
AMIX
performance

Amix Levante & LargeLife Nutritionals are pleased to present our range of AMIX™ Performance supplements, made exclusively by and for endurance sports.

This range of products is the result of years of work, down to the smallest detail, with the aim of creating a unique set of products, formulated using the best raw materials available together with the most advanced technology.

AMIX™ Performance is a range of products specifically formulated to meet the nutrient demands of athletes with high physical and caloric expenditure, helping them to advance and enjoy sport in its purest form.

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XC3BOOST *Optimized Formula

Palatinose™ + Fibersol-2®

24x65 g

BEFORE DURING AFTER



ROCK'S ENERGY GEL XXL

AMIX™ Performance Rock's Energy Gel XXL is an energy gel in an optimal 65g format for high carbohydrate intake. It has been designed to be taken during long endurance events. It provides different assimilation speeds, thus increasing the athlete's lasting performance.

It should be borne in mind that caffeine boosts performance but also increases wear and tear when exercising for more than 3 hours.
There are two different types: caffeine-free and caffeine-infused (180mg/dose).

Objective:
» It increases performance

Recommended daily dose: Take before or during physical activity. Wash down with plenty of water. Take max. 2 gels a day

Flavours:
Caffeine-free: Orange, Lemon, Forest Fruits, Mango.
With Caffeine: Blood Orange, Cola.

Supplement Facts/ Información Nutricional:

Serving Size/ Por dosis: 1 Packet/1 sobre (65 g)

Energy value/ Valor energético	676 kJ/159 kcal	
Total Fat/ Grasas	0 g	
Saturated Fat/ De las cuales saturadas	0 g	
Carbohydrate/ Hidratos de carbono	39 g	
Sugar/ De los cuales azúcares	32 g	
Protein/ Proteína	0 g	
Salt/ Sal	0,5 g	
Sodium/ Sodio	160 mg	
Potassium/ Potasio	80 mg	4 %*
Vitamin C/ Vitamina C	160 mg	200 %*
Caffeine/ Cafeína	180 mg	

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: sucrose, water, fructose, dextrose, maltodextrin, isomaltulose 3,1 % (PalatinosaTM), Fibersol®-2 (digestion resistant maltodextrine) 3,1 %, Trisodium Citrate (Sodium), Tripotassium Citrate (Potassium), caffeine, ascorbic acid (Vitamin C), thickener: xanthan; acidity regulator: citric acid; preserving agents: potassium sorbate, sodium benzoate; acidifying agent: malic acid, aroma.
Allergen warning: It may contain traces of **milk, eggs and shellfish**

ULTRA FAST MALTO-X ENERGY

MADE WITH FRUIT JUICE

40x45 g

BEFORE DURING AFTER



QUICK GEL

AMIX™ Performance QuickGel is a fast-absorbing energy gel, designed for the final moments of exercise.

With this product you will get the final push to finish your exercise at maximum intensity. Its assimilation speed is the highest possible, thanks to its maltose content, which has an even higher glycaemic index than glucose (GI 110). It also contains the prestigious carbohydrate CLUSTER DEXTRINE (cyclodextrin).

QUICK GEL is formulated with caffeine and taurine, stimulants that will help you get the most out of your performance.

Objective:
» To increase performance in the final phase of exercise.

Recommended daily dose: Take 1 gel (45g) during final phase of your endurance sport performance. Wash down with 100ml of water

Flavours: Lemon, Orange.

Supplement Facts/ Información Nutricional:

Average Values/ Valores medios:	Per/Por 100 g	Per/Por 45 g
Energy value/ Valor energético	1030 kJ/242 kcal	464 kJ/109 kcal
Total Fat/ Grasas	0 g	0 g
Saturated Fat/ De las cuales saturadas	0 g	0 g
Total Carbohydrate/ Hidratos de carbono	59,5 g	26,8 g
Sugar/ De los cuales azúcares	33,4 g	15,0 g
Protein/ Proteína	1,1 g	0,5 g
Salt/ Sal	0,01 g	0,005 g
Active ingredients/ Ingredientes Activos:		
Caffeine/ Cafeína	100 mg	45 mg
Taurine/ Taurina	1 100 mg	495 mg
Vitamin B6/ Vitamina B6	4,8 mg (343 %*)	2,16 mg (154 %*)
Vitamin C/ Vitamina C	30 mg (37,5 %*)	13,5 mg (16,8 %*)
Magnesium/ Magnesio	150 mg (40 %*)	67,5 mg (18 %*)

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: glucose-maltose sirup, purified water, cyclic dextrin Cluster Dextrin®, fruit juice from concentrate 3,6% (maltodextrin, apple fruit concentrate); magnesium citrate (magnesium), taurine, preserving agent: potassium sorbate, caffeine anhydrous, acidifying agents: citric acid and malic acid; preserving agent: sodium benzoate; stabilizer: xanthan gum; aroma, ascorbic acid (Vit. C), pyridoxine HCl (vit.B6).
Allergen warning: It may contain traces of **milk, eggs and shellfish (crustaceans and molluscs)**



100% PALATINOSE™

MADE WITH FRUIT JUICE

40x45 g

BEFORE DURING AFTER

SLOW GEL

AMIX™ Performance SlowGel is a slow-assimilation energy gel. The athlete obtains slow-assimilation carbohydrate. Thanks to its composition formulated with the prestigious PALATINOSE patent, slow-assimilation energy is obtained without damaging the digestive system.

SLOW PALATINOSE GEL is designed for long distance events, as it can be used from the first minutes of the effort, even before it.

Objective: Health and Performance.

Recommended daily dose: The basic daily dose is 3-4 gels (sachets - 45 g per sachet). You can use it before or during your intensive training without any other water.

Flavours: Mango, Citrus Fruits.

Supplement Facts/ Información Nutricional:

Average Values/ Valores medios:	Per/Por 100 g	Per/Por 45 g
Energy value/ Valor energético	550 kJ/129 kcal	248 kJ/58 kcal
Total Fat/ Grasas	0 g	0 g
Saturated Fat/ De las cuales saturadas	0 g	0 g
Total Carbohydrate/ Hidratos de carbono	32,1 g	14,4 g
Sugar/ De los cuales azúcares	29,0 g	13,1 g
Protein/ Proteína	0,1 g	0,05 g
Salt/ Sal	0 g	0 g
Active ingredients/ Ingredientes Activos:		
Vitamin B6/ Vitamina B6	3,1 mg (221 %*)	1,4 mg (100 %*)
Vitamin C/ Vitamina C	100 mg (125 %*)	45 mg (56,2 %*)

* DNRV-Daily nutrient reference value / *VRN-Valores de referencia de nutrientes

Ingredients: purified water, isomaltulose** (PalatinoseTM) 29 %, orange juice concentrate 18 %, stabilzer: xanthan; preserving agents: potassium sorbate and sodium benzoate; acidifying agent: citric acid; ascorbic acid (vit. C); aroma, sweetener: sucralose; pyridoxine HCl (vit. B6).** source of glucose and fructos **Allergen warning:** It may contain traces of **milk, eggs and shellfish (crustaceans and molluscs)**



Palatinose™ + Fibersol-2®

20x32 g

BEFORE DURING AFTER



ROCK'S ENERGY GEL

AMIX™ Performance Rock's Gel is a carbohydrate in a gel format that combines several types of carbohydrate, such as a simple single molecule (glucose) with that of a slightly more complex molecule (maltodextrin). The aim of such a combination is to provide instant energy without provoking insulin peaks that then dip rapidly, producing a fall in energy. The aim is to sustain the energy provided using a more complex carbohydrate base that gives longer-lasting energy.

Rock's Gel provides instant energy during intense physical exercise.
Two formats are available, with or without caffeine, depending on the aim of the sportsman when taking it. Caffeine accelerates metabolic processes as well as energy production.

Recommended daily dose: Take before or during physical activity. Wash down with plenty of water. Take max. 4 gels a day

Flavours with caffeine: Green Apple. Peach Tea, Cola.
Flavours without caffeine: Juicy Orange, Lemon-Lime, Pineapple.

Supplement Facts / Información Nutricional:

Serving Size/ Dosis: 1 Gel/1 Sobre (32g)

Amount Per Serving/ Cantidad por dosis		
Energy value/ Valor energético:	470 kJ / 111 kcal	
Total Fat/ Grasas	< 1 g	
Saturated Fat/ Grasa saturada	< 0,3 g	
Carbohydrate/ Carbohidratos	25 g	
Sugar/ Azúcar	15 g	
Fiber/ Fibra	1 g	
Protein/ Proteína	< 1 g	
Salt / Sal	< 0,3 g	
Sodium/ Sodio	80 mg	
Potassium/ Potasio	40 mg	2 %*
Vitamin C/ Vitamina C	80 mg	100 %*

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: sucrose, water, maltodextrin, fructose, dextrose, isomaltulose (Palatinosa™), Fibersol®-2 (digestion resistant maltodextrin), trisodium citrate (sodium), tripotassium citrate (potassium), ascorbic acid (vitamin C), thickener: xanthan gum; aroma, dyes: sunset yellow, tartrazine; preserving agents: potassium sorbate, sodium benzoate; acidifying agent: malic acid. **Allergen warning:** It may contain traces of **milk, eggs and shellfish (crustaceans and molluscs).**

Supplement Facts/ Información Nutricional:

Serving Size/ Dosis: 1 Gel/1 Sobre (32 g)

Amount Per Serving/ Cantidad por dosis		
Energy value/ Valor energético:	470 kJ / 111 kcal	
Total Fat/ Grasas	< 1 g	
Saturated Fat/ Grasa saturada	< 0,3 g	
Carbohydrate/ Carbohidratos	25 g	
Sugar/ Azúcar	15 g	
Fiber/ Fibra	1 g	
Protein/ Proteínas	< 1 g	
Salt/ Sal	< 0,3 g	
Sodium/ Sodio	80 mg	
Potassium/ Potasio	40 mg	2 %*
Vitamin C / Vitamina C	80 mg	100 %*
Caffeine/ Cafeína	40 mg	

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: sucrose, water, maltodextrin, fructose, dextrose, isomaltulose (Palatinosa™), Fibersol®-2 (digestion resistant maltodextrin), trisodium citrate (sodium), tripotassium citrate (potassium), ascorbic acid (vitamin C), thickener: xanthan gum; aroma, caffeine, dye: caramel E150d; preserving agents: potassium sorbate, sodium benzoate; acidifying agent: malic acid.. **Allergen warning:** It may contain traces of **milk, eggs and shellfish (crustaceans and molluscs).**

AMIX™ performance

DESIGNED FOR

ENDURANCE & PERFORMANCE SPORT

modcarb.

