
MuscleCore®
FIVE STAR SERIES
CROSS maxx
AMIX
ADVANCED NUTRITION

Musclecore® is a limited series of products that was developed in collaboration with Amix™ team competition athletes.

This exclusive range offers a product for every need. Each of them has been formulated to obtain optimal results, following the best quality standards and using patented raw materials in its composition.

At Amix we are sure that **MuscleCore®** will meet the needs of the most demanding athletes, effectively helping them to improve and achieve their goals, whether they are top athletes or amateurs.



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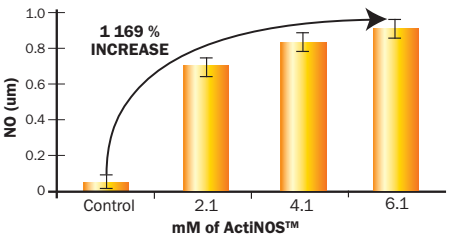
16 WEIGHT CONTROL

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FOOD SUPPLEMENT
with sweeteners and flavour

Effect of **ActiNOS™** on NO Production in HPAE-26 Cells



1 000 g | **2 000 g**

CFM® NITRO PROTEIN

MuscleCore® CFM® Nitro Protein Isolate is a protein based on **Glanbia CFM®** whey protein isolate and **ActiNOS™**, a patent-pending nitric oxide activating peptide. This combination provides a high biological value and a spectacular spectrum of amino acids with a high concentration of branched chain amino acids BCAA's, among other essential amino acids. It also contains the patented Aminogen®, a blend of proteases and Lactospore® intestinal microflora bacteria. **MuscleCore® CFM® Nitro Protein Isolate** is virtually fat- and lactose-free and is sweetened with Stevia and Sucralose. No aspartame content.

Benefits:
» Proteins contribute to the increase of muscle mass
» Proteins contribute to the maintenance of muscle mass
» High protein content (90%)
» Contains Aminogen® and Lactospore®
» Highly soluble
» Aspartame-free
» Sweetened with Stevia and Sucralose
» Virtually lactose- and fat-free

Recommended daily amount: Mix 1 scoop (1 heaping scoop = 35 g) of CFM® Nitro with 200 ml of cold water or low fat milk. Use a blender or hand held shaker, mix for 30 seconds. Have 2-3 servings daily between meals, depending on daily need of proteins.

Flavours: Banofee, Double Chocolate, Milk Vainilla, Strawberry-Yogurt

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 35 g (1 heaping scoop / 1 cacito colmado)
Serving per container/Dosis por envase: 57

Average values / Valores medios:	per/por 35 g:	per/por 100 g:
Energy value/ Valor energético:	563 kJ / 133 kcal	1610 kJ / 379 kcal
Total fat/ Grasas	**0,4 g**	**1,2 g**
Saturated fat/ De los cuales saturadas	< 0,2 g	< 0,5 g
Total carbohydrate/ Hidratos de carbono	**0,7 g**	**2,1 g**
Sugars/ De los cuales azúcares	< 0,3 g	< 1 g
Protein/Proteína (dry basis/base seca)	**31,5 g**	**90 g**
Salt/ Sal	**< 0,4 g**	**< 1 g**
ActiNOS™ (CFM Nitro™) Patent-pending nitric oxide synthase activating peptide /Péptido activador de óxido nítrico sintasa pendiente de patente	**148,75 mg**	**425 mg**
Aminogen® - patented protease blend / Aminogen® mezcla patentada de proteasa	**52,5 mg**	**150 mg**
Probiotics Probióticos (LactoSpore®)	**70 000 000 spores**	**200 000 000 spores**

CFM®, ActiNOS™ and CFM Nitro™ are registered trademarks of Glanbia PLC. **Aminogen®** is a registered trademark of Triarco Industries LLC. **LactoSpore®** is a registered trademark of Sabinsa Corporation, USA.

Average amino acid profile per 100 g of protein content/
Valores medios de aminoácidos por 100 g de proteína:

Alanine/ Alanina	4 800 mg	**Methionine/** Metionina*	2 000 mg
Arginine/ Arginina	2 000 mg	**Phenylalanine/**Fenilalanina*	2 800 mg
L-aspartic acid/ Ácido L-aspártico	10 800 mg	**Proline/** Prolina	7 100 mg
Cysteine/ Cisteína	2 500 mg	**Serine/** Serina	4 800 mg
Glutamine/ Glutamina **	17 200 mg	**Threonine/** Treonina*	7 300 mg
Glycine/ Glicina	1 500 mg	**Tryptophan/** Triptófano*	1 700 mg
Histidine/ Histidina	1 900 mg	**Tyrosine/** Tirosina	2 900 mg
Isoleucine/ Isoleucina*#	6 600 mg	**Valine/** Valina*#	5 700 mg
Leucine/ Leucina*#	10 200 mg	**Lysine/** Lisina*	8 000 mg

* essential amino acids / aminoácidos esenciales # total content of BCAA / contenido total de BCAA - 22 500 mg ** glutamine values based on glutamic acid content / valores de glutamina basados en contenido de ácido glutámico

Ingredients: CFM® - cross flow microfiltered whey **protein isolate /from milk/** with protein fractions (beta-lactoglobulin, alfa-lactoglobulin, serum albumin, immunoglobulin, glycomacropeptide, lactoferrin, lactoperoxidase); cocoa powder (only in chocolate and banoffee flavour), stabilizer: sodium carboxymethylcellulose; aroma, ActiNOSTM - selectively enriched **bioactive peptides and proteins from whey /from milk/**; emulsifier: **soya** lecithin; sweeteners: steviol glycosides, sucralose and acesulfame-K; dye: turmeric (only in milk vanilla flavour); beetroot juice (only in strawberry-yogurt flavour); Aminogen® (maltodextrin, protease blend), LactoSpore™ (Bacillus coagulans, maltodextrin). **Allergen warning:** It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT
with sweeteners and flavour

LEADING 97% PROTEIN CONTENT
HYDROBEEF™
PROLIANT HEALTH

Original Stevia
a natural sugar substitute

KRE-ALKALYN
pH-CORRECT CREATINE

SCIENTIFICALLY Vitargo PROVEN!

Fibersol®-2

M·C·T
MEDIUM CHAIN TRIGLYCERIDES

BevGrad™
XtraSmooth Flax

2 500 g

OPTIMASS™ BEEF GAINER

MuscleCore® Opti-Mass™ Beef is an excellent weight gainer based on Hydrobeef® beef protein isolate (hydrolysed beef peptides) and a combination of carbohydrates.

It contains Kre-Alkalyn®, a pH-adjusted creatine and Vitargo®, a patented high molecular weight carbohydrate, among other top ingredients. Vitargo® has a faster digestion and absorption than other carbohydrates such as dextrose or maltodextrin, while providing a sustained energy release.

