vit. B6).

with Suntheanine® | OXYSTORM® | VitaCholine®
GlyceroMax® | ARG PepForm® Arginine Peptides | CarnoSyn® Carnosine Synthesizer



210 tablets | **60 tablets**
276 g

CREATINE 2500 MG CHEWABLES

AMIX™ Creatine 2500 mg Chewables contains Creapure® creatine monohydrate designed for effective creatine supplementation in the diet of athletes and active people. Its convenient chewable form allows for easy use at any time of the day. Creatine improves physical performance in successive bursts of short, high-intensity exercise. The beneficial effect is obtained with a daily intake of 3 g of creatine.

Recommended daily dose: Chew 1 tablet and allow it to dissolve slowly in the mouth. Athletes using creatine monohydrate should consume at least 2000 ml of water per day to maximise hydration.

Flavours: Multi mix

Supplement Facts/Información Nutricional:
Serving size/ Dosis: 1 tablet / comprimido
Servings per container/ Dosis por envase: 60

Average values:	**per 1 tbl (4,6 g):**	**per 100 g:**
Energy value	20,8 kJ/ 5 kcal	453 kJ/ 109 kcal
Total fat	**0 g**	**0 g**
Saturated fat	**0 g**	**0 g**
Total carbohydrate	**2 g**	**44 g**
Sugars	0 g	0,04 g
Polyols	2 g	43 g
Fiber	**0 g**	**0 g**
Protein	**0 g**	**0 g**
Salt	**0 g**	**0 g**
Creapure® Creatine monohydrate	**2 500 mg**	**54 348 mg**

Ingredients: Creapure® - creatine monohydrate, binder: sorbitol, acidity regulator: malic acid; lubricant: mono-and diglycerides of fatty acids; aroma, sweetener: sucralose.
Allergen warning: It may contain traces of milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).



CREATINE CREAPURE® POWDER DRINK

AMIX™ Creatine Creapure® Powder Drink is a powdered food supplement with sweeteners and flavouring, formulated with creatine monohydrate Creapure®, a high quality ingredient designed to improve physical performance in high intensity exercise. Its powder format allows for quick dissolution in water for the preparation of a refreshing and tasty drink.

Benefits:

- **Increased physical performance:** Improves the ability to perform intense and repeated efforts in high-intensity sports.
- **Instant formula:** Easily dissolves in water for fast, lump-free preparation.
- **Effective Dose:** Each 3.5g serving provides 3g of creatine monohydrate, the recommended amount for its beneficial effect.

Recommended daily dose: Mix 3,5 g (¾ scoop) with 200 ml of cold water and drink immediately. Use approx. 30-60 minutes before training. For mixing use a hand held shaker. Athletes using creatine monohydrate should consume at least 2000 ml of water daily to maximize hydration.

Flavours: Orange, Cola, Cherry

Supplement Facts:

Serving size : 3,5 g (¾ scoop)
Servings per container: 100

Average values per serving	
Creatine monohydrate Creapure®	**3 000 mg**

Ingredients: Creatine monohydrate Creapure®, acidifying regulator: citric acid; beetroot juice, anticaking agent: silicon dioxide; aroma, sweetener: sucralose. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and crustaceans.**

Suntheanine® | OXYSTORM® | VitaCholine®
GlyceroMax® | ARG PepForm® Arginine Peptides | CarnoSyn® Carnosine Synthesizer



120 cps | 300 cps

CREATINE CREAPURE® CAPSULES

AMIX™ Creatine Creapure® Capsules is a food supplement in capsules containing creatine monohydrate Creapure®. Creatine is a natural compound that improves physical performance in successive bursts of short, high-intensity exercise.

Benefits:

- **Increased physical performance:** Creatine helps improve the ability to perform intense and repeated efforts, especially in sports that require short bursts of energy.
- **Promotes muscle recovery:** It can contribute to the reduction of fatigue and speed up recovery between intense training sessions.
- **Cellular hydration:** Promotes water retention in muscle cells, which may improve protein synthesis and muscle volume.
- **Supports ATP production:** Creatine is a key component in the production of fast energy, essential for high intensity sports.
- **High purity and quality:** Creapure® is one of the purest forms of creatine monohydrate, with strict quality controls.

Recommended daily dose: Take 4 capsules daily approx. 30-60 minutes before physical performance. Wash down with plenty of water. Athletes using creatine monohydrate should consume at least 2000 ml of water daily to maximize hydration.

Supplement Facts:

Serving size: 4 capsules
Servings per container: 75

Average values per serving	
Creatine monohydrate Creapure®	**3 000 mg**

Ingredients: Creatine monohydrate Creapure®, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium salts of fatty acids and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and crustaceans.**

Suntheanine® | OXYSTORM® | VitaCholine®
GlyceroMax® | ARG PepForm® | CarnoSyn®



300 g

CREATINE MONOHYDRATE CREAPURE®

AMIX™ Creatine Monohydrate Creapure® 100% premium quality Creapure® creatine monohydrate made in Germany. Creatine increases physical performance in successive bursts of short-term, high intensity exercise. The beneficial effect is obtained with a daily intake of 3 g of creatine.

Recommended daily dose: Mix 3 g (¾ scoop) with 200-300 ml of water or juice and drink immediately. Use approx. 30-60 minutes before training. Athletes using Creatine Monohydrate should consume at least 2000 ml of water daily to maximize hydration.

Supplement Facts:
Serving size: 3 g (¾ scoop)
Servings per container: 100

Average values per serving	
Creatine monohydrate Creapure®	**3 000 mg**

Ingredients: Creatine monohydrate Creapure®. **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS, FISH, TREE NUTS, PEANUTS AND CRUSTACEANS.**



MELATONINE SLEEP FORMULA

Amix™ Melatonine Sleep Formula combines herbal extracts with selected nutrients including gamma-aminobutyric acid (GABA), myo-inositol, melatonin and vitamin B6. Melatonin contributes to the reduction of time taken to fall asleep. The beneficial effect is obtained with an intake of 1 mg of melatonin shortly before going to sleep. Vitamin B6 contributes to normal functioning of the nervous system, normal psychological function and the regulation of hormonal activity.

Recommended daily dose: Take 60 ml (one shot) daily 30 min before your bedtime. Shake before use.

Supplement Facts/ Información Nutriconal:

Serving size/ Dosis: 60
Servings per container/ Dosis por envase: 20

Average Values / Valores medio:	**por 60 ml:**	**VRN %**
Herbal complex/ Complejo herbal	575 mg	–
of which Melissa extract / de los cuales extracto de melisa	**200 mg**	–
of which Griffonia extract / de los cuales extracto de griffonia	**30 mg**	–
of which Valerian root extract / de los cuales extracto de raíz de valeriana	125 mg	–
of which Passiflora extract / de los cuales extracto de pasiflora	100 mg	150%*
GABA	**495 mg**	–
Myo-inositol/ Mio-inositol	**200 mg**	–
Melatonine/ Melatonina	**1,9 mg**	–
Vitamin B6/ Vitamina B6	**1,4 mg**	**100%**

*NRV – Nutrient Reference Value/ *VRN – Valor de Referencia de Nutrientes

Ingredients: Purified water, gamma aminobutyric acid, acidity regulator: citric acid; lemon balm extract (Melissa officinalis, leaf), myo-inositol, aromas, griffonia extract (Griffonia simplicifolia, seed), valerian root extract (Valeriana officinalis, root), passflower extract (Passiflora incarnata, fruit), preservatives: potassium sorbate and sodium benzoate; sweeteners: sucralose and steviol-glycosides; melatonine, pyridoxine HCl (vitamin B6).



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