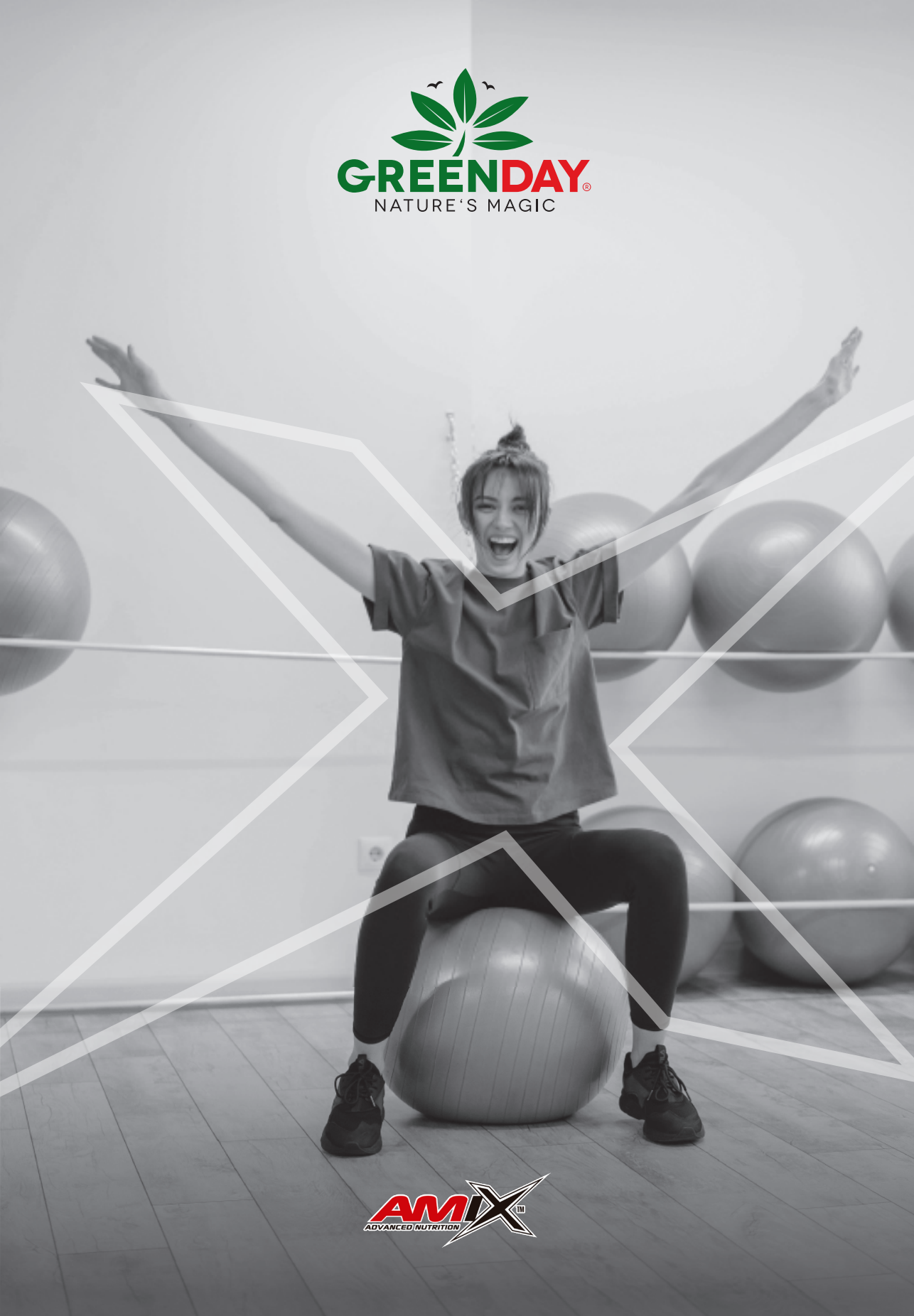
GREENDAY®
NATURE'S MAGIC



AMIX™
ADVANCED NUTRITION

GreenDay® is the most natural line of Amix™ Nutrition. It consists of a range of food supplements based on plant extracts and suitable for the general public, using patented ingredients that concentrate the best nature has to offer.

Its range of products provides essential nutrients that are often missing in the average diet, but are important for physical and mental wellbeing.

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VEGEfiit PROTEIN

GreenDay® Vegefiit Protein is a product designed as a solution for those looking for a 100% plant-based protein. It is a food supplement based on a combination of three different plant-based protein sources: **Pisane®** pea protein isolate, rice protein and soy protein. These different protein sources work together to form a protein of great biological value that is high in BCAA's and glutamine.

GreenDay® Vegefiit Protein offers an alternative to animal-based protein sources. It provides 75% non-genetically modified plant-based proteins.

Recommended daily dose: Mix 1 scoop (30 g) with 250 ml of water. Use a blender or hand-held shaker, mix for 30 seconds. Have 2-3 servings daily between meals, depending on daily need of proteins.

Flovours: Double Chocolate, Peanut-Choco-Caramel, Forest Fruits, Creamy Vanilla, Mango Delicius.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 scoop/1 cacito (30 g) — **Servings per container/ Dosis por envase**: 66

Average values/ Valores promedio:	per/por 30 g	per/por 100 g
Energy value/ Valor energético:	468 kJ/110 kcal	1559 kJ/368 kcal
Total Fat/ Grasas	**1,1 g**	**3,6 g**
Saturated Fat/ de las cuales saturadas	0,45 g	1,5 g
Total carbohydrate/ Hidratos de carbono	**2,2 g**	**7,4 g**
Sugars/ De los cuales ázucares	<0,1 g	<0,5 g
Fibre/ Fibra	0,9 g	3 g
Protein/ Proteína (dry basis/base seca)	**22,5 g**	**75,1 g**
Salt/ Sal*	0,84 g	2,8 g

* The salt content is exclusively due to the presence of naturally occurring sodium/El contenido de sal obedece al sodio presente de forma natural en el alimento

Active ingredients/ Ingredientes Activos	per/por 30 g	per/por 100 g
ModCarb™ - gluten free grain matrix/ mezcla de granos sin gluten	900 mg	3 000 mg
Fiit-ns® - fruits and vegetable complex/ complejo de frutas y verduras	300 mg	1 000 mg
AminoGen® - patented protease blend/ mezcla patentada de proteasas	45 mg	150 mg

Average amino acid profile per 100 g of protein / Valores medios de amino ácidos por 100 g de proteína:

Alanine/ Alanina	4 450 mg	**Lysine/** Lisina*	4 920 mg
Arginine/ Arginina	8 100 mg	**Methionine/** Metionina*	1 960 mg
L-Aspartic Acid/ Acido L-aspártico	9 710 mg	**Phenylalanine/** Fenilalanina*	5 090 mg
Cysteine/ Cisteína	1 640 mg	**Proline/** Prolina	4 640 mg
Glutamine/ Glutamina **	16 920 mg	**Serine/** Serina	4 850 mg
Glycine/ Glicina	3 920 mg	**Threonine/** Treonina*	3 460 mg
Histidine/ Histidina	2 240 mg	**Tryptophan/** Triptófano*	1 030 mg
Isoleucine/ Isoleucina*	4 100 mg	**Tyrosine/** Tirosina	4 280 mg
Leucine/ Leucina*	7 630 mg	**Valine/** Valina*	4 940 mg

* Essential Amino Acids/Aminoácidos Esenciales
** Glutamine values based on glutamic acid content/ Valores de Glutamina basados en contenido de ácido glutámico

Aminogen® is a registered trademark of Triarco Industries LLC.
Fiit-ns® is a registered trademark of Fytexia. **ModCarb™** is a registered trademark of VDF FutureCeuticals, Inc.