MuscleCore® Opti-Mass™ Beef with Hydrobeef® provides MCT's (medium chain triglycerides) and BCAA's (branched chain amino acids) along with L-Glutamine.

Benefits:
» Protein contributes to the gain and maintenance of muscle mass
» Sweetened with Stevia and Sucralose
» Less than 2g of sugars per serving
» Contains Fibersol®
» Excellent taste and solubility
» Lactose-free
» Contains BevGrad™XtraSmooth Flaxseed
» Aspartame-free
» Very low in fat

Recommended daily amount: Mix 50 g (1 scoop) of OptiMass™ BEEF Gainer with 250-300 ml of water. Use a blender or hand held shaker Amix™. Have 1-3 servings daily, depends on physical activity, sports activity and diet. On training days we recommend preferentially after the exercise, other days between meals as a snack.

Flavours: Double Chocolate-Toffee, Chocolate-coco, Forest Fruits, Double White Chocolate

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 50 g (1 heaping scoop/1 cacito colmado)
Serving per container/Dosis por envase: 50

Average values / Valores medios:	per/por 50 g:	per/por 100 g:
Energy value/ Valor energético:	770 kJ/181 kcal	1540 kJ/363 kcal
Total Fat/Grasas	**0,95 g**	**1,9**
Saturated fats/ De las cuales saturadas	0,5 g	1 g
Total carbohydrate/ Hidratos de carbono	**28 g**	**56 g**
Sugars/ De los cuales azúcares	2 g	4 g
Protein/ Proteína (dry basis/base seca)	**15 g**	**30 g**
Salt/ Sal	0,5 g	1 g

Active Ingredients/ Ingredientes Activos		
Kre-Alkalyn® (buffered creatine monohydrate / monohidrato de creatina tamponada)	1 500 mg	3 000 mg
Hydrolyzed waxy maize starch/ Almidón de maíz hidrolizado	1 000 mg	2 000 mg
Vitargo® (amylopectin barley starch / almidón de cebada con amilopectina)	500 mg	1 000 mg
Fibersol®-2 (resistant dextrin / dextrina resistente)	500 mg	1 000 mg
Instantized BCAA 2 : 1 : 1 L-leucine, L-isoleucine, L-valine / L-leucina, L-isoleucina, L-valina	500 mg	1 000 mg
Micronized L-glutamine/ L-glutamina micronizada	500 mg	1 000 mg
MCT - Medium chain triglycerides/ Triglicéridos de cadena media	250 mg	500 mg
Milled flaxseed - BevGrad™ XtraSmooth flax	250 mg	500 mg

Ingredients: glucose polymers (maltodextrin), hydrolyzed Beef Peptide HydroBeef™ - 30%, cocoa powder (only in chocolate flavour), rice polysaccharides, buffered creatine monohydrate (Kre-Alkalyn®), ultra high-molecular weight long chain hydrolyzed waxy maize starch, amylopectin barley starch (Vitargo®), digestion resistant maltodextrin (Fibersol®-2), instantized branched chain amino acids (BCAA 2:1:1 - L-leucine, L-isoleucine, L-valine), micronized L-glutamine, aroma, medium chain triglycerides (MCT powder – triglycerides caprylic acid/ capric acid, sodium caseinate, glucose syrup, emulsifier: E472c), milled flaxseed BevGrad™ XtraSmooth Flax, stabilizer: sodium carboxymethylcellulose; emulsifier: **soya** lecithin; beetroot juice (only in delicate forest fruits flavour); sodium chloride, sweeteners: sucralose, acesulfame-K and steviol glycosides. **Allergen warning:** It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT
with sweeteners and flavour

PepForm™ Leucine Peptides · CFM Whey Protein · Stevia · DigeZyme® Multi-Enzyme Complex · Vitargo · palatinose the better energy · AMINOGEN®

2 300 g

SMOOTH-8™ PROTEIN

MuscleCore® Smooth-8™ Protein is a professional protein hybrid consisting of 8 protein sources with high biological value, along with 4 carbohydrate sources. It is especially suitable for fitness, endurance and powerlifting athletes in the gaining phase due to its high protein to carbohydrate ratio. And it tastes deliciously great.

Smooth-8™ Protein is highly absorbed thanks to ingredients such as Aminogen® a protease blend, DigeZyme® an enzyme complex and Lactospore®. It is sweetened with Stevia and Sucralose and is 100% Aspartame Free.

Benefits:
» Combination of 8 types of protein of the highest quality
» Contains 4 types of low glycemic index carbohydrates
» Contiene Aminogen®, DigeZyme® and LactoSpore®
» Excellent taste and dissolution
» Does not contain aspartame
» Highest purity
» Sweetened with Stevia and sucralose

Recommended daily amount: Mix 1 scoop (33 g) of Smooth-8TM with 200 ml of cold water or low fat milk. Use a blender or hand held shaker, mix for 30 seconds. Have 2-5 servings daily between meals, depending on daily need of proteins and carbohydrates.

Flavours: Double-Chocolate

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 33 g (1 scoop / 1 cacito)
Serving per container/ Dosis por envase: 69

Average values / Valores medios:	per/por 33 g:	pe/por 100 g:
Energy value/ Valor energético:	495 kJ / 117 kcal	1501 kJ / 354 kcal
Total fat/ Grasas	**1 g**	**2,9 g**
Saturated fat/ De las cuales saturadas	0,4 g	1,2 g
Total carbohydrate/ Hidratos de carbono	**12,2 g**	**37 g**
Sugars/ De los cuales azúcares	2,6 g	7,8 g
Protein/ Proteína (dry basis/ base seca)	**16,5 g**	**50 g**
Salt/ Sal	**< 0,3 g**	**< 1 g**
Calcium/Calcio	40 mg (5 %*)	120 mg (15 %*)
Phosphorus/ Fósforo	42,9 mg (6,1 %*)	130 mg (18,5 %*)
Amix™ Carbo-4 Matrix Maltodextrine, Palatinose®, Ultra High-Molecular Weight Long Chain Barley Carbohydrate (Vitargo®), Waxy Maize starch	**10 230 mg**	**31 000 mg**
Pep-Form™ - Leucine Peptides/ Péptidos de Leucina	**445,5 mg**	**1 350 mg**
Amix™ PhosphoMatrix di-calcium phosphate, di-potassium phosphate/ fosfato dicálcico, fosfato dipotásico	**247,5 mg**	**750 mg**
DigeZyme® - Multi-Enzyme Complex	**33 mg**	**100 mg**
Aminogen® - patented protease blend / Aminogen® mezcla patentada de proteasa	**16,5 mg**	**50 mg**
LactoSpore®/ Probióticos LactoSpore®	**66 000 000 spores**	**200 000 000 spores**