Cluster Dextrin®
New Energy Source for Athletes

palatinose™
isomaltulose

CARB TRI-FLOW®

20x45 g

BEFORE DURING AFTER



SPORT POWER ENERGY SNACK BAR

AMIX™ Performance Sport Power Energy Snack Bar is a delicious bar formulated with high quality carbohydrates. This bar offers a high amount of calories and is suitable to take before or during exercise. It is uncoated, therefore ideal even for hot climates.

Among other patents, CLUSTER DEXTRIN or PALATINOSE outstand specially. They are slow assimilation carbohydrates with low digestive load, thus protecting the digestive system.
There are several delicious flavours available, either caffeine-free or caffeinated, when an extra supply of caffeine is required. Caffeinated options have a caffeine content of approximately 40mg (half a coffee).

Objective:
» Health and performance

Recommended daily dose: Take a bar before or during prolonged psysical activity.

Flavours: Blood Orange, Tropical Mango, Banana Choco-Chip, Hazelnut Cocoa-Cream.

Supplement Facts/ Información Nutricional:

Average values/ Valores medios	Per/ Por 100 g	Per/ Por 45 g
Energy value/ Valor energético	**1704 kJ/405 kcal**	**767 kJ/182 kcal**
Total Fat/ Grasas	12,8 g	5,8 g
Saturated fat/ De las cuales saturadas	5,3 g	2,4 g
Total Carbohydrate/ Hidratos de carbono	64 g	29 g
Sugars/ De los cuales azúcares	21,3 g	9,6 g
Fibre/ Fibra	3,8 g	1,7 g
Protein/ Proteína	6,6 g	3 g
Salt/ Sal	0,07 g	0,03 g

Ingredients: glucose sirup, glucose-fructose sirup, **oat** flour, vegetable fat (palm oil and shea oil in different rations), instant rice flour, Carb Tri-Flow® complex 6,5 % (isomaltulose /PalatinoseTM/, highly branched cyclic dextrin Cluster Dextrin®, ModCarbTM /gluten free **oat** bran, quinoa, amaranth, buckwheat, millet/), **oat** bran, banana pieces 5 % (banana puree, concentrated pear puree, concentrated lemon juice, fructose-glucose sirup, humectant: glycerol, sugar, **wheat** fibre, gelling agent: pectin; acidity regulator: malic acid; aroma); **soybean** roasted flakes (**soybean** roasted flakes, roasted **peanuts**), milk chocolate 4 % (sugar, cocoa butter, whole **milk** powder, cocoa mass, cocoa powder, emulsifiers: /**soya** lecithin, E476/, vanilla extract, aroma); crispies with cocoa (rice, wheat flour, sugar, cocoa powder 6 %, dried fat), cocoa powder, humectant: glycerol, instant BCAA 2:1:1 (L-leucine, L-isoleucine, L-valine) 0,6 %, emulsifier: sunflower lecithin, acidity regulator: citric acid; aroma, salt, antioxidant: (mix of tocopherols, sunflower oil). **Other allergens: tree nuts.** It may contain traces of **eggs and nut shell fragments.**





20x50 g

BEFORE DURING AFTER

BY-ENERGY

AMIX™ Performance BY-ENERGY energy bars are the perfect supplement to take during intense physical activity. They can also be taken before exercise for its energy supply or even after exercise for the recovery power they provide.

AMIX™ Performance BY-ENERGY is composed of high quality carbohydrates that provide us with an immediate and constant source of energy, which is of vital importance for athletes with a high level of physical effort who require instant and long-lasting energy. It also provides us with vitamins, minerals and amino acids that will help us to improve our physical performance in a healthy and natural way.

Recommended daily dose: 1-2 bars/day.

Flavours: Cocoa, Banana, Apple.

Supplement Facts/ Información Nutricional:
Serving size/ Dosis: 12 g
Serving per container/ Dosis por envase: 30

	Per / Por 100 g	
Total energy/ Valor Energético:	**354,8 kcal / 1496,9 kJ**	
Total Fat/ Grasas	5,6 g	
Saturated Fat/ De las cuales saturadas	2,5 g	
Total Carbohydrate/ Hidratos de carbono	67,8 g	
Sugars/ De los cuales azúcares	50,1 g	
Fiber/ Fibra	8 g	
Protein/ Proteína	4,2 g	
Salt/ Sal	< 0,6 g	
Vitamins and minerals/ Vitaminas y minerales		**%RDA*/%CRD***
Vitamin A/ Vitamina A	105 mcg	13,1 %
Vitamin D3/ Vitamina D3	0,75 mcg	15 %
Vitamin B1/ Vitamina B1	0,165 mg	15 %
Vitamin B2/ Vitamina B2	0,24 mg	17,1 %
Vitamin B6/ Vitamina B6	0,225 mg	16,1 %
Vitamin B12/ Vitamina B12	0,21 mcg	8,4 %
Vitamin B3 / Vitamina B3	2,7 g	16,9 %
Vitamin B9/ Vitamina B9 (Ácido fólico)	30 mcg	15 %
Vitamin B5/ Vitamina B5 (Acido Pantotenico)	0,45 mg	7,5 %
Vitamin B8/ Vitamina B8 (Biotina)	2,25 mcg	4,5 %
Vitamin E/ Vitamina E	1,65 mg	13,8 %
Vitamin C/ Vitamina C	6,75 mg	8,4 %
Sodium/ Sodio	86,3 mg	
Potassium/ Potasio	250 mg	12,5 %
Calcium/ Calcio	105 mg	13,1 %
Magnesium/ Magnesio	22,5 mg	6 %
Phosphorus/Fosforo	82,5 mg	11,8 %
Zinc/ Zinc	1,4 mg	14,3 %
Iron/ Hierro	2,4 mg	17,1 %
Copper / Cobre	0,17 mg	16,5 %
Manganese / Manganeso	0,15 mg	7,5 %
Iodine / Yodo	20 mcg	13,3 %
Selenium / Selenio	8,3 mcg	15 %

* DNRV - Daily Nutrient Reference Value; - not established / *VRN - Valores de Referencia de Nutrientes - no establecido

Ingredients per 50g: Date (8,5g), raisins (8,5g), plums (8,5g), sugar, apple (4,7g), **almond** (4g), puffed rice (rice, **oat and wheat flour, barley malt extract**, sugar, **whey powder**, salt and dextrose), vitamins and minerals complex (potassium gluconate, dicalcium phosphate dihydrate, potassium citrate monohydrate, sodium citrate dihydrate, magnesium carbonate, calcium ascorbate, maltodextrin, ferrous fumarate, alpha-tocopherol acetate, niacin, zinc oxide, retinol acetate, calcium pantothe- nate, copper sulfate, cholecalciferol, pyridoxine hydrochloride, riboflavin, manganese sulphate, thiamin hydrochloride, folic acid, cyanocobalamin, potassium iodide, sodium selenate and biotin), apple pectin (thickener), cinnamon powder, citric acid (acidity regulator). It contains **gluten, milk and nuts.** It may contain traces of **eggs, peanuts, soy, sesame, sulphites and products thereof.**



CHELAZONE®

XC3BOOST
*OPTIMIZED CARB FORMULA

palatinose™
isomaltulose

510 g | 20x30 g

BEFORE DURING AFTER

FOOD SUPPLEMENT
with sweeteners and aroma

ISOLYTE SPORT DRINK

AMIX™ Performance IsoLyte Sport Drink is a perfect isotonic drink to keep athletes hydrated. It is carefully designed with precise amounts of mineral salts and carbohydrates, achieving a drink with a low osmolarity, thus increasing its hydrating power.

AMIX™ Performance IsoLyte Sport Drink is made with top quality raw materials, such as CHELAZONE, a chelated mineral that is easily absorbed.

It is available in three refreshing flavours, which will make taking this drink even more enjoyable.

Objective:
» Health and performance

Recommended daily dose: As isotonic drink take 1 scoop (30 grams) of powder to 500 ml of water. Beverage Osmolality: 275-305 mOsm/1000 ml. Recommended daily dosage is 30-60 g (500-1000 ml of isotonic drink during sport activity). As hypotonic drink take 15 g of powder IsoLyte to 500 ml of water.

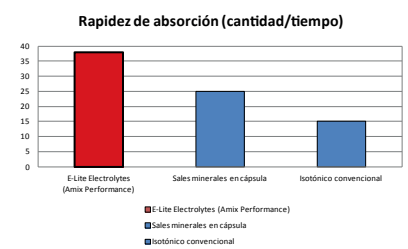
Flavours: Orange, Lemon-Lime, Mango Delicious.