Ingredients: Vege Protein Blend 87% (pea protein isolate Pisane®, rice protein, soya protein); cocoa powder, ModCarb™ (gluten free oat bran, quinoa, amaranth, buckwheat, millet); fruit and vegetable extracts and concentrates Fiit-ns® (green tea extract, guarana seed extract, red and white grape extracts, grapefruit extract, black carrot extract, nicotinamide); aroma, patented protease blend AminoGen® (maltodextrin, proteases), sweeteners: steviol glycosides, sucralosa and acesulfame-K. **Allergen warning:** It may contain traces of **milk, eggs, fish, gluten, shellfish (crustaceans and molluscs), tree nuts and peanuts** due to manufacturing methods

GreenDay® Vegefiit Protein also contains:

ModCarb™
Is an all-grain complex carbohydrate, is a breakthrough in energy and strength nutrition and supplementation. It is created with five healthy, gluten-free grains – oats, quinoa, amaranth, buckwheat and millet. The unique grain matrix delivers nutrition-rich complex carbohydrates that help ensure modulated absorption and gradual utilization by the body. It is perfect with combination of protein.

AminoGen®
A proprietary blend of extracts from grapefruit, grape, green tea, guarana and black carrot, bringing strong antioxidant properties from various polyphenols.

Fiit-ns®
A naturally derived patented plant enzyme ingredient and a perfect relation for everybody who needs to support his digestion, especially the sportsmen using special diet.



720 g | 2 000 g | 30 g



FOOD SUPPLEMENT

60 cps

ASHWAGANDHA KSM-66 PURE

GreenDay® ProVegan Ashwagandha KSM-66 Pure is a food supplement in plant-based capsules made from the patented extract (KSM-66) of the Withania somnifera L. root, known as Ashwagandha.

KSM-66 Ashwagandha (Withania somnifera) is an emblematic plant in Ayurveda, the traditional Indian medicine system. Ashwagandha promotes a balance within our body. It is an adaptogen that helps the body successfully adapt to stressful conditions, fostering relaxation and physical and mental well-being. It is one of the few plants with significant effects on psychological and physiological aspects of human functioning.

GreenDay® ProVegan Ashwagandha KSM-66 Pure is effective in strengthening the immune system and regulating sleep, has anti-inflammatory and anti-oxidant properties, improves concentration, helps regulate blood sugar levels, and may increase fertility in men and improve mood.

Recommended daily dose: Take 1 capsule daily with meal. Wash down with plenty of water.

Supplement Facts/ Información:

Serving size/ Dosis: 1 capsule/1 cápsula
Servings per container/ Dosis por envase: 60

	Amount per serving/ Cantidad por dosis
Ashwagandha (Withania somnifera)	**500 mg**
from which 5 % withanolides / de los cuales 5 % de withanólidos	25 mg

Ingredients: KSM-66 ashwagandha powder (Withania somnifera root), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agent: microcrystalline cellulose, vegetable magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

SELENIUM NATURAL

GreenDay® ProVegan Selenium Natural is a food supplement in V-Caps® Plus plant-based capsules derived from GoldCell® Selenium yeast, which is a natural source of selenium mineral.

Our bodies cannot produce selenium, making it especially important to get it through food or supplements. Selenium aids in proper thyroid functioning, helps protect cells from oxidative damage, ensures normal functioning of the immune system and keeps nails and hair in healthy condition.

Recommended daily dose: Take 1 – 2 capsules daily with meal. Wash down with plenty of water.

Goldcell®

90 cps

Supplement Facts/ Información:

Serving size/ Dosis: 1 capsule/1 cápsula
Servings per container/ Dosis por envase: 90

	Amount per serving/Cantidad por dosis
Selenium/ Selenio	**110 mcg** (200 %*)
selenium yeast GoldCell® / levadura de selenio GoldCell®	

* DNRV - Daily nutrient reference value/ * Valores de referencia de nutrientes

Ingredients: inulin, anticaking agent: microcrystalline cellulose; vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate); selenium yeast GoldcellR (Saccharomyces cerevisiae) 15 %, anticaking agents: vegetable magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 tbl

GRAPE SEED EXTRACT

GreenDay® ProVegan Grape Seed Extract is a food supplement composed of grape seed extract. This extract is considered highly beneficial for cardiovascular health, aids in regulating cholesterol levels and also helps improve circulatory disorders. Grape seed extract is also considered an excellent antioxidant and helps boost the immune system as well as regulating blood sugar levels.

GreenDay® ProVegan Grape Seed Extract contains 95% proanthocyanidins, a class of polyphenols. Vitis Vinifera (Grape Seed) helps reduce the appearance of cellulite, fosters weight loss and controlling/stabilising body weight and aids in the recovery of a slimmer figure. A known source of antioxidants.

Recommended daily dose: Take 1- 2 tablets daily with food. Wash down with plenty of water.

Supplement Facts/ Información:

Serving size/ Dosis: 1 tablet/1 comprimido
Servings per container/ Dosis por envase: 90

Active ingredients/ Ingredientes Activos	per/por 1 tbl
Grape Seed Extract/ Extracto de semilla de uva (95 % proantocyanidins / 95 % proantocianidinas)	**750 mg**
from which proantocyanidins/ de las cuales proantocianidinas	712 mg

Ingredients: Grape seed extract (Vitis vinifera), stabilizer: microcrystalline cellulose, anticaking agents: vegetable magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 cps

EVENING PRIMROSE OIL

GreenDay® Evening Primrose Oil is a food supplement based on onagra oil, made from the cold-pressed seeds of the Oenothera biennis plant and presented in soft capsule format. In combination with Vitamin E, this oil is perfect for fighting cellular oxidative stress.

The oil extracted from primrose seeds is rich in essential fatty acids such as linoleic acid and gamma-linolenic acid (GLA). These fatty acids are essential because our bodies cannot produce them on their own, so they need to be included in our diet on a daily basis.

Onagra oil contains 10% Omega-6 fatty acids and gamma-linolenic acid (GLA) and is indicated in the treatment of conditions such as rheumatoid arthritis, inflammatory disorders, premenstrual syndrome, high cholesterol, menopause, skin conditions, high blood pressure, etc.

Recommended daily dose: Take 3 capsules daily. Wash down with plenty of water

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 3 cps **Servings per container/ Dosis por envase:** 30

Active ingredients/ Ingredientes Activos	per/por **3 cps**	
Evening primrose oil/ Aceite de onagra	**3 000 mg**	
from which γ-linolenic acid (GLA) /Ácido gamma-linolénico (GLA)	300 mg	
Vitamin E/ Vitamina E dl-alpha tocopherol / Acetato de DL-alfa-tocoferilo	**2,2 mg**	18,3 %*

Ingredients: evening primrose oil (oenothera biennis - seeds), gelatin capsule (bovine gelatin, humidity regulator: glycerol, purified water); dl-alpha tocopherol (vit. E). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 cps

GREENDAY® SUPER FLAXSEED OIL ALA 50 %

GreenDay® Super FlaxSeed Oil ALA 50 % is a food supplement in softgels containing flaxseed oil. Flaxseed is a natural source of alpha-linolenic acid (omega-3), linoleic acid (omega-6), and oleic acid (omega-9). Enriched with vitamin E, which contributes to the protection of cells from
oxidative stress. Alpha-linolenic acid contributes to maintaining normal blood cholesterol levels and the beneficial effect is obtained with a daily intake of 2 g of ALA.alpha-linolenic acid.