Ingredients: CFM® - cross flow microfiltered **whey protein isolate /from milk/** with protein fractions (beta-lactoglobulin, alfa-lactoglobulin, serum albumin, immunoglobulin, glycomacropeptide, lactoferrin, lactoperoxidase); **whey protein concentrate /from milk/**, beef protein hydrolyzate, maltodextrin, **hydrolyzed egg albumin**, isomaltulose Palatinose®, amylopectin barley starch Vitargo®, waxy maize starch, milk protein concentrate (micellar casein, whey protein), calcium caseinate /from milk/, whey protein hydrolyzate /from milk/, cocoa powder (only in chocolate and banaffee flavour), stabilizers: collagen hydrolyzate, sodium carboxymethylcellulose; **Pep-Form® - Leucine peptides /from milk/**, emulsifier: **soya** lecithin, aroma, di-calcium phosphate, di-potassium phosphate, sweeteners: steviol glycosides, sucralose and acesulfame-K; dye: curcumine (banana flavour); beetroot juice (strawberry flavour), patented digestive enzyme DigeZyme® - multi-enzyme complex (amylase, lipase, lactase, cellulase, bacterial neutral protease), Aminogen® (maltodextrin, protease blend), LactoSpore® (Bacillus sporogenes, maltodextrin). **Allergen warning:** It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

LEU PepForm™
Leucine Peptides

BCAA FREE FORM PER TABLET 2.000 mg

240 tbl

BCAA 2000

BCAA con PepForm™ 2000 is an amino blend formula that combines two forms of branched chain amino acids (free form and peptides) in tablets.

PepForm™ Peptides - BCAA 2:1:1 is created by a process that combines Branched Chain Amino Acids (BCAA) with peptides isolated from fresh sweet whey using advanced fracturing and splitting technologies. This unique technology results in 50% BCAAs in a 2:1:1 ratio of (Leucine, Isoleucine, Valine).

Recommended daily amount: Take 3 tablets daily. Take 1 tablet before physical activity, 1 tablet during and 1 tablet after activity. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 3 tablest/ comprimidos
Servings per container/ Dosis por envase: 80

Amount per Serving/ Valores por dosis	
Active ingredients/ Ingredientes Activos	
BCAA 2:1:1	**6 000 mg**
Micronized L-Leucine/ L-Leucina Micronizada	3 000 mg
Micronized L-Isoleucine/ L-Isoleucina Micronizada	1 500 mg
Micronized L-Valine/ L-Valina Micronizada	1 500 mg
Pep-Form® BCAA Peptides 2:1:1 Péptidos de BCAA 2:1:1	**300 mg**
Vitamin B6/ Vitamina B6	**7,5 mg (535 %*)**

PepForm™ BCAA - Percentage Profile of Amino Acids			
Alanine/ Alanina	2,9 %	**Lysine*/ Lisina***	5,3 %
Arginine/ Arginina	0,8 %	**Methionine*/ Metionina***	1,1 %
L-Aspartic Acid/ Ácido L-Aspártico	7,1 %	**Phenylalanine*/ Fenilanina***	1,7 %
Cysteine/cystine/ Cisteina/cistina	1,3 %	**Proline/ Prolina**	3,6 %
Glutamic Acid ** / Ácido Glutámico **	11,4 %	**Serine/ Serina**	2,7 %
Glycine/ Glicina	1 %	**Threonine*/ Treonina ***	4,2 %
Histidine/ Histidina	1 %	**Tryptophan*/ Triptófano***	1,2 %
Isoleucine*†/ Isoleucina*†	13,8 %	**Tyrosine/ Tirosina**	1,6 %
Leucine*†/ Leucina*†	26 %	**Valine*†/ Valina*†**	13,4 %

* Essential Amino Acids/ Aminoácidos Esenciales † Branched Chain Amino Acids /Aminoácidos de cadena ramificada
** Glutamine values based on glutamic acid content / Valores de Glutamina basado en el contanido de ácido glutámico.

Ingredientes: micronized L-Leucine, micronized L-Isoleucine, micronized L-Valine, PepForm® - BCAA peptides (**whey peptides /from milk/**, BCAA peptides, L-Leucine, L-Isoleucine, L-Valine), anticaking agent: magnesium stearate, silicon dioxide. **Allergen warning:** It may contain traces of **gluten, shellfish, eggs, tree nuts and peanuts.**



FOOD SUPPLEMENT
with sweeteners and flavour

CFM Whey Protein

CarnoSyn® Carnosine Synthesizer

LEU PepForm™ Leucine Peptides

540 g

RE-CORE® CONCENTRATE

MuscleCore® Re-Core® Concentrate is a food supplement based on amino acids, CFM® protein isolate, vitamins and minerals. It contains instant BCAAs in an 8:1:1 ratio.

MuscleCore® Re-Core® Concentrate is an excellent recovery supplement formulated with patented raw materials that helps muscle fibres to recover after intense workouts, which contributes to an increase in muscle mass.

Benefits:
» Instant BCAAs in an 8:1:1 ratio
» Contains Leucine and Tryptophan Peptides
» Contains CFM® Whey Protein Isolate
» Protein contributes to building and maintaining muscle mass
» Delicious taste
» Highly soluble
» Made with patented raw materials

Recommended daily amount: Mix 1 scoop (24,5 g) with 200-300ml of water and drink immediately after physical performance. To change the flavour and sweetness of drink change the amount of water used for preparation. Do not exceed recommended daily dosage!

Flavours: Fruit Punch, Lemon-Lime

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 scoop/1 cacito (24,5 g)
Servings per container/ Dosis por envase: 22

Average values per serving/ Valores promedio por servicio

Anabolic Amino Infusion	**10 000 mg**	
Micronized L-glutamine/ L-glutamina micronizada	5 000 mg	
Instantized L-leucine/ L-leucina instantánea	4 000 mg	
Instantized L-isoleucine/ L-isoleucina instantánea	500 mg	
Instantized L-valine/ L-valina instantánea	500 mg	
Anabolic PeptoBlend Infusion	**5 000 mg**	
CFM® - cross flow microfiltered whey protein isolate	4 000 mg	
PepForm™ L-leucine peptides / Péptidos de L-leucina	500 mg	
PepForm™ L-tryptophan peptides/ Péptidos de L-triptófano	500 mg	
Recovery Catalyst infusion	**5 500 mg**	
CarnoSyn® beta-alanine / CarnoSyn® beta-alanina	2 000 mg	
L-citrulline malate/ L-citrulina malato	2 000 mg	
L-glycine/ L-glicina	1 000 mg	
Tyrosine/ Tirosina	500 mg	
Anti-Stresss & Mental Infusion	**2 155 mg**	
Taurine/ Taurina	1 500 mg	
DMG - dimethylglycine/ DMG - dimetilglicina	500 mg	
Rhodiola rosea/ Rhodiola rosea (4% rosavins/4% rosavinas)	100 mg	
DMAE bitartrate 37% (2-/dimethylamino/ethanol)	50 mg	
Phosphatidylserine/ Fosfatidilserina	5 mg	
Vitamin & Mineral Infusion	**1 505 mg**	
di-calcium phosphate, di-sodium phosphate, di-potassium phosphate, ascorbic acid, pyridoxine HCl		
Calcium/ Calcio	100 mg	12,5 %
Potassium/ Potasio	70 mg	3 %
Phosphorus/ Fósforo	190 mg	27 %
Sodium/ Sodio	50 mg	
Vitamin C/ Vitamina C	500 mg	625 %
Vitamin B6/ Vitamina B6	5 mg	357 %