Supplement Facts/ Información Nutricional:
Serving size/ Por Dosis: 1 scoop / 1 cacito (30 g)
Servings per container/ Dosis por envase: 17

Average values per serving/ Valores promedio por dosis	
Energy value/ Valor energético:	453,9 kJ/106,8 kcal
Total Fat/ Grasas	0 g
Saturated fat/ De las cuales saturadas	0 g
Total Carbohydrate/ Hidratos de carbono	26,7 g
Sugars/ De los cuales azúcares	24,3 g
Protein/ Proteína	0 g
Salt/ Sal	< 0,5 g
DiPotassium Phosphate, DiCalcium Phosphate, Calcium Bisglycinate	
Potassium/ Potasio	134 mg (6,7 %*)
Calcium/ Calcio	76 mg (9,5 %*)
Phosphorus/ Fósforo	108 mg (15 %*)
Trisodium Citrate	
Sodium/ Sodio	264 mg
Magnesium Citrate, Magnesium Bisglycinate	
Magnesium/ Magnesio	37,5 mg (10 %*)
Ascorbic Acid	
Vitamin C/ Vitamina C	40 mg (50 %*)
Pyridoxine HCl	
Vitamin B6/ Vitamina B6	0,7 mg (50 %*)

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: dextrose, sucrose, fructose, maltodextrin, trisodium citrate, acidifying regulator: citric acid; Palatinose (isomaltulose**), di-calcium phosphate, di-potassium ® phosphate, magnesium citrate, beetroot juice (only in orange flavour), dye: curcumin (only in lemon-lime flavour, orange flavour, pineapple flavour), beta carotene (only in mango delicious flavour); anticaking agent: silicon dioxide; aroma, ascorbic acid (vitamin C), magnesium bisglycinate, calcium bisglycinate, sweeteners: sucralose and acesulfame-K; pyridoxine HCl (vitamin B6). ** source of glucose and fructose. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



PREMIUM CHELATED MINERALS

CHELAZONE®

20x25 ml

BEFORE DURING AFTER

FOOD SUPPLEMENT
with sweeteners and aroma



E-LITE ELECTROLYTES LIQUID

AMIX™ Performance E-lite Electrolytes is a food supplement in liquid form with a combination of mineral salts and vitamins (magnesium, potassium, sodium, calcium and vitamins B5 and D) offering the sportsperson a high quantity of mineral salts in a 25 ml shot.

In endurance sports, mineral salts are extremely important for proper body function.

Ideal for long duration physical activities lasting 3 to 6 hours.

Objective:
» Improve hydration

Recommended daily dose: Take 1-3 shots (25 - 75 ml) per day, preferably during or after physical performance.

Flavours: Orange

Supplement Facts/ Información Nutricional:
Serving size/ Dosis diaria: 1 ampoule / 1 ampolla (25 ml)

Amount per Serving / Cantidad por dosis (25 ml)		
Sodium/ Sodio	**160 mg**	
Potassium/ Potasio	**160 mg**	8 %*
Vitamin C/ Vitamina C	**80 mg**	100 %*
Magnesium/ Magnesio	**70 mg**	18,6 %*
Calcium/ Calcio	**18 mg**	2,3 %*
Vitamin D/ Vitamina D	**5 mcg**	100 %*

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: Purified water, trisodium citrate, magnesium citrate, tripotassium citrate, ascorbic acid, magnesium bisglycinate chelate, calcium lactate, calcium bisglycinate chelate, preserving agent: potassium sorbate and sodium benzoate; acidifying agent: citric acid; cholecalciferol, aroma, dye: black currant flavour (azorubine, ponceau 4R, brilliant blue), orange flavour (carotene, apo-carotenal); sweeteners: acesulfame-K and sucralose. **Allergen warning:** It may contain traces of **milk, eggs and shellfish (crustaceans and molluscs).**



PREMIUM CHELATED MINERALS

CHELAZONE®

120 cps

BEFORE DURING AFTER

FOOD SUPPLEMENT

E-LITE SALTS

AMIX™ Performance E-lite Salts is a new food supplement based on magnesium, potassium, sodium, calcium and vitamins B5 and D, offering a high amount of mineral salts in a single capsule.

The capsules have Vcap technology (vegan capsule patent) and contain among other minerals 230 mg of sodium.

In endurance sports, mineral salts are very important for the proper functioning of the body.

This product is ideal for physical exercise lasting more than 3 hours. And it has great advantages in the handling of long-distance events.

Objective:
» Improve hydration

Recommended daily dose: Take 1 capsule with water every 30-60 minutes during physical activity, maximum 4 capsules daily.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 120

Amount per Serving/ Cantidad por dosis	
Vitamin D3/Vitamina D3 (as cholecalciferol/colecalciferol)	**5 mcg** (100 %*)
Vitamin B5/Vitamina B5 (as pantothenic acid/ácido pantoténico)	**6 mg** (100 %*)
Calcium/Cálcio (as calcium bisglycinate chelate and tricalcium citrate/bisglicinato de cálcio quelado y citrato tricálcico)	**26,5 mg** (3,3 %*)
Magnesium/Magnésio (as magnesium bisglycinate chelate, citrate and stearate /como quelato de bisglicinato de magnesio, citrato y estearato)	**18,9 mg** (5 %*)
Sodium/Sódio (as sodium chloride/cloruro de sodio)	**230 mg**
Potassium/Potásio (as tripotassium citrate/citrato de tripotasio)	**100 mg** (5 %*)

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: Sodium chloride, tripotassium citrate, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), tricalcium citrate, magnesium citrate, magnesium bisglycinate chelate, calcium bisglycinate chelate, pantothenic acid (vit. B5), anticaking agent: magnesium stearate and silicon dioxide; cholecalciferol (vit.D). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

VEGAN FRIENDLY

CHELAZONE®

420 g | 20x7 g



MAGNECHEL DRINK

AMIX™ Performance MagneChel Magnesium Chelate Drink is a powdered food supplement with sweeteners and flavouring. It is very easily and quickly absorbed.

It is made of magnesium bisglycinate chelate combined with vitamins B3-Niacin and B6.

Objectives:
» Helps to prevent the onset of muscle cramps.
» Acts as a natural muscle relaxant.

Recommended daily dose: Mix 7 g (1 scoop) with 200 ml of water and drink before workout or before sleeping.

Flavours: Mango

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 scoop/ 1 cacito (7 g)

Amount per Serving / Dosis		
Magnesium bisglycinate chelate/ Bisglicinato quelado de magnesio		
Magnesium/ Magnesio	**375 mg**	100 %*
Vitamin B3/ Vitamina B3	**20 mg**	125 %*
Vitamin B6/ Vitamina B6	**2,8 mg**	200 %*

* DNRV - Daily Nutrient Reference Value/ *VRN - Valores de Referencia de Nutrientes

Ingredients: Magnesium bisglycinate (chelate), acidifying agents: citric acid, malic acid; aroma, anticaking agent: silicon dioxide; sweetener: sucralose; nicotinamide (Vit. B3), dye: beta carotene; pyridoxine HCl (Vit. B6). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



VEGAN FRIENDLY

CHELAZONE®

90 cps

180 + 30 cps FREE

MAGNECHEL

AMIX™ Performance MagneChel® is a food supplement 100% based on ChelaZone® chelated magnesium bisglycinate in vegetarian capsules. It contains the finest and best absorbed form of magnesium.

ChelaZone® chelated minerals are a natural form of minerals for the human body. They are easily and quickly absorbed, have a positive influence on the overall usefulness of the mineral and are especially effective

Objectives:
» Helps prevent the appearance of muscle cramps.
» Acts as a natural muscle relaxant.

Recommended daily dose: Take 3 capsules daily with meal. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsules/1 cápsulas

Amount per Serving / Cantidad por dosis	
Magnesium bisglycinate chelate/ Bisglicinato quelado de magnesio Magnesium/ Magnesio	**375 mg** 100 %*

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes

Ingredients: ChelaZone® magnesium bisglycinate chelate, anticaking agent: microcrystalline cellulose, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: vegetable magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



20x60 ml

BEFORE DURING AFTER

PREMIUM CHELATED MINERALS

CHELAZONE®

MAGNESHOT FORTE 375 mg

AmixTM Performance Magneshot Forte 375 mg It is an ultra-concentrated magnesium,
which provides an amount of 375 mg of magnesium. It is designed to be taken during or after
exercise thanks to its liquid format.

Objectives:
» Health, improve hydration, avoid muscle “cramps”.

Recommended dosage: Take 1 shot (60 ml) daily. Use during or after physical activity.
It may contain sediments. Shake before use.

Flavours: Mango, Orange and Neutral.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis diaria recomendada: 60 ml

Average values/ Valores medios	**per/por/ 60 ml**
Magnesium/ Magnesio magnesium citrate and magnesium bisglycinate chelate/ citrato de magnesio y bisglicinato quelado de magnesio	**375 mg** (100%*)
Vitamin B6/ Vitamina B6 pyridoxine HCl/ piridoxina HCl	**10 mg** (714%*)

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes

Ingredients: purified water, magnesium citrate, magnesium bisglycinate chelate, acidity regulator: citric acid, preserving agents: potassium sorbate, sodium benzoate, aroma (only flavours Mango and Blood Orange), dye: betacarotene (flavour Mango); sweetener: sucralose; pyridoxine HCl (vit. B6). **Allergen warning:** It may contain traces of **milk, eggs and shellfish (crustaceans and molluscs).**

MAGNESIUM 5-COMPLEX

Amix™ Magnesium 5–Complex is a food supplement containing 5 forms of magnesium. Magnesium contributes to a reduction of tiredness and fatigue, to normal functioning of the nervous system and to normal muscle function.

Recommended dosage: Take 2-3 capsules daily depending on your magnesium needs and dietary intake. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 2-3 capsules / cápsulas

Average values/ Valores medios	**2 cps:**	**3 cps:**
Magnesium / Magnesio magnesium bisglycinate chelate, trimagnesium citrate, magnesium malate, magnesium taurate, magnesium L-ascorbate / bisglicinato de magnesio quelado, citrato de magnesio tribásico, malato de magnesio, taurato de magnesio, ascorbato de magnesio	**250 mg** **(66 %*)**	375 mg (100 %*)

* DNRV - Daily Nutrient Reference Value/*VRN - Valores de Referencia de Nutrientes

Ingredients: Magnesium complex [magnesium bisglycinate chelate, magnesium salts of citric acid (trimagnesium citrate), magnesium malate, magnesium taurate, magnesium L-ascorbate], vegetable capsule (hydroxypropylmethylcellulose, purified water), anticaking agent: magnesium salts of fatty acids. **Allergen warning:** It may contain traces of **MILK, EGGS, SOYBEANS AND CRUSTACEANS.**



90 cps

BEFORE DURING AFTER



FOOD SUPPLEMENT
with sweeteners and aroma

CHELAZONE®

Fibersol-2

palatinose™ isomaltulose

MULTI COMPONENT 38

1 000 g | 20x50 g

BEFORE DURING AFTER

WAXIONT GLYCOGEN LOADER

AMIX™ Performance Waxiont is a drink based on carbohydrates and mineral salts. It is formulated as a source of energy during sport, providing a large quantity of high-quality carbohydrates.