Recommended daily dose: Take 2 capsule daily with meal. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2 cps **Servings per container/ Dosis por envase:** 45

Amount per serving / Cantidad por dosis	
Flaxseed oil / Aceite de lino	**2,000 mg**
ALA - Alpha Linolenic Acid / ALA - Ácido Alfa Linolénico **(Omega-3)**	1 000 mg
LA - Linoleic Acid / Ácido Linoleico **(Omega-6)**	**246 mg**
OA - Oleic Acid / Ácido Oleico **(Omega-9)**	**280 mg**
Vitamin E / Vitamina E	**12 mg -TE** (100 %*)

* DNRV - Daily nutrient reference value/ * Valores de referencia de nutrientes

Ingredients: Flaxseed oil, gelatin, humectant: glycerin; purified water, D-alpha-tocopherol (Vitamin E). **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS, GLUTEN AND CRUSTACEANS.**

GOLD GABA

GreenDay® ProVegan Gold Gaba is a food supplement in plant-based capsules composed of the non-essential amino acid called gamma-aminobutyric acid (GABA).

GABA is a neurotransmitter (helping transmit messages between neurons) that is required for proper functioning and regulation of human behaviour.
GABA can reduce neuron excitability, helping balance out our mood by keeping the body active while at the same time reducing feelings of stress or nervousness. It also helps improve cognition, that is, the perception of our surroundings, particularly in older adults, and promotes mental concentration and stimulates physical and mental capacity.

GABA is also helpful for sleeping better, and some studies have shown that it can aid in coping with fear and anxiety.

Recommended daily dose: Take 1 capsule daily with meal. Wash down with plenty of water.

Supplement Facts/ Información:

Serving size/ Dosis: 1 capsule/1 cápsula
Servings per container/ Dosis por envase: 90

Amount per serving/Cantidad por dosis	
GreenDay® Gold GABA Gamma Amino-Butyric Acid /Ácido Gamma-Aminobutírico	**750 mg**

Ingredients: gamma-aminobutyric acid, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: microcrystalline cellulose, vegetable magnesium stearate and silicon dioxide.. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 cps

VEGAN FRIENDLY

ProVegan IP-6 & B6

GreenDay® ProVegan IP-6 & Vitamin B6 - is a food supplement combining a phosphorylated form of inositol with vitamin B6, provided in a vegetable capsule.

Vitamin B6 contributes to the normal function of the immune system*, to the normal functioning of the nervous system and to the reduction of tiredness and fatigue.
* The beneficial effect is obtained with a daily intake of 0.2 mg of vitamin B6.

Recommended daily dose: Take 1 capsule daily on an empty stomach. Wash down with plenty of water. Do not take at the same time as medicines or food supplements containing minerals.

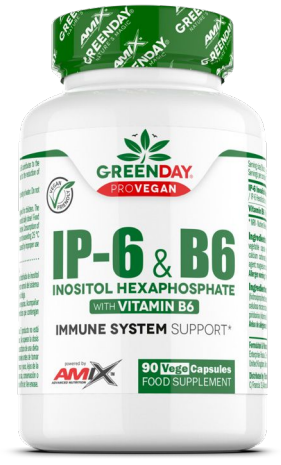
Supplement Facts/ Información:

Serving size/ Dosis: 1 capsule/1 cápsula
Servings per container/ Dosis por envase: 90

Amount per serving/Cantidad por dosis	**per / por 1 capsule /cápsula :**	**NRV % / VRN %**
IP-6 Inositol hexaphosphate / IP-6 Hexafosfato de inositol	**500 mg**	-
Vitamin B6 / Vitamina B6	**5 mg**	**357 %***

*NRV — Nutrient Reference Value /

Ingredients: Inositol hexaphosphate calcium magnesium salt, vegetable capsule (hydroxypropylmethylcellulose, purified water, colour: calcium carbonate), bulking agent: microcrystalline cellulose; anticaking agent: magnesium salts of fatty acids; pyridoxine hydrochloride (vitamin B6). **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS, GLUTEN AND CRUSTACEANS.**



FOOD SUPPLEMENT

90 cps

VEGAN FRIENDLY

CURCUM-IN RAPID

GreenDay® Curcum-IN® Rapid contains a patented combination of 3 curcuminoids enhanced with Green Tea Extract and Green Coffee Bean Extract, as well as BioPerine®. Green Day® Curcum-IN® Rapid is a "bioprotectant" that helps counteract free radicals.

Curcumin C3® Complex: Turmeric is a plant native to India revered for its properties and considered to be a safe, highly versatile phytonutrient. Today it is used around the world as a healthy food supplement, spice, natural colourant and even as a cosmetic ingredient.

The patented Curcumin C3® Complex (by the Sabinsa Corporation team of scientists) is made from the dried rhizomes of Curcuma longa (turmeric) and standardised for minimum 95% curcuminoids. Its name, C3® Complex, derives from its three main chemical compounds: curcumin, demethoxycurcumin (DMC) and bisdemethoxycurcumin (BDMC) - collectively known as "curcuminoids".

Recommended daily dose: Take 1 capsule daily with food. Wash down with plenty of water.

Green Tea Extract: Thanks to its high polyphenol content, it is considered an excellent antioxidant.

Green Coffee Bean Extract: Ordinary coffee is made from the toasted and ground seeds of the fruit of the coffee plant, whereas green coffee beans are untoasted seeds which therefore maintain all their properties and active ingredients, such as antioxidants (which fight the effects of free radicals).

BioPerine® Black Pepper extract: Patented ingredient that considerably enhances nutrient bioavailability.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/1 cápsula

Amount per serving/ Cantidad por dosis:	
Curcumin C3® Complex (Curcuma longa extract 64:1 /Extracto de Curcuma longa) - root/raíz (95 % curcuminoides)	**200 mg**
Curcumin/ Curcumina	150 mg
Bisdemethoxycurcumin/ Bisdemetoxicurcumina	4,4 mg
Demethoxycurcumin/ Demetoxicurcumina	30 mg
Green tea extract/ Extracto de té verde (Camelia sinensis) - leaves/hojas (25 % polyphenols/ 25% polifenoles)	**200 mg**
Green coffee bean extract/ Extracto de granos de café verde (Coffea arabica L - seeds/semillas) (45 % chlorogenic acids/ 45 % ácido clorogénico)	**100 mg**
BioPerine® black pepper extract/ Extracto de pimienta negra (95 % piperine/ piperina)	**5 mg**

Ingredients: Curcumin C3® complex (Curcuma longa extract), green tea extract, vegetable capsule (hydroxypropylmethylcellulose, purified water, dyes: calcium carbonate, sunset yellow, tartrazine), green coffee bean extract, Bioperine® (black pepper extract), stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: vegetable magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**





FOOD SUPPLEMENT

60 capsules



FOOD SUPPLEMENT

CHELAZONE®

Gold·cell®



200 cps

VITAMIN E 400 I.U.

GreenDay® Vitamin E-400 I.U. LIFE+ is a food supplement consisting of Vitamin E, Vitamin C, Selenium and Zinc. This combination helps protect cells from oxidative stress thanks to its antioxidant function, keeps our immune system in good condition and aids in protecting the skin, nails, hair and bones.