Ingredients: L-glutamine, L-leucine, CFM - cross flow microfiltered **whey protein isolate /from milk/** with protein fractions, CarnoSyn® beta-alanine, L-citrulline malate, L-glycine, taurine, dimethylglycine, L-isoleucine, L-valine, PepForm® - L-leucine peptides (**whey peptides /from milk/**, L-leucine), Pep-Form® Tryptophan peptides (**whey peptides /from milk/**, L-tryptophan), tyrosine, ascorbic acid, di-calcium phosphate, acidifying regulator: citric acid; di-sodium phosphate, di-potassium phosphate, acidifying regulators: malic acid, sodium carbonate; rhodiola rosea extract, beetroot juice (only in fruit punch flavour and orange flavour), dye: curcumine (only in orange flavour and lemon-lime flavour), carmine (only in water melon flavour), DMAE (2-/Dimethylamino/Ethanol) bitartrate, aroma, sweeteners: sucralose, acesulfame-K; anticaking agent: silicon dioxide; phosphatidylserine, pyridoxine HCl. **Allergen warning:** It may contain traces of **eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**

CreaPep™

EXPLO-TECH® Tablet Release System PATENT PENDING

250 tbl



FOOD SUPPLEMENT
with sweeteners and flavour

ANABOLIC AMINO TABS

MuscleCore® Anabolic Amino Tabs is an innovative food supplement based on super-concentrated amino acids in tablet form.

MuscleCore® Amino Tabs is a patented CreaPep® amino acid complex. It also contains 3 types of creatine and a special complex based on Taurine, Glycine, Lysine, L-Carnitine, L-Ornithine and L-Citrulline.

This supplement provides a unique balance of amino acids that can promote a positive nitrogen balance and increase protein synthesis.

CreaPep® is a combination of dairy peptides and proteins. These have been enriched and isolated using different purification technologies to preserve their properties.

Benefits:
» High concentration of amino acids
» Excellent nutritional value
» Increases muscle mass
» Prevents muscle breakdown
» Stimulates GH
» Contains CreaPep® which enhances nutrient absorption

Recommended daily amount: Take 5 tablets daily preferably 1 hour before workout. Wash down with plenty of water. To maximise results stack with Amix™ CreAge™ or with other creatine supplement.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 5 tablets/ comprimidos
Servings per container/ Dosis por envase: 50

Average values/ Valores medios	per/por 100 g:	per/por 5 tablets/comprimidos:
Energy value/ Valor Energético	1561 kJ / 368 kcal	195,1 kJ / 46,2 kcal
Total Fat/ Grasas	4,3 g	< 1 g
Saturated fat / de las cuales saturadas	2,6 g	< 0,6 g
Total Carbohydrate / Hidratos de Carbono	20,5 g	2,4 g
Sugars/ De los cuales azúcares	2,5 g	0,3 g
Protein/ Proteína	62 g	6,9 g
Salt/ Sal	< 0,5 g	< 0,1 g

CreaPep® Enhanced Hydro Protein Blend **7 000 mg**
CreaPep® Enriched Protein Matrix (Hydrolyzed Whey Protein Isolate, Micellar Casein, Hydrolyzed Whey Protein) Amino Acids derived from Beef Protein, Hydrolyzed Egg Albumen
/ CreaPep® proteína hidrolizada aislada de suero de, Caseína Micelar, proteína hidrolizada de suero, aminoácidos de proteína bovina, albúmina de huevo hidrolizada

Of which pure CreaPep® (Partially Hydrolysed Whey Protein, Micellar Casein) **/ De los cuales Puros CreaPep®** (proteína hidrolizada de suero Caseína Micelar) 2 500 mg

GH Boosting Matrix	**3 000 mg**
Taurine/ Taurina	1 750 mg
L-Glycine/ L-Glicina	500 mg
L-Lysine/ L-Lisina	500 mg
L-Carnitine Tartrate/ L-Carnitina Tartrato	150 mg
L-Ornithine/ L-Ornitina	50 mg
L-Citrulline Malate/ L-Citrulina Malato	50 mg

Triple-Creatine Matrix 4:1:1 **1 500 mg**
Creatine Monohydrate, Creatine HCL, Creatine Nitrate/ Creatina Monohidrato, Clorhidrato de Creatina, Nitrato de Creatina

Ingredients: hydrolyzed **whey protein /from milk/**, CreaPep® - peptides from partially hydrolyzed **whey protein /from milk/** - contains **soya** lecithin, amino acids derived from beef protein, hydrolyzed egg albumen, Taurine, Creatine Monohydrate, micellar casein /from milk/, L-Glycine, L-Lysine, Creatine HCL, Creatine nitrate, L-carnitine tartrate, L-Ornithine, L-Citrulline malate, anticaking agent: microcrystalline cellulose; stabilizers: collagen hydrolyzate, inuline; anticaking agent: magnesium stearate, silicon dioxide; acidifying agents: citric acid, malic acid; aroma, sweetener: sucralose. **Allergen warning:** It may contain traces of **gluten, shellfish, tree nuts and peanuts.**



FOOD SUPPLEMENT
with sweeteners and flavour

CarnoSyn® Carnosine Synthesizer

AstraGin™

KRE-ALKALYN® pH-CORRECT CREATINE™

BIOPERINE®

ACTINOS™

500 g

MYOCELL® 5-PHASE!

MuscleCore® MyoCell® 5-Phase is a pre-workout food supplement based on Creatine, Arginine alpha-ketoglutarate, Branched Chain Amino Acids (BCAA) Glutamine, Beta-Alanine, Citrulline and Caffeine, among other ingredients. One scoop (25g) of MyoCell® delivers the benefits of a whole range of ingredients.