Unlike ISOLYTE, WAXIONT is a hypertonic drink with a higher osmolarity. Although it contains a large amount of mineral salts, it also provides a large amount of carbohydrates, thus nourishing the athlete.

This drink is designed for efforts lasting more than 2 hours and is ideal to be combined with ISOLYTE as an isotonic (1 scoop per 500ml) or hypotonic (1/2 scoop per 500ml) drink.

Objective:
» Health and performance.

Recommended daily dose: Mix 2 scoops (50 g) of Waxlont with 200ml of water and stir thoroughly. Add the rest of the needed volume of water (200-300ml) and thoroughly stir once again. Have 1-3 servings daily, depending on daily need of carbohydrates.

Flavours: Strawberry, Lemon-Lime, Mango.

Supplement Facts/Información Nutricional:

Serving size/Dosis: 50 g (2 scoops/2 cacitos)
Servings per container/Dosis por envase: 20

Average Values/ Valores medios:	**Per Serving 50 g**/por porción
Energy value/ Valor energético:	168 kcal/716 kJ
Total Fat/ Grasas	< 0,1 g
Saturated Fat/ De las cuales saturadas	< 0 g
Total Carbohydrate/ Hidratos de carbono	41,8 g
Sugar/ De los cuales azúcares	11,1 g
Protein/ Proteína	< 0,1 g
Salt/ Sal	< 0,05 g
DiCalcium Phosphate, DiPotassium Phosphate, Calcium Bisglycinate Chelate / Fosfato Dicálcico, Fosfato Dipotásico, Bisglicinato Quelado de Calcio	
Potassium / Potasio	140 mg (7 %*)
Phosphorus / Calcio	200 mg (28,5 %*)
Calcium / Fósforo	115 mg (14,3 %*)
Trisodium Citrate/ Citrato TriSódico	
Sodium / Sodio	425 mg
Magnesium Citrate, Magnesium Bisglycinate Chelate /Citrato de Magnesio, Bisglicinato Quelado de Magnesio	
Magnesium / Magnesio	70 mg (18,6 %*)
Ascorbic Acid/ Ácido Ascórbico	
Vitamin C / Vitamina C	40 mg (50 %*)
Pyridoxine HCl/ Clorhidrato de Piridoxina	
Vitamin B6/ Vitamina B6	5 mg (357 %*)

* DNRV - Daily Nutrient Reference Value / *VRN - valores de referencia de nutrientes

Ingredients: Ultra high molecular weight waxy maize starch (contains SO2 17 mg/1 kg), fructose (derived from corn), maltodextrin (glucose polymer), dextrose, isomaltulose (Palatinose®) 5 %, Fibersol®-2 (digestion resistant maltodextrin) 4 %, trisodium citrate (sodium), magnesium citrate (magnesium), DiCalcium phosphate (calcium, phosphorus), DiPotassium phosphate (potassium, phosphorus), acidity regulator: citric acid; beetroot juice (orange flavour, strawberry flavour), dye: (lemon flavour - curcumin; mango delicious flavour: beta carotene; orange flavour: curcumin), aroma, ascorbic acid (vitamin C), magnesium bisglycinate chelate (magnesium), calcium bisglycinate chelate (calcium), sweeteners: sucralose, acesulfame-K, Pyridoxine HCl (Vit. B6). **Allergen warning**: It may contain traces of **milk, eggs, soybeans, gluten, fish, shellfish, tree nuts and peanuts** due to manufacturing methods.



PURICAF® Organic Caffeine

60 cps

BEFORE DURING AFTER

FOOD SUPPLEMENT

NATURAL CAFFEINE

AMIX™ Performance Natural Caffeine - A 100% pure caffeine product. When it comes to performance-enhancing supplements, the first one we would mention is this one. It has hundreds of scientific papers behind it to back up its efficacy.

NATURAL CAFFEINE is an organic caffeine extracted from 100% natural green coffee. This important patent guarantees 95% purity, giving us 200mg of caffeine per capsule.

The drawback of caffeine is that it is difficult to add to sports drinks because of its taste. NATURAL CAFFEINE is a soluble, unflavoured caffeine so you can pop the capsule open to add it to your sports drink.

NATURAL CAFFEINE does not dehydrate, but we will have to take into account that it will increase our performance and also our physical wear, so we should feed and hydrate ourselves more than usual.

Objectives:
» Improve Performance

Recommended daily dose: Take 1 capsule approx. 30-45 min, before physical performance. Wash down with plenty of water.

Supplement Facts / Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 60

Amount per serving/ Cantidad por dosis

Organic Caffeine - PurCaf®* / Cafeína orgánica - PurCaf®	200 mg
from Green coffee beans / Granos de café	

*Ingredient was manufactured under ORGANIC NOP compliance Certificate No.ORG/SC/1310/001438. / Ingrediente fabricado bajo el cumplimiento del programa Ecológico Nacional (NOP) Nº ORG/SC/1310/001438

Ingredients: organic caffeine PurCa® stabilizer: hydroxypropy/methylcellulose Methocel®, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shelfish (crustaceans and molluscs).**

MADE WITH PEAK ATP®

CarnoSyn® Carnosine Synthesizer

120 cps

BEFORE DURING AFTER



FOOD SUPPLEMENT

EPO-CORE® VO2

AMIX™ Performance EPO-CORE® VO2 Max, is an innovative product designed for peak performance. It is designed to increase performance during high intensity efforts. Unlike other pre-workouts, this supplement is free of stimulants, making it ideal even for night-time training.

There are many active ingredients in this product, including DMG-N (N-Dimethylglycine HCL) present in vitamin B15, which contributes to oxygen transport, as well as various antioxidants such as ALA.

Objective:
» To improve performance

Recommended daily dose: Take 3-6 capsules daily preferably before physical performance. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 6 capsules /6 cápsulas
Servings per container/ Dosis por envase: 20

Amount per serving/ Cantidad por dosis	
AMIX™ OxyActive Matrix	**1 400 mg**
OKG-Ornithine Alpha-Ketoglutarate 600 mg, AKG - Arginine Alpha-Ketoglutarate 600 mg, Alpha Lipoic Acid 50 mg, Angelica Sinensis extract 150 mg / Ornitina Alfa-cetoglutarato 600 mg, Arginina-Alfa-cetoglutarato 600 mg, Ácido alfa lipoico 50 mg, Extracto de Angelica Sinensis 150 mg	
Peak-ATP® (Adenosine 5' Triphosphate Disodium / Adenosín-5'-trifosfato disódico)	**120 mg**
AMIX™ Anti-Lactic Acid Strike	**1 450 mg**
CarnoSyn® beta-alanine 1 000 mg, Cordyceps sinensis 200 mg (standardized for 7 % cordyceptic acid), Rhodiola rosea 150 mg (standardized for 4 % rosavins), DMG-N,N-Dimethylglycine HCl 100 mg / CarnoSyn® beta-alanina 1 000 mg, Cordyceps sinensis 200 mg (estandarizado para 7 % ácido cordicéptico), Rhodiola rosea 150 mg (estandarizado para 4 % de rosavinas), DMG-N,N hidrocloruro de dimetilglicina 100 mg	
AMIX™ PhosphoMatrix	**332 mg**
Di-Potassium Phosphate, Di-Sodium Phosphate, Magnesium Citrate / fosfato dipotásico, fosfato disódico, citrato de magnesio	
Choline / Colina	**100 mg**
Inositol	**100 mg**
Dandelion Extract 4:1 / Extracto de Diente de León 4:1	**100 mg**
Chromium (as chromium picolinate) / **Cromo** (picolinato de cromo)	**100 mcg** (250 %*)

DNRV – Daily nutrient reference values / VRN - Valores de referencia de nutrientes

Ingredients: CarnoSyn® beta-alanine, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), ornithine alpha-ketoglutarate, arginine alpha-ketoglutarate, Cordyceps sinensis, Angelica sinensis extract, Rhodiola rosea root extract, magnesium citrate, adenosine 5' triphosphate disodium, DMG - N,N-Dimethylglycine HCl, Di-potassium phosphate, Di-sodium phosphate, choline, inositol, dandelion extract (Taraxacum officinale – root), alpha lipoic acid, stabilizer: hydroxypropylmethylcellulose Methocel®, anti-caking agents: magnesium stearate and silicon dioxide; chromium picolinate. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

GlyceroMax™

ActiveTR™ Caffeine

CREATINE Magna Power® | CarnoSyn® Carnosine Synthesizer | KRE-ALKALYN® | BioPerine® Black Pepper Extract

500 g

BEFORE DURING AFTER



FOOD SUPPLEMENT
with sweeteners and aroma

PER4MAX

AMIX™ Performance Per4Max, is a new formula designed to be taken before high intensity exercise, i.e. to prepare the body for high intensity effort.

There are many active ingredients in this product, we will highlight some of them:
GLYCEROMAX, improves pre-exertion hyperhydration.
CAFEÍNA: Improves performance in high-intensity efforts.
BIOPERINE: Improves nutrient absorption and assimilation of the product.
RODIOLA: This plant has proven to help in oxygen transport.

Objective:
» Performance

Recommended daily dose: Mix 1 scoop (25 g) with 200-300 ml of water and drink 30 minutes before physical performance. To change the flavour and sweetness of drink change the amount of water used for preparation.

Flavours: Fruit Punch, Lemon-Lime.