Benefits:
» Prevents oxidative stress
» Antioxidant power
» Recommended for improving skin condition, fragile nails and damaged hair
» Includes the patented GoldCell®
» Boosts the immune system

Recommended daily dose: Take 2 capsules daily with food. Wash down with plenty of water.

Vitamin E 400 U.I.: This liposoluble vitamin performs important functions in our organism. It has a strong antioxidant effect, thus protecting our cells from the damage caused by free radicals. It is beneficial for the healthy functioning of our circulatory system.

Vitamin C: Vitamin C aids in the proper formation of collagen, which is needed for healthy blood vessels, bones, cartilage, gums, skin and teeth. It helps the normal functioning of the nervous system and supports normal energy metabolism. It is also beneficial for proper brain functioning, reduces tiredness and fatigue, and helps regenerate the reduced form of vitamin E and iron absorption. Vitamin C also helps protect cells from oxidative damage.

Selenium: Selenium helps maintain hair and nails in healthy condition and supports normal functioning of the immune system. Selenium aids in proper thyroid functioning and helps protect cells from oxidative damage.

Zinc: Zinc is important for a healthy acid-base balance, supports proper metabolism of carbohydrates and normal cognitive function and aids in normal DNA synthesis, fertility and reproduction. It also helps the body properly metabolize macronutrients, fatty acids and vitamin A. Zinc plays a role in keeping our bones, hair, nails, skin and eyesight in healthy condition.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2 capsules/cápsulas
Servings per container/ Dosis por envase: 100

Amount per serving/ Cantidad por dosis	
Vitamin E 400 I.U./ Vitamina E 400 I.U. (as dl-alpha tocopheryl acetate/ acetato de DL-alfa-tocoferilo)	268 mg (2233 %*)
Vitamin C/ Vitamina C (as ascorbic acid/ ácido ascórbico)	192 mg (240 %*)
Selenium/ Selenio (as selenium yeast/ levadura de selenio GoldCell®)	200 mcg (363 %*)
Zinc (as zinc bisglycinate/bisglicinato de zinc)	15 mg (150%*)

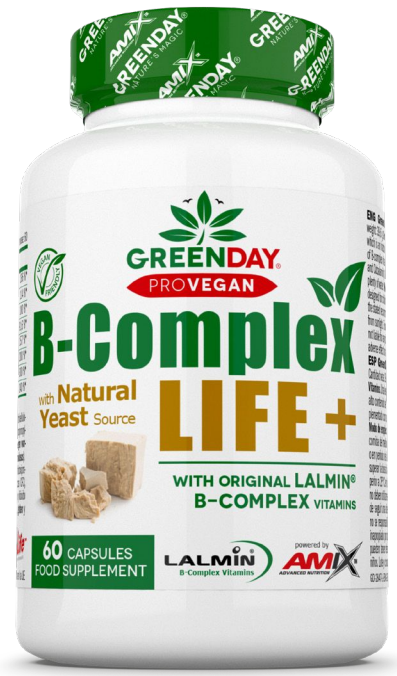
DNRV - Daily Nutrient Reference Value/ *VRN: Valor de Referencia de Nutrientes

Ingredients: dl-alpha tocopheryl acetate (vit. E), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate); ascorbic acid (vit.C), selenium yeast GoldCell® (saccharomyces cerevisiae), zinc bisglycinate, anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

LALMIN®
B-Complex Vitamins



60 cps



FOOD SUPPLEMENT

B-COMPLEX LIFE-FORTE+

GreenDay® B-Complex LIFE-FORTE+ contains the authentic Lalmin® B-complex Vitamins from the Canadian firm Lallemand Ingredients.

Consumption of the so-called "B" group vitamins is important because they provide the following benefits.

Benefits:
» Preventing red blood cell destruction
» Ensuring proper functioning of the nervous system
» Involved in transforming food into energy
» Boosting the immune system
» Boosting the circulatory system
» Neutralizing free radicals

Recommended daily dose: Take 1 capsule daily with food. Wash down with plenty of water.

Lalmin® B-complex Vitamins is an inactivated dried whole cell yeast ("Saccharomyces cerevisiae", also known as "Brewer's yeast") that contains high levels of B Vitamins (Thiamine, Riboflavin, Niacin, Pyridoxine, D-Calcium Pantothenate, Folic Acid, Biotin and Cobalamin)

The natural yeast fermentation process is supplemented with small levels of B vitamins. The yeast cream is pasteurized and then dried, sprayed or rolled and finally ground. This process enables the vitamins to interact with the yeast cells and the gentle processing conditions preserve the level of vitamins, minerals and other micronutrients.

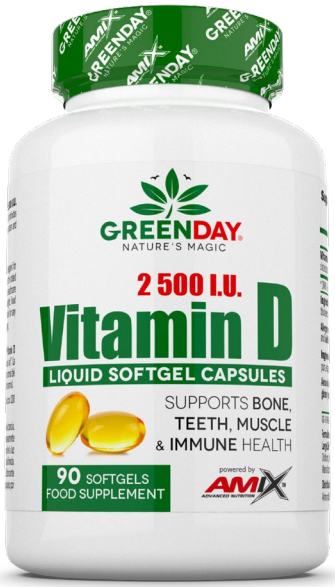
Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula

Active ingredients/ Ingredientes activos	per/por 1 cps	
Vitamin B1/ Vitamina B1 (thiamine/ tiamina)	1,5 mg	136,0%
Vitamin B2/ Vitamina B2 (riboflavin/ riboflavina)	1,6 mg	114,0%
Vitamin B3/ Vitamina B3 (niacin/ niacina)	16 mg	100,0%
Vitamin B5/ Vitamina B5 (pantothenic acid/ ácido pantoténico)	5,5 mg	91,6%
Vitamin B6/ Vitamina B6 (pyridoxine HCl/ hidrocloruro de piridoxina)	2,2 mg	157,0%
Vitamin B9/ Vitamina B9 (folic acid/ ácido fólico)	400 mcg	200,0%
Vitamin B7/ Vitamina B7 (biotin/ biotina)	150 mcg	300,0%
Vitamin B12/ Vitamina B12 (cobalamin/ cobalamina)	6 mcg	240,0%

* DNRV - Daily Nutrient Reference Value/ * VRN - Valores de Referencia de Nutrientes

Ingredients: yeast (Saccharomyces cerevisiae), vegetable capsule (hydroxypropylmethylcellulose, purified water, dyes: calcium carbonate, tartrazine and sunset yellow FCF), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 cps

VITAMIN D 2500 I.U.

GreenDay® Vitamin D 2.500 I.U. is an essential liposoluble vitamin that is often referred to as the "sun vitamin". Vitamin D helps regulate calcium and phosphorus levels in the blood and the normal functioning of the immune system, and also supports healthy bones, teeth and muscle function.

Recommended daily dose: Take 1 capsule (softgel) every 3rd day with a meal.

Supplement Facts/ Información:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 90

	Amount per serving/Cantidad por dosis	
Vitamin D3/ Vitamina D3 as cholecalciferol / colecalciferol	62,5 mcg **(2 500 IU)**	1 250 %*

* DNRV - Daily Nutrient Reference Value/ * VRN - Valores de Referencia de Nutrientes

Ingredients: **soybean** oil, gelatin capsule (made from pure gelatin, thickener: glycerin, pure water); cholecalciferol (vitamin D). **Allergen warning:** It may contain traces of **milk, eggs, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 cps

PROVEGAN ASTRAGALUS EXTRACT

GreenDay® ProVegan Astragalus extract in tablet form as a food supplement for your natural defences, cardiovascular health, normal blood pressure and blood sugar level. Perfect antioxidant.