AstraGin™ is a patented herbal ingredient extracted from Panax notoginseng and Astragalus membranaceus using a patented technology. It helps to significantly improve the absorption of many important nutrients, in particular that of three amino acids: arginine, citrulline and tryptophan; a vitamin: folate; an amino sugar: glucosamine; and Glucose in intestinal Caco-2. Also increases ATP production and the absorption of the cationic amino acids arginine, lysine and histidine.

Benefits:
» Excellent taste and solubility
» Aspartame-free

Recommended daily amount: Mix 1 scoop (25 g) with 200-300 ml of water and drink 30 minutes before physical performance. To change the intensity of the flavor and sweetness of drink change the amount of water used for preparation. Do not exceed 1 scoop per day!

Flavours: Fruit Punch, Lemon-Lime

Ingredients: Creatine monohydrate, L-arginine AKG, CarnoSyn® beta-alanine, taurine, L-glutamine, L-glutamine AKG, L-leucine, L-arginine HCl, L-citrulline malate, L-glycine, creatine ethyl ester, creatine nitrate, creatine HCl, creatine Kre-Alkalyn®, L-isoleucine, L-valine, glucuronolac- tone, ascorbic acid (vitamin C), acidifying regulator: citric acid, caffeine anhydrous, beetroot juice (fruit punch flavour, orange flavour), dyes: curcu- mine (orange flavour, lemon-lime flavour), carmine (water melon flavour); inosine, ActiNOSTM - selectively enriched **bioactive peptides and proteins from whey /from milk/**, tyrosine, green tea extract, green coffee bean extract, guarana dried extract, Rhodiola rosea, HICA - alpha-hydroxy-isoca- proic acid, acidifying regulators: sodium carbonate, malic acid; AstraGin™ panax notoginseng extract, aroma, sweeteners: sucralose and acesulfa- me-K, anticaking agent: silicon dioxide, BioPerine® (black pepper extract). **Allergen warning:** It may contain traces of **eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 1 scoop/1 cacito (25 g)
Servings per container/Dosis por envase: 20

Average values per serving/ Valores promedio por servicio		
Creatine Load - Phase 1	**6 000 mg**	
Creatine monohydrate/ Creatina monohidrato	3 000 mg	
Creatine ethyl ester/ Creatina etil éster	750 mg	
Creatine nitrate/ Nitrato de creatina	750 mg	
Creatine HCl/ Clorhidrato de creatina	750 mg	
Kre-Alkalyn®	750 mg	
No boost - phase 2	**6 000 mg**	
L-arginine AKG/ L-arginina alfa-cetoglutarato AAKG	2 000 mg	
L-arginine HCl/ Hidrocloruro de L-arginina	1 000 mg	
CarnoSyn® beta-alanine/ CarnoSyn® beta-alanina	2 000 mg	
L-citrulline malate/ L-citrulina malato	1 000 mg	
AminoShock - Phase 3	**6 000 mg**	
Micronized L-glutamine/ L-glutamina micronizada	1 500 mg	
L-glutamine AKG/ L-glutamina alfa-cetoglutarato AAKG	1 500 mg	
Instantized L-leucine/ L-leucina instantánea	1 500 mg	
Instantized L-isoleucine/ L-isoleucina instantánea	750 mg	
Instantized L-valine/ L-valina instantánea	750 mg	
Performance & Focus - Phase 4	**3 302,5 mg**	
Taurine/ Taurina	2 000 mg	
Glucuronolactone/ Glucuronolactona	500 mg	
Caffeine/ Cafeína	300 mg	
Tyrosine/ Tirosina	100 mg	
Green tea/ Té verde (25% polifenoles/25 % polyphenols)	100 mg	
Green coffee bean extract/ Extracto de granos de café verde (45% polyphenols/45% polifenoles)	100 mg	
Guarana dried extract/ Extracto seco de Guaraná (20% caffeine alkaloids / 20% de alcaloides de cafeína)	100 mg	
Rhodiola rosea/ Rhodiola rosea (4% rosavins/4% rosavinas)	100 mg	
BioPerine® (95% piperine/95% piperina)	2,5 mg	
Anabolic Fusion - Phase 5	**2 150 mg**	
L-glycine/ L-glicina	1 000 mg	
Vitamin C/ Vitamina C	500 mg	625 %
Inosine/ Inosina	200 mg	
ActiNOS™ - patent-pending nitric oxide synthase activating peptide /ActiNOS™ - péptido activador de la sintetasa de óxido nítrico pendiente de patente	150 mg	
HICA - alpha-hydroxy-isocaproic acid / HICA - ácido alfa-hidroxi-isocaproico	100 mg	
AstraGin™ Extract derived from Panax notoginseng - Astragalus membranaceus / Extracto derivado de Panax notoginseng – Astragalus membranaceus	100 mg	

* Daily Nutrient Reference Values/ *VRN - Valores de Referencia de Nutritentes



FOOD SUPPLEMENT

HELL'S NO2

MuscleCore® Hell's NO2 is a food supplement in capsule form containing ActiNOS™ (Glambia Nutritional's patent-pending combination of peptides and protein) together with L-arginine alpha-ketoglutarate, Betalanine, ALA, Caffeine, Zinc and vitamins B6 and B12.

Recommended daily amount: The basic daily dose is 5 capsules 30-60 min. before physical performance.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 5 capsules/5 cápsulas
Servings per container/ Dosis por envase: 20

Active ingredients/Ingredientes activos	Amount per serving/Cantidad por dosis	
NO2 & Performance Matrix	**3 700 mg**	
L-arginine alpha-ketoglutarate (A-AKG) / L-arginina alfa-cetoglutarato (A-AKG)	2 700 mg	
CarnoSyn® beta-alanine/ CarnoSyn® beta-alanina	500 mg	
Alpha lipoic acid/ Ácido alfa-lipoico	250 mg	
Caffeine anhydrous/ Cafeína anhidra	250 mg	
ActiNOS™ (CFM Nitro™) patent-pending nitric oxide synthase activating peptide /péptido activador de la sintasa de óxido nítrico pendiente de patente	**150 mg**	
Zinc (zinc oxide/óxido de zinc)	**15 mg**	150 %*
Vitamin B6/ Vitamina B6 (pyridoxine HCl/hidrocloruro de piridoxina)	**10 mg**	741 %*
Vitamin B12/ Vitamina B12 (cyanocobalamin/cianocobalamina)	**2,5 mcg**	100 %*
CRT-ss (Controlled Release Technology Support System) **Methocel®** (micro-polymer cellulose ethers of hydrophilic matrix systems) /éteres de celulosa micropolímeros de sistemas de matriz hidrofílica)		

Ingredients: L-arginine alpha-ketoglutarate (A-AKG), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), CarnoSyn® beta-alanine, alpha lipoic acid, caffeine anhydrous, ActiNOS™ (selectively enriched bioactive **peptides and proteins from whey /from milk/**), zinc oxide, pyridoxine HCl, cyanocobalamin, stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

CREATINE MagnaPower®

ALBION MINERALS

120 cps

CREATINE MAGNAPOWER®

MuscleCore® Creatine MagnaPower™ is a food supplement based on magnesium creatine chelate (bisglycinate) in capsules designed to meet the needs of intense muscular effort, especially for athletes. Magnesium is the fourth most abundant mineral in the body and is essential for good health. It is necessary for more than 300 biochemical reactions in the body. It also helps to reduce tiredness and fatigue, contributes to electrolyte balance, normal energy metabolism, normal functioning of the nervous system and muscles, normal protein synthesis and the maintenance of bones and teeth.