Supplement Facts/ Información Nutricional:

Serving size/ Por dosis: 1 scoop / 1 cacito (25 g)
Servings per container/ Dosis por envase: 20

Average values per serving/ Valores promedio	
Energy value/ Valor energético:	415,25 kJ/98 kcal
Total Fat/ Grasas	<1 g
Saturated Fat/ De las cuales saturadas	< 0,25 g
Total Carbohydrate/ Hidratos de carbono	20,5 g
Sugars/ De los cuales azúcares	< 1 g
Protein/ Proteína	1,75 g
Salt/ Sal	< 0,25 g
Di-potassium phosphate, Di-calcium phosphate, Di-sodium phosphate, Sodium bicarbonate	
Phosphorus / Fósforo	147,5 mg (21 %*)
Potassium / Potasio	82,5 mg (4,1 %*)
Calcium / Calcio	90 mg (11,2 %*)
Sodium / Sodio	75 mg
CarnoSyn® Beta Alanine/ Beta alanina	1 500 mg
Creatine Matrix 1:1/ Complejo de creatina 1:1 Kre-Alkalyn®, Creatine Magna Power™ - Magnesium creatine chelate	1 500 mg
Taurine/ Taurina	500 mg
L-Carnitine Tartrate/ L-carnitina tartrato	500 mg
GlyceroMax™ powdered glycerol 65%/ glicerol en polvo 65%	250 mg
Encapsulated ActiveTR™ natural caffeine/ Cafeína natural encapsulada ActiveTR™	150 mg
Rhodiola Rosea Extract/ Extracto de Rhodiola rosea 4 % rosavins/ 4 % rosavinas	100 mg
BioPerine® Black Pepper Extract/ Extracto de pimienta negra	5 mg

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: Ultra high molecular weight waxy maize starch (contains **SO2** 17 mg/1kg), CarnoSyn® beta alanine, creatine Kre-Alkalyn®, Creatine Magna PowerTM - magnesium creatine chelate - bisglycinate, L-carnitine tartrate, taurine, di-calcium phosphate (calcium, phosphorus), powdered glycerol 65% GlyceroMax®, acidifying agent: citric acid; encapsulated ActiveTRTM natural caffeine (caffeine from green coffee beans / Coffea arabica, Coffea canephora and vegetable pea protein), di-potassium phosphate (phosphorus), di-sodium phosphate (sodium), beetroot juice (fruit punch flavour), dye: curcumin (lemon-lime flavour); aroma, Rhodiola rosea extract, sweeteners: sucralose, acesulfame-K; acidity regulators: malic acid, sodium bicarbonate; black pepper extract (Bioperine®). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

CREATINE MONOHYDRATE CREAPURE®

AMIX™ Performance CREATINE CREAPURE is a pure creatine product, more specifically from the prestigious CREAPURE patent, with a clear mission to increase performance. Just as caffeine, creatine is one of the most evidence-based supplements on the market.

CREATINE CREAPURE nourishes the phosphagen energy pathway, a pathway used for efforts of up to 10 seconds. It is important in high intensity sports such as athletics (100m, 200m, throwing sports, etc.) cycling (bmx, cyclo-cross, track, etc.).

Objective:
» To improve performance

Recommended daily dose: Mix 3 g (3/4 scoop) with 200-300 ml of water or juice and drink immediately. Use approx. 30-60 minutes before training. Athletes using Creatine Monohydrate should consume at least 2000 ml of water daily to maximize hydration.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 3 g (3/4 scoop/ 3/4 cacito)
Servings Per Container/ Dosis por envase: 100

Average values per serving / Cantidad media por dosis	
Creapure® Creatine monohydrate/ Creapure® Creatina monohidrato	3 000 mg

Ingredients: Creatine Monohydrate Creapure®. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

CREATINE 2500 MG CHEWABLE ENERGY TABS

AMIX™ Performance Creatine 2 500 mg Energy Tabs contains Creapure® creatine monohydrate (creatine increases physical performance in successive bursts of short-term, high intensity exercise; the beneficial effect is obtained with a daily intake of 3 g of creatine) and enriched with Amix™ Carb Tri-Flow complex to maintain energy (ideal for athletes and active individuals looking for quick and effective support of muscle strength and regeneration).

Objective:
» To improve performance

Recommended daily dose: Take 1 tablet, chew and let it dissolve freely in the mouth. Athletes using creatine monohydrate should consume at least 2000 ml of water daily to maximize hydration.

Flavours: Multi mix of flavours

Supplement Facts:

Serving size: 1 tablet
Servings per container: 60

Average values:		per 1 tbl (4,6 g):	per 100 g:
Energy value:		26 kJ/ 6 kcal	556 kJ/ 133 kcal
Total Fat		**0 g**	**0,04 g**
Saturated Fat		0 g	0,01 g
Total Carbohydrate	**2 g**		**42 g**
Sugars		0,7 g	16 g
Polyols		1,2 g	26 g
Fiber		0 g	< 0,5
Protein		**0 g**	**< 0,5 g**
Salt/ Sal		< 0 g	< 0 g
Creapure® Creatine monohydrate	**2 500 mg**		**54 348 mg**
Amix™ Carb Tri-Flow complex Palatinose™, Cluster Dextrin®, ModCarb™		**100 mg**	**2 174 mg**

Ingredients: Creapure® - creatine monohydrate, binders: sorbitol, dextrates; Amix™ Carb Tri-Flow complex 2,2 % (isomaltulose /Palatinose™/- source of glucose and fructose, highly branched cyclic dextrin Cluster DextrinR, ModCarb™/gluten free oat bran, quinoa, amaranth, buckwheat, millet/),acidity regulator: malic acid; lubricant: mono-and diglycerides of fatty acids; aroma, sweetener: sucralose. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT
with sweeteners and aroma

Whey Protein

CarnoSyn®
Carnosine Synthesizer

BEFORE DURING AFTER

550 g

RE-CUPER

AMIX™ Performance Re-Cuper NEW is a concentrated recovery shake for high quality efforts lasting less than 2 hours. Re-Cuper is a carbohydrate-free recovery product, so it has a 100% structural action. It is designed only for quality efforts, i.e. days of high intensity series or competitions.

It contains a large amount of protein together with amino acids with extra-high structural power such as BCAA (4 g) and GLUTAMINE (4 g), vitamins and minerals. This product is available in 2 flavours, one of them is lemon, which was designed to allow mixing together with WAXIONT for a better recovery of stage races and high intensity efforts lasting more than 2 hours.

Objective:
» Performance

Recommended daily dose: Mix 1 scoop (25 g) with 200-300ml of water and drink immediately after physical performance. To change the flavor and sweetness of drink change the amount of water used for preparation.

Flavours: Lemon-Lime, Forest Fruits.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 scoop / 1 cacito (25 g)
Servings per container/ Dosis por envase: 22

Average values per serving/ Valores promedio	
Energy value/ Valor energético:	379 kJ/89 kcal
Total Fat/ Grasas	0,4 g
Saturated Fat/ De las cuales saturadas	0,2 g
Total Carbohydrate/ Hidratos de carbono	0,4 g
Sugars/ De los cuales azúcares	0,2 g
Protein/ Proteína	21,1 g
Salt/ Sal	0,4 g
Vitamin C/ Vitamina C	20 mg (25 %*)
Vitamin B6/ Vitamina B6	2,8 mg (200 %*)
Calcium/ Calcio	80 mg (10 %*)
Phosphorus/ Fósforo	170 mg (24,2 %*)
Sodium/ Sodio	125 mg
L-glutamine/ L-glutamina	4 000 mg
BCAA Instantized 2 : 1 : 1 L-leucine, L-isoleucine, L-valine/L-leucina, L-isoleucina, L-valina	4 000 mg
AMIX™ PhosphoMatrix Di-calcium phosphate, di-potassium phosphate and di-sodium phosphate/ Fosfato dicálcico, fosfato disódico y fosfato dipotásico	887 mg
CarnoSyn® Beta alanine/ Beta alanina	500 mg
L-glycine/ L-glicina	500 mg
L-citrulline base/ L-citrulina base	200 mg

* Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: CFM® Cross-flow Microfiltered **whey protein isolate / from milk**/, L-glutamine 16 %, instantized L-leucine 8 %, **whey protein hydrolyzate /from milk**/, instantized L-isoleucine 4 %, instantized L-valine 4 %, L-glycine, CarnoSyn® beta alanine 2%, di-sodium phosphate (sodium, phosphorus), di-calcium phosphate (calcium, phosphorus), acidity regulator: citric acid; L-citrulline base, aroma, di-potassium phosphate (potassium, phosphorus), emulsifier: **soya** lecithin; acidity regulator: malic acid; ascorbic acid (vit. C), sweeteners: sucralose and acesulfame-K; beetroot juice (forest fruits flavour), dye: curcumin (lemon-lime flavour), pyridoxine HCl (vit.B6). **Allergen warning:** It may contain traces of **eggs, gluten, fish, tree nuts, peanuts and shellfish (crustaceans and molluscs).**

Whey Protein

KRE-ALKALYN® pH-Correct Creatine

Hydro Pro® Performance

palatinose™ the better energy

CREATINE MagnaPower®

BEFORE DURING AFTER

500 g
1 000 g | 20x50 g



RECO-PRO PROTEIN

FOOD SUPPLEMENT
with sweeteners and aroma

AMIX™ Performance Reco-Pro is a delicious recovery shake designed to help the body recover and is one of the few recovery shakes that contains 25g of premium quality protein per serving, the ideal amount of protein according to scientific evidence.

On the other hand, it is formulated with other ingredients such as omega 3, mineral salts, BCAA, GLUTAMINE and 2 grams of CREATINE, making it a powerful and complete recovery product.

This product is designed to be taken both after exercise and as a nutritional supplement for those who lead a busy and high-stress lifestyle.

Objective:
» Health

Recommended daily dose: Mix 2 scoops (50 g) of Reco-Pro Protein with 300 ml of water or low fat milk. Use a blender or hand held shaker, mix for 30 seconds. Have 1-2 servings daily, depending on physical activity and daily need of proteins.

Flavours: Chocolate, Vanilla-Yogurt, Forest Fruits.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 50 g (2 scoops/2 cacitos)

Average values/ Valores medios:	per/por 50 g:	per/por 100 g
Energy value/ Valor energético:	813 kJ / 192 kcal	1627kJ / 384 kcal
Total Fat/ Grasas	**2,5 g**	**5 g**
Saturated Fat/ De las cuales saturadas	< 1,5 g	< 3 g
Total Carbohydrate/ Hidratos de carbono	**17,4 g**	**34,8 g**
Sugars/ De los cuales azúcares	2,5 g	5 g
Protein/ Proteína	**25 g**	**50 g**
Salt/ Sal	< 0,25 g	< 0,5 g
Alpha-linolenic acid/ Ácido alfa-linoleico (Omega-3)	165 mg	330 mg
Vitamin C/ Vitamina C	45 mg (56 %*)	90 mg (112 %*)
Calcium/ Calcio	75 mg (9,4 %*)	150 mg (18,8 %*)
Potassium/ Potasio	37 mg (2 %*)	74 mg (4 %*)
Magnesium/ Magnesio	40 mg (10,6 %*)	80 mg (21,2 %*)
Phosphorus/ Fósforo	180 mg (25,7 %*)	360 mg (51,4 %*)
Sodium/ Sodio	62 mg	124 mg
Creatine Matrix 2:1:1 Kre-Alkalyn®, creatine monohydrate, creatine MagnaPower® - magnesium creatine bisglycinate / Kre-Alkalyn®, Creatina Monohidrato, Creatina Magna Power™	**2 000 mg**	**4 000 mg**
AMIX™ PhosphoMatrix Di-calcium phosphate, Di-potassium phosphate, Di-sodium phosphate / Fosfato dicalcio, fosfato dipotásico, fosfato disódico	**900 mg**	**1 800 mg**
UltraGrad® Golden FlaxSeed Oil Milled flaxseed / Linaza dorada molida mezclada con aceite de pescado refinado, blanqueado y desodorizado	**750 mg**	**1 500 mg**
BCAA Instantized 2:1:1 L-leucine, L-isoleucine, L-valine / L-leucina, L-isoleucina, L-valina	**500 mg**	**1 000 mg**
Glutamine Matrix 1:1 Micronized L-glutamine, L-glutamine alpha-ketoglutarate / L-glutamina micronizada, L-glutamina alfa-cetoglutarato	**500 mg**	**1 000 mg**

*DNRV - Daily nutrient reference value / VRN - Valores de referencia de nutrientes

UltraGrad® and **CFM®** are registered trademark of Glanbia PLC. **Kre-Alkalyn®** is a registered trademark of Biocauctival Research and Development Laboratory (BR&D). Creatine Monohydrate with corrected pH - Us patent #6,399,663. International Patents Pending. All International Rights Reserved.
Creatine MagnaPower® is a registered trademark of Albion Laboratories, Inc.

Ingredientes por 100g: AmixTM Reco-Pro protein complex (**whey protein concentrate /from milk**/, CFM® - Cross-flow microfiltered **whey protein isolate /from milk**/, amino acids derived from beef protein isolate, whey protein hydrolyzate /from milk/), waxy maize starch, maltodextrin, Palatinose® (isomaltulose), creatine monohydrate - Kre-Alkalyn® 2000 mg, milled flaxseed (BevGradTM XtraSmooth Flax 1500 mg), creatine monohydrate 1000mg, creatine MagnaPower® - magnesium creatine chelate - bisglycinate 1000mg, cocoa powder (only in chocolate flavour), stabilizer: sodium carboxymethylcellulose; di-calcium phosphate, di-sodium phosphate, L-leucine 500 mg, L-glutamine 500 mg, L-glutamine alpha-ketoglutarate 500 mg, di-potassium phosphate, L-isoleucine 250 mg, L-valine 250 mg, emulsifier: **soya** lecithin; aroma, ascorbic acid (vit. C), sweeteners: sucralose and acesulfame-K; beetroot juice (only in forest fruit flavour), dye: curcumine (vanilla-yogurt flavour) **Allergen warning:** It may contain traces of **eggs, gluten, tree nuts, peanuts, fish and shellfish (crustaceans and molluscs).**









FOOD SUPPLEMENT

BCAA-XT AMINO ACIDS

AMIX™ Performance BCAA-XT is a branched amino acid supplement on a 2:1:1 scale in the following order: leucine, isoleucine and valine.

This supplement has a structural purpose; these three amino acids are of great importance in muscle, so they are extremely important for both recovery and muscle protection.

Objective:
» Improve recovery
» Protect muscle mass

Recommended daily dose: Take 1-2 capsules before physical activity and 1-2 capsules after activity.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 4 capsules/cápsulas
Servings per container/ Dosis por envase: 30

Amount per Serving/ Cantidad por dosis	
Active ingredients/ Ingredientes activos	
L-leucine/ L-leucina	1 000 mg
L-isoleucine/ L-isoleucina	500 mg
L-valine/ L-valina	500 mg

Ingredients: L-Leucine, L-isoleucine, L-aline, gelatin capsule (made from pure gelatin, water, dye: titanium dioxide), anticaking agents: magnesium stearate, silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish.**

with sweeteners and aroma

BCAA INSTANT DRINK

AMIX™ Performance BCAA Instant Drink is a branched-chain amino acid supplement on a 2:1:1 scale in the following order: leucine, isoleucine and valine.

BCAAs are characterised by poor solubility, but in BCAA INSTANT DRINK this problem does not exist, making a delicious drink that is totally soluble.

This supplement has a structural purpose, these three amino acids are of great importance in the muscle, so they are very important for both recovery and muscle protection.

Thanks to being in powder form, this product gives us the possibility of using it together with our sports drink, especially in the case of long-distance efforts.

Objective:
» Improve recovery
» Protect muscle mass

Recommended daily dose: Mix 2 scoops (10 g) with 300 - 400 ml of water and drink immediately after physical performance. To change the flavor and sweetness of drink change the amount of water used for preparation. Take 10 g daily.

Flavours: Forest fruits.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 10 g (2 scoops/2 cacitos) **Servings Per Container/Dosis por envase:** 30

Average values/ Valores medios:	**per/por 100 g:**	**per serving/por dosis 10 g:**
Energy value/ Valor energético:	1300,1 kJ / 306,2 kcal	130 kJ / 30,6 kcal
Total Fat/ Grasas	**< 1 g**	**< 0,1 g**
Saturated Fat/ De las cuales saturadas	< 0,5 g	0 g
Total Carbohydrate/ Hidratos de carbono	**6,1 g**	**0,6 g**
Sugars/ De los cuales azúcares	< 1 g	< 0,1 g
Protein/ Proteína	**68,2 g**	**6,8 g**
Salt/ Sal	< 1 g	< 0,1 g
Instantized BCAA/ Instantáneos BCAA	**70 g**	**7 000 mg**
L-leucine/L-leucina	35 g	3 500 mg
L-isoleucine/L-isoleucina	17,5 g	1 750 mg
L-valine/L-valina	17,5 g	1 750 mg
Vitamin B6/ Vitamina B6	**25 mg**	**2,5 mg (178,6 %*)**

*DNRV - Daily Nutrient Reference Value/*VRN - Valores de referencia de nutrientes

Ingredientes: instantized L-Leucine, instantized L-Isoleucine, instantized L-Valine, acidifying regulator: citric acid; aroma, anticaking agent: silicon dioxide; sweetener: sucralose, dyes: (flavour pineapple and flavour lemon-lime: curcumine; flavour fruit punch, flavour black cherry, flavour forest fruits and flavour raspberry lemonade: beetroot extract; flavour orange and flavour grapefruit lemonade: curcumine and beetroot extract; flavour green apple and flavour watermelon: copper complexes of chlorophyll; flavour cola blast: caramel; flavour mango delicious: beta carotene), emulsifier: **soya** lecithin; sweetener: acesulfame-K; pyridoxine HCl (vitamin B6). **Allergen warning:** It may contain traces of **milk, eggs, gluten, shellfish, tree nuts and peanuts due to manufacturing methods.**



90 cps

sinetrol®

GREEN COFFEE BEAN ORIGINAL GC®

BioPerine®

90 cps

BEFORE DURING AFTER



FOOD SUPPLEMENT

HMB 1500

AMIX™ Performance HMB – short for Hydroxy-Methyl-Butyrate, is a metabolite of the amino acid leucine, one of the most important in terms of muscle structure.

This supplement has hundreds of scientific articles behind it supporting its benefits, which include the protection of muscle mass.

Its use is recommended for 3 main reasons:
» In weight loss, the use of this product prevents or reduces the loss of muscle mass.
» In high-impact exercise (running), it will protect the muscle mass from the damage caused by this type of exercise, thus helping it to better recover.
» In very long duration efforts (more than 5 hours), it helps to decrease muscle mass loss.

Objective:
» Health

Recommended daily dose: Take 1 capsule 3 times daily.

Supplement Facts / Información Nutricional:

Serving size/ Dosis: 3 capsules/cápsulas
Servings per container/Dosis por envase: 30

Amount per Serving/ Cantidad por dosis	
HMB Beta-Hydroxy Beta-Methylbutyrate / Beta-Hidroxi Beta-Metilbutirato	**1 500 mg**

Ingredients: Beta-Hydroxy Beta-Methylbutyrate, vegetable capsule (hydroxypropyl-methylcellulose, purified water, dye: calcium carbonate), anticaking agents: magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

THERMO XTR FAT BURNER

AMIX™ Performance Thermo XTR Fat Burner is a fat burner designed to be taken before physical activity. It is also an excellent product to improve performance and boost your desire to train.

It contains seven powerful active ingredients that will enhance fat tissue loss (Sinetrol, green coffee, caffeine, Guarana, Synephrine, Salicin and Bioperine).

It is important to note that this product contains stimulants, so it should be avoided in evening session workouts.

Objective:
» Increase Performance
» Improve body composition

Recommended daily dose: Take 3 capsules daily approx. 30-60 minutes before physical performance. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 3 capsules/cápsulas
Servings per container/ Dosis por envase: 30

Amount per Serving/ Cantidad por dosis	
SINETROL® XPUR green grapefruit extracts, guarana seed extract, Citrus sinensis extract, blood orange concentrate / extractos de pomelo, extracto de semilla de guaraná, extracto de Citrus sinensis, concentrado naranja sanguina	**900 mg**
Green Coffee bean extract/ Extracto de grano de café verde (45 % chlorogenic acids/45 % ácidos clorogénicos)	**300 mg**
Guarana Extract/ Extracto de guaraná (22 % Caffeine / 22 % Cafeina)	**200 mg**
White Willow Bark Extract/ Extracto de corteza de sauce blanco (15 % Salicin / 15 % Salicina)	**200 mg**
Caffeine Anhydrous/ Cafeína anhidra	**160 mg**
Citrus Aurantium (95 % Synephrine / 95 % Sinefrina)	**10 mg**
BioPerine® (95 % Piperine / 95 % Piperina)	**5 mg**

Sinetrol® is a registered trademark of Fytexia company. **Bioperine®** is a registered trademark and a product of Sabinsa Corporation.

Ingredients: SINETROL® XPUR (grapefruit extracts/ Citrus paradisi Macfad.- Citrus grandis L. Osbeck/, guarana seed extract /Paullinia cupana Kunth/; Citrus sinensis extract / Citrus sinensis L. Osbeck/, blood orange concentrate /Citrus sinen-sis L. Osbeck/; maltodextrin), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), green coffee bean extract, guarana dried extract, white willow bark extract, caffeine anhydrous, stabilizer: hydroxypropylmethylcellulose Methocel®; anticaking agents: vegetable magnesium stearate, silicon dioxide; Citrus aurantium extract, Bioperine® (black pepper **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluses).**

GHSTIM AMINO COMPLEX



FOOD SUPPLEMENT

90 cps

AMIX™ Performance GHStim is a supplement to help the body produce growth hormone, it is formulated with 3 very important amino acids to support this function, such as L-Arginine, L-Ornithine and L-Lysine, combined with vitamin B6.

Objective:
» Performance

Recommended daily dose: Take 5-10 capsules daily before sleep. Wash down with plenty of water.

Supplement Facts / Información Nutricional:

Serving size/ Dosis: 5 capsules/cápsulas
Servings per container/Dosis por envase: 18

Amount per serving/ Cantidad por dosis	
L-Arginine/ L-Arginina	1 500 mg
L-Ornithine/ L-Ornitina	750 mg
L-Lysine/ L-Lisina	750 mg
Vitamin B6/ Vitamina B6 Pyridoxine HCl/ Clorhidrato de piridoxina	5 mg (357 %)*

*DNRV - Daily nutrient reference value /VRN - Valores de referencia de nutrientes

Ingredients: Larginine HCl, vegetable capsule (hydroxy--propyl methylcellulose, purified water, de: calcium carbonate), L-omithine, L-lysine, stabilizer: hydroxypropyl-methylcellulose Methocel®: anticaking agents: magnesium stearate and silicon dioxide; pyridoxine HCl. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellish (crustaceans and molluscs).**

TESTOXT BOOSTER



FOOD SUPPLEMENT

120 cps

AMIX™ Performance TestoXT BOOSTER, is a supplement designed to help the body increase testosterone production in a natural way. Stress and fatigue cause testosterone levels to drop, thus lowering our performance, increasing fatigue and significantly reducing sexual libido.

It is composed, among others, of Zinc, Aspartic acid, Tribulus, Maca, Testofen (fenugreek), taxadrol (pinus silvestris) and Vit B3.

Objective:
» Health and performance

Recommended daily dose: Take 6 capsules daily between meals. Wash down with plenty of water. Use this product max. over a period of 8 weeks, followed by 4 weeks off cycle.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 6 capsules/cápsulas
Servings per container/ Dosis por envase: 20

Amount per serving/ Cantidad por dosis	
D-Aspartic Acid/ Ácido D-aspártico	1 800 mg
L-Arginine Alpha Ketoglutarate/ Arginina-Alfa-cetoglutarato	600 mg
Tribulus Terrestris (90 % steroidal saponins/saponósidos esteroídicos)	450 mg
Maca Root Extract 10:1/ Extracto de raíz de maca 10:1	300 mg
Testofen® Fenugreek/ Extracto de alholva (50 % Fenuside/50% fenusida)	60 mg
AstraGin™ Panax Notoginseng Extract/ Extracto de Panax notoginseng	15 mg
Taxadrol® (Pinus syilvestris)	30 mg
Vit. B3 - Niacin (as Nicotinamide/como nicotinamida)	9,6 mg (60 %*)
Zinc (zinc oxide/óxido de zinc)	2 mg (20 %*)

*DNRV - Daily nutrient reference value /VRN - Valores de referencia de nutrientes

Ingredients: D-aspartic acid, vegetable capsule (hydroxypropylmethycellulose, purified water, dye: calcium carbonate), L-arginine alpha ketoglutarate, Tribulus terrestris extract (whole plant), maca root extract (Lepidium meyenii), Testofen® - Fenugreek (Trigonella foenum - graecum 50% fenuside), Astra GinTM (patent--pending extract derived from Panax notoginseng - Astragalus membranaceus), Taxadrol® (Pinus sylvestris), nicotinamide (niacin-vit. B3), antic-king agents: magnesium stearate and silicon dioxide; zinc oxide (zinc). **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluses).**



60 tbl



FOOD SUPPLEMENT

VITAMIN MAX MULTIVITAMIN

AMIX™ Performance Vitamin Max Multivitamin is a vitamin complex for endurance athletes.
Formulated with the most important micronutrients, it prevents drops in our immune system and improves our quality of life.

It also contains other ingredients such as Siberian ginseng, echinacea, Q10, bioflavonoid, etc.

AMIX™ Performance Vitamin Max Multivitamin is undoubtedly a perfect ally both for sportsmen and women and for people with a high workload.

Objective:
» Health

Recommended daily dose: Take 1 tablet with meal. Wash down with plenty of water.

Active ingredients / Ingredientes Activos	per 1 tbl/ por 1 comp	% DNRV / VRN*
Vitamin A/ Vitamina A	950,00 mcg	118 %
Vitamin B1/ Vitamina B1	5,00 mg	454 %
Vitamin B2/ Vitamina B2	5,00 mg	357 %
Vitamin B6/ Vitamina B6	5,00 mg	357 %
Vitamin C/ Vitamina C	150,00 mg	187,5 %
Vitamin E/ Vitamina E	30,00 mg	250 %
Biotin/ Biotina	30 mcg	60 %
Niacin/ Niacina	20,00 mg	125 %
Vitamin B12/ Vitamina B12	20 mcg	800 %
Vitamin B5/ Vitamina B5	10,00 mg	166,7 %
Vitamin D3/Vitamina D3	10 mcg	200 %
Vitamin K1/ Vitamina K1	25 mcg	33 %
Folic acid/ Ácido Fólico	400 mcg	200 %
Iron/ Hierro	18,00 mg	129 %
Calcium/ Calcio	75,00 mg	9 %
Phosphorus/ Fósforo	58,00 mg	8 %
Potassium/ Potasio	20,00 mg	1 %
Iodine/ Yodo	150 mcg	100 %
Copper/ Cobre	2,00 mg	200 %

Active ingredients/ Ingredientes Activos	per 1 tbl/ por 1 comp	% DNRV / VRN*
Manganese/ Manganeso	2,00 mg	100 %
Molybdenum/ Molibdeno	25 mcg	50 %
Selenium/ Selenio	25 mcg	45 %
Magnesium/ Magnesio	100,00 mg	26,6 %
Zinc/ Zinc	15,00 mg	150 %
Chromium/ Cromo	30 mcg	75 %
Boron/ Boro	0,15 mg	-
Paba/ PABA	5,00 mg	-
Choline/ Colina	15,00 mg	-
Silica/ Silicio	0,01 mg	-
Inositol	15,00 mg	-
Rose Hip/ Rosa mosqueta	3,00 mg	-
Betaine HCL/ Hidrocloruro de betaína	5,00 mg	-
Coenzyme Q-10/ Coenzima Q-10	1,00 mg	-
Echinacea purpurea	50,00 mg	-
Citrus Bioflavonoid/ Bioflavonoides cítricos	20,00 mg	-
L-Glutathione/ L-glutatión	2,50 mg	-
Siberian ginseng/ Ginseng siberiano	50 mg	-
L-Cysteine HCL/ Hidrocloruro de L-cisteína	8,00 mg	-

* DNRV - Daily Nutrient Reference Value; - not established / * VRN Valores de referencia de nutrientes; - no establecido

Ingredients: Dicalcium phosphate, magnesium oxide, ascorbic acid (vitamin C), thickener: cellulose; DI-alpha toco-acetate (vitamin E), ferrous fumarate, Echinacea purpurea, eleutherococcus senticosus root (Siberian ginseng), potassium chloride, choline bitartrate, citrus bioflavonoids, glazing agent: stearic acid; niacinamide (niacin), zinc oxide, stabilizer: hydroxypropylmethylcellulose; inositol, D-calcium pantothenate (vitamin B5), anticaking agent: magnesium stearate; L-cysteine HCl, copper sulphate, manganese sulphate, pyridoxine HCl (vitamin B6), thiamine HCl (vitamin B1), riboflavine (vitamin B2), PABA (para-aminobenzoic acid), betaine HCl, dye: calcium carbonate; folic acid 10%, cholecalciferol (vitamin D3), biotin 1%, beta-carotene, rose hips powder, sodium selenate 1%, L-glutathione reduced, cyanocobalamin 1% (vitamin B12), retinyl acetate (vitamin A), coenzyme Q10, phytonadione 5% (vitamin K1), boric acid, dyes: allura red AC, sunset yellow FCF; potassium iodide, chromium chloride, molybdate sodium, humectant: triacetin (E1518) **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 cps

VITAMIN D 4.000 I.U.

AMIX™ Performance Vitamin D3 is a vitamin D-based supplement, designed in a liquid format with high-absorption rates.

Vitamin D is a fat-soluble vitamin, also known as the „sunshine vitamin". It is worth noting that even in countries with high sun exposure, a deficit of this vitamin is common, and it increases even more in colder seasons.

Much has been said about the importance of this vitamin, and its deficiency is linked to numerous pathologies. Among other functions, it is responsible for maintaining muscle mass, maintaining the immune system, playing a key role in cellular processes and in the absorption and storage of calcium.

Objective:
» Health

Recommended daily dose: Take 1 capsule (softgel) every 4th day with meal.

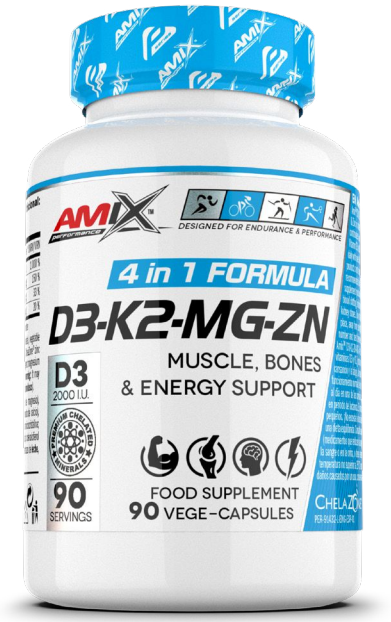
Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 90

Amount per serving/ Cantidad por dosis		
Vitamin D3/ Vitamina D3 as cholecalciferol / colecalciferol	100 mcg **(4 000 IU)**	2000 %*

*Daily nutrient reference value / Valores de referencia de nutrientes

Ingredients: **soybean** oil, gelatin capsule (made from pure gelatin, thickener: glycerin, pure water); cholecalciferol (vitamin D). **Allergen warning:** It may contain traces of **milk, eggs, gluten and shellfish (crustaceans and molluscs).**



FOOD SUPPLEMENT

90 cps

D3-K2-MG-ZN

AMIX™ Performance D3-K2-MG-ZN 4 in 1 formula is a combination of vitamins D3 & K2 and minerals Magnesium & Zinc in chelated form. Vitamins D3 & K2 together with Zinc contribute to the maintenance of normal bones. Magnesium contributes to a reduction of tiredness and fatigue, to normal energy-yielding metabolism and normal psychological function. Vitamin D3 and Magnesium contribute to normal muscle function.

Objetive:
» Health

Recommended dosage: Take 1 capsule daily with meal. Wash down with plenty of water.

Supplement Facts/ Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 90

Active ingredients/ Ingredientes activos	**Per/ Por:** 1 capsule/cápsula	***DNRV/*VRN**
Vitamin D3/ Vitamina D3	**50 µg (2000 I.U.)**	1 000 %
Zinc (ChelaZone®)	**15 mg**	150 %
Magnesium/ Magnesio (ChelaZone®)	**125 mg**	33 %
Vitamin K2 (MK-7)/ Vitamina K2 (MK-7)	**15 µg**	20 %

*DNRV - Daily Nutrient Reference Value/ *VRN - Valor de Referencia de Nutrientes

Ingredients: ChelaZone® magnesium (magnesium bisglycinate chelate), vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), ChelaZone® zinc (zinc bisglycinate chelate), bulking agents: microcrystalline cellulose; glazing agent: magnesium stearate; cholekalciferol (vitamin D), menaquinone (vitamin K2). **Avisos de alérgenos:** Puede contener trazas de **leche, huevos, gluten y mariscos (crustáceos y moluscos).**



FOOD SUPPLEMENT

90 cps

RELAX +

AMIX™ Performance Relax+ is a product to help people get a better night's sleep. We live in a society where daily stress is very high, and where sleep problems are increasing. Besides, there are many people who train at night, increasing their activation and affecting their sleep.

Its composition is designed to improve night-time rest. As an innovation in this type of product, passionflower has been added. This flower was named after the relaxing sensation it provides.

Objective:
» Health

Recommended daily dose: Take 1 capsule daily before sleep. Wash down with plenty of water.

Supplement Facts/
Información Nutricional:

Serving size/ Dosis: 1 capsule/cápsula
Servings per container/ Dosis por envase: 90

Amount per serving/ Cantidad por servicio	
Active ingredients/ Ingredientes activos	
Melatonin/ Melatonina	1500 mg
Passion Flower Extract / Extracto flor de la pasión	200 mg
Standardized for 40% flavones / Estandarizado para 40% de flavonas	

Ingredients: inulin, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbo- nate), passion flower extract (Passiflora incarnata - fruit), anticaking agents: magnesium stearate and silicon di- oxide; me-latonin. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crusta- ceans and molluscs).**



FOOD SUPPLEMENT

90 cps

NITRO BEETROOT MAX

AmixTM Performance Nitro Beetroot Max is a food supplement that provides 2000 mg of beet extract per dose, with 10% natural nitrates. This supplement is designed to improve endurance and sports performance.

Objective:
» Health

Recommended dosage: Take 4 capsules morning before meal and 4 capsules before training. Wash down with plenty of water. Do not exceed 2 servings per day.

Supplement Facts/
Información Nutricional:

Serving size/ Dosis: 4 capsules/cápsulas
Servings per container/ Dosis por envase: 50

Amount per serving / Cantidad por dosis	
Beetroot extract / Extracto de remolacha (10 % nitrates/nitratos)	2000 mg

Ingredients: beetroot extract (Beta vulgaris) - 10 % nitrates, vegetable capsule (hydroxypropylmethylcellulose, purified water, dye: calcium carbonate), anticaking agents: microcrystalline cellulose, magnesium stearate and silicon dioxide. **Allergen warning:** It may contain traces of **milk, eggs, soybeans, gluten and shellfish (crustaceans and molluscs).**

FOOD SUPPLEMENT

450 g



NITRO BEET ROOT MAX DRINK

Amix™ NITRO Beet Root MAX DRINK is a concentrated formulation with a content of naturally occurring nitrates from beetroot extract & amaranthus extract Oxystorm® and also contains selected vitamins & minerals, ginkgo biloba extract, BioPerine®.
Magnesium, vitamin B6 and vitamin C together contribute to the reduction of tiredness and fatigue. Added potassium contributes to normal muscle function.

Recommended daily dose: Take 30 g with 300 ml of cold water before or during physical performance. Use a hand-held shaker, mix for 30 seconds.

Supplement Facts/ Información Nutricional:

Serving size/Dosis: 30 g **Servings Per Container/Dosis por envase**: 15

Average values/ Valores medios:	per/por 100 g:	per/por 30 g:
Energy value/ Valor energético:	1 437 kJ / 341 kcal	431 kJ / 102 kcal
Total Fat/ Grasas	**0 g**	**0 g**
Saturated Fat/ De las cuales saturadas	0 g	0 g
Total Carbohydrate/ Hidratos de carbono	**75 g**	**23 g**
Sugars/ De los cuales azúcares**	28 g	8,4 g
Protein/ Proteína	**0,15 g**	**0,04 g**
Salt/ Sal	1,38 g	0,41 g
Nitrates complex (from beetroot extract & amaranthus extract Oxystorm®) / **Complejo de nitratos** (extracto de remolacha y extracto de amaranto Oxystorm®)		**500 mg**
L-citrulline malate / Malato de L-citrulina		1 000 mg
Ginkgo biloba extract / Extracto de Ginkgo biloba		50 mg
BioPerine® (95 % piperine) / BioPerine® (95 % piperina)		2.5 mg
Sodium / Sodio		**160 mg**
Potassium / Potasio		**500 mg (25 %*)**
Magnesium / Magnesio		**120 mg (32 %*)**
Vitamin C/ Vitamina C		**100 mg (125 %*)**
Vitamin B6/ Vitamina B6		**1.4 mg (100 %*)**

*NRV — Nutrient Reference Value / *VRN — Valor de Referencia de Nutrientes
**the main source is Palatinose® / **La fuente principal es Palatinose®

Ingredients: Highly branched cyclic dextrin Cluster Dextrin® 44 %, Palatinose® 20 % (isomaltulose***), nitrates complex (beetroot extract /Beta vulgaris, root/, Oxystorm® extract /Amaranthus hypochondriacus, seeds/), maltodextrine, dipotassium phosphate (potassium), L-citrulline malate, anti-caking agent: silicon dioxide; magnesium salts of citric acids (magnesium), sodium citrate (sodium), acidity regulator: citric acid; aromas, L-ascorbic acid (vitamin C), Ginkgo biloba leaves extract, sweetener: sucralose; BioPerine® black pepper extract (Piper nigrum - fruits), pyridoxine hydrochloride (vitamin B6). *** Isomaltulose is a source of glucose and fructose.
Allergen warning: It may contain traces of **MILK, EGGS, FISH, SOYBEANS, TREE NUTS, PEANUTS AND CRUSTACEANS.**



FOOD SUPPLEMENT

20 x 60 ml

ZERO CRAMPS SHOT

AMIX™ Performance Zero Cramps Shot is shot based on dill extract with apple cider vinegar, vitamins and minerals.

Recommended daily dose: The basic daily dose is 60 ml (1 shot). Take it before or immediately after physical performance. Shake before use.

Flavours: Apple, Natural, Twister

Supplement Facts/ Información Nutricional:

Serving size / Dosis: 60 ml

Average values/ Valores promedio	per 60 ml
Horsetail extract / Extracto de cola de caballo	**250 mg**
Dandelion extract / Extracto de diente de león	**250 mg**
Vitamin B6 / Vitamina B6	**1,4 mg** (100%*)
Vitamin E / Vitamina E	**1 mg** (9%*)
Vitamin C / Vitamina C	**7 mg** (9%*)
Zinc	**0,2 mg** (2%*)
Sodium / Sodio	**500 mg** (29%**)
Potassium / Potasio	**20 mg** (1%*)

* NRV - Nutrient Reference Values **converted to salt content*VRN - Valores de Referencia de Nutrientes ** convertido a contenido de sal

Ingredients: Purified water, sodium citrate (sodium), apple fruit powder (maltodextrine, apple juice concentrate), apple cider vinegar, dandelion extract (Taraxacum officinalle L., root), horsetail extract (Equisetum arvense L., whole plant), acidity regulator: citric acid; preserving agents: potassium sorbate, sodium benzoate; L-ascorbic acid (vitamin C), potassium citrate (potassium), aromas, sweetener: sucralose; DL-aplha-tocopheryl acetate (vitamin E), pyridoxine HCl (vitamin B6), zinc bisglycinate (zinc).

AMIX PERFORMANCE BOTTLE



TRACKSUIT



GYM SACKS



T-SHIRT



#YOUDECIDE

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