Recommended daily dose: Take 1 - 2 tablets daily with food. Wash down with plenty of water.

Supplement Facts/ Información:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 90

Active Ingredients/ Ingredientes Activos	**Per/ Por:** 1 tbl
Astragalus extract/ Extracto de Astrágalo (50 % polysaccharides) / (50% polisacáridos)	**1 000 mg**
From which polysaccharides / De los cuales polisacáridos	**500 mg**

Ingredients: Astragalus membranaceus extract (root), anticaking agents: microcrystalline cellulose, magnesium salts of fatty acids and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

60 cps

Goldcell®

VEGAN FRIENDLY

VITAMIN C1000 IMMUNO FORTE

GreenDay® Vitamin C1000 Immuno Forte is a food supplement consisting of Vitamin D3, Beta-Glucans, Selenium and Zinc in plant-based capsules, featuring a formula specially designed to boost our immune system during the winter or at times when our defences are weakened.

Vitamin C helps the body absorb iron and supports the functioning of a healthy immune system. It also aids in the protection of cells against oxidative stress and in the normal formation of collagen for healthy bones, cartilage, teeth and gums. **Vitamin D** helps regulate calcium and phosphorus levels in the blood and the normal functioning of the immune system, and also supports healthy bones, teeth and muscle function. **BetaGlucans** are polysaccharides found naturally in the cell walls of certain living organisms, which stimulate the immune system and defences and are also beneficial in regulating cholesterol levels. **Selenium** also helps strengthen the immune system, has antioxidant properties, improves mood, aids in keeping hair and nails in healthy condition, and ensures proper thyroid functioning. When taken regularly, **Zinc** can help prevent colds through its capacity to strengthen our immune system and, among numerous other properties, also aids in maintaining hair, nails and skin in healthy condition.

Recommended daily dose: Take 2 capsules every second day.

Supplement Facts/ Información:

Serving size/Dosis: 2 capsules/2 cápsulas **Servings per container/Dosis por envase:** 30

Active ingredients/ Ingredientes Activos	per/por **2 cps**
Vitamin C/ Vitamina C (ascorbic acid/ácido ascórbico)	**1 000 mg** 1 250 %*
Vitamin D3/ Vitamina D3 (cholecalciferol/colecalciferol)	**4 000 I.U. (100 mcg)** 2 000 %*
Selenium/ Selenio (yeast/levadura GoldCell®) (Saccharomyces cerevisiae)	**110 mcg** 200 %*
Zinc (zinc oxide/óxido de zinc)	**20 mg** 200 %*
Beta-Glucans/Beta-Glucanos (yeast/levadura GoldCell®) (Saccharomyces cerevisiae)	**200 mg**

* DNRV - Daily nutrient reference value/* VRN - valores de referencia de nutrientes

Ingredients: ascorbic acid, beta-glucans yeast Goldcell®; vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®; selenium yeast Goldcell®, cholecalciferol, anti-caking agents: magnesium stearate and silicon dioxide; zinc oxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

120 cps

PROVEGAN VITACHOLINE®

GreenDay® VitaCholine® is the premier brand of choline L(+) bitartrate. Choline contributes to normal lipid metabolism and helps to the maintenance of normal liver function. Choline supports normal homocysteine metabolism.

Recommended daily dose: Take 1 capsule daily with food. Wash down with plenty of water.

Supplement Facts/ Información:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 120

Active Ingredients/ Ingredientes Activos	**Per/ Por:** 1 cps
Choline L (+) bitartrate VitaCholine®	**500 mg**

Ingredients: Choline L(+) bitartrate VitaCholine®, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), bulking agent: microcrystalline cellulose; anticaking agents: magnesium salts of fatty acids and silicon dioxide. **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS, GLUTEN AND CRUSTACEANS.**



FOOD SUPPLEMENT

120 cps

QUERCETIN WITH BROMELAIN PLUS

GreenDay® ProVegan Quercetin with Bromelain Plus is a food supplement containing quercetin, bromelain, zinc, vitamin C, and rosehip extract. Vitamin C contributes to the normal function of the immune system and to the protection of cells from oxidative stress. The beneficial effect is obtained with a daily intake of 200 mg in addition to the recommended daily intake of vitamin C. Zinc contributes to the normal function of the immune system, the maintenance of normal testosterone levels in the blood, normal fertility and reproduction, as well as the maintenance of bones, hair, nails, and skin under normal conditions.

Recommended daily dose: Take 4 capsules with 200 ml of water with one of the main meals.

Supplement Facts/ Información:

Serving size/Dosis: 4 capsules / 4cápsulas **Servings per container/Dosis por envase:** 30

Active ingredients/ Ingredientes Activos		per/por **4 cps**
Quercetin (Sophora japonica extract) / **Quercetina** (extracto de Sophora japonica)	**800 mg**	
Bromelain 2 500 GDU / Bromelina 2 500 GDU	**200 mg**	
Vitamin C / Vitamina C	**300 mg**	375%*
Zinc (chelated ChelaZone®) / **Zinc** (quelado ChelaZone®)	**15 mg**	(150%*)
Rose hip extract (Rosa canina) / **Extracto de escaramujo** (Rosa canina)	**50 mg**	

* DNRV - Daily nutrient reference value/* VRN - valores de referencia de nutrientes

Ingredients: Quercetin (Sophora japonica extract-bud), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate); L-ascorbic acid (vitamin C), Bromelain (Ananas comosus), zinc bisglycinate (zinc), anticaking agent: microcrystalline cellulose; Rose Hip extract (Rosa canina - fruit), anticaking agents: magnesium salts of fatty acids and silicon dioxide. **Allergen warning:** It may contain traces of **MILK, EGGS, SOY, GLUTEN AND CRUSTACEANS.**

ProVegan Multi VIP

GreenDay® ProVegan Multi VIP is the most complete formula providing a high potency blend of vitamins and minerals along with a complete fruit & vegetable complex and vitamin D.

GreenDay® ProVegan Multi VIP are specially coated to protect the delicate nutrients from being broken down by stomach acids before being fully absorbed.

Recommended daily dosage: Take 1 tablet daily with meals. Wash down with plenty of water.



FOOD SUPPLEMENT

60 cps

Supplement Facts/ Información Nutricional:

Active Ingredients	Per 1 tbl	*
Vitamin A	1,500 µg-RE	188%
Vitamin C	167 mg	209%
Vitamin D	3.3 µg	66%
Vitamin E	22 mg-TE	183%
Vitamin B1	17 mg	1545%
Vitamin B2	17 mg	1214%
Niacina	3.3 mg NE	21%
Vitamin B-6	12 mg	857%
Folate (135 µg folic acid)	225 µg	68%
Vitamin B-12	33 µg	1320%
Biotin	33 µg	66%
Pantothenic Acid	6.7 mg	112%
Calcium	58 mg	7%
Phosphorus	24 mg	3%
Magnesium	33 mg	9%
Zinc	5 mg	50%
Selenium	17 µg	31%
Copper	0.07 mg	7%
Manganese	0.7 mg	35%
Chromium	17 µg	43%
Potassium	17 mg	1%
Choline	10 mg	
Greens & Reds Complex **	105 mg	
Enzyme Complex from plants (Bromelain, Papain, Amylase, Lipase)	25 mg	
Spirulina Algae	167 mg	
Wheat Grass Powder (aerial plant)	67 mg	
Safflower Powder (flower)	33 mg	
Lecithin	25 mg	
Inositol	25 mg	
Citrus Bioflavonoids 50% Complex	17 mg	
Gotu Kola Powder (aerial parts)	17 mg	
Echinacea purpurea Root Powder	8.3 mg	
Green Tea 98% Extract (dried leaves)	8.3 mg	
PABA (para-Aminobenzoic Acid)	5 mg	
Psyllium Husk Powder (hulls)	5 mg	
Oat 10:1 Extract (aerial parts)	5 mg	
Apple Pectin (Malus domestica)(fruit)	5 mg	
Chlorophyll	5 mg	
Lactobacillus acidophilus	6.7 million CFU	
Octacosanol	5 µg	
Peat Extract (72 trace minerals)	1 mg	
Kelp (thallus)	70 µg	
Boron	9 µg	

* NRV (per 1 tbl) - Nutrient Reference Value

**Greens & Reds Complex: Blueberry-fruit, cranberry-fruit, grape seed, strawberry-fruit, raspberry-fruit, pomegranate-fruit, bilberry-fruit, alfalfa leaf, carrot-root, beet-root, broccoli (floret & stalk), açaí (Euterpe oleracea, fruit), chokeberry-fruit, apple-fruit, apple pectin-fruit, maqui berry-fruit (Aristotelia chilensis), grape-skin, black cherry-fruit, tomato-fruit, barley-aerial part, celery-seed, Chlorella pyrenoidosa, black currant-fruit (Ribes nigrum), artichoke-leaf, mango-fruit, pineapple-fruit, spirulina, dandelion-root, wheat grass-leaf, green tea-leaf, milk thistle-seed, Eleutherococcus senticosus-root, Ashitaba-leaf, bing cherry-fruit, elderberry-fruit (Sambucus nigra), Goji berry-fruit (Lycium barbarum), grapefruit-fruit, mangosteen-fruit, spinach-leaf, tart cherry-skin, papaya-fruit, asian pear (Pyrus pyrifolia)

Ingredients: Vitamin C (as ascorbic acid), magnesium bisglycinate (chelate), Spirulina algae powder (Arthrospira platensis, whole plant), calcium (as phosphate/ citrate), phosphorus (as dicalcium phosphate), 42 Fruit & Vegetable proprietary blend **, wheat grass powder (Triticum aestivum, aerial plant), glazing agent (vegetable stearic acid), potassium (as citrate), aques film coating (purified water, stabilisers: hydroxypropyl methylcellulose; humectant: vegetable glycerin; colours: chlorophyll and calcium carbonate), croscarmellose sodium (emulsifier), Safflower powder (Carthamus tinctorius, flower), vitamin E (as D-alpha tocopheryl succinate), inositol, choline (as choline bitartrate), zinc bisglycinate (chelate), lecithin, vitamin B6 (as pyridoxine HCl), enzyme complex (bromelain, papain, amylase and lipase), microcrystalline cellulose (anti-caking agent), vitamin B1 (as thiamine mononitrate), riboflavin (vitamin B2), selenium (sodium selenate), vitamin A (as 67% beta-carotene/ 33% palmitate), citrus bioflavonoids 50% complex, Gotu Kola powder (Centella asiatica, aerial part), folic acid (as pteroylmonoglutamic acid), green tea extract with natural caffeine 2% /min. 98% polyphenols, 75% catechins, 45% EGCG/ (Camellia sinsensis, dried leaves), echinacea powder (Echinacea purpurea, root), pantothenic acid (as D-calcium pantothenate), PABA (para-aminobenzoic acid), chlorophyll (as sodium copper chlorophyllin), Psyllium husk (hulls)***, oat 10:1 extract (Avena sativa, aerial parts), apple pectin (Malus domestica, fruit), niacin (as nicotinic acid), vitamin B12 (as cyanocobalamin), D-biotin (Biotin), manganese (as sulfate), vegetable magnesium stearate (anti-caking agent), vitamin D (as cholecalciferol), peat extract, copper (as oxide), Lactobacillus acidophilus, chromium picolinate, boron (as boric acid), kelp (Ascophyllum nodosum, thallus), octonasol (Saccharum officinarum, sap). **Allergen warning:** It may contain traces of **milk, eggs, soybeans and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT
with sweeteners and aroma

250 g

GREENZONE
TOP GREEN FOOD SOURCES

GREENS & REDS +

GreenDay® Greens & Reds+ is a perfect solution in instant powder form for preparing a green smoothie full of energy, vitamins, minerals and antioxidants. It contains more than 33 superfoods, fruit and vegetable extracts, algae, superfruits, vitamins, enzymes and probiotics.

GreenDay® Greens & Reds+ is quite possibly one of the most complete "Greens" products on the market. Its exclusive choice of ingredients makes it an essential product for athletes and anyone who is concerned about health and well-being.

This is an excellent option for those who want to boost their intake of vitamins, minerals, antioxidants and other important micronutrients that can be hard to find in diets based on refined and processed foods. With GreenDay® Greens & Reds+ we can strengthen our immune system, benefit from its alkalizing and cleansing properties, improve digestion, nutrient absorption and inflammatory processes and delay the effects of aging, to name just a few benefits.

Properties:
» A great way to increase vitamin and mineral intake
» Helps improve and strengthen immune system defences against harmful chemicals and toxins and prevents signs of aging
» Contains algae such as spirulina and chlorella, which help with weight control
» Contains enzymes and probiotics for improved digestion

Recommended daily dose: Take ½ scoop (3g) and mix it with 200ml of water or your favourite drink. Take one serving (3g) in the morning and the same (3g) in the evening.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 scoop/cacito (6g)
Servings per container/ Dosis por envase: 41

Active ingredients/ Ingredientes Activos	Per serving/ Por dosis
Greens Complex wheat grass powder, barley grass powder, alfalfa powder, spirulina powder, spinach concentrate, chlorella extract, broccoli sprouts, green tea extract, ginkgo biloba / hierba de trigo en polvo, hierba de cebada en polvo, polvo de alfalfa, espirulina en polvo, concentrado de espinacas, extracto de Chlorella, brotes de brócoli, extracto de té verde, Ginkgo biloba	**2 728 mg**
Reds Complex beet root powder, tomato powder,acerola extract, Acai berry extract, raspberry fruit powder, blueberry fruit powder / raíz de remolacha en polvo, tomate en polvo, extracto de acerola, extracto de bayas de Acai, frambuesa en polvo, arándano en polvo	**657 mg**
Vita Complex citrus bioflavonoids powder, carrot powder, flax seed powder, fructooligosaccharides, quercetin, grape seed extract, resveratrol, ginger extract, apple pectin powder, Echinacea purpurea powder, papaya fruit powder, cocoa extract, aspergillus oryzae powder, turmeric extract / bioflavonoides cítricos en polvo, zanahoria en polvo, linaza, fructooligosacáridos, quercitina, extracto de semilla de uva, resveratrol, extracto de jengibre, pectina de manzana en polvo, Echinacea purpurea en polvo, papaya en polvo, extracto de cacao, Aspergillus oryzae molido, extracto de cúrcuma	**1 023 mg**
Probio Complex lactobacillus sporogenes 14,6 billion cfu/gm, lipase 146 M units / lactobacillus sporogenes 14,6 billones ucf/gm, lipasa 146 M unidades	**34 mg**
Vitamin C as calcium and magnesium ascorbate/como ascorbato de calcio y magnesio	**97 mg** (121 %*)
Vitamin A as beta carotene /como betacaroteno	**1,5 mg** (187 %*)