Creatine improves physical performance in successive rounds of short, high-intensity exercise. The effect is obtained with a daily intake of 3 g of creatine.

Recommended daily amount: The basic daily dose is 6 capsules 30-60 min. before physical performance. On non-training days take 3-6 capsules during day. Athletes using Creatine should consume adequate amounts of water (2-3 liters per day) to maximize hydration and enhance metabolic functions.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 6 capsules/6 cápsulas	**Servings per container/Dosis por envase:** 20
Active ingredients/Ingredientes activos	**Amount per serving/Cantidad por dosis**
Creatine MagnaPOWER® Magnesium creatine chelate/ Quelado de creatina de magnesio	**3 600 mg**
Magnesium/Magnesio	288 mg (76,8 %*)

Ingredients: 97% Creatine MagnaPower® - magnesium creatine chelate (bisglycinate), vegetable capsule (hydroxypropyl-methylcellulose, purified water, dye: calcium carbonate), anticaking agents: vegetable magnesium stearate and silicon dioxide.
Allergen warning: It may contain traces of **milk, eggs, soybeans, gluten and shelfish (crustaceans and molluscs).**

MORE POWERFUL
2x
CREATINE HCL

CRT-ss
Controlled Release Technology Support System

120 cps



FOOD SUPPLEMENT

CREAGE™ CREATINE HCL

MuscleCore® CreAge™ is a food supplement based on creatine hydrochloride. Creatine hydrochloride is a salt of creatine allowing a high solubility and a higher bioavailability than creatine monohydrate. Creatine hydrochloride does not cause bloating or water retention. It provides 750 milligrams of creatine hydrochloride per capsule. MuscleCore® CreAge™ also contains Methocel® CRT-ss (Controlled Release Support System).

Creatine improves physical performance in successive sets of short, high-intensity exercise. This benefit is obtained with a daily intake of 3 g of creatine.

Benefits:
» Increases strength
» Increases endurance
» Concentrated formula
» Improves recovery
» Does not retain fluids
» Contains CRT-ss (Controlled Release Support System)

Recommended daily amount: Take 2-4 capsules with a glass of water preferably 30-45 minutes before training. On non-training days take 2-4 capsules during day. Athletes using Creatine should consume adequate amounts of water (2-3 liters per day) to maximize hydration and enhance metabolic functions. To maximise results stack with MuscleCore® Amino Tabs with CreaPep®.

Supplement Facts/ Información:

Serving size/ Dosis: 2 capsules/2 cápsulas
Servings per container/ Dosis por envase: 60

Active ingredients/ Ingredientes activos	Amount per serving/ Cantidad por dosis
Creatine HCl/ Hidrocloruro de creatina	**1 500 mg**

CRT-ss (controlled release technology support system / sistema de soporte de liberación controlada)
Methocel® (micro-polymer cellulose ethers of hydrophilic matrix / éteres de celulosa de micropolímero de matriz hidrófila)

Ingredients: Creatine HCl, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

TAXADROL®

60 cps

MUSCLEDROL®

MuscleCore® MuscleDrol® is a food supplement based on **Taxadrol®**, an extract of Pinus Sylvestris and **ZMA®**. **Taxadrol®** is a patent of All American Pharmaceutical, which consists of a conglomerate of botanical extracts, all derived from Pinus Sylvestris. The desired active components are extracted using a sophisticated extraction and isolation system.

ZMA® is a patented compound of Zinc, Magnesium and Vitamin B6, including zinc L-monomethionine (L-OptiZinc® - U.S. Patent 5.278.329). Zinc contributes to the maintenance of normal testosterone levels.

It also contains Vitamin D, which contributes to the normal absorption and utilisation of calcium and phosphorus, helps maintain normal bone and muscle function, contributes to maintain teeth in normal condition, and supports normal functioning of the immune system.

Serenoa Repens (Saw Palmetto) is a plant, whose ripe fruit has been traditionally used by Native Americans for its medicinal properties. It is beneficial for prostate health and hair growth.

Recommended daily amount: Take 1 capsule daily before performance with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 60

Amount per serving /Cantidad por dosis	
ZMA®	**250 mg**
Zinc (as Zn Mono-L-methionine **L-OptiZinc®** and Aspartate / **Zinc** (en forma de Zinc Mono-L-metionina **L-OptiZinc®** y Aspartato)	3,125 mg (31,25 %*)
Magnesium/ Magnesio	46 mg (12,26 %*)
Vitamin B6/ Vitamina B6	1,09 mg (78 %*)
Saw palmetto extract/ Saw palmetto extracto (25 % fatty acids/ 25% ácidos grasos)	**250 mg**
Taxadrol® (Pinus sylvestris)	**50 mg**
Vitamin D3/ Vitamina D3	**5 mcg** (100 %*)

*DNRV - Daily Nutrient Reference Value/ *VRN: Valores de referencia de nutrientes

Ingredients: ZMA® (zinc in the form L-monomethionine sulphate and L-aspartate; magnesium citrate, magnesium oxide, pyridoxine HCl), Saw palmetto extract (Serenoa repens – fruit), vegetable capsule (hydroxy- propylmethylcellulose, purified water, dye: calcium carbonate), cholecalciferol 0,1% (vit. D3), Taxadrol® (Pinus sylvestris), anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

MY TOSTERONE

Testofen®

90 cps



FOOD SUPPLEMENT

MYTO TEST-V3

MuscleCore® MytoTest-V3 is a food supplement based on plant extracts, composed of the patented MyTosterone® together with the ingredients Testofen® Fenugreek, Rhodiola Rosea, Damiana, Maca, D-Aspartic Acid, Ginkgo Biloba, Cordyceps Sinensis and Zinc.

Peruvian Maca
» Supports physical and mental health, sexuality and fertility.

El Extracto de Damiana
» Contributes to weight control by modulating stomach emptying.

Ginkgo Biloba
» Helps maintain good cognitive function, contributes to normal blood flow, which is associated with brain performance and reactivity.

Rhodiola Rosea
» Supports the heart and vascular system. Oxygenation.

Testofen® Fenugreek - is the trade name for Fenugreek extract, standardised with 50% Fenuside.
» Supports digestion and helps maintain normal blood glucose levels.

Zinc
» Contributes to the maintenance of normal testosterone levels, normal carbohydrate and fatty acid metabolism. Zinc also contributes to the maintenance of normal skin, hair, bones and nails.

Recommended daily amount: Take 2 capsules daily with a glass of water. Do not exceed 4 capsules in a 24-hour period. Use this product max. for a period of 8 weeks, followed by 4 weeks off cycle.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2 capsules/2 cápsulas
Servings per container/ Dosis por envase: 45

Active ingredients/Ingredientes activos	Amount per serving/Cantidad por dosis
Testosterone Boosting Matrix	
Mytosterone®	**800 mg**
Saw palmetto berry extract (Serenoa repens) - min. content of fatty acids 275 mg / Extracto de bayas de Serenoa repens (contenido mín. 275mg de ácidos grasos)	
Astaxanthin / Astaxantina (Haematococcus pluvialis)	2 mg
Performance & Testosterone Igniter	**550 mg**
Rhodiola Rosea (4% de Rosavin/4 % rosavinas)	150 mg
Maca root extract/ Extracto de raíz de maca (Lepidium meyenii)	100 mg
D-aspartic acid/Ácido D-aspártico	100 mg
Damiana extract/ Extracto de Damiana (Turnera diffusa wild.) (leafs-hojas)	50 mg
Testofen® Fenugreek/Fenugreco Testofen® (50 % fenuside/50 % de fenuside) (Trigonella foenum graecum) (seed/semilla)	50 mg
Ginkgo biloba extract/Extracto de Ginkgo biloba (24 % Ginkgo flavone glycosides/24 % de glucósidos de Ginkgo flavona)	50 mg
Cordyceps sinensis (7 % cordyceptic acid/7 % ácido cordicéptico)	50 mg
Zinc (zinc oxide/óxido de zinc)	**10 mg** (100 %*)

Ingredients: MyTosterone® (Saw palmetto berry extract, anticaking agent: calcium silicate, astaxanthin, maltodextrin, **hydrogenated vegetable oil /from soybeans/**, anticaking agent: silicon dioxide, antioxidant: ascorbic acid, anticaking agent: magnesium stearate), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), Rhodiola rosea, maca root extract, D-aspartic acid, Damiana extract, Testofen® Fenugreek, Ginkgo biloba extract, Cordyceps sinensis, stabilizer: hydroxypropylmethylcellulose Methocel®, anticaking agents: magnesium stearate and silicon dioxide; zinc oxide. **Allergen warning:** It may contain traces of **milk, eggs, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

LIPOLEAN MEN-CUT PACKS

MuscleCore® LipoLean® Men Pack is a formula designed especially for men, made up of ingredients such as CLA, Capsicum Extract, Synephrine, Green Tea, BioPerine® and others. One of the keys to this product lies in the encapsulation of liquid substances in Licaps® (hard gelatin capsules), which facilitates the intake of all its ingredients in a dosed form. This new technology also offers optimal concentration of all ingredients and better preservation of their properties.

Recommended daily amount: Take content of 1 packet daily with 300 ml of water 30-60 minutes before physical activity.

Supplement Facts/ Información:

Serving size/ Dosis: 1 packet/ paquete
Servings per container/ Dosis por envase: 20

Amount per serving/ Cantidad por dosis	
Liquid Thermo-Active Formula	
CLA (conjugated linoleic acid) from Safflower oil/ (Ácido Linoleico Conjudado) Aceite de Cártamo	780 mg
L-carnitine (from L-carnitine tartrate)/ **L-Carnitina** (L-Carnitina Tartrato)	604 mg
Taurine/ Taurina	550 mg
Choline bitartrate/ Bitartrato de Colina	550 mg
Inositol	550 mg
Betain HCl/ Clorihidrato de Betaina	250 mg
Garcinia cambogia extract (standardized for 50 % HCA - hydroxycitric acid) / **Extracto De Garcinia Cambogia** (50% HCA-ácido hidroxicítrico)	250 mg
Caffeine anhydrous/ Cafeína Anhidra	200 mg
Methionine/ Metionina	100 mg
Capsicum extract/ Extracto de Capsicum	60 mg
White willow bark extract (standardized for 15 % salicin) / **Extracto De Corteza De Sauce Blanco** (salix alba ,15% salicina)	20 mg
L-tryptophan/ L-Triptófano	10 mg
Citrus aurantium (standardized for 6 % synephrine) / **Extracto De Citrus Aurantium** (6% sinefrina)	10 mg
Green tea extract (standardized for 98 % polyphenol) / **Extracto De Té Verde** (98% de polifenoles)	8 mg
Ginger extract (Zingiber officinale) - root (standardized for 20 % gingerols) / **Extracto De Jengibre Zingiber officinale** (20%)	6 mg
BioPerine® (standardized for 95 % piperine) / **BioPerine®** (95% Piperina)	5 mg
Guarana dried extract (standardized for 20 % caffeine) / **Extracto de Guaraná** (20% cafeína)	4 mg
Vitamin B6 (pyridoxine HCl) / **Vitamina B6** (clorhidrato de piridoxina)	4,3 mg (307 %*)

* DNRV - Daily Nutrient Reference Value/ * VRN Valores de Referencia de Nutrientes

Ingredients: L-carnitine tartrate, saffiflower oil, rice bran oil, vegetable capsule (hydroxypropylmethylcellulose, purifified water, dye: calcium carbonate), taurine, choline bitartrate, inositol, betain HCl, conjugated linoleic acid 80% (CLA), Garcinia cambogia extract (dried fruit skin), gelatin capsule LiCaps® (gelatin, dye: chlorophyllin copper complex sodium salts), caffeine anhydrous, L-methionine, capsicum extract (Capsicum annuum – fruit); white willow bark extract (Salix alba), stabilizer: hydroxypropylmethylcellulose Methocel®; L-tryptophan, Citrus aurantium extract (fruit), green tea extract (Camellia sinensis-leaf), anticaking agents: magnesium stearate and silicon dioxide; ginger extract (Zingiber offificinale), piper nigrum (Bioperine® - fruit), pyridoxine HCl (vitamin B6), guarana dried extract (Paullinia cupana-seeds) **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfifish (crustaceans and molluscs).**

SuperCitrimax®

BioPerine®

sinetrol®

Clarinol™

Capsimax™

90 cps



FOOD SUPPLEMENT

DETONATROL™

MuscleCore® Detonatrol™ is a food supplement based on Sinetrol®, Clarinol®, Super CitriMax®, AstraGin™ and BioPerine®. It is intended to be taken before physical activity.

Salix Alba (White Willow Bark Extract)
» Helps maintain normal joint and muscle function and strengthen the body

Citrus aurantium (95 % synephrine)
» Supports fat metabolism and contributes to weight control

Ginger
» Helps maintain the normal function of joints and muscles
» Boosts vitality and energy

Capsicum
» Supports the metabolism of fats and carbohydrates
» Contributes to weight control
» Helps thermogenesis

Black Pepper Extract (BioPerine®)
» Contributes to proper digestion

Green Tea
» Supports fat metabolism
» Contributes to weight control
» Helps to revitalise the body

Rhodiola Rosea & Bacopa
» Supports cognitive function and blood circulation

Banaba
» Contributes to weight control

Recommended daily amount: Take 2-3 capsules two times daily approx. 30-60 minutes before physical performance and take with plenty of water.

Supplement Facts/ Información:

Serving size/ Dosis: 6 capsules/cápsulas
Servings per container/ Dosis por envase: 15

Amount per Serving/ Cantidad por dosis		*% DNRV/VRN
Patented Citrus Fruits and Guarana Extract / Extractos patentados de frutas cítricas y guaraná		
SINETROL® XPUR	**900 mg**	
Citrus Sinensis extract/ Extracto de Citrus Sinensis (Citrus sinensis L. Osbeck)		
Grapefruit extracts/ Extracto de Pomelo (Citrus paradisi Macfad/Citrus grandis L. Osbeck)		
Blood orange concentrate/ Concentrado naranja sanguina (Citrus sinensis L. Osbeck)		
Guarana seed extract/ Extracto de semilla de guaraná (Paullinia cupana Kunth)		
Thermo & Performance Detonator	**2 147,5 mg**	
Raspberry Ketones/ Cetonas de frambuesa	**500 mg**	
Caffeine Anhydrous/ Cafeína anhidra	**300 mg**	
Green Coffee Bean Extract/ Extracto de granos de café verdes (45% polifenoles)	**200 mg**	
Clarinol® CLA (conjugated linoleic acid/ ácido linoleico conjugado)	**200 mg**	
SuperCitriMax® HCA (50 % hydrocitric acid/ácido hidroxicítrico)	**200 mg**	
White Willow Bark Extract/ Extracto de corteza de sauce blanco (15% salicin/salicina)	**200 mg**	
AstraGin™ Patent-Pending Extract derived from Panax Notoginseng - Astragalus Membranaceous / extracto de Panax notoginseng y raíz de Astragalus membranaceus	**100 mg**	
Rhodiola Rosea (4% rosavins/rosavinas)	**100 mg**	
Bacopa Monnieri (20 % bacosides/bacósidos)	**100 mg**	
Ginger Root Extract/ Extracto de raíz de jengibre (25% gingerols/gingeroles)	**100 mg**	
Green Tea Extract/ Extracto de Té Verde (25% polyphenols/polifenoles)	**100 mg**	
Ursolic Acid (from rosemary leaf extract)/ Ácido ursólico (extracto de hoja de romero)	**20 mg**	
Banaba Leaf Extract/ Lagerstroemia speciosa - hoja (1% corosolic acid /ácido corosólico)	**10 mg**	
Citrus Aurantium (95% synephrine/ sinefrina)	**10 mg**	
Capsimax® (fruits of capsicum/frutos de capsicum)	**5 mg**	
Bioperine® Black Pepper Extract/ Extracto de pimienta negra (95% piperine/piperina)	**2,5 mg**	
Vitamin C/ Vitamina C (ascorbic acid/ácido L-ascórbico)	**80 mg**	100 %
Vitamin B3/ Vitamina B3 (niacin/niacina)	**20 mg**	125 %
Vitamin B6/ Vitamina B6 (pyridoxine HC/ clorhidrato de piridoxina)	**10 mg**	714 %

* DNRV - Daily Nutrient Reference Values/ * VRN: valor de referencia del nutriente

Ingredients: SINETROL®XPUR (grapefruit extracts /Citrus paradisi Macfad.- Citrus grandis L. Osbeck/, guarana seed extract /paullinia cupana Kunth/; citrus sinensis extract /Citrus sinensis L. Osbeck/, blood orange concentrate / Citrus sinensis L. Osbeck/; maltodextrin); vegetable capsule (hydroxypropyl methylcellulose, purified water, dye: calcium carbonate), raspberry ketones, caffeine Anhydrous, green coffee bean extract, Clarinol® CLA (conjugated linoleic acid), garcinia cambogia extract SuperCitriMax® (50 % hydrocitric acid), white willow bark extract, AstraGin™ (patent-pending extract derived from panax notoginseng – astragalus membranaceous), rhodiola rosea, bacopa monnieri, ginger root extract, green tea extract, ascorbic acid, niacin, ursolic acid (from rosemary leaf extract), pyridoxine HCl, banaba leaf extract, citrus aurantium, Capsimax® (fruits of capsicum), black pepper extract Bioperine®, anticaking agents: silicon dioxide, vegetable magnesium stearate. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

JOINT CARE OSTEO SYSTEM

SPECIAL INFUSION
Boswellin® & Vitamin C

90 tbl

OSTEO-DW

MuscleCore® OsteoDW is a food supplement combining glucosamine, chondroitin, methylsulfonylmethane (MSM), salicin, vitamin C and Boswella serrata (Boswellin®).

Vitamin C contributes to normal collagen formation for normal bone and cartilage function. Salicin and Boswellia help maintain normal joint function.

Recommended daily amount: Take 1 - 2 tablets daily, preferably between meals.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 tablet/1 comprimido
Servings per container/ Dosis por envase: 90

Amount per serving/Cantidad por dosis	
D-glucosamine sulphate 2KCl/ Sulfato de D-glucosamina 2KCl	1 000 mg
Chondroitine sulphate 90%/ Sulfato de condroitina 90%	250 mg
MSM (methylsulphonylmethan / metilsulfonilmetano)	250 mg
Vitamin C/ Vitamina C	80 mg (100%*)
Boswellia serrata extract/ Extracto de Boswellia serrata (Boswellin®)	10 mg
White willow bark extract/Extracto de corteza de sauce blanco (15% salicin/salicina)	10 mg

DNRV - Daily Nutrient Reference Value/ VRN-Valores de Referencia de Nutrientes

Ingredients: D-glucosamine sulphate 2KCl /from shellfish/, chondroitine sulphate, MSM (methylsulphonylmethan), ascorbic acid (vitamin C), Boswellia serrata extract (Boswellin®), white willow bark extract, anticaking agents: microcrystalline cellulose, magnesium stearate and silicon dioxide; stabilizers: inuline and sodium carboxymethylcelulose. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



Milan Šádek IFBB PRO

#YOUDECIDE

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