*DNRV – Daily Nutrient Reference Value/*VRN Valores de Referencia de Nutrientes

Ingredientes per 6 g: Wheat grass powder 16,2%, **barley** grass powder 12,2%, maltodextrin, alfalfa powder, dextrose, spirulina powder, citrus bioflavonoids powder /from grapefruit, lemon and orange/, beet root powder 2,8%, tomato powder 2,4%, spinach concentrate 4:1, Chlorella extract /standardized for 2% chlorophyll/, calcium and magnesium ascorbate /vitamin C/, broccoli sprouts 4:1 – 2,4%, ace- rola extract 4:1, Acai berry extract 4:1, carrot powder, green tea extract /95% po- lyphenols/, raspberry fruit powder 1,6%, flax seed powder, fructooligosaccharides /FOS/, natural aroma, quercetin, grape seed extract /95% OPC/, acidity regulator: ci- tric acid; Ginkgo biloba 4:1, resveratrol 37,5mg /from Vitis vinifera extract/, ginger ex- tract /5% gingerols/, apple pectin powder, blueberry fruit powder, Echinacea purpurea herb powder, papaya fruit powder, cocoa extract /standardized for 6% theobromine/, Aspergillus oryzae powder, curcuma - turmeric extract /95% curcuminoids/ - 0,8%, lactobacillus sporogenes, lipase; anticaking agent: silicon dioxide; vitamin A /beta carotene 1,5mg – 187 %*/; sweetener: sucralose. **Allergen warning:** It may contain traces of **milk, eggs, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**

SUPERGREENS DRINK



FOOD SUPPLEMENT
with sweeteners and aroma

360 g

VitaBerry VitaVeggie
GREENZONE
TOP GREEN FOOD SOURCES

GreenDay® SuperGreens Smooth Drink is a food supplement that can be used to make a delicious green smoothie full of energy and antioxidants.

GreenDay® SuperGreens Smooth Drink combines an exclusive selection of algae like spirulina and chlorella with wheatgrass and barley grass. In addition, as usual, Amix remains committed to top quality raw materials, so the patented VitaVeggie® and VitaBerry® complexes, which help with weight control and digestive health, among other properties, have also been used in this product.

Properties:
» A great way to increase antioxidant intake
» Alkalizing and cleansing properties
» Helps improve and strengthen immune system defences against harmful chemicals and toxins and prevents signs of aging
» Contains algae such as spirulina and chlorella, which help with weight control

Recommended daily dose: Take 2 scoops (12 g) and mix it with 300 ml of cold water. Use an AMIX™ shaker or mixer. Drink it immediately, best in the morning.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2 scoops/cacitos (12 g)
Servings per container/ Dosis por envase: 30

Average values/ Valores medios:	Per serving/ Por dosis
Super Greens Complex/ Complejo Super Greens Chlorella, Spirulina, Wheat grass, Barley grass / Chlorella, Espirulina, Hierba de trigo, Hierba de cebada	**6 000 mg**
Super Vita Complex	**1 000 mg**
VitaVeggie® Anti-Oxidants Blend - broccoli sprout concentrate, onion extract, tomato, broccoli, carrot, spinach, kale, brussel sprout / Concentrado de brotes de brócoli, extracto de cebolla, tomate, brócoli, zanahoria, espinacas, col rizada, coles de bruselas	
VitaBerry® Hi ORAC Fruit Blend - grape and grape seed extract, wild blueberry and wild blueberry extract, raspberry and raspberry seed concentrate, cranberry, prune, tart cherry, wild bilberry extract, strawberry / Uvas y extracto de semillas de uva, arándanos y extracto de arándanos silvestres, frambuesas y concentrado de semillas de frambuesas, arándanos rojos, ciruelas, guindas, extracto de mirtilo, fresas	

Ingredients: greens complex (**wheat** grass powder, **barley** grass powder, spirulina powder, chlorella powder), apple pectin, VitaVeggie® Anti-Oxidants Blend (broccoli sprout concentrate, onion extract, tomato, broccoli, carrot, spinach, kale, brussel sprout, maltodextrin, corn starch, emulsifier: sunflower lecithin); VitaBerry® Hi ORAC Fruit Blend (grape and grape seed extract, wild blueberry and wild blueberry extract, raspberry and raspberry seed concentrate, cranberry, prune, tart cherry, wild bilberry extract, strawberry, anticaking agent: silicon dioxide); thickener: sodium carboxymethylcellulose; aroma, acidity regulator: citric acid; sweeteners: erythritol and sucralose. **Allergen warning:** It may contain traces of **milk, eggs, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**

MULTIGREENS VITALITY & ENERGY

GreenDay® ProVegan MultiGreens Vitality & Energy is a food supplement for use in making a delicious and refreshing green drink full of antioxidants and compounds that are a good source of vitality and energy. It contains an advanced complex for weight control, healthy digestion and body cleansing.

Benefits:
» Provides energy and vitality
» Rich in vitamins and minerals.
» 100% plant-based.

Recommended daily dose: Take 2 scoops (10 g) and mix it with 200 ml of cold water. Use an Amix™ shaker or mixer. Drink it immediately, best in the morning.

Flovour: Orange

VEGAN FRIENDLY

300 g

GREENZONE
TOP GREEN FOOD SOURCES



FOOD SUPPLEMENT
with sweeteners and aroma

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 10 g (2 scoops/2 cacitos)
Servings per container/ Dosis por envase: 30

Active ingredients/ Ingredientes Activos	Amount per serving/ Cantidad por dosis
Multi Greens Vitality & Energy Complex	**9 000 mg**

Brotes de hierba de **trigo**, brotes de hierba de **cebada,** baobab, moringa, espinaca, menta, chlorella, espirulina, camu-camu, chaga, matcha, extracto de alfalfa - 5% flavonas (Medicavo Sativa) / Young **wheat** grass, young **barley** grass, baobab, moringa, spinach, mentha, chlorella, spirulina, camu-camu, chaga, matcha, alfalfa extract - 5% flavones (Medicavo Sativa)

Ingredients: young **wheat** grass powder (leaves), young **barley** grass powder (leaves), baobab powder (fruit), moringa powder (leaves), spinach powder (leaves), mentha powder (leaves), chlorela (plant insole), spirulina (leaves), camu-camu powder (fruit), chaga powder (fruit), aroma, sweeteners: erythritol and sucralose; acidity regulator: citrid acid, matcha powder /camelia sinensis/ (leaves), alfalfa extract - 5% flavones /medicavo sativa/ (whole plant). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**





90 cps

SUPER OMEGA 3-6-9

GreenDay® Super Omega 3-6-9 is a food supplement that contains extracts from fish oil, flaxseed oil and sunflower seed oil, which are sources of unsaturated fatty acids. EPA and DHA contribute to the normal function of the heart.

Moreover DHA contributes to maintenance of normal brain function and the maintenance of normal vision. The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.

ALA contributes to the maintenance of normal blood cholesterol levels. The beneficial effect is obtained with a daily intake of 2 g of ALA.

Recommended daily dose: Take 1 capsule (softgel) daily preferably with meal. Wash down with plenty of water.

Supplement Facts/ Información:

Serving size/ Dosis: 1 cps
Servings per container/ Dosis por envase: 90

Active ingredients/ Ingredientes Activos	per/por 1 cps	
Omega 3-6-9 Complex/ Omega 3-6-9 Complejo	**1.000 mg**	
EPA (eicosapentaenoic acid/ácido eicosapentaenoico)	72 mg	
DHA (docosahexaenoic acid/ácido docosahexaenoico)	48 mg	
ALA (alpha linolenic acid/ácido alfa-linolénico)	150 mg	
LA (linoleic acid/ácido linoleico)	140 mg	
OA (oleic acid/ácido oleico)	51 mg	
Vitamin E/ Vitamina E dl-alpha tocopheryl acetate/acetato de dl-alfa-tocoferilo	**6,5 mg**	55 %*

Ingredients: fish oil 29 %, gelatin capsule (gelatin, thickener: glycerin, water), flaxseed oil 21,7 %, sunflower seed oil 21 %, DL-alpha tocopheryl acetate. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

90 cps



OMEGA 3 FORTE+

GreenDay® Omega3 FORTE+ is a supplement based on the essential beneficial Omega-3 fatty acids known as EPA and DHA, reinforced with vitamins E, D3 and K2.

Our daily diets are often lacking in the proper dose of Omega-3 and, since our bodies cannot create these fatty acids on their own, it is essential to get them through food or supplements.

DHA contributes to proper brain function and healthy eyesight. When EPA and DHA are combined, they support proper functioning of the heart. Beneficial effects can be achieved with a daily dose of 250 mg.

Vitamin E helps protect cells from oxidative damage. Vitamin D3 aids in the absorption and use of calcium and phosphorous, helping keep proper levels of calcium in the blood and maintaining healthy bones and teeth. Vitamin K plays an important role in bone health and aids in healthy blood clotting.

Recommended daily dose: Take 1- 3 softgels daily with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 cps
Servings per container/ Dosis por envase: 90

Active ingredients/ Ingredientes Activos	per/por 1 cps	*DNRV/VRN
Fish Oil/ Aceite de Pescado	**1 000 mg**	
EPA (EicosaPentaenoic Acid/ Ácido Eicosapentaenoico)	330 mg	
DHA (DocosaHexaenoic Acid/ Ácido Docosahexaenoico)	220 mg	
Natural Vitamin E/ Vitamina E	**8 mg** (12 I.U.)	66,7 %
Vitamin D3/ Vitamina D3	**50 mcg** (2000 I.U.)	1 000 %
Vitamin K2 (MK-7)/ Vitamina K2 (MK-7)	**50 mcg**	66,7 %

Ingredients: fish oil, gelatin, humectant: glycerin; d-alpha tocopherol (vit. E), cholecalciferol (vit. D3), purified water, menaquinones MK-7 (vit. K2). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

dE111 PROBIOTIC™ TRADEMARKED SUPERSTRAIN

INTESTINAL SUPPORT

60 cps

PROBIO FORTE

GreenDay® Probio Forte is a food supplement made with a combination of 7 strains of bacteria and 5.75 billion colony forming units (CFU), which can help maintain a positive microflora balance in the intestines.

Probiotics are living microorganisms that remain active in the intestines and, when administered in proper amounts, are beneficial in the functioning and balance of our intestinal flora, thus improving the functioning of our digestive system.

Recommended daily dose: Take 1 capsule 1-3 times daily preferably with meals or as directed by a health care professional.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 60

Active ingredients/ Ingredientes activos	Amount per serving/ Cantidad por dosis
AMIX™ Probiotic Bacteria /AMIX™ Bacterias Probióticas	**5,75 billion organisms /mil millones de organismos**
DE111™ (Bacillus subtillis), Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus rhamnosus, Lactobacillus casei, Bifidobacterium breve, Lactobacillus plantarum	

Ingredients: Maltodextrine, vegetable cellulose (capsule); probiotic bacteria (DE111™ - Bacillus subtilis, Lactobacillus acidophilus, Bifidobacterium longum, Bifidobacterium breve, Lactobacillus rhamnosus, Lactobacillus casei, Lactobacillus plantarum); anticaking agent: medium chain triglycerides. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

dE111 PROBIOTIC™ TRADEMARKED SUPERSTRAIN

LactoSpore™

60 cps

PROBIO DAILY

GreenDay® Probio Daily is a food supplement composed of probiotics and prebiotics presented in plant-based capsules.

The prebiotic part is made of 6 strains of beneficial bacteria and 750 million colony forming units (CFU) aimed at helping foster a positive microflora balance in the intestines.

GreenDay® Probio Daily contains (among others) DE111™, a strain of Bacillus subtilis, a probiotic spore that supports digestive and immune health. DE111™ is capable of forming spores that protect microbes in extreme conditions until they enter an environment suitable for germination, such as the gastrointestinal tract

Recommended daily dose: Take 1 capsule 1-3 times daily preferably with meals or as directed by a health care professional.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 60

Active ingredients/ Ingredientes activos	Amount per serving/ Cantidad por dosis
AMIX™ Probiotic Blend /Combinación de Probióticos	**750 million organisms /millones de organismos**
DE111™ (Bacillus subtillis), Bacillus coagulans (LactoSpore®), Bifidobacterium bifidum, Lactobacillus rhamnosus, Lactobacillus acidophilus, Lactobacillus casei	
FOS fructooligosaccharides – inulin juice complex / (fructooligosacáridos - complejo de zumo de inulina)	**150 mg**
BioMOS® FG Mannan oligosaccharide complex/ complejo de manano-oligosacáridos)	**50 mg**

Ingredients: fructooligosaccharides, vegetable cellulose (capsule), microcrystalline cellulose, BioMOS® (Mannan oligosaccharide complex), probiotic bacteria (DE111™ - Bacillus subtillis, Bacillus Coagulans /Lactospore®/, Bifidobacterium Bifidum, Lactobacillus rhamnosus, Lactobacillus acidophilus, Lactobacillus casei); anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans and shellfish (crustaceans and molluscs)**



FOOD SUPPLEMENT

90 cps

CLA 1000

GreenDay® CLA 1000 is a food supplement containing 80% conjugated linoleic acid (CLA) in soft capsule format.

CLA is an essential Omega-6 fatty acid made from linoleic acid. It is found in foods like meat, milk and certain vegetable oils.

CLA also acts as an antioxidant and helps maintain normal cholesterol levels in blood.

Recommended daily dose: Take 1 capsule (softgel) daily preferably with a meal. Wash down with plenty of water.

Supplement Facts/ Información:

Serving size/ Dosis: 1 cps
Servings per container/ Dosis por envase: 90

Active ingredients/Ingredientes activos	Amount per Serving/ Cantidad por dosis
CLA (standardized for 80% Conjugated Linoleic Acid/ estandarizado para 80% Acido Linoleico Conjugado)	**1 000 mg**
Conjugated linoleic acid/ Ácido Linoleico Conjugado	800 mg
Oleic Acid/ Ácido Oleico	120 mg
Palmitic Acid/ Ácido Palmítico	90 mg
Stearic Acid/ Ácido Esteárico	40 mg
Linoleic Acid/ Ácido Linoleico	25 mg

Ingredients: conjugated linoleic acid (from safflower oil), gelatin capsule (made from pure gelatin, thickener: glycerol, water). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

#YOUDECIDE

GREENDAY®
NATURE'S MAGIC

Tel.: +34 966 78 08 14
info@amix.es
Calle Irlanda 12
03160 Almoradí, Alicante (Spain)
www.amix